

Live Love  
Life  
Inspirations

By Christopher Walker

## **Introduction**

Every day I wake to a new joy. As an observer of life I see the same laws of nature repeated over and over both in nature itself and in the lives of my fellow humans. What continually astonishes me is the energy and tenacity people apply in an attempt to defy those very laws. Laws that build universes, create volcanic eruptions and earth quakes are difficult to bend, but so many people and philosophies try. This little book is about those laws and every day life. I hope it inspires you as much as it did me to observe them.

**Christopher Walker.**

## **Purpose, Vision, Inspiration**

The great thing in this world is not so much where we are, but in what direction we are moving.

-Oliver W. Holmes

## **Dedicate your life to your purpose**

Decide what you want, decide what you are willing to exchange for it. Establish your priorities and go to work.

-H.L.Hunt

## **Unconditional love is the greatest force in the universe**

Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it.”

-W.H.Murray

## **When you obey your heart and soul's guidance you become fulfilled**

Do your work with your whole heart ,and you will succeed- -Elbert Hubard

**Your body is doing all it can to lead you in  
the direction of your dreams**

The best way out is always through.

-Robert Frost

**You cannot build without destroying nor  
destroy without building**

We are made out of oppositions; we live between two poles-

-Orson Welles

**Cause equals effect in time and space**

“Boldness in business is the first, second, and third thing”.

- Thomas Fuller

**Pay attention to your own advice**

The minute you get the idea that you are indispensable in business, you aren't!

**Nothing of the senses ever satisfies the soul**

“We should distrust any enterprise that requires new clothes.”

- Henry David Thoreau

**Passions are not to be condemned just moderated**

“Business? It's quite simple. It's other people's money.”

Alexandre Dumas

**You are never given a problem you cannot  
solve**

“Uncertainty kills business”.

- Michael Edwardes.

**Gratitude raises the body. Ingratitude  
weighs the body**

“Men in business are in as much danger from those at work under them  
as from those that work against them.”

George Saville

**Inspired purpose attracts support**

“It’s not the bulls or the bears you need to avoid - it’s the bum steers.”

- Chuck Hillis

**You rise in glory as you sink in pride**

No matter how lofty you are in your department, the responsibility for what your lowliest assistant is doing is yours...(Bessie James)

**All your limitations are in your head**

“Money itself doesn’t interest me. But you must make money to go on building the business.” - Rupert Murdoch

**The truth requires no forgiveness**

“Buy low, sell high, collect early, and pay late”.

- David Levin

**It's wiser to love than to be right**

“The big print giveth and the fine print taketh away.”

- Bishop Fulton Sheen

**Do you really know what is good or bad?**

“When you are skinning your customers, you should leave some skin on to grow so that you can skin them again.”

Nikita S. Krushchev

**Wisdom is the instantaneous recognition  
that crisis is a blessing**

Monopoly is business at the end of its journey. Henry Demarest Lloyd.

**Wisdom is not optimism or pessimism, it  
is love.**

I have no friends and no enemies - only competitors.

Aristotle Onassis

**Ultimately there are no victims**

A business relationship is like a marriage, only worse ... You can't sleep with the client.

- Tripp Evans



## **Success breeds success**

Rule No. 1: The client is always right.

Rule No. 2: If the client is ever wrong, re-read Rule No. 1.

**Peace and war; Nice and mean; Good and evil; Perfectly Balanced is love**

A consultant is like the bottom of a double boiler. They shoot of lots of steam, and they really never know what's cooking.

**If you're not being criticized you're not on purpose**

A convention is a splendid place to study human nature. Man in a crowd is quite a different creature than man acting alone.

- William Jennings Bryan

**All Stress is a lie**

I don't want any yes-men around me. I want everybody to tell me the truth, even if it costs them their jobs.

- Samuel Goldwyn

**A relationship is support and challenge -  
Love**

Never try to teach a pig to sing; it wastes your time and it annoys the pig.

Paul Dickson

**Time out .. Pull back .. Be real**

If my boss calls, be sure to get his name

- Comment of ABC executive, in report on rapid personnel shifts

**Teach by results more than words**

Simon and Schuster runs a sales contest every year. The winners get to keep their jobs.

- Jack O'Leary.

**Live as a farmer lives – plant seeds today  
– reap crops tomorrow**

Executives who get there and stay suggest solutions when they present the problems.

- Malcolm S. Forbes

**Your judgments of good and bad block  
your love**

In a hierarchy, every employee tends to rise to his level of incompetence.

- Laurence J. Peter

**The one who endures the most rejection  
is the one who leads**

Power is the ultimate aphrodisiac... Henry A. Kissinger

**Teachers are to be stepped on not stuck  
on**

Management is nothing more than motivating people.

- Lee Iacocca

**Ask for guidance**

Of course in selecting staff I shall make a few bad decisions. After all Jesus Christ had to make twelve appointments and one of them was a bummer.

Ted Turner.

**See the free spirit in others**

You can't help liking the managing director - if you don't, he fires you!

**Love is the greatest of all healers**

A verbal contract isn't worth the paper it's written on.

- Louis B. Mayer

**Heart speak; Soul voice; Golf shot;  
musical masterpiece, child birth, death, A  
Life to live.**

Let us never negotiate out of fear. But let us never fear to negotiate.

- John F. Kennedy.

**Every pleasure has a pain; Every pain has  
a pleasure**

I can forget and you can forget but a piece of paper never forgets.

**You cannot eliminate a trait;**

**When you are green you are growing when  
you are ripe you rot**

Office romances are ill-fated and inventible.

**When you no longer need to make a  
difference you make a difference**

No need to insure the office clock - everyone watches it.

**Silence is the message of love; Speech is  
an attempt to express it**

In the office, knowledge is power - if you know it about the right person!  
(Anon).

**Truth is not in the hands of the masses.  
It's in the hands of the masters**

I work for a good cause - 'cause I need the money.

**Prayer is talking to the universe;  
Meditation is listening**

A smart employee is someone who spends December working her fingers  
to the bonus.

**Energy is infinite**

He used statistics as a drunken man uses lampposts - for support rather  
than for illumination.

- Andrew Lang.

**Stress results from a misperception of  
chaos.**

It is inexcusable for scientists to torture animals; let them make their  
experiment on journalists and politicians.

- Henrick Ibsen.

**Emotions are distortions.**

Answers are easy, finding the right questions is the tricky part.

**Maximum performance is due to highly inspired states of being**

Better ask twice than lose your way once.

**Be thankful for the intelligence and ability of your teachers.**

Developing a new process involves three steps. First, an American company announces its invention. Next, the Soviet Union announces that a Soviet scientist made the same discovery fifteen years earlier. Third, the Japanese start exporting it.

**The highest level acts, the lower levels react.**

Most people spend most of their days doing what they do not want to do in order to earn the right, at times, to do what they may desire.

- John Brown

**Great athletes are masters of the imagination.**

The problem with being retired is that you never know what day it is, what time it is, where you're supposed to be, or what you're supposed to be doing. Actually, it's a lot like working for the government.



**The finer the detail the more present time  
consciousness.**

Burt Reynolds on retiring briefly from the film industry - "You can only hold your stomach in for so many years".

**Every teacher is a reflection of his or her  
students.**

If you pay peanuts you get monkeys.

- Sir James Goldsmith

**Do what you love and love what you do**

The only way any body'd get me to work was to make the hours from one to two with an hour off for lunch.

- Minnesota Fats

**Exercise your mental imagery and  
knowledge on a regular basis**

Work is the refuge of people who have nothing better to do.

Oscar Wilde.

**Loving relationships provide a foundation  
on which to grow.**

The harder you work - the luckier you get.

- Gary Player

**Pain and pleasure are distinguishable by  
the senses but inseparable by the soul.**

Well, we can't stand around here doing nothing, people will think we are  
workmen.

- Spike Milligan

**Unless you're willing to lose, you'll never win**

Work is not a curse, it is the prerogative of intelligence, the only means to manhood, and the measure of civilization. Savages do not work.

- Calvin Coolidge

**Be willing to experience frustration if you are ever to experience the joy of mastering a skill.**

My father taught me to work; he did not teach me to love it.

- Abraham Lincoln

**We teach best what we most need to learn.**

The person who knows "how" will always have a job. The person who knows "why" will always be his boss.

- Diane Ravitch.

**Truth is love in action**

I like work; it fascinates me. I can sit and look at it for hours.

- Jerome K. Jerome

**No matter what I've done or not  
done, I'm worthy of love.**

The man with the best job in the country is the vice president. All he has to do is get up every morning and say "How's the president?"

- Will Rogers

**Waste not words on those who seek not.**

Every man's work, whether it be literature or music or pictures or architecture or anything else, is always a portrait of himself.

- Samuel Butler

**A genius is a person who listens to their  
soul and obeys**

The gambling known as business looks with austere disfavour upon the  
business known as gambling.

- Ambrose Bierce

**Remember when I build myself up someone  
must build myself down**

Work is the greatest thing in the world, so we should always save some of  
it for tomorrow.

-Don Herold.

**The secret is to act like it really matters**

The reason why worry kills more people than work is that more people  
worry than work.

- Robert Frost

**Optimize maximum potential – learn  
lessons of love**

There is no such thing as a free lunch - Milton Friedman.

**How do I get paid for doing what I love to  
do**

If you don't drive your business, you will be driven out of business.

B. C. Forbes

**I am a master of persistence I do not quit**

It is an immutable law in business that words are words, explanations are explanations, promises are promises, - but only performance is reality.

- Harold S. Geneen.

**Your perfect partner is you**

When two men in business always agree, one of them is unnecessary.

William Wrigley, Jnr.

**You are the master create your own  
destiny**

Whenever you're sitting across from some important person, always picture him sitting there in a suit of long red underwear. That's the way I always operated in business.

Joseph P. Kennedy.

**Love is perfect health**

Work for the Lord. The pay isn't much, but the retirement plan is out of this world.

**We are a vibration and you magnetically  
attract teachings about what you don't  
want to know**

If you're willing to work, others will let you.

**You can't give what you haven't got**

Nobody likes hard work better than the person who pays for it.

**The only thing you take from life to life is  
what you have learned to love**

What more people are looking for these days is less to do, more time to do  
it in, and more pay for not getting it done.

**Love is not an emotion –it has no opposite**

You may delay but Time will not. (Benjamin Franklin)

Time is money.



**Ingratitude lowers your potential energy**

Eighty percent of success is showing up (Woody Allen)

**You are who you think you are because of  
your beliefs**

The worst part of having success is trying to find someone who is happy  
for you (Bette Midler)

**Business is managing peoples emotions**

Either lead, follow or get out of the way (sign on the desk of Ted Turner)

**The purpose of all existence is to grow**

Nothing succeeds like success.

**Turn your have to's to love to's**

If at first you don't succeed, try, try again.

If at first you don't succeed, try reading the instructions!

**Everything is the universe conforms to the same laws**

It is sobering to consider that when Mozart was my age he had already been dead for a year...Tom Lehrer

**Where is god not?**

No man knows what he can do till he tries ... Publilius Syrus

**If we don't follow our love to's they dry up**

The higher a monkey climbs, the more you see of his ass (General Joseph Stillwell)

**Prayer is talking to the universe so say  
thank you**

The reward of a thing well done is to have done it - Ralph Waldo Emerson

**The only thing permanent in the universe  
is change**

What we call results are just beginnings (Ralph Waldo Emerson)

**Meditation is listening to the universe so  
listen**

The difficult we do immediately, the impossible takes a little longer  
(slogan US Army Service)

**Only when we experience love can we  
experience life to the fullest.**

Those who dare do; those who dare not, do not.

**Share what you know ----- learn what you  
don't**

The best way to make your dreams come true is to wake up (Paul Valery)

**Love is not what makes the world go  
round, love is what makes the ride  
worthwhile**

Everything comes to him who hustles while he waits. (Thomas Alva  
Edison)

**The more a person perceives that he or she is loved , the less they will interfere with the lives of others**

The trouble with the ratrace is that even if you win, you're still a rat. (Lily Tomlin)

**Love is an essential ingredient for success.**

We're all in this together, alone. (Lily Tomlin).

**If you are not grateful for it, it's managing you**

If I didn't have spiritual faith I would be a pessimist. But I'm an optimist. I've read the last page in the Bible. It's all going to turn out all right ... (Billy Graham).

**To the degree we want order we create  
chaos**

Those in the cheaper seats clap. The rest of you rattle your  
jewellery..(John Lennon)

**Soul is a space in the magnetosphere**

To read too many books is harmful (Mao tse-Tung)

**Energy and fun, happy and enjoyment,  
kidneys and adrenaline**

Just because you like my stuff doesn't mean I owe you anything (Bob  
Dylan)

**Emotions show us where we are stuck**

Too bad all the people who know how to run the country are busy driving cars or cutting hair...(George Burns)

**Inhalation is inspiration**

Vision is the knack of being able to see the things that are invisible.

**Anything you cannot link to your purpose  
you'll sabotage**

Do what you love, the money will follow.

**The most expensive seminar on earth is a  
hospital**

Don't fight forces use them (Buckminster Fuller)

**There is no circumstance in life that  
doesn't have two sides**

Sometimes a cigar is only a cigar. (Sigmund Freud)

**Our job is to self generate chaos and  
order**

I don't deserve this award, but I have arthritis and I don't deserve that  
either (Jack Benny)

**Anything you don't love repeats until you  
do**

Graffiti: Judas needed the money for a sick friend.

**In a river of dreams I send you a mountain  
of love**

To do great and important tasks, two things are necessary, a plan and not  
quite enough time...Anon).



**All you can conceive you can achieve**

If you want to make an apple pie from scratch, you must first invent the universe (Carl Sagan)

**Achievement starts with a single great thought**

Everything should be made as simple as possible, but not simpler...Albert Einstein

**As your breath wanders so does your mind**

Time is nature's way of keeping everything from happening at once ..  
Anon

**Anything you can't see both sides of runs your life**

Things turn out best for people who make the best of the way things turn out ..(Anon)

**Every problem is an opportunity to learn  
love**

If there were any justice in the world, people would be able to fly over  
pigeons for a change. (Anon)

**By being humble and truly honest with  
yourself you unveil your true potential and  
express your greatest gifts**

Mae West “Too much of a good thing can be wonderful”.

**Gratitude opens your heart**

Success has made failures out of many men (Cindy Adams)

**If you don't know where you are going  
you'll end up somewhere else**

Sometimes people mistake the way I talk for what I am thinking? (Idi  
Amin)

**Self worth is a state of mind**

Jimmy Hoffa (Union Head) “I may have faults but being wrong ain’t one of them”.

**The quality of your life is determine by the  
quality of your questions**

Prince Charles : To get the best results, you must talk to your vegetables.

**This Book itself is Magnetic**

Muhammad Ali “When you’re as great as I am, it’s hard to be humble.

**To solve the paradox you must rise to the  
metadox**

Oscar Wilde “I am not young enough to know everything”.

**Wisdom is the instantaneous recognition  
of balance**

Experience is a good school, but the fees are high...(Heinrich Heine)

**Your vitality is proportional to the  
vividness of your vision**

It isn't the mountains that wear you out. It's the grain of sand in your shoe. (Anon)

**The truth makes you speechless**

Success comes before work only in the dictionary (Anon)

**The last words before silence are “Thank  
you, I love you”**

The nicest thing about the future, is that it comes one day at a time...(Anon)

**The more you justify and rationalize the  
more you know you are lying**

Everyone, in the final analysis, is in business for himself - herself.

**There are seven levels of excuses: none  
are real**

Those who can, do; those who can't, teach; and those who can do neither,  
administer...

(Collet Calverley)

**Be in perfect balance; Manage your  
emotions**

I am a Millionaire. That is my religion (George Bernard Shaw)

**No one will build you up or beat you down  
as much as you**

If you fail to plan, you plan to fail...Old saying

**Health, Body and Mind – All is connected**

Patience is a most necessary quality for business; many a man would rather you heard his story than grant his request (Lord Chesterfield)

**After all other options are tried, try love**

A holding company is the people you give your money to while you're being searched. (Will Rogers)

**Hold a view of yourself as a spiritual being, having a mortal experience**

In economics, the majority is always wrong (J. K. Galbraith)

**Low priorities destroy your feelings of worth**

I don't believe in just ordering people to do things. You have to sort of grab an oar and row with them (Howard Geneen)

**Emotions are based on perceptions.  
Perceptions color the truth**

Do you know the difference between education and experience?  
Education is when you read the fine print; experience is what you get  
when you don't .... (Pete Seeger)

**I am a genius and I apply my wisdom**

Propaganda is the art of persuading others of what you don't believe  
yourself. Abba Ebon

**Forgiveness is a self righteous illusion**

He who has a message and no propaganda will not get very far...(Joel  
Augustus Rogers)

**The inner voice is certainty.**

In business, never believe anything until it has been officially  
denied....Claud Cockburn

**Everyone is a mirror**

Learn from the masses, and then teach them...Mao Tse-tung

**Perceptions exaggerate or minimize the truth**

It is an easy and vulgar thing to please the mob, and no very arduous task to astonish them...(Charles Caleb Colton)

**Whatever you judge you breed attract or become**

God must have loved the common people, because he made so many of them. (Abraham Lincoln attrib).

**Inspired dreams are the driving force of inspired action**

To the victor go the spoils. (Ford).



**Your health and wellbeing tomorrow result  
from your actions today**

An unfulfilled vocation drains the color from a man's entire  
existence...Honore de Balzac.

**Do you have passions or do they have you**

A man possesses talent, genius possesses the man....Isaac Stern

**Idle time idle mind, illusions grow without  
intensity and focus.**

Time is money.

**Infatuation is based on lopsided  
perception**

A company is judged by the president it keeps. James Hulbert.

**One inspired question leads to another**

After my screen test, the director clapped his hands gleefully and yelled,  
“She can’t talk! She can’t act! She’s sensational!” ... (Ava Gardner)

**You move in the direction of your  
dominant thoughts**

Entrepreneurship is the last refuge of the trouble-making individual  
(James K Glassman)

**You don’t get something for nothing**

Management is now where the medical profession was when it decided  
that working in a drug store was not sufficient training to become a  
doctor...Lawrence Appley

**Events are just events until we judge them  
otherwise**

The solid wealth of insurance companies and the success of those who organize gambling are some indication of the profits to be derived from the efficient use of chance ... (Edward de Bono)

**Continually seek new perspectives**

A study of economics usually reveals that the best time to buy anything is last year. (Marty Allen)

**The pain of regret is greater than the pain  
of self discipline**

What costs nothing is worth nothing. Anon.

**Are you full of life or barely breathing**

Don't buy the house, buy the neighborhood. (Russian proverb).

**As you believe so you achieve**

An extravagance is anything you buy that is of no earthly use to your wife. Franklin P Jones.

**Blessings result from your thought word  
and action**

Few have heard of Fra Luca Pacioli, the inventor of double-entry book-keeping, but he has probably had more influence on human life than has Dante or Michelangelo....Herbert J. Muller

**Money must circulate to grow**

One man's wage rise is another man's price increase. Harold Wilson

**Invest in yourself or no one else will**

Whenever you see a successful business, someone once made a courageous decision....Peter Drucker

**Goals are stepping stones to  
accomplishment in the direction of your  
purpose**

Live together like brothers and do business like strangers ... Anon.

**Money withers if it's left lying around**

I'd like to live like a poor man - only with lots of money --- Pablo Picasso.

**Everything serves even if at first you  
don't see it**

When you soar like an eagle, you attract the hunters. - Milton S. Gould.

**Moderate passions**

“Never invest your money in anything that eats or needs repairing”.

- Billy Rose

**Whoever has the most certainty leads**

Executive ability is deciding quickly and getting somebody else to do the work (J. C. Pollard)

**Acknowledge that all is perfect as it is**

Going to work for a big company is like getting on a train. Are you going sixty miles an hour or is the train going sixty miles an hour and you're just sitting still? (Paul Getty.)

**Ease creates Dis-ease**

In a hierarchy, every employee tends to rise to his level of incompetence...(Laurence J Peter)

**Maximum evolution occurs at the border of order and chaos**

If a cluttered desk is an indication of a cluttered mind, what is indicated by an empty desk? (Anon)

**The greatest challenge is to be you**

Had there been a computer a hundred years ago, it would probably have predicted that by now there would be so many horse-drawn vehicles it would be impossible to clear up all the manure ... (K. William Kapp)

**Take no credit take no blame**

Inflation is defined as the quality that makes balloons larger and candy bars smaller. General Features Corporation.

**Nobody walks their talk; We can only try**

Business is really more agreeable than pleasure; it interests the whole mind ... more deeply. But it does not look as if it did...(Walter Bagehot)

**People can reject your expectations they cannot  
reject your love**

To convert an hourly wage to an approximate yearly salary, double the wage and change the decimal to a comma (Don Tichnor)

**The only thing we carry from one life to  
the next is our moments of love**

After an eight hour day, workers require three overtime hours to produce two regular hours of results .. Illinois Institute of Technology

**Nature never destroys an old specie. She  
simply builds a new one on top, greater in  
consciousness fewer in number.**

Gross National Product is our Holy Grail (Stuart Udall)



**There are lessons and there are lessons;  
No Mistakes**

You build on cost and you borrow on value (Paul Reichmann)

**The essence of healing is in the temple of  
the heart**

The Bell System is like a damn big dragon. You kick it in the tail, and two years later, it feels it in his head (Frederick Kappel - when Chairman, American Telephone and Telegraph Co)

**Breathe with consciousness'**

The price spoils the pleasure (French proverb)

**What ever you judge you repeat.**

Everyone lives by selling something (Robert Louis Stevenson)

**Human will and divine will are one in  
presence**

It is naught, it is naught, saith the buyer. But when he is gone his way,  
then he boasteth...Proverbs 20:14

**Teach the illusion until they are ready for  
the truth**

A consumer is a shopper who is sore about something (Harold Coffin)

**Whoever has the most certainty,  
confidence, symmetry and love in any  
given field leaves the greatest influence  
and impact.**

Bargain: something you can't use at a price you can't resist (Franklin P  
Jones)

**IF you don't take credit you don't get  
blame.**

Supermarkets stand condemned as symbols of man's inhumanity to  
women (Phillip Adams)

**Emotions drain energy.**

Judgment comes from experience and great judgment comes from bad  
experience...Robert Packwood.

**In all things (including this universe)  
There is birth, growth, decay and death.  
Cycles**

Getting results through people is a skill that cannot be learned in the  
classroom (J. Paul Getty)

**Be thankful for the intelligence and ability  
of your students.**

You know more of a road by having travelled it than by all the conjectures  
and descriptions in the world. ... William Hazlitt.

**Those who experience guilt from the past  
and fear of the future have difficulty  
getting into the present**

You cannot create experience, you must undergo it...Albert Camus

**The greater degree of symmetry in our  
perceptions the greater the width of our  
now.**

Experience is not what happens to a man. It is what a man does with what  
happens to him...Aldous Huxley.

**Your peak performance comes from a  
crystal clear vision.**

What we have to learn to do, we learn by doing...Aristotle.

**The mind and brain together are the  
highest form of creation.**

Men are wise in proportion not to their experience but to their capacity for  
experience...Samuel Johnson.

**Balance all areas of life for peak  
performance.**

The follies which a man regrets most in his life are those which he didn't  
commit when he had the opportunity - Helen Rowland.

**Moderation, balance and rhythm! Drink water, eat food from nature, appreciate this magnificent machine.**

I have but one lamp by which my feet are guided, and that is the lamp of experience. I know of no way of judging the future but by the past...Patrick Henry

**Balanced perceptions provide the ultimate climate for performance.**

All genuine knowledge originates from direct experience ... Mao Tse-tung

**Enjoy the social aspects of life**

A rolling stone gathers no moss, but it gains a certain polish ... Oliver Herford

**Humble yourself to something greater than  
you**

Wisdom is not wisdom when it is derived from books alone....Horace

**Lies continue to get bigger until we go  
back and dissolve the misperception.**

We should be careful to get out of an experience only the wisdom that is in it - and stop there, lest we be like the cat that sits down on a hot stove lid. She will never sit down on a hot stone lid again - and that is well; but also she will never sit down on a cold one anymore....Mark Twain

**Lies are judgements in reaction**

It's said that Tom Watson - head of IBM was asked if he was going to fire an employee whose recent mistake had cost the company \$600,000.-. Watson shook his head, and explained, "I just spend \$600,000 training him. Why would I want anyone else to hire his experience?"

**The secret of success is constancy of purpose.**

Experience is the dividend gained from one's mistakes.

Experience is non-transferable.

**No therapy is complete until cause equals effect.**

It is disgraceful to stumble against the same stone twice (Greek proverb)

**Disease can be understood in terms of imbalance in your mind**

Problems are only opportunities dressed in work clothes. (Henry J Kaiser)

**The greatest kindness is often the greatest crime**

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us ... (Helen Keller)



**Spirit without matter has no motion and  
matter without spirit has no form**

When the fool has made up his mind, the market has gone by...(Spanish  
proverb)

**Be grateful for the way that you've got it  
and you'll get it the way that you want it**

Some people not only expect opportunity to knock, they expect it to beat  
the door down.

**Infatuation leads to resentment**

The optimist proclaims that we live in the best of all possible worlds; and  
the pessimist fears this is true...James Branch Cabell

**Form is frozen light**

Things are going to get a lot worse before they get worse...Lily Tomlin

**Embrace the things you leave behind**

I've never seen a monument erected to a pessimist .. Paul Harvey

**Nobody can support you more than you**

One must have the courage of one's pessimism... Ian McEwan

**Nobody does to you more than you do to  
yourself therefore nobody ----- can love  
you more than you.**

An obstacle is something you see when you take your eyes off the goal.

**The altruistic thing we can do for the  
world is to change the way we think**

Always expect the worst and when it comes- make the best of it.

**Relationships are support and challenge**

A pessimist is someone who makes difficulties of his opportunities.

**The size of your life is determined by the  
size of your vision**

The man who says it cannot be done should not interrupt the man doing  
it (Chinese proverb)

**Whatever you judge you create attract or  
become because it's something you have  
not learned to love**

In the long run, the pessimist may be proved right, but the optimistic has  
a better time on the trip.

**You can change your mind by changing  
your speech**

An optimist is a man who starts a crossword puzzle with a fountain pen.

**Nobody is doing to you more than you do  
to yourself**

What's the difference between an optimist and a pessimist? An optimist  
created the plane, a pessimist created the seat belts.

**You cannot be grateful and depressed at  
the same time**

It's a funny thing about life, if you refuse to accept anything but the best  
you very often get it...W. Somerset Maughan

**Emotion is energy in motion**

Procrastination is the thief of time

Edward Young (1742-46)

**If one atom stops vibrating the Universe  
will self destruct**

An active mind cannot exist in an inactive body.

General George Patton.

**Lead a path with Heart**

What you value is what you think about.

What you think about is what you become.

**Anyone or anything that you cannot see  
both sides of runs your life**

As Rockefeller said: “The secret of success is to do common things uncommonly well”.

**Loving what you do helps you do more of  
what you love**

People get so busy worrying about yesterday or tomorrow that they miss today.

**Anything you can accomplish is not your  
purpose**

No man goes before his time – unless the boss leaves early

-Groucho Marx

**There is nothing but love, all else is  
illusion**

Vision is the art of seeing the invisible -Johnathon Swift

**The universe is governed by the laws of  
perfect balance**

Socrates said: "I can't teach you anything, I can only make you think".

**Steadiness poise and inner peace are  
signs of clarity in direction**

Don't try to change what people are. Rather develop what they have. According to Kahli Gibran "Our worst fault is our preoccupation with the fault of others". If you want to get the best out of someone, you must look for the best that is in them. People can only use their strengths to excel, not their limitations.

**When you follow your inspired dreams you  
attract the people places things and ideas  
to support you**

Too often, the opportunity knock, but by the time you push back the chain, push back the bolt, unhook the two locks, and shut off the burglar alarms, its too late. -  
Rita Coolodge

**Focus on your top priorities**

Sometimes we stare so long at a door that is closing that we see too late the one that is open. - Alexander Graham Bell

**When you have a mission, you have a message**

People who cling to illusions seldom embrace opportunities - Gerhard Gschwaniter

**No stance - no blame - no victims**

Love is the highest, purest, most precious of all spiritual things. It will draw out from men their magnificent potential

-Zig Ziglar

**Your purpose is beyond your goals**

Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world.

-Joel Arthur Baker



**Your soul is at one with all that exists**

Purpose is the engine, the power that drives and directs our lives

-John R. Noe

**Your motivation miraculously increases  
once you begin to act on your dreams**

Your first obligation is to carry out the mission. You are meant for, not what your father, mother, mate, or friends say you should do. Your mission will manifest in you when you decide to listen to your heart's desire

-Naomi Stephan

**Gratitude opens the gateway of the heart  
and lets the truth of love radiate and shine**

It is the paradox of life that the way to miss pleasure is to seek it first. The very first condition of lasting happiness is that a life should be full of purpose, aiming at something outside the self.

-Hugh Bloak

**Your heart and soul have the wisdom of  
the ages**

Your purpose is what kind of business you are as a person

**An attitude of Gratitude – Wins all**

The beginning is the most important part of the work      Plato

**When you are grateful for what is, as it is,  
you open your heart to love**

Some people are always grumbling that roses have thorns I am thankful that  
thorns have roses.

-A.Karr

**When you commit your life to your  
inspired calling you create an immortal  
impact**

It is the supreme art of the teacher to awaken joy in creative expression and  
knowledge.      -Einstein

**Your body knows when you are doing what  
you love**

The great aim of education is not knowledge, but action.

-H. Spencer

**Service performed with gratitude is a  
direct expression of unconditional love**

Give a man a fish and you feed him for a day. Teach a man to fish, and you feed  
him for a lifetime.

-Chinese Proverb

## **Christopher Walker**

Based in Sydney, Australia Chris is a truly global citizen. He travels the world almost 300 days each year speaking and writing on Consciousness, Business and Social Change. His work offers a refreshing new understanding of human dynamics, business management, personal mastery and social interaction. He is a living example of the title of this book. Live-love-life. His other books include Innerwealth - Personal Mastery and The Spiritual Handbook of the Corporate World. You can find these books and Innerwealth Mists and Videos on his web site at <http://www.innerwealth.com>