

ANNUAL SOCCER PROGRAM IN SPAIN

AGES :

From 12 to 19 years old

DATES:

From September 1 to June 30

PROGRAM DURATION:

10 months (September to June)

X SPORTS
EVENTS





INTRODUCTION

Join a **professional spanish team** and experience the daily life of a true professional player. This annual program offers you a unique opportunity to combine your education with the development of your soccer career, helping you reach your full potential both on and off the field.



PACKAGE

- Accommodation from September 1 to June 30
- Full room and board
- 4 afternoon training sessions per week
- 2 morning technical training sessions per week
- Individual video analysis
- Individual reports every month
- Individual routines and 2 sessions per week with a fitness coach
- Nutritional personalized guidance and collaborative sessions
- Psychological individual support and group workshops
- League games every weekend
- Academic program
- 24/7 assistance

*We can help you to get your visa!





TENTATIVE ITINERARY

MONDAY

Breakfast
School
Lunch
Practice
Dinner

TUESDAY

Breakfast
School
Techical practice
Lunch
Practice
Dinner

WEDNESDAY

Breakfast
School
Individual video analysis
Lunch
Study time
Dinner

THURSDAY

Breakfast
School
Techical practice
Lunch
Practice
Dinner

FRIDAY

Breakfast
School
Lunch
Practice
Dinner

SATURDAY

Breakfast
League games
Lunch
Free time
Dinner

SUNDAY

Breakfast
League games
Lunch
Free time
Dinner

CONTACT US



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