



Australian and New Zealand Society of Jungian Analysts

*Invitation to Mental Health Professionals*

## ***The Sense of Self in Jungian Psychoanalysis***

**22 August 2020**

**Perth**

**9.00am – 1.00 pm**



*Paul Heussenstamm*

In most schools of psychology, the common term “self” refers to an integration of thoughts. William James explains: “What we mean by personal selves are thoughts connected as we feel them to be connected.” Jung however had a different concept of the Self as that which lies at the centre of psyche and is beyond ego consciousness. Its mystery gives it a transcendent quality and he compared it to the Hindu Atman, an aspect of the divine that dwells within us. It is the realisation of that mysterious Self within us, and observing that Self in all things, that is the goal of Jungian psychoanalysis.

Sydney based ANZSJA Jungian Analyst **Les Stein** will present a half-day workshop with a focus on Jung’s insights into the Self in clinical practice. Jung viewed the Self as a mystical Other which is beyond conscious thought yet is the centre of psyche, and its realization is the goal of all therapy. In this seminar, Les will incorporate pioneering Jungian Australian analyst Rix Weaver’s views of the self through her interest in Sufism. Weaver was a practicing Sufi, following the teachings of Ibn’ Arabi, and her view of the Self was enlivened by his teachings where the idea of the Self is that it is the presence of the divine that has a need to observe itself; we are merely polishing the mirror so that the divine can see itself.

