98.7% Purity, Solid State Synthesis

### Peptide Dosage

A General Guide To Peptide Dosages, Storage and Mixing

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Product	Dosage	Timing	Application	Indication	Notes
BPC-157	250-300 mcg	2x Day - AM & PM	SubQ	Healing, Gut Health	Up to 4 weeks with 2 weeks rest
TB500	5mg	Week 1-4: 2x Weak Week 6: 1x Weak	SubQ	Tissue Healing, Acute Wounds	Maintenance Phase (Week 6 onwards) can be extended by 9 weeks
GHK-CU	1-2 mg	Once per day for up to 90 days	SubQ	Skin repair, Liver Healing, Tissue Healing/Repair	

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PT141	1-2 mg	45-60 minutes before sexual intercourse	SubQ	Libido Enhancement	Start with 1mg as flushing and uncomfortable side effects are common
Epitalon	5-10 mg	1x day for 10-30 days	SubQ	DNA Repair, Anti- Aging	Cycle 1-2x Per Year Only
Thymosin Alpha One	1-2 mg	2-3 times per week for up to 6-12 months	SubQ	lmmune system, viruses, and inflammation	2 weeks basic infections, 3 months or more for complex virus

Product	Dosage	Timing	Application	Indication	Notes
Hexarelin	100 mcg per injection	2-3x per day for up to 16 weeks.	SubQ	Fat lost, athletic improvement	<u>Take on empty</u> stomach
Tesamorelin	2mg once per day	6-12 months	SubQ	Fat loss, cognition, tissue healing	Taken at night, at least 90 minutes after eating.
HGH Frag	250-500 mcg	2-3 month (max 6 months)	SubQ	Fat lost, athletic improvement	<u>Take on empty</u> stomach

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NA-Selank	250-500 mcg	1-2x per day	SubQ	Cognitive Improvement, Motivation, Energy	
NA-Semax	250-500 mcg	1-2x per day	SubQ	Relaxation, Cognitive Improvement, Anti- Anxiety	
lpamorelin	100-500 mcg	2-3x per day	SubQ	Fat Loss, Anti-Aging ,Athletic Enhancement	<u>Take on empty</u> stomach, same time each day

Product	Dosage	Timing	Application	Indication	Notes
Kisspeptin-10	100-250 mcg	2x per week	SubQ	Testosterone, LH Improvements, Diabetes, Delayed Puberty, HCG Alternative	<u>Take evening on</u> <u>empty stomach</u>
DSIP	100-800 mcg	2x per week	SubQ	Induces delta wave sleep, doesn't make you "sleepy"	Take at bedtime
IGF-LR3	20-100 mcg	1x day - 6 weeks with 30 days off in between	SubQ in abdomen	Weight loss, muscle building, autocrine + paracrine hormone signaling	Consume protein with a combination of carbohydrates 15-20 minutes before administering IGF-1/ LR3 for best results.

Product	Dosage	Timing	Application	Indication	Notes
HGH	2IU - anti aging 4-6 - muscle growth and fat burning	AM, PM and/or directly after training for up to 4-6 months	SubQ	Anti-aging, fat burning, muscle growth	Do not take more  than 2 IU per  injection. Spread  through the day
IGF-DES	20-100 mcg	1x day for 6 weeks with 30 day break in between cycle	SubQ or IM	Fat burning, muscle gains	injected about 15 minutes before training
HCG	200-500 IUS	1-2x per week	SubQ	Testosterone Recovery after HRT	We have found that the HCG is effective for closer to 60 days. With our dosing this should last about 60 days.

Product	Dosage	Timing	Application	Indication	Notes
CJC w DAC	1-2 mg	2x/week - 8-12 weeks with 2 week break in between	SubQ	Strength gains, fat loss, anti-aging, sleep	Read more here
CJC	300mcg - 1x/day 150mcg - 2x/day	Dialy 2-16 weeks at a time	SubQ	Enhanced libido, Fat loss, anti-aging	Doses should be taken on an empty stomach, over one hour before and after eating.
GHRP-2	150mcg -300mcg	1-3 times daily. 150mcg 3x day anti aging 300mcg 3x day for athletic enhancement	SubQ	Strength, anti-aging, fat loss, sleep	Read more here

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Follistatin 344	50 mcg to 100mcg per day	10 to 30 days.	SubQ	Muscle & Strength Gain, Fertility, Thicker Hair, Potential Cancer Treatment For Strength Gain	One such peptide hormone, IGF-1LR3, can be stacked with follistatin 344 to build new muscle fibers at a greater rate and promote fat loss.
Protein kinase C (PKC)	Coming Soon				Read More
MOTS-C	10 - 30 mg 3x Per Week	6-8 weeks	Sub-Q	<ul> <li>Weight loss,</li> <li>Muscle gain,</li> <li>Osteoporosis prevention,</li> <li>Strengthened immunity,</li> <li>Increased energy, and</li> <li>Much more!</li> </ul>	<u>Read More</u>

Product	Dosage	Timing	Application	Indication	Notes
Humanin	5-10 mg 1x Week	8 Weeks	SubQ Consider Stacking w/ MOTS-C	HN protects cells against various diseases, including diabetes mellitus, cardiovascular, and neurodegenerative diseases. HN exerts pro- apoptotic activity of TNF-a in cancer, which makes HN as a novel therapeutic agent.	Powerful Longevity Peptide Read More
Gaf1-protein	Coming Soon				Powerful Longevity Peptide
Tesofensine	Coming Soon				Read More

Product	Dosage	Timing	Application	Indication	Notes
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#### **Saftey And Precautions During Research**

As with all injections, redness, and pain at the site may be present. Some people are allergic to specific peptides so patch testing is always recommended. Some peptides like BPC157 can sting more than others.

#### **Mixing**

Use PepCalc app on iPhone or Android to determine the correct amount of water. Always allow peptides to "thaw" by leaving the out of the freezer for a few minutes. Use a needle to remove the pressure before adding cold sterile deionized water. Many sources recommend BAC water however sterile deionized water is a preferred choice except for peptides listed on next slide.

#### **Storage**

Peptides unmixed can last up to 14 days or longer at room temperature. However for storage for up to one year you need to keep them in the freezer (-20 C). Once mixed they must be kept in the refrigerator at all times. Most need to be used within 2 weeks time.

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#### **Extra Info**

Peptides come in the form of lyophilized (freeze-dried) powder. The amount of powder/product is stated in International Units (IU's) or in Milligrams (MG). Melanotan peptides (Melanotan 1, Melanotan 2), PT-141 Bremelanotide, GH Fragment, Ipamorelin, CJC-1295 & GHRPs (GHRP-2, GHRP-6, Hexarelin), HGH, HCG, etc, use Bacteriostatic Water.

For others, de-ionized water is preferred.

Bacteriostatic Water for Injection, USP is a sterile, nonpyrogenic preparation of water for injection containing 0.9% benzyl alcohol added as a bacteriostatic preservative. It is supplied in a multiple-dose container from which repeated withdrawals may be made to dilute or dissolve peptides for injection. The pH is 5.7 (4.5 to 7.0)

Unmixed they last for up to 30 days at room temperature.

## Why Us?

#### Deliver customers' orders on-time.

We are on point. Some of our products are pre-order but why? Because we make them when you order. No one else does that because they bulk manufacture and keep them in storage meaning purity goes.... down.

#### Owned and Operated by PhD and Doctors

From Harvard, MIT, Johns Hopkins, and Purdue. After living here for 10 years and being frustrated by the lack of quality - Dr. Close founded MindTek with a standard and vision of excellence. We have over 1,000 customers that can attest.

### The first and only elite peptide manufacturer and seller in Indonesia

We started this and also <u>DripDok</u>, <u>Lab Me</u> & <u>Bonfire</u> <u>MCT</u>. We keep our finger on the pulse, read the research and do the hard work to ensure you are getting a quality product that will impact you in the most positive way possible.

