

Xmas newsletter



1st Newsletter

MEMBERSHIP

A reminder that we exist as a membership club. This means:

- 1) All participants are “members “ of the club.
- 2) Membership fees are currently waived for all members (should be £30 p.a.)
- 3) The club expects a commitment to the club from members.

When you sign up to the club via “Class4Kids” you are signing to join the club. London Falcons Trampoline Club membership means a formal agreement between the member and the club that grants certain rights and privileges in exchange for meeting the club's membership requirements, such as paying dues or following specific rules.

The London Falcons Trampoline Club Membership Agreement 2026 is available on the club website

It is ESSENTIAL that everyone who attends the club is signed up to the club via the “Class4Kids” <https://london-falcons.classforkids.io/>

It is also essential that ALL participants have valid membership of British Gymnastics <https://mybg.british-gymnastics.org/>

We are going to have to run checks on memberships in the new year SO PLEASE ensure you have signed up and joined before January 1st

COMPETITIONS 2026

We are starting in 2006 to enter competitions for those who wish to compete.

The Trampoline & DMT League is a Trampoline & DMT competition series, open to anyone from all over Great Britain (and for the first time overseas in some events). It is friendly and supportive and we feel it is a great way of competing without undue pressure.

We are planning on entering the following events:

League event 2 – 23rd - 24th May – Kettering Sports Centre. Kettering includes a separate event on the bank holiday Monday for Leagues 4, 5 & 6. (see below)
League 2 and 1 requirements are available upon request

League event 3 – 27th - 28th June - UWIC Cardiff

**CONGRATULATIONS
to club members who
competed in the Lon-
don Schools Trampo-
line Championships
this year.**

Year 10-14 Girls Elite
Xois Agarwal Allen 1st
(Kings Maths School)
Year 7-9 Girls Advanced
Isabel Strange 4th
(Ellen Wilkinson)
Year 7-9 Girls Novice
**Sophia Kennedy-
Miklosova 5th**
(Ellen Wilkinson)
Carys Doyme 40th
(Ellen Wilkinson)

Xois, Isabel and Sophia qualified for the South of England Zonal Schools Championship in January in Weston-Super-Mare

I wish to place on record my immense personal gratitude and thanks to Manuella, David (who frequently helps set up equipment for us) and, although currently absent at University in America, Rowan, without all of whom the club would not exist.
Thanks also to Ms Gibson and the school staff for their ongoing support.
Thank you,
John.

London Falcons dates

1st session spring term

Friday 9th January

Half term (Closed)

Friday 20th February

Last Session before Easter

Friday March 27th

We have not, to date, been informed of any other closure dates!

One session was cancelled in December so we will start taking payments from 16th January for the new term.

Trampoline League Routine Requirements

(League 2 and 1 requirements are available upon request)

League 3

6 elements must be somersaults

League 4

4 elements must be somersaults

League 5

2 elements must be somersaults

League 6

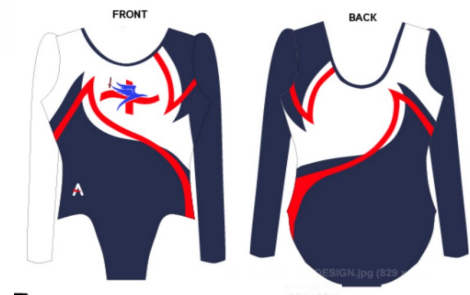
League 6 is designed for those new to competition without the restrictions that body landings impose on gymnast's height retention. To aid this focus, the first exercise is comprised of 10 elements of which up to 5 elements may be repeated once.

We now have a club leotard (you may have seen Sophia wearing one!)

These are priced at £45 for the leotard (£16 for matching shorts).

Club members can purchase these for £35 and £10. Leotards are compulsory for all

competitions so if you would like to be entered in events and compete for the club in the future. Speak with John if interested. We also expect to have T shirts available in the near future.



FINALLY A BIG, BIG, BIG THANK YOU TO ALL OF YOU (PARENTS AND TRAMPOLINISTS) WHO HAVE SUPPORTED THE CLUB THROUGH ITS INCEPTION, DEVELOPMENT AND TO DATE. We really appreciate the loyalty and commitment you have all shown which has enabled the club to become what we are today.

We will now go from strength to strength with your continued support.

Happy Holidays!

