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Orthop Clin North Am. 2001;32(3):527-38 [PubMed] [Google Scholar]42. Sciascia ACromwell R. Kinetic chain rehabilitation: theoretical framework. Rehabil Res Pract. 2012;2012:853037. [PMC free article] [PubMed] [Google Scholar]45. Kannus PJozsa LNatri Aet al. Effects of training, immobilization and remobilization on tendons. Scanned J Med Sci Sports. 1997;7:67-71 [PubMed] [Google Scholar]46. Ohberg LLOrentzon RAlfredson H. Eccentric training in patients with chronic Achilles tendinosis: normalized tendon structure and reduced follow-up thickness. No. J Sports Med. 2004;38(1):8-11 [PMC free article] [PubMed] [Google Scholar]47. Mayer FHirschmüller AMüller Set al. Effects of short-term treatment strategies over 4 weeks in achilles tendinopathy. No. J Sports Med. 2007;41(7):e6. [PMC free article] [PubMed] [Google Scholar] Page 2Outcome measurements in initial evaluation It's a drain. Initial Evaluation4 Week Follow UpPainAt rest5/100/10At worst10/10QuickDASHMain module27.3%0%Work module0%0%Sport module87.5%0%StrengthElbow flexion (3 positions):1 forearm in neutral 4/5, pain5/5, pain free2 forearm found 5/5, pain5/5, pain free3 forearm subpnated4/5, pain freeForearm supination4/5, pain freeTendernessDistal bicep tete(+) on the right(-) right(-)

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