

MARINA MAKES *Minute To Win It* RECIPES

SHOPPING LIST

PRODUCE

- 2 cups of fresh or frozen strawberries, diced
- 4-6 mint leaves
- 4 oz of pre-made guacamole
- 1 teaspoon of lemon juice
- 3 roma tomatoes
- 1 green onion, sliced
- Shredded lettuce
- Juice of half of a lime
- 2 small sweet potatoes
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MEAT, FISH & POULTRY

- 1/2 pound of ground chicken (chicken burger)
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DAIRY & EGGS

- 4 oz of cream cheese
- 1/2 cup of sour cream
- 1/4 cup of half and half
- 1 cup of shredded, sharp cheddar cheese
- 1 egg (Vegetarian option: black bean burger)
- 1/4 cup of shredded, pepper jack cheese
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BAKING, SPICES, OILS & CONDIMENTS

- 2-3 tablespoons of olive oil
- 1/2 teaspoon of cumin
- 1 teaspoon of Paprika
- 1/4 teaspoon of black pepper
- 1/8 teaspoon of garlic powder
- Ketchup
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BREAD, GRAINS & CEREAL

- 1/3 cup of cooked quinoa
(Vegetarian option: black bean burger)
- 2 hamburger buns
(GF option: GF hamburger buns)
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DRY/CANNED GOODS & PANTRY SNACKS

- 1 teaspoon of hot sauce
- 1/2 cup of sliced olives
- Bag of tortilla chips
- 15 oz can of black beans
(Vegetarian option: black bean burger)
- 2 oz of diced green chiles
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BEVERAGES

- 2 cups of limeade juice
- 2 shots of vodka
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MISCELLANEOUS

- Freezer bag
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