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Cambridge community gymnastics cambridge

Welcome to the MIT Gymnastics Club website! We are a club fitness team open to any and all interested MIT Affiliates (students, teachers, staff/employees, and graduates) who would like to do gymnastics at MIT, no experience required. For more information on eligibility to participate in club sports, please see here. If you are not an MIT partner but still want to work out at MIT, please contact Abbie Green at Cambridge Community Gymnastics. Access to the campus will be different than ever and could change depending on campus policy. Because MIT has made the very difficult decision to de-densify campus for the time being [MIT's visitor policy, staff return to campus policies and the July 7 announcement to students], access to DAPER facilities will only include students, teachers, and staff are invited back for the fall semester and approved to be on campus through the new COVID Pass App. Unfortunately, this means that students, faculty, and learning/working staff remotely, as well as graduates and spouses who would otherwise be typically eligible for club sports activities, temporarily will not have access to campus facilities (limited exceptions might be possible to provide appropriate coaching/supervision for your team). Everyone can definitely stay participating in virtual events within our team though, and we do weekly virtual workouts and frequent virtual social services! If you would like to contact us, please send us a message at gymnastics@mit.edu Last Updated August 2, 2020 Normal Practice Program (Just FYI during COVID) Practices take place six days a week, all year round. We have a fully functional fitness facility with all six men's devices and four women's devices. Our facilities also include numerous training devices, including a tumbl-trak and a fall strip in a resi pit, trampoline and strap rod. We generally host two meets a season, and travel to compete in 4-6 meets per season. In addition, every year the team travels to compete with NAIGC nationals. We have two great coaches who are each in the gym three days a week (one mainly coaches women's competitions and the other mainly coaches men's competitions), and many experienced trainers who can help you take your gymnastics to the next level. Our practice programme is: We conduct open courses every week on starting september 19 through the end of November for \$5/class after which we're focused on preparing for the competitive season. The first day of practice for newcomers wishing to join the group is on September 10. However, it is never too late to join the fitness team. If you would like to contact us, please send us a message at gymnastics@mit.edu All Registration Options -- - All Subscriptions A. Insurance CCG Registration Fee -- *NEW Participant (\$10.00) 1 class class Up CCG Insurance Fee 2020-21 -- *Renewal (\$15.00) Unlimited courses Register a vacancy at Cambridge Gymnastics Academy CIC Lead Regular Coach Level 3 GG/WA/MA Coach Available from September 16, 2019 Location... Unfortunately, due to the COVID-19 crisis, CCG is shutting down operations from the MIT Gym until further notice. If you would like to make a donation to help us through this difficult time, please use the PayPal link below. Thank you and stay safe. We found that JavaScript is disabled in this browser. Turn on JavaScript or switch to a supported browser to continue using twitter.com. You can see a list of supported browsers in the Help Center. Help Center

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