

The *Dolphin*  
BISTRO

MENU

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## ***Nibbles & Sharing*** -----

### ***Chickpea Hummus***

***with warm pitta & veg sticks, bread and olives (V) £7.50***

### ***Buffalo Chicken Wings***

***with blue cheese and Frank's hot sauce £6.50***

***Salt and Pepper Squid with garlic mayo £6.90***

***Whitebait with tartar sauce £6.50***

***Crispy Halloumi with satay glaze and a leaf salad (V) £6.50***

***Falafels with yoghurt and mint (V) £6.00***

## ***Light Bites*** ----- **£6.00**

### ***Loaded Fries: crispy skin-on fries***

***Chilli or Vegan Chilli / Cheese & Beans / Bacon & Cheese  
/ Tuna & Cheese***

## ***Baked Jacket Potatoes*** ----- **£7.50**

***Pulled Pork & Pickles / Bacon & Cheese / Baked Beans &  
Cheese / Tuna Mayo / Prawns with Marie Rose sauce /  
Ham & Cheese / Veggie Chilli / Beef Chilli***

## ***Salads*** -----

***Caesar Salad*** - Romaine salad, grana padano, crispy bacon,  
garlic croutons, anchovies & Caesar dressing **£9.00**

***Superfood Salad*** - Edamame beans, bean sprouts, nuts,  
seeds, rocket & spinach, lemon, oregano dressing **£10.00**

***House Salad*** - tomatoes, cucumber, peppers, red onions,  
carrot and mustard dressing **£ 8.00**

***ADD for only : £ 3.50***

***Grilled chicken / Grilled steak /  
Crispy Halloumi (V) / Falafel (V)***

## ***Burger Time*** -----

***House Burger with cheese and bacon £11.00***

***Halloumi and Mushroom  
with smoked Chipotle sauce (V) £11.00***

***Chicken Burger with smoked bacon and cheese £11.00***

**All the above are served with coleslaw, burger relish and  
pickles. Also gluten free bread available.**

## Vegan & Vegetarian -----

*Walnut & Mushroom Bolognese*  
*with garlic bread, rocket, toasted nuts & seeds* £12.00

*Vegetable Lasagne*  
*with courgettes, peppers, red onion, aubergine & tomato layers with cheese sauce and pesto* £12.00

*Chick pea, Tomato, Potato & Spinach Curry*  
*with poppadoms, pilau rice and dips* £9.00

*Roasted Pumpkin, Butternut Squash Sausages*  
*with a bean and lentil cassoulet, roasted vine tomatoes, garlic mushrooms & toasted nuts and seeds* £14.00

Also check out our salads.

## Indulgent Sandwiches ----- £7.50

Hot deli wraps, ciabattas & sandwiches with a variety of wholemeal or white wraps.

Also granary, white bread & rustic ciabattas.

*Hoi Sin Duck*

*Cajun Chicken*

*Ham, Cheese & Tomato*

*Roasted Vegetables, Hummus, Nuts & Seeds*

*Chicken Pesto & Parmesan*

*Brie & Bacon*

*Pulled Pork & Pickles*

*Chicken Pesto & Parmesan*

*Tuna Cheese Melt*

All the above are served with coleslaw & dressed leaf salad. Gluten free bread also available.

ADD Chips for only : £1.50

## Pies -----

*Steak and Blue Cheese* £12.50

*Chicken, Ham & Leek* £12.50

*Mushroom, Spinach & Truffle* £12.00

All of the above with your choice of chips, mash or new potatoes.

*Fish Pie* £12.00

*Cottage Pie* £10.00

## *Chef's Own Spice Blend Curries* -----

<i>Chicken, mixed peppers &amp; onions</i>	£9.00
<i>Beef, red onion &amp; tomato</i>	£9.00
<i>Chick pea, potato, spinach &amp; tomato</i>	£9.00
<i>Mixed seafood catch of the day, with prawns, mussels and squid</i>	£12.00
All served with poppadoms, pilau rice & dips.	
ADD <i>Onion bhajis &amp; Garlic naan</i> for only :	£3.50

## *From the Grill* -----

<i>5oz Rump steak</i>	£9.00
<i>10 oz Rump steak</i>	£17.00
<i>12oz Gammon steak with egg and pineapple</i>	£13.50
<i>Cajun Chicken breast</i>	£12.50
<i>Mixed Grill (rump, gammon, lamb chop, sausages, pork steak and eggs)</i>	£22.00
<i>Sausages, red onion and thyme gravy</i>	£12.00

All served with roasted vine tomatoes, field mushrooms  
and onion rings or either chips, ½ jacket or new potatoes.

## *From the Sea* -----

<i>Seafood Stew (hake, prawns, squid, mussels in a tomato and fennel broth with garlic bread)</i>	£15.00
<i>Steamed West Country Mussels</i>	Small £7.00
<i>with either tomato, chilli, white wine or</i>	Large £14.00
<i>Classic Moules Marinières with cream</i>	
<i>Grilled Seabass with lemon, rosemary, vine tomatoes, courgettes and crushed new potatoes</i>	£16.50
<i>Chef's Own Beer Battered Fish of the Day served with chips, salad or greens</i>	£12.50
<i>Crispy Scampi served with tartare sauce &amp; chips, vegetables or salad</i>	£11.50

## ***Odds & Ends*** -----

<i>Beer Battered Onion Rings</i>	<b>£3.50</b>
<i>Fresh Market Vegetables</i>	<b>£2.50</b>
<i>Pickled Red Cabbage</i>	<b>£3.00</b>
<i>Onion Rings</i>	<b>£3.50</b>
<i>Onion Bhajis, Naan &amp; Dips</i>	<b>£3.50</b>
<i>Chips</i>	<b>£3.00</b>
<i>Cheesy Chips</i>	<b>£4.00</b>
<i>Sweet Potato Fries with sour cream</i>	<b>£4.00</b>
<i>Rocket &amp; Parmesan</i>	<b>£4.50</b>
<i>Basil &amp; Tomato Salad</i>	<b>£4.50</b>
<i>Garlic Ciabatta</i>	<b>£3.25</b>
<i>Cheese Garlic Ciabatta</i>	<b>£3.75</b>

## ***Nipper's Nibbles*** ----- **£5.75**

<i>Chicken Nuggets with chips</i>
<i>Veggie Nuggets with chips (V)</i>
<i>Battered Fish</i>
<i>Grilled Beefburger with cheese</i>
<i>Maccaroni Cheese (V)</i>
<i>Tomato Pasta (V)</i>

**All served with chips, new potatoes or mash and beans, peas or salad.**

## ***Desserts*** -----

***Please look out for our special board or ask a member of our team for daily desserts.***

*Look out for our blackboards  
for Daily Specials*

*Food allergies and intolerances – Please inform your server before ordering.*

*All food is prepared in an area where allergens are present.  
All prices are inclusive of VAT at the current rate.*

*All items are subject to availability.*

*Discretionary gratuities will be distributed in full to our team members.*

## ***Dolphin Bistro***

**Seaside Hill, Combe Martin EX34 0AW**



dolphin inn



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**[www.thedolphincombemartin.co.uk](http://www.thedolphincombemartin.co.uk)**