



**Dr. Jane Murray** earned her undergraduate and medical degrees from the University of California at Los Angeles. Her residency in family medicine was completed at Santa Monica Hospital in Southern California. She has been involved in teaching and practicing medicine for over 30 years, as well as providing medical leadership as Director of Education for the American Academy of Family Physicians (AAFP) from 1986-1991 and as Chair of the Department of Family Medicine at the University of Kansas Medical Center from 1991-1998. In 1998, she founded the Sastun Center of Integrative Health Care in Overland Park, KS, where she worked with colleagues from a variety of healing using natural therapies whenever possible.

She continues to provide direct care to patients; teach students, residents and practicing physicians; and speaks widely to national audiences about functional medicine, preventing cognitive decline, and about integrating conventional Western medicine with other healing practices. She also consults with health care organizations looking to the future of health care.

Her book ***Be the Change: Transforming Health Care from the Inside Out*** is now available at [www.rainydaybooks.com](http://www.rainydaybooks.com) and [www.createspace.com](http://www.createspace.com).