

INTEGRATION

EMBODIMENT

Living the Truth of Who You Are

**5D Quantum Healing, Spiritual Mentoring,
Transformational Coaching, Q&A**

Closing the Circle.

ASCENSION

CELEBRATING YOURSELF AND YOUR FUTURE
WITH SELF LOVE

SESSION 7.
ASCENSION - CELEBRATING YOURSELF
AND YOUR FUTURE WITH SELF LOVE

Master Your Energy & Flow with Time.

Accept, Love & Approve Yourself & Being Fully Alive
HERE & NOW.

NO TENSION
BEING UNATTACHED

Surrendered & in Trust:
For the Highest Good of
All. This or something
even Better.

Celebrate others! It is Us
winning - Our Celebration

HEARTWORK: 25 ways to Manifest More:

Make a List of 25 Ways to Manifest what you Desire. This is about letting the creative ideas and inspiration to pour out. Just write what pops up in your mind.

Then - Pull out the top 5 Ways + schedule + commit + follow through

SESSION 8.
ASCENSION - CELEBRATING YOURSELF
AND YOUR FUTURE WITH SELF LOVE

Transforming Limiting Beliefs &
Releasing Stuck Energy Preventing
you from Shining Your Light

Transformational Process

DIMENSIONAL DOORWAYS

LIVING FROM DOORWAY #1

Guided Visualization
KNOWING THE VALUE OF
YOUR SERVICE AND
MARKETING

Heartwork:

Living from Doorway #1

+ Remember & Come FROM 'Knowing the Value of your Service and Marketing' - when you Create, Market, Serve etc.

SESSION 9.
ASCENSION - CELEBRATING YOURSELF
AND YOUR FUTURE WITH SELF LOVE

Guided Visualization Infusing High Frequency Into your Business

Guided Visualization

PORTALS TO PROSPERITY

HEARTWORK:

**Script out a Campaign or Project - As if it has
already happened.**

**Make it Juicy, Successful - Fun, Easy... and with
Flow!!!**

CELEBRATION

Being in Flow
Remembering the Truth of Who You Are

Free Spirits!

**I want to remind you that we are in the month of:
CELEBRATION!**

Our Theme is

Being in Flow - Remembering the Truth of Who You Are.

The Preparations for the upcoming Celebration Call, August 20, is:

I invite you to go back and recognize ALL the growth and breakthroughs and realizations, insights and progress you have made during May, June, July and August.

Go through your quantum Experience journal + Gratitude/Success Journal. You can also check your calendar or photo-library on your phone and look for every Miracle and Celebration you have experienced.

The Topic for this Call is:

SHARING ALL CELEBRATIONS!!!

MAKE SURE TO SHOW UP LIVE!!

Dress up, Decorate Yourself and come Prepared!!

During this Call, We will

- * Celebrate Everyone in the Circle.**
- * Share All the Internal & External Shifts**
- * Anchoring the Expansion.**

SESSION 10.
AWARENESS - ALIGNMENT - ASCENSION

SHARING ALL CELEBRATIONS!!

GUIDED MEDITATION

SET THE SCENE

EVERYONE IN THE CIRCLE
SHARED CELEBRATIONS

4 LEVEL OF CONSCIOUSNESS

TO ME
BY ME
FOR ME
AS ME

#KEY

FROM VICTIM TO VICTOR
= TAKE RESPONSIBILITY

#KEY

ELEVATE INTO UNITY AND
ONENESS CONSCIOUSNESS
= SURRENDER
ACCEPTANCE OF WHAT IS

#KEY

ASCEND INTO HIGHEST
LEVEL = HAPPENS ON ITS
OWN OCCUR

(take responsibility + accepting
what is = helpful)

INTEGRATION

EMBODIMENT

Living the Truth of Who You Are

Heartwork/Homework ASSESS

HONESTLY REFLECT:
HAVE I DONE THE WORK?

EVALUATION WITHOUT JUDGEMENT!!

1. DID I MAKE CLEAR DECISIONS, PRIORITIES AND COMMITMENTS?
2. HAVE I FOLLOWED THROUGH ON COMMITMENTS?

HAVE I DONE

3. THE INNER WORK?

4. THE OUTER WORK?

5. DID I TAKE THE FIRST IMPORTANT STEPS?

#KEY
HOW TO SUCCEED

COMMITMENT
ENGAGEMENT
IMPLEMENTATION

6. HAVE I ASKED FOR GUIDANCE?

7. FOLLOWED INSTRUCTIONS?

8. HAVE I COMMUNICATED?

GOALS & IMPACT

your WHY - why you want
this

WRITE DOWN THE ANSWERS

9. Reaching my Goals will have this

Impact:

FOR ME

FOR MY LOVED ONES

FOR MY CLIENTS/AUDIENCE

10. WHAT DO I NEED TO EMBRACE OR LET GO?

WHAT NEEDS TO BE ADDRESSED OR
RESOLVED?

TIME TO UPGRADE OR DOWNGRADE

ADJUST WHAT DOES NOT WORK
CONTINUE AND/OR INCREASE WHAT WORKS
REMOVE WHAT IS NOT NECESSARY

11. what do I need to
stop doing?
start doing?
do less of?
do more of?

12. How can I make sure
that I integrate this new
awareness into my being

YOU GET WHAT YOU CAN HANDLE

the amount of money, the
amount of clients, the type of
clients, the challenges you are
facing

I CAN

I HAVE

I AM ABLE

I AM

GRATITUDE
EVEN WHEN THINGS
DON'T GO YOUR WAY

THINGS FALLING APART
= TRANSFORMATION

TO HE OR SHE WHO HAS,
EVEN MORE SHALL BE
GIVEN AND MULTIPLIED

TO HE OR SHE WHO HAS
NOT
EVEN WHAT HE OR SHE HAS
SHALL BE TAKEN AWAY

13. Do I want/need to
REFINE VISION
REFINE GOALS
REFINE PLAN
REFINE SCHEDULE

Being in Flow IS Being in Celebration

Being Grateful and Celebrating Being Alive

join QUANTUM Business Upgrade!!!

BONUS CALL SEPTEMBER 10
note!!! 7 pm CET

FREE Masterclass 24/9

Quantum Leap Your Soulful Biz!!!

note!!! 7 pm CET