AMPed
Learning Log

AMPed Developmental Phases

Inquire	Play	Evaluate	Rethink	Share	
Formulating ideas	Reducing to one and pursuing	Finding reason and enjoyment	Making connections	Purposeful	Expand and sharing
-1	**0**	**1**	**2**	**3**	**4**

Situation	Task	Action	Response
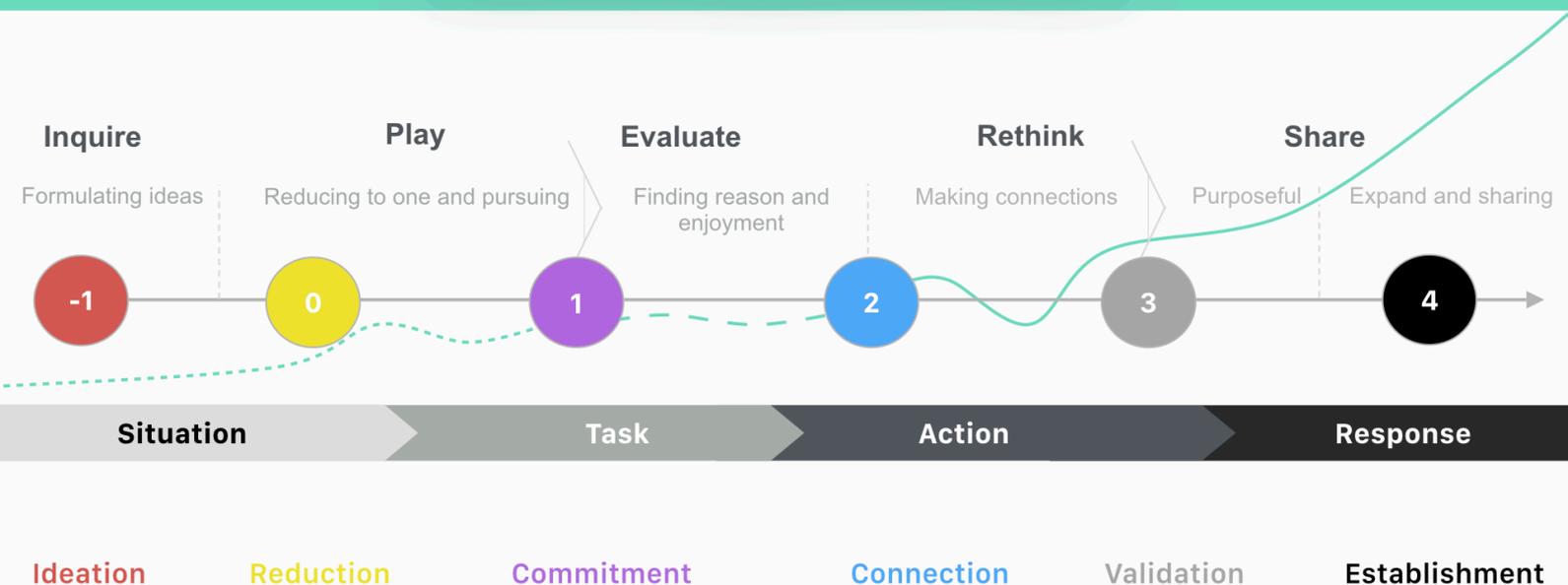
Ideation	Reduction	Commitment	Connection	Validation	Establishment

What to expect?

The AMPed learning log is your learner's manual that will assist in your learning journey from start to finish.

1. The AMPed learning log will help generate and collect your ideas or interest in one place.

2. Once you have documented your ideas, reduced them down to one idea. We will help you take that interest and making it meaning and purposeful.

3. The AMPed learning log will help you keep yourself accountable for your learning, by documenting your progress and development of your education.

4. You will use a daily/weekly template that will help you build positive routines. Duplicate learning target page and documentation page to fit what you feel will be the length of your project.
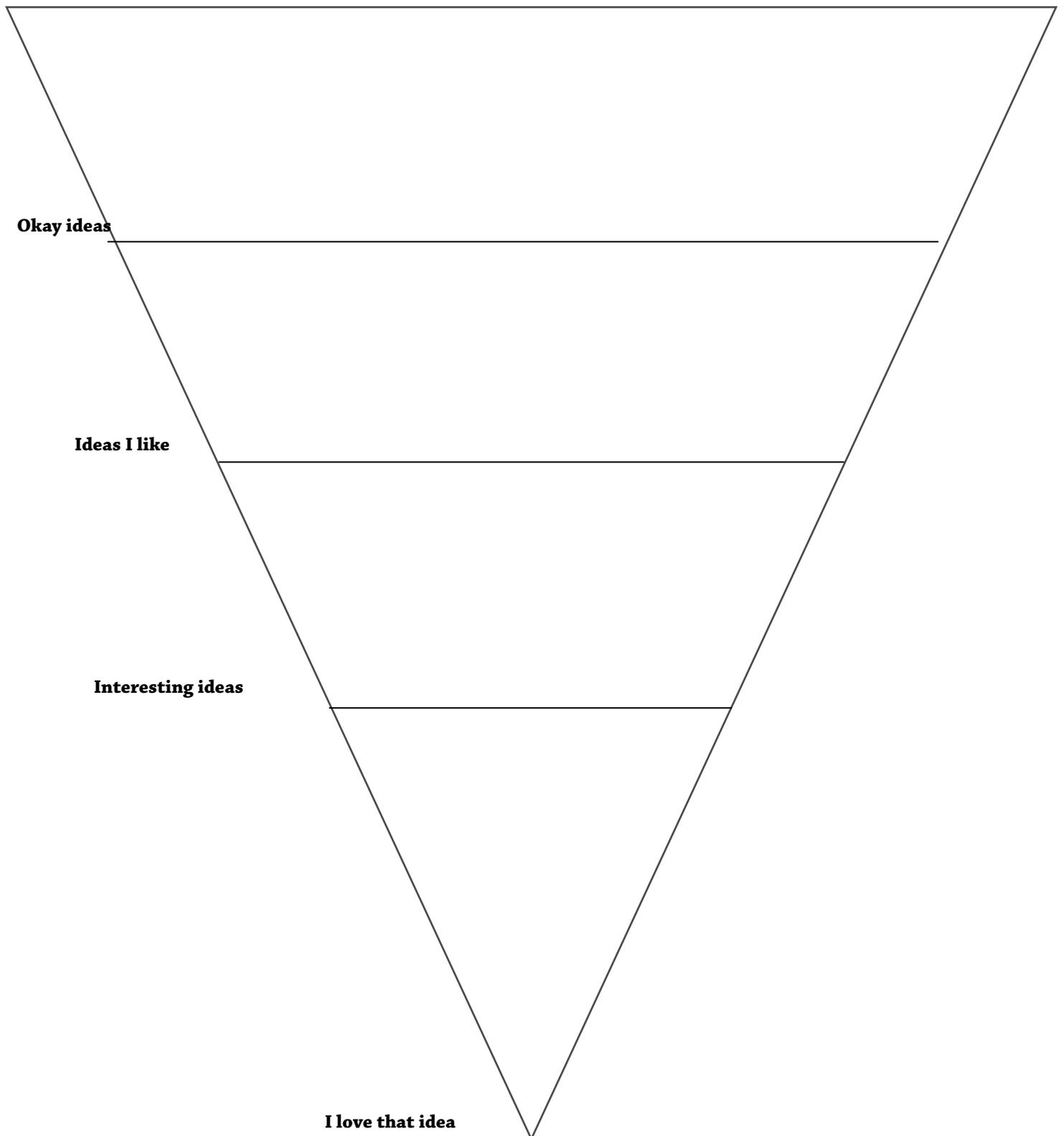
5. The AMPed learning log is something that we hope will help change you into someone better than before.

Ideation

What are you curious about?

List current curiosities as well as what if moments past and present and future. Once you are done, try to rank them from most curious to least. You can do this by numbering your thoughts, 1 being most curious and 7, being least curious to you.

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What do you know about yourself?

What do you know about yourself? List as many things about yourself that you know and rank them to strongest to weakest. Again 1 being the strength and 7 being the weakest.

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Organize them by how interesting they seem to you.

Write down things you might like to know more about, write down skills that you are good at and write down skills that you are working on to become better.

Okay ideas

Ideas I like

Interesting ideas

I love that idea

Generating Learning Ideas and Interests

Below you will find 6 prompts that will help you think of learning ideas or interest based around a central purpose. At the end of your session, go back over all your learning ideas and rank them from 1 being the most interested in learning, to 8, being something that you would probably like to learn later

Write down 4 - 8 things you want to *create. e.g.: Building bird houses for the campus.*

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_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

Write down 4 - 8 things you want to *promote* or *share. e.g.: Recycle all waste at school*

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_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

_____   ⬚

Write down 4 - 8 ways you could *serve.* E.g.: Services in school during this period of time, knitting hats for Syrian refugees

Write down 4 - 8 things you could *teach. E.g.: What skills do you already know that you could teach someone at school? How to..*

Write down 4 - 8 things you might want to learn to enhance yourself. E.g. What are you working on to better improve yourself?

Write down any other things that come to your mind that you want to learn about. E.g.:
Learn basic coding to make a website.

Play around with the interest you have written down in each of the purposeful categories.

Situation:			
Question		Response	
Question		Response	
Question		Response	
Question		Response	

Situation:			
Question		Response	
Question		Response	
Question		Response	
Question		Response	

Situation:			
Question		Response	
Question		Response	
Question		Response	
Question		Response	

Situation:			
Question		Response	
Question		Response	
Question		Response	
Question		Response	

Reduction

Place your ideas/interest according to specific purpose and ranking .

Process of Elimination

Create

Service

Enhance

New Learning

Teach

Share
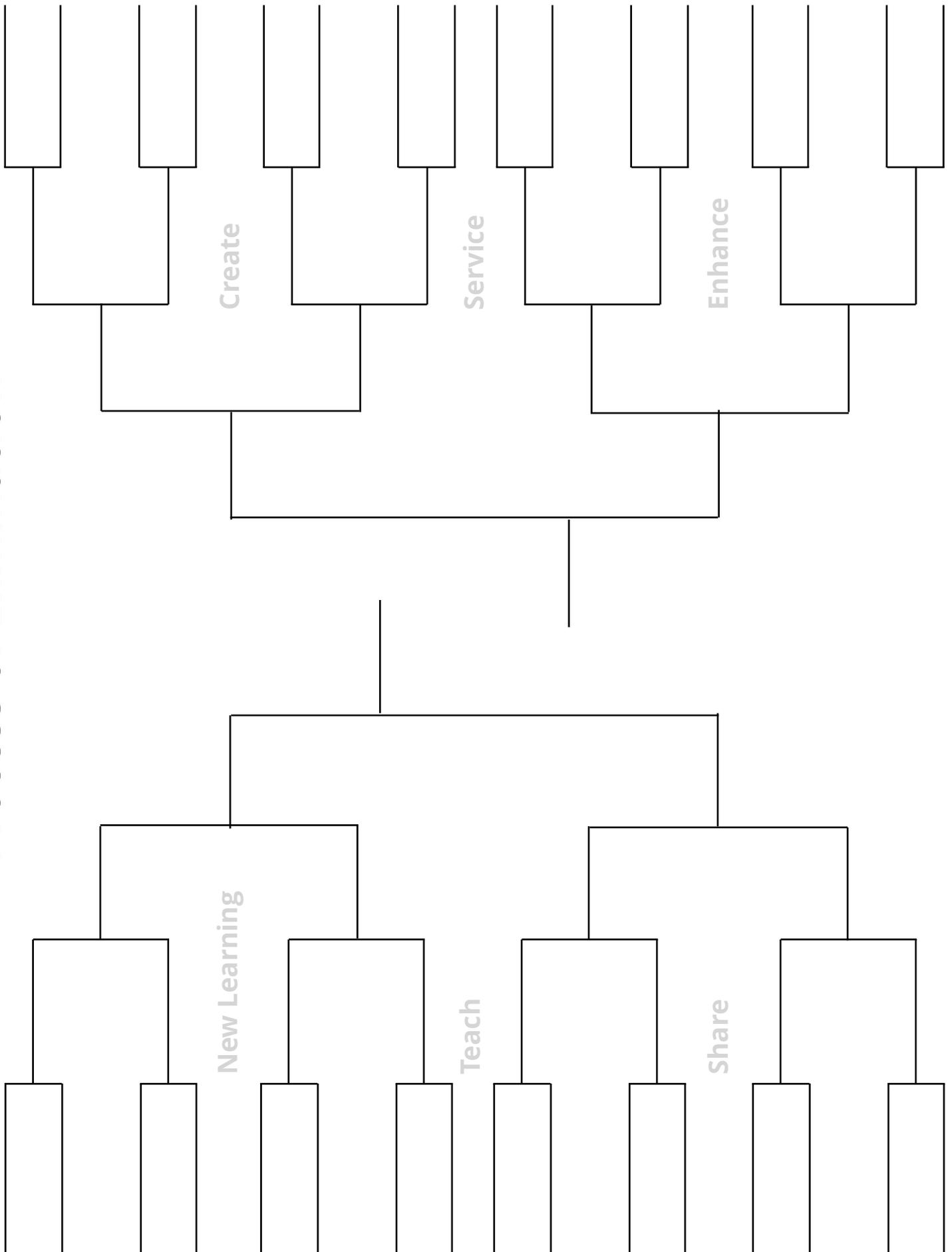
S.T.A.R The proposal is used to take your idea/interest and transform the learning that you want to tackle into a situation, task, actions, and response or result.

Situation:

What is the current condition that you wish to improve upon?

What have you seen that interests you enough to investigate further?

What do you want to learn? Solve? Change? Improve? (e.g., I would like to learn to make a motorized toy.)

Develop an essential question around your situation.

Task:

What is it that you want to do regarding the above situation? (Essential question)

What do you think your project will look like in its final stages?

Tell us how you want to approach your situation.

Action: What are the steps that you need to do to reach your task? This is the time to plan out what you will need to do. The steps will probably change as you get started. That is okay; it's part of the process. While planning every step, do your best to think through your actions using the SMART.

S	Specific	What am I going to do? Why is it important to do at this time? What do I ultimately want to accomplish? How am I going to do this?
M	Measurable	How will I know I have reached my task?
A	Achievable	How will I achieve this task? What do I need to break down into smaller pieces?
R	Relevant	Do I have the necessary resources to accomplish this task? How does the work at hand tie in with the overall purpose of my project?
T	Time-Bound	How much time will this take for each task? When do I need to have this next step completed?

Learning Target:

Name up to three learning targets you will be able to accomplish today. This is through practice, failing, learning, and practicing again.

Today I will…

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Notes you may have about the above learning targets:

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Results from today's accomplished learning targets:

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What do you look forward to next AMPed learning moment?

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How did you do today? Assess yourself on a rating of 1 to 3

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Documentation of Learning:

Here you will write down notes, paste images or document where you have stored video or links where you share any media about your work.

Note	Image Video	Documentation

Documentation Space:

Documentation Space:

Connect to an expert(s) in your interest field, e.g., chef, lead singer of a band, lawyer, programmer, or photographer. This all depends on your task you are trying to complete. Start by having a chat with friends or peers in your class or grade level and see how you will go about speaking to this expert, by finding them on social media or talking to a teacher. *If you are not sure, you should always cross check with an adult before reaching out.*

Collaborator		
Who		
Profession		
How (ie email)		
Where		
Collaborator		
Who		
Profession		
How (ie email)		
Where		

Validation

Results: **This is your Results. What have you found out about your learning? What directions did you take yourself through answering your essential question? This is an opportunity to reflect and look through your documentation and pull pieces together. Use the space below to map your learning from the beginning till now.**

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Establishment

Preparing to share what are you most proud of your learning. Keep in mind that successes go up and down. What was overall successful in your eyes and what did you find out about yourself in this project? We also want to know what was challenging and how you had to overcome that struggle? Express yourself through writing, while also gather visual evidence of your project.

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