

Training Catalog

SUMMER
2020

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

September 2020

Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send or bring registration form with payment to:

Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110

By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County's registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc.,
4600 Park Road, Suite 400, Charlotte, NC 28209

Union: Child Care Resources Inc., 105-A Cedar St.
Monroe, NC 28110

Stanly

Stanly County Partnership for Children. 1000 N. First Street,
Suite 8, Albemarle, NC 28001

Rowan

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus

Please check training description for location



LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ALL ABOUT THE SACERS-U

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements for Online Sessions

- An individual email address (separate email address per person)
- Computer/electronic device with internet connection and the ability to watch and listen to video online
- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: *Online sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.*

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

BULLYING: TODAY'S MEAN SCENE

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child

at risk for being bullied and best practices for prevention and intervention will be discussed.

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

CONVERSATION: THE COMMON THREAD IN OUR WORK

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

FUNDING SCHOOL AGE PROGRAMS

School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

GRANTING CHILDREN THEIR EMOTIONS

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

IT'S OFF TO SCHOOL WE GO

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

POTTY TIME: WHEN IS THE RIGHT TIME?

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment. **For administrators and those in leadership positions.*

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

CEU COURSES

ACTIVE READING WITH PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

\$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

\$25 | 0.5 CEUs

SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
Causes of Misbehavior: Why Do They Act That Way?	Tue., Sept. 1	6:30-8:30 pm	Zoom	Social-Emotional
How to Avoid Burnout	Wed., Sept. 2	1-3 pm	Zoom	Professionalism
Exploring Social Emotional Development - Relationships	Tue., Sept. 8	6:30-8:30 pm	Zoom	Infant/Toddler
ITS-SIDS	Thu., Sept. 10	6:30-8:30 pm	Zoom	Infant/Toddler
ITS-SIDS	Sat., Sept. 12	9-11 am	Zoom	Infant/Toddler
Emergency Preparedness and Response	Mon., Sept. 14	10 am-12:30 pm	Zoom	Administration
ITS-SIDS	Tue., Sept. 15	10 am-12 pm	Zoom	Infant/Toddler
ITS-SIDS	Wed., Sept. 16	6-8 pm	Zoom	Infant/Toddler
Developing Appropriate, Positive Guidance Techniques	Thu., Sept. 17	9:30-11:30 am	Zoom	Child Development
Implementing High-Quality Infant/Toddler Care	Thu., Sept. 17	6:30-8:30 pm	Stanly	Infant/Toddler
How to Thrive During Challenging Conversations	Thu., Sept. 17	6:30-8:30 pm	Zoom	Professionalism
Please Let Them Play	Mon., Sept. 21	6:45-8:45 pm	Zoom	Curriculum
ITS-SIDS	Tue., Sept. 22	10 am-12 pm	Zoom	Infant/Toddler
Preventing Challenging Behaviors	Tue., Sept. 22	6:30-8:30 pm	Zoom	Social-Emotional
The Missing Piece: A Loving and Nurturing Environment	Wed., Sept. 23	6:30-8:30 pm	Zoom	Social-Emotional
Turning Difficult Situations Around	Thu., Sept. 24	6:30-8:30 pm	Zoom	Professionalism
A+ Supervision	Sat., Sept. 26	9-11 am	Zoom	Health, Safety, & Nutrition
Beyond Band-Aids	Sat., Sept. 26	12-2 pm	Zoom	Health, Safety, & Nutrition
ITS-SIDS	Tue., Sept. 29	6:30-8:30 pm	Zoom	Infant/Toddler
A+ Supervision	Wed., Sept. 30	3-5 pm	Zoom	Health, Safety, & Nutrition



SESSION DESCRIPTIONS

ADMINISTRATION

EMERGENCY PREPAREDNESS AND RESPONSE

Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed curriculum provides information, knowledge, and tools to prepare early educatorS for many types of emergencies. *This curriculum meets the state standards and requirements for Emergency Preparedness and Response.

*This session is reserved for administrators ONLY, and class is limited to 12 participants.

[Mon., Sept. 14 | 10 am-12:30 pm | Zoom](#)

\$15 | 2 credit hours | Level: Beginner

CHILD DEVELOPMENT

A GUIDE TO DEVELOPING APPROPRIATE, POSITIVE GUIDANCE TECHNIQUES

As commonly practiced, traditional discipline fails to distinguish between non-punitive teacher intervention and punishment.

Traditional discipline criticizes children, often publicly, for unacceptable behaviors. It punishes children for having problems they cannot solve, while guidance teaches children to solve their problems in socially acceptable ways.

[Thu., Sept. 17 | 9:30-11:30 am | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

CURRICULUM

PLEASE LET THEM PLAY

Research shows that children learn best in an environment that allows them the opportunity to explore, discover, and play. Play is an important part of a developmentally appropriate child care program. When children have meaningful, enriched, and purposeful play experiences, cognitive, physical, social-emotional, and language development are supported. Join us as we take a comprehensive look at the value of play.

[Mon., Sept. 21 | 6:45-8:45 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

HEALTH, SAFETY, & NUTRITION

A+ SUPERVISION

In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

[Sat., Sept. 26 | 9-11 am | Zoom](#)

[Wed., Sept. 30 | 3-5 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

BEYOND BAND-AIDS

All child care programs must respond to children's accidents, injuries, and illnesses. Most are responsible for administering medications. Dealing with such situations safely and appropriately is a serious task, and statistics show that we need to be better prepared to do this well. With careful planning, proactive and protective measures will help ensure children's safety.

[Sat., Sept. 26 | 12-2 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

INFANT/TODDLER

EXPLORING SOCIAL EMOTIONAL DEVELOPMENT WITHIN THE CONTEXT OF RELATIONSHIPS

Strong, nurturing relationships are key to healthy development for infants and toddlers. Through supportive relationships, infants and toddlers develop a sense of trust, how to interact with others, and eventually how to express empathy. This professional development event will explore social emotional development within the context of relationships. Participants will learn how providing responsive care will help infants and toddlers form secure relational attachments and develop a strong foundation from which they can explore their environment.

[Tue., Sept. 8 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Intermediate

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

[Thu., Sept. 10 | 6:30-8:30 pm | Zoom](#)

[Sat., Sept. 12 | 9-11 am | Zoom](#)

[Tue., Sept. 15 | 10 am-12 pm | Zoom](#)

[Wed., Sept. 16 | 6-8 pm | Zoom](#)

[Tue., Sept. 22 | 10 am-12 pm | Zoom](#)

[Tues., Sept. 29 | 6:30-8:30 pm | Zoom](#)

\$15 | 2 credit hours | Level: Beginner

LEADING THE WAY: IMPLEMENTING HIGH-QUALITY INFANT/TODDLER CARE

No matter what our role is in child care, we share a common goal: to provide quality group care for infants and toddlers. But what does that look like? In this training, we will discuss evidence-based practices and policies that support the high-quality infant toddler care we strive to provide. As we discuss quality infant-toddler care practices and how different programs approach implementing these practices, we'll share the benefits for children and their caregivers. We will look at six essential program policies that support relationship-based strategies in child care and examine your beliefs and philosophy as they relate to evidence-based quality group care. (DCDEE 1,3,5)

[Thu., Sept. 17 | 6:30-8:30 pm | Stanly](#)

\$15 | 2.0 credit hours | Level: Beginner

PROFESSIONALISM

WE'RE ALL STRESSED! HOW TO AVOID BURNOUT

This workshop will identify causes of stress and burnout. It will also give practical ideas and strategies for avoiding and/or dealing with burnout.

[Wed., Sept. 2 | 1-3 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

HOW TO THRIVE DURING CHALLENGING CONVERSATIONS

I'm speaking, are you listening? We all want to be heard. It's gratifying, empowering, and makes us feel valued. And in any difference of opinion, we want our side to be represented. We want others to "get" who we are and to hear our point of view, even if they don't agree with us. Come join us and be ready to role play, listen, and learn tips and strategies for effective communication.

[Thu., Sept. 17 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

TURNING DIFFICULT SITUATIONS AROUND

No matter what you do in life, there will be a challenging situation to face in your personal or work life. These types of challenges are ones that need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight common causes of conflict in the workplace and strategies to resolve conflicts and turn difficult situations around!

[Thu., Sept. 24 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

SOCIAL & EMOTIONAL DEVELOPMENT

CAUSES OF MISBEHAVIOR: WHY DO THEY ACT THAT WAY?

Why do some children come to depend on challenging behaviors, while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take the time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons children misbehave, a crucial first step in determining how to prevent/reduce challenging behaviors.

[Tue., Sept. 1 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

PREVENTING CHALLENGING BEHAVIORS: AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE

The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.

[Tue., Sept. 22 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

THE MISSING PIECE: A LOVING AND NURTURING ENVIRONMENT FOR CHILDREN

A quality early childhood teacher will realize that along with our desire to teach the children in our care, we must care for the children we teach. Nurturing relationships are taken for granted, yet are often not put into practice. How we talk to and treat children is as important to their development as the curriculum content we teach. This course will keep this important aspect in our minds as we discuss how clashing cultures and temperament affect our approach to building teacher/child relationships. We will also discuss how what we do and say to children can actually influence (and even cause!) challenging behaviors, as well as affecting brain development and adding to toxic stress. Join us as we look for the missing pieces that teachers need to complete the puzzle of growing young children into healthy adults.

[Wed., Sept. 23 | 6:30-8:30 pm | Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____

Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _____

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209

***Credit Card Payments accepted online only.**