

Magazine Editing And The Road ahead

HABITS OF THE WORLDS MOST PRODUCTIVE & SUCCESSFUL PEOPLE

MONEY IS BY NO MEANS THE MOST IMPORTANT INDICATION OF A SUCCESSFUL LIFE. HOWEVER, MANY OF THE WORLD'S MOST SUCCESSFUL AND PRODUCTIVE PEOPLE HAVE BECOME SO NOT BY LUCK OR EVEN TALENT BUT BY HABITS AND ATTITUDES THAT SHAPE THEIR DAILY ROUTINES.

A couple of years ago, Entrepreneur magazine reporter Nina Pipkin published an influential research article on some of the habits that successful people, leaders and billionaires tend to use on a daily basis. These habits and beliefs include:

- Maintaining a to-do list.
- Wake up at least 3 hours 3. Before work to set themselves up for the day.
- Listen to audiobooks and podcasts during travel time.
- Network and build important relationships for at least five hours per month.
- Read 30 minutes per day.
- Exercise at least 4 days per week.
- Eat minimal junk food.
- Watch one hour or less of tv per day.
- Write down their goals.
- Focus on accomplishing a specific goal.
- Believe in lifelong learning and self-improvement.
- Believe that good habits help to create opportunities.
- Believe bad habits have a negative impact.

What are some of your habits in your life right now? Are they leading to success for you or are they holding you back? What would you most like to change? What habits do you need to drop and which ones would you like to pick up?

Always remember that success is never an accident. It always leaves clues behind. Rather than trying to reinvent the wheel and have to figure out for yourself what works it seems much easier to just look at what other successful people do and do more of that.

Looking at the list above what do you intuitively feel you could add to your habits list this year that could really take you to the next level? Just start small and try and include one or two habits over several weeks. It takes time but even one of these small changes could make a huge difference.

Habits of the World's Wealthiest People. Pipkin Nina Entrepreneur Magazine (Online - www.entrepreneur.com/article/230918)

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