

Twin Detachment Initiation

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(Revised: 21. February 2014 by Nicola Neumann-Mangoldt)

FORMAT:

Individual process, one-on-one
Duration: 45 minutes

PURPOSE:

Cut the energetic cord to a twin that died so that the client can fully live his/her life.

SETUP:

Feelings process on the mattress.

INTRO / BACKGROUND:

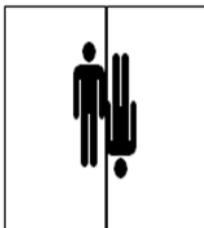
When a woman gets pregnant it happens very often that two souls incarnate. The purpose of one soul might be to just make sure that the other soul arrives safely on Earth. It is therefore not unusual that it leaves after a certain time. A lot of women don't realize that they are pregnant with two souls. Yet, the twin that stays has an imprint of the other twin and remembers it. Later in life the remaining twin might have the impression of not being complete, or not having the right to live. To change this energetic imprint it is necessary to cut the energetic cord to the other twin. Here is an example of how the process can go:

INSTRUCTIONS / PROCEDURE:

- Trainer: "What can we do for you?"
- Client: "I am in kind of state of shock and ask you for help."
- Trainer: "You created yourself a safe place. Let yourself fall into our arms. We will support you. Don't try to control the process. Let it get out of control....The shock you are feeling is a big thing. It's not bad, it's totally appropriate. Just start talking, it doesn't have to make sense."
- Client: "It is as if I have no right to live, it's like a feeling of guilt. For everything that happens on Earth. It's all my fault."
- Trainer: "During the process I can ask you a question at any time. But I won't until you ask me. Surrender to the feeling. Don't try to swallow it down."
- Client: "It is as if I had a twin brother and he died."
- Trainer: "Okay, pick one of the men... (*Client picks Peter representing the twin*)...Stand next to him; we will move some things around."

New Setup

- *Setting up two mattresses, putting them closely together.*
- *Client and twin lay down on the mattress.*
- *Client being the client still has her eyes closed.*
- *Both lay on the mattress energetically taking on the role of the twins snuggled together in the mothers belly in opposite directions (heads on opposite sides).*



- Trainer: "Client, you start with saying *Hello Peter*"
- Client: "Hello Peter."
- Peter (*twin*): "Hello Client."
- Client: "I have missed you for such a long time. You had a plan. I agreed to come to Earth. We made an agreement that we will fulfill something together. What happened? You buzzed off and left me alone."
- Peter: "Yes. It was my choice."
(*Client falls into feelings*)
- Trainer: "Let the feelings be there. Tell him your feelings, too, Client."
- Client: "It made me feel angry and sad. I thought I have to live your life. You had the order, I just wanted to help. And I didn't even know what this was all about. You didn't tell me."
- Peter: "I don't know what happened. I was just torn away."
- Client: "Well everything went fine in the end in my life. I was a planned child and I was so grateful that my sister was there. She was my role model and I could never understand why she carried so much pain. So that's why I didn't allow any pain. I only did things for others. I smoked, I drank, I fucked across the country. I did everything for men."
- Peter: "Please live your own life. Do what is good for you. You don't have to live like a man."
- Client: "I don't know what it means to live as woman."
- Peter: "I can't help you with that and I am sure you will find other women who can show you."
- Client: "I already found other women."
- Peter: "I am glad that you are on the way and I would like to tell you again that it was not your fault that I died."
- Client: "Peter, I love you so much."
- Peter: "I also love you."
- Client: "Are you ok? Are you on your way?"
- Peter: "Yes and I am glad that you are on your way."
- Client: "Are we going to celebrate life now? I think that was your order and I was supposed to support you. And then I can do it, too."
- Peter: "Yes. How do you celebrate?"
- Client: "I celebrate by living my passion and living and increasing love in my relationships. That's what I had forbidden myself and the others are shocked that I take it so easily. For me work is shown love, it's not for earning money. But people around me think it's not very smart."

- Peter: "I am glad about what you say. That you go your way. These human beings are sometimes stupid."
- Client: "I think it is time that we cancel the agreement. Is that ok for you?"
- Peter: "Thank you so much that you kept this agreement for such a long time. It shows your integrity, your dignity and your commitment."
- Trainer: "How does the contract look like?"
- Client: "It was just a spoken agreement."
- Trainer: "Which gesture could cancel the agreement?"
- Client: "Peter, may I hug you?"
- Peter: "Yes."
- Trainer: "Okay, Peter stay there. Client, you move....."
(Client turning around to Peter, facing him and hugging him)
- Client: "Peter, I will always think of you."
- Trainer: "Client, stay there and let him go. And tell him that you will STOP thinking about him. When you say that you keep thinking about him, you make a new contract. That's not what you want."
- Client: "I will go my way and you go yours. And I won't think of you anymore."
- Peter: "Okay, I will go now."
(Peter leaving the mattress and leaving the room, while Client stays on the mattress)
- Trainer: "Client, keep your eyes closed... The whole thing is pretty amazing, don't you think?"
- Client: "Yes."
- Trainer: "What do you think your plans will be now that you got rid of the contract?"
- Client: "I can finally live my life. There are so many things I still want to do."
- Trainer: "Great. We will give you a lifting now."

(Lifting for Client.)

DEBRIEF: