

# Microwave Peach Pudding

✓ Microwave only



## Equipment:

- Small mug or ramekin per person
- Small plate
- Bowl
- Spoon
- Tin opener if not using ring pull tins

## Ingredients for 1 portion:

- 5-6 slices of tinned peach
- 2 tbsp. flour (plain or self raising)
- 1 tbsp. sugar (any kind)
- 3 tbsp. milk (dairy or dairy-free)
- Optional: pinch of cinnamon

- ✓ Halal
- ✓ Dairy-free
- ✓ Vegan

## Steps:

1. Line the bottom of the mug or ramekin with peach slices (no need to drain the tin of peaches)
2. Add the flour, sugar and cinnamon if using to the bowl.
3. Add the milk and mix together with spoon to make a batter.
4. Spoon the batter over the peaches. Put the dish onto a small plate (juices may bubble over).
5. Microwave for 1 minute on high. Enjoy!