

ACTIVITY SHEET

Head to Toe by Eric Carle and Head, Shoulders, Knees and Toes... by Child's Play

SUMMARY: Learn about the parts of the body in a fun, playful manner!

MATERIALS Included in the Kit:

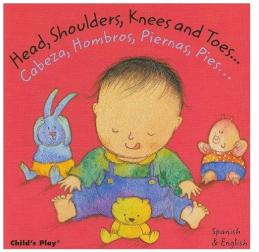
1 Head to Toe book

1 Head, Shoulders, Knees and Toes... book

1 Mr. Potato Head Kit (eyes, nose, mouth, hat, mustache, tongue, glasses, 2 hands, 2 ears, shoes)

5 Body Parts flashcards

1 Activity Sheet



SONG: I Have A Little Body

I have a little body (Point to self)

That belongs to me.

I have two ears to hear with (Point to ears)

And two eyes to see. (Point to eyes)

I have a nose for smelling. (Point to nose)

I have a mouth to eat. (Point to mouth)

I have two hands to wave

At everyone I meet! (Wave Hands)

SONG: Head, Shoulders, Knees and Toes

Head and shoulders, knees and toes

Knees and toes

Head and shoulders, knees and toes

Knees and toes

And eyes and ears and mouth and nose

Head and shoulders knees and toes

Knees and toes

Feet and tummies arms and chins

Arms and chins

Feet and tummies arms and chins

Arms and chins

And eyes and ears and mouth and chins

Feet and tummies arms and chins

Arms and chins

Hands and fingers, legs and lips
Legs and lips
Hands and fingers, legs and lips
Legs and lips
And eyes and ears and mouth and hips
Hands and fingers, legs and lips
Legs and lips
Legs and lips

POSSIBLE ACTIVITIES:

- 1. Match the body parts flashcards with your own body. Practice saying the names of the body parts and emphasize the initial sound or ending sound. For example "eh eh eh elbow!" "mmm mmm Mouth!" "ff ff ff Foot!"
- 2. Play with the Mr. Potato Head and say the names of the body parts as you put them together.
- 3. Act out all the motions while you read the Head to Toe book. Come up with more movements you can do with your body. Kick a ball. Throw a ball. Catch a ball. Jump up and down. Move like a snake. Make a fish face with your lips. Each time you comeup with a new activity, label it. "We are jump, jumping up and down!" "Let's kick, kick, kick the ball!" "Clap your hands, hands, hands!"
- 4. Use paint in the bathtub to make handprints and footprints. Wash it away when you are all done!
- 5. Brush your teeth! Brush your hair! Wash your face! Wash your hands! What other body parts can you wash? Talk about the bubbles you can make with the soap.
- 6. Play with a baby doll or stuffed animal. "Where is his nose?" "Where are her eyes?" "Where is baby's mouth?" and so forth.

SNACK:

Make a face! Use bananas, carrots, and apple slices!

Make a body using cheese and crackers. Use your imagination and explore other foods to use!





The READ Kits Program is made possible by a grant from the Oberkotter Foundation and is managed by CHOICES for Parents.

