



\*\*\*\*\*

## A KEY TO FINANCIAL LITERACY

**GRETCHEL RICA A. MIGUEL**

**Teacher III**

Paaralang Elementarya ng Marcal  
gretchelrica.adaajar@deped.gov.ph

In an age where consumerism and instant gratification often dominate, cultivating effective saving habits is crucial for financial stability and long-term security. Developing a disciplined approach to saving can make a significant difference in achieving personal financial goals and managing unexpected expenses.

Instilling good saving habits in children from a young age lays the groundwork for their future financial well-being. Teaching kids about saving not only prepares them for financial independence but also fosters responsible money management skills that will benefit them throughout their lives.

### **Start with a Piggy Bank**

Introducing the concept of saving can be as simple as using a piggy bank. Encourage children to set aside a portion of their allowance or any money they receive as gifts. Kids learn the basic principle of accumulating savings over time by physically depositing coins and bills into a piggy bank. This tangible method helps them visualize their progress and understand the concept of saving.

### **Set Goals and Rewards**

Help children set small, achievable savings goals, such as buying a toy or a book they've been wanting. This teaches them the value of patience and delayed gratification. Once they reach their goal, celebrate their success to reinforce the positive behavior. Offering a small reward or a matching contribution to their savings can also motivate them to continue saving.

\*\*\*\*\*

### **Editorial Team**

**Editor-in-Chief:** Alvin B. Punongbayan

**Associate Editor:** Andro M. Bautista

**Managing Editor:** Raymart O. Basco

**Web Editor:** Nikko C. Panotes

### **Manuscript Editors / Reviewers:**

Chin Wen Cong, Christopher DC. Francisco, Camille P. Alicaway, Pinky Jane A. Perez,  
Mary Jane B. Custodio, Irene H. Andino, Mark-Jhon R. Prestoza, Ma. Rhoda E. Panganiban, Rjay C. Calaguas,  
Mario A. Cudiamat, Jesson L. Hero, Albert Bulawat, Cris T. Zita, Allan M. Manaloto, Jerico N. Mendoza

\*\*\*\*\*



\*\*\*\*\*

## **Involve Them in Family Budgeting**

Involving kids in simple aspects of family budgeting can give them a practical understanding of money management. Show them how family expenses are planned and discuss the importance of saving for future needs. This exposure helps children grasp the concept of budgeting and see how their own savings fit into a larger financial picture.

## **Introduce the Concept of Earning**

Encourage children to earn money through chores or small tasks. This experience helps them understand the connection between work and income, reinforcing the idea that money is earned through effort. Once they start earning, guide them on how to allocate their earnings between spending, saving, and giving.

## **Open a Savings Account**

When children are ready, consider opening a savings account for them. Many banks offer accounts designed specifically for kids, which can teach them about interest and banking. Regularly review their account statements together to show how their savings grow over time, emphasizing the benefits of saving.

## **Lead by Example**

Children often mimic the behavior of adults, so demonstrating good saving habits yourself is crucial. Share your own savings goals and strategies with them. By observing your commitment to saving, they learn the value of financial responsibility and are more likely to adopt similar habits.

Teaching kids good saving habits is an investment in their future financial literacy and success. By using practical tools like piggy banks, setting goals, involving them in budgeting, introducing earning, and leading by example, parents can help children develop a solid

\*\*\*\*\*

### **Editorial Team**

**Editor-in-Chief:** Alvin B. Punongbayan

**Associate Editor:** Andro M. Bautista

**Managing Editor:** Raymart O. Basco

**Web Editor:** Nikko C. Panotes

### **Manuscript Editors / Reviewers:**

Chin Wen Cong, Christopher DC. Francisco, Camille P. Alicaway, Pinky Jane A. Perez,  
Mary Jane B. Custodio, Irene H. Andino, Mark-Jhon R. Prestoza, Ma. Rhoda E. Panganiban, Rjay C. Calaguas,  
Mario A. Cudiamat, Jesson L. Hero, Albert Bulawat, Cris T. Zita, Allan M. Manaloto, Jerico N. Mendoza

\*\*\*\*\*

# INSTABRIGHT e-GAZETTE

ISSN: 2704-3010

Volume VI, Issue I

August 2024

Available online at <https://www.instabrightgazette.com>



\*\*\*\*\*  
foundation in money management. These early lessons in saving will serve them well as they grow into financially savvy adults.



\*\*\*\*\*

## Editorial Team

**Editor-in-Chief:** Alvin B. Punongbayan

**Associate Editor:** Andro M. Bautista

**Managing Editor:** Raymart O. Basco

**Web Editor:** Nikko C. Panotes

### Manuscript Editors / Reviewers:

Chin Wen Cong, Christopher DC. Francisco, Camille P. Alicaway, Pinky Jane A. Perez,  
Mary Jane B. Custodio, Irene H. Andino, Mark-Jhon R. Prestoza, Ma. Rhoda E. Panganiban, Rjay C. Calaguas,  
Mario A. Cudiamat, Jesson L. Hero, Albert Bulawat, Cris T. Zita, Allan M. Manaloto, Jerico N. Mendoza

\*\*\*\*\*