



Session Agreement: A Shared Understanding

This agreement is intended to establish clear expectations and sacred boundaries for our time together, as Guide and Client. By booking a session, you acknowledge the following:

1. Purpose of the Session

- This session is a personal, supportive, and intuitive experience. It is not medical care, therapy, or legal guidance.
- You are responsible for your own decisions and outcomes as a result of this session.

2. My Commitment to You

- I commit to showing up with presence, care, and integrity.
- I will hold space for you with deep respect, maintain confidentiality, and offer insight within the scope of my work.

3. Your Commitment as a Client

- Arrive on time, in a distraction-free space.
- Engage with honesty and openness.
- Take full responsibility for your experience.

4. Rescheduling & Cancellation Policy

- You may reschedule or cancel your session up to 24 hours before your scheduled time using the link in your confirmation email.
- Cancellations or no-shows within 24 hours are non-refundable and considered forfeited.
- If you reschedule a session, it must be rebooked and held within 14 calendar days of the original appointment.
- After 14 days, the session will be considered forfeited unless otherwise agreed upon in writing.

5. Confidentiality & Recording

- Everything shared in this session is confidential unless you provide written consent otherwise.
- Some sessions may be recorded for your personal reflection only, if mutually agreed upon in advance.
- You will be asked to indicate your recording preference at the time of booking.



6. Payment & Energy Exchange

- Payment is required at the time of booking.
- Any approved discounts or scaled payment adjustments must be made prior to booking.
- Once your session is held, all payments are final and non-refundable.
- Sessions may not be transferred to another person without prior approval.

7. Agreement & Consent

- By booking a session, you confirm that you have read and agree to the terms above, and understand the scope and nature of this work.