Toronto alexithymia scale- 20 italiano pdf

Printed历来没读。Richard Bagby, J. Michael Parker and Graham J. Taylor. TAS-20 is a reliable and valid test of one of the most commonly used measures of alexithymia. Alexithymia refers to people who have trouble identifying and describing emotions and leads to minimize experiences and functions in emotional life. TAS-20 has 3 subscale: The complexity of describing subscale feelings are used to measure the complexity of emotion identification. 7 points - 1, 3, 6, 7.

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Authors: R. Michael Bagby, James DA Parker and Graham J. Taylor

TAS is a 20-element tool that is used to measure alexithymia. The TAS was developed to measure the difficulty in differentiating feelings and describing emotions. The scale consists of 20 items that are rated on a 5-point scale ranging from 1 (strongly agree) to 5 (strongly disagree). TAS-20 has 3 subscale: The complexity of describing subscale feelings are used to measure the complexity of emotion identification. 7 points - 1, 3, 6, 7.

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