REGISTER NOW FOR TRAINING SESSIONS!

1. Review the training sessions for topics, dates, times, locations, and credits.
2. Review the registration instructions for the county in which your session is offered.
3. Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.
REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register
Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.
By mail or in person: Send or bring registration form with payment to:
Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110
By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register
By mail or in person: Send or bring registration form with payment to:
Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146
By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register
Online: Download Stanly County’s registration form at stanlypartnership.org
By mail or in person: Send or bring registration form with payment to:
Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001
By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc.,
4600 Park Road, Suite 400, Charlotte, NC 28209

Union: Child Care Resources Inc., 105-A Cedar St.
Monroe, NC 28110

Stanly
Stanly County Partnership for Children. 1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan
Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus
Please check training description for location

LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area
ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R
Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ARE YOUR CHILDREN IN TIMES SQUARE?
MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM
Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

Technology Requirements for Online Sessions
- An individual email address (separate email address per person)
- Computer/electronic device with internet connection and the ability to watch and listen to video online
- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: Online sessions are $15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.

CONVERSATION: THE COMMON THREAD IN OUR WORK
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES
Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

FUNDING SCHOOL AGE PROGRAMS
School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

GRANTING CHILDREN THEIR EMOTIONS
This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.
IT'S OFF TO SCHOOL WE GO
While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

POTTY TIME: WHEN IS THE RIGHT TIME?
In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process.

PRIMARY CAREGIVING
The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS
This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!
Science in early care and education is focused on children’s natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT
Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP
Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.* For administrators and those in leadership positions.

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!
If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

ACTIVE READING WITH PRESCHOOLERS
Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. “Active Reading” (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach “rare words”, and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.
$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS
Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. “Active Reading” (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.
$25 | 0.5 CEUs
## SCHEDULED SESSIONS

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<thead>
<tr>
<th>WORKSHOP TITLE</th>
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<tr>
<td><strong>A+ Supervision</strong></td>
<td>Tue., July 7</td>
<td>9:30-11:30 am</td>
<td>Zoom</td>
<td>Health, Safety, &amp; Nutrition</td>
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<tr>
<td><strong>Are your Interest Centers Interesting?</strong></td>
<td>Thu., July 9</td>
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<tr>
<td><strong>Understanding the ECERS-R</strong></td>
<td>Thu., July 9</td>
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<tr>
<td><strong>Grief and Loss in Young Children</strong></td>
<td>Tue., July 14</td>
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<td>Zoom</td>
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<tr>
<td><strong>How Are You, How Am I</strong></td>
<td>Sat., July 18</td>
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</tr>
<tr>
<td><strong>Professionalism in an Early Childhood Setting</strong></td>
<td>Tue., July 21</td>
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<tr>
<td><strong>Structured Freedom: Room Arrangement in the Classroom</strong></td>
<td>Wed., July 22</td>
<td>6-8 pm</td>
<td>Zoom</td>
<td>Child Development</td>
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<tr>
<td><strong>Toxic Stress and Its Impact on Young Children</strong></td>
<td>Wed., July 22</td>
<td>2-4 pm</td>
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<tr>
<td><strong>Creating a Classroom Community</strong></td>
<td>Thu., July 23</td>
<td>6:30-8:30 pm</td>
<td>Zoom</td>
<td>Child Development</td>
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<tr>
<td><strong>The Integration of Technology in the Classroom</strong></td>
<td>Thu., July 23</td>
<td>6:30-8:30 pm</td>
<td>Zoom</td>
<td>Curriculum</td>
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<tr>
<td><strong>Exploring Social/Emotional Development - Relationships</strong></td>
<td>Thu., July 23</td>
<td>6:30-8:30 pm</td>
<td>Zoom</td>
<td>Infant/Toddler</td>
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<tr>
<td><strong>Language Development and Communication in Infants/Toddlers</strong></td>
<td>Wed., July 30</td>
<td>6:30-8:30 pm</td>
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<td>Infant/Toddler</td>
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<tr>
<td><strong>CPR/First Aid</strong></td>
<td>Sat., Aug. 1</td>
<td>8:30 am-4:30 pm</td>
<td>Mecklenburg</td>
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<tr>
<td><strong>ITS-SIDS</strong></td>
<td>Mon., Aug. 3</td>
<td>6:30-8:30 pm</td>
<td>Union</td>
<td>Infant/Toddler</td>
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<tr>
<td><strong>Basic School Age Care (BSAC)</strong></td>
<td>Tue., Aug. 4 &amp; Wed., Aug. 5</td>
<td>9:30 am-noon</td>
<td>Mecklenburg</td>
<td>School-Age</td>
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<tr>
<td><strong>Grief and Loss in Young Children</strong></td>
<td>Wed., Aug. 5</td>
<td>2-4 pm</td>
<td>Zoom</td>
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<tr>
<td><strong>Infant and Toddler Developing Social Emotional Skills</strong></td>
<td>Thu., Aug. 6</td>
<td>6:30-8:30 pm</td>
<td>Cabarrus</td>
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<tr>
<td><strong>Domestic Violence and Its Effect on Children</strong></td>
<td>Thu., Aug. 6</td>
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<td>Rowan</td>
<td>Social &amp; Emotional</td>
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<tr>
<td><strong>CPR/First Aid: Above and Beyond</strong></td>
<td>Sat., Aug. 8</td>
<td>8:30 am-1:30 pm</td>
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<td>Health, Safety, &amp; Nutrition</td>
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<tr>
<td><strong>ITS-SIDS</strong></td>
<td>Sat., Aug. 8</td>
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<td>Mecklenburg</td>
<td>Infant/Toddler</td>
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<tr>
<td><strong>Early Childhood Teachers are Superheroes - Unlock your Skills</strong></td>
<td>Mon., Aug. 10</td>
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<td>Rowan</td>
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<tr>
<td><strong>ITS-SIDS</strong></td>
<td>Wed., Aug. 12</td>
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<tr>
<td><strong>How Are You? How Am I?</strong></td>
<td>Wed., Aug. 12</td>
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<tr>
<td><strong>Creating Lesson Plans: Why is it So Hard?</strong></td>
<td>Thu., Aug. 13</td>
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<td><strong>Story Stretchers</strong></td>
<td>Thu., Aug. 13</td>
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<td><strong>Infant Toddler Zone: Planning For Protection</strong></td>
<td>Thu., Aug. 13</td>
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<tr>
<td><strong>Emergency Preparedness and Response</strong></td>
<td>Tue., Aug. 18</td>
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<tr>
<td><strong>PCAN 9: Relationship-Based and Reflective Organizations</strong></td>
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<td>6:30-8:30 pm</td>
<td>Union</td>
<td>Professionalism</td>
</tr>
<tr>
<td><strong>Toxic Stress and Its Impact on Young Children</strong></td>
<td>Tue., Aug. 18</td>
<td>6-8 pm</td>
<td>Zoom</td>
<td>Social &amp; Emotional</td>
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<tr>
<td><strong>The Outdoor Learning Environment</strong></td>
<td>Thu., Aug. 20</td>
<td>9:30-11:30 am</td>
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<tr>
<td><strong>Emergency Preparedness and Response</strong></td>
<td>Thu., Aug. 20</td>
<td>9-11:30 am</td>
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<tr>
<td><strong>Infant Toddler Zone: Caring For Infants and Toddlers</strong></td>
<td>Thu., Aug. 20</td>
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<td>Infant/Toddler</td>
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<tr>
<td><strong>Language Development &amp; Communication in Infants &amp; Toddlers</strong></td>
<td>Mon., Aug. 24</td>
<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
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<tr>
<td><strong>ITS-SIDS</strong></td>
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<td>Infant/Toddler</td>
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<tr>
<td><strong>NC Foundations for Early Learning and Development - Part 1 &amp; 2</strong></td>
<td>Tue., Aug. 25 &amp; Tue., Sep. 1</td>
<td>6-8:30 pm</td>
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<tr>
<td>WORKSHOP TITLE</td>
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<tr>
<td>How to Avoid Burnout</td>
<td>Wed., Sep. 2</td>
<td>1-3 pm</td>
<td>Mecklenburg</td>
<td>Professionalism</td>
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<tr>
<td>Beyond the Brush - Painting Without Brushes</td>
<td>Thu., Sep. 3</td>
<td>6:30-8:30 pm</td>
<td>Rowan</td>
<td>Curriculum</td>
</tr>
<tr>
<td>Exploring Social Emotional Development - Relationships</td>
<td>Tue., Sep. 8</td>
<td>6:30-8:30 pm</td>
<td>Rowan</td>
<td>Infant/Toddler</td>
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<tr>
<td>How Are You? How Am I?</td>
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<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
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<td>ITS-SIDS</td>
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<td>CPR/First Aid</td>
<td>Sat., Sep. 12</td>
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<td>Mecklenburg</td>
<td>Health, Safety, &amp; Nutrition</td>
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<td>CPR/First Aid: Above and Beyond</td>
<td>Sat., Sep. 12</td>
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<td>Rowan</td>
<td>Health, Safety, &amp; Nutrition</td>
</tr>
<tr>
<td>ITS-SIDS</td>
<td>Sat., Sep. 12</td>
<td>9:11 am</td>
<td>Mecklenburg</td>
<td>Infant/Toddler</td>
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<td>ITS-SIDS</td>
<td>Tue., Sep. 15</td>
<td>6:30-8:30 pm</td>
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<td>Infant/Toddler</td>
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<tr>
<td>Creating Outdoor Learning Environments for Infants &amp; Toddlers</td>
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<td>6:30-8:30 pm</td>
<td>Stanly</td>
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<tr>
<td>How To Thrive During Challenging Conversations</td>
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<tr>
<td>Reaching the Children, Caring for the Educators</td>
<td>Sat., Sep. 19</td>
<td>9 am-2:30 pm</td>
<td>Mecklenburg</td>
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<tr>
<td>Please Let Them Play</td>
<td>Mon., Sep. 21</td>
<td>6:45-8:45 pm</td>
<td>Union</td>
<td>Child Development</td>
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<tr>
<td>Staying on Track</td>
<td>Tue., Sep. 22</td>
<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
<td>Social &amp; Emotional</td>
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<tr>
<td>Missing Piece: A Loving and Nurturing Environment for Children</td>
<td>Wed., Sep. 23</td>
<td>6:30-8:30 pm</td>
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<tr>
<td>Turning Difficult Situations Around</td>
<td>Thu., Sep. 24</td>
<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
<td>Social &amp; Emotional</td>
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<tr>
<td>A+ Supervision</td>
<td>Sat., Sep. 26</td>
<td>9:11 am</td>
<td>Mecklenburg</td>
<td>Health, Safety, &amp; Nutrition</td>
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<tr>
<td>Beyond Band-Aids</td>
<td>Sat., Sep. 26</td>
<td>noon-2 pm</td>
<td>Mecklenburg</td>
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<tr>
<td>Pyramid Model Series for Infant/Toddler Classrooms</td>
<td>Sat., Sep. 26</td>
<td>8:30 am-2:30 pm</td>
<td>Mecklenburg</td>
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<td>ITS-SIDS</td>
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<td>The FiSH! Philosophy</td>
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<td>9:30-11:30 am</td>
<td>Mecklenburg</td>
<td>Professionalism</td>
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</tbody>
</table>
SESSION DESCRIPTIONS

ADMINISTRATION
EMERGENCY PREPAREDNESS AND RESPONSE IN CHILD CARE
Emergency preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. *This curriculum meets the state standards and requirements for Emergency Preparedness and Response.
*This session is reserved for administrators ONLY.

Tue., Aug. 18 | 6-8:30 pm | Rowan
Thu., Aug. 20 | 9-11:30 am | Union
$15 | 2.5 credit hours | Level: Beginner

CHILD DEVELOPMENT
ARE YOUR INTEREST CENTERS INTERESTING?
We know young children learn best by experimenting with their environment through hands-on activities and play, which is why our interest centers are such a vital part of the preschool classroom. Participants will learn new techniques and brainstorm ideas to keep their interest centers fresh and exciting.

Thu., July 9 | 6:30-8:30pm | Zoom
$15 | 2 credit hours | Level: Beginner

CREATING A CLASSROOM COMMUNITY
Does your schedule seem erratic? Are your transitions tricky? In this session, we will discuss classroom structures with a focus on creating a classroom community. By understanding how to build community within a classroom -- where expectations are known, where there is ease into transitions and routines, and where schedules are appropriate -- you will gain a new understanding of how to make the classroom more enjoyable!

Thu., July 23 | 6:30-8:30pm | Zoom
$15 | 2 credit hours | Level: Beginner

THE OUTDOOR LEARNING ENVIRONMENT
Children need an outdoor space that is an extension of their indoor space, where real learning can take place. This session will guide participants in evaluating and enhancing their outdoor areas.

Thu., Aug. 20 | 9:30-11:30 am | Mecklenburg
$15 | 2 credit hours | Level: Beginner

CURRICULUM
BEYOND THE BRUSH – PAINTING WITHOUT BRUSHES
This course is designed to provide participants with an appreciation of art and an understanding of its effect on brain development. Participants will be provided with new ideas for creating works of art with a variety of different objects. Participants will see demonstrations and have the opportunity to create their own masterpieces without using paintbrushes.

Thu., Sep. 3 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Entry

CREATING LESSON PLANS: WHY IS IT SO HARD?
A suitable lesson plan is essential for intentional learning. Children thrive when teachers structure classroom activities with the developmental level of each child in mind. This learning session will demonstrate how to create effective lesson plans and accompanying activities that take into account the individual needs of children.

Thu., Aug. 13 | 9-11 am | Zoom
$15 | 2 credit hours | Level: Beginner

NORTH CAROLINA FOUNDATIONS FOR EARLY LEARNING AND DEVELOPMENT - PART 1 & 2
This five-hour session will provide participants with an introduction to Foundations -- North Carolina's new Early Learning and Development Standards -- how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to support children in their learning and development by embedding the standards in daily classroom planning and practice.

Tue., Aug. 25 & Tue., Sep. 1 | 6-8:30 pm | Union
$25 | 5 credit hours | 0.5 CEUs
Level: Beginner
**STORY STRETCHERS**
Everyone loves a good story. During this hands-on session, participants will learn how to extend favorite books into other areas of the curriculum, including circle time, learning centers, and small group activities. Perfect for new and seasoned teachers!

** Thu., Aug. 13 | 1-3 pm | Mecklenburg |
$15 | 2 credit hours | Level: Beginner

**THE INTEGRATION OF TECHNOLOGY IN THE CLASSROOM**
With the explosion of technology in the world, dependence on it has grown to enormous proportions. It seems that technology today does what the invention of plastic did for the world in yesteryears: It makes life easier in a multitude of ways! In this session, participants can learn how to make use of many high-tech tools, yet utilize developmentally appropriate discretion when choosing those tools. Although computers, video games, and Smart Boards are in the spotlight, technology is not limited to these alone. There are numerous tools and activities that can be used for and done with children, and as adults and providers, we must weigh the pros and cons of usage. Attend and learn about even the simplest way in which you can become very savvy in a high-tech society.

** Thu., July 23 | 6:30-8:30 pm | Zoom |
$15 | 2 credit hours | Level: Beginner

**HEALTH SAFETY & NUTRITION**
A+ **SUPERVISION**
Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

** Tue., July 7 | 9:30-11:30 am | Zoom |
Sat., Sep. 26 | 9-11 am | Mecklenburg |
$15 | 2 credit hours | Level: Beginner

**BEYOND BAND-AIDS**
All child care programs must respond to children's accidents, injuries, and illnesses. Most are responsible for administering medications. Dealing with such situations safely and appropriately is a serious task, and statistics show that we need to be better prepared to do this well. Careful planning and proactive, protective measures will help ensure children's safety.

** Sat., Sep. 26 | Noon-2 pm | Mecklenburg |
$15 | 2 credit hours | Level: Beginner

**CPR/FIRST AID**
Cardiopulmonary Resuscitation (CPR) Certification and First Aid Certification are required certifications for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants, children and adults.

** Sat., Aug. 1 | 8:30 am-4:30 pm |
Mecklenburg | $60 | 7 credit hours.  
*there will be a one-hour break for lunch on your own

** Sat., Sep. 12 | 8:30 am-4:30 pm |
Mecklenburg | $60 | 7 credit hours.  
*there will be a one-hour break for lunch on your own

** Level: Entry **

**CPR-FIRST AID: ABOVE AND BEYOND**
This training will go above and beyond regular CPR and First Aid. It is child-oriented and will also teach adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book, along with handouts specific to their needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults. DCDEE approved instructor.

** Sat., July 18 | CPR 8:30 am-12 pm & FA 12-1:30 pm | Rowan
Sat., Aug. 8 | CPR 8:30 am-12 pm & FA 12-1:30 pm | Rowan
Sat., Sep. 12 | CPR 8:30 am-12 pm & FA 12-1:30 pm | Rowan

$60 | 5 credit hours **$50 CPR only;  
$30 FA only | Level: Beginner

**NAP SAC TRAINING**
Teresa Mowery will cover best practices in the field when it comes to making healthy choices. Don’t miss this fun and engaging class!

** Thu., July 15 | 6:30-8:30 pm | Rowan |
$15 | 2 credit hours | Level: Beginner

**SHAKE IT UP - KEEPING KIDS MOVING**
This course is designed to provide information about keeping children healthy in order to prevent obesity and lower the risk of developing Type 2 diabetes. Participants will see demonstrations and have the opportunity to engage in activities that will keep kids moving in their preschool classrooms.

** Thu., July 2 | 6:30-8:30 pm | Rowan |
$15 | 2 credit hours | Level: Beginner

**CREATING OUTDOOR LEARNING ENVIRONMENTS FOR INFANTS AND TODDLERS: IT’S NOT CALLED A “PLAYGROUND” ANYMORE**
Going outside is not just about what is out there, but what you do when you’re out there. It is in the news almost weekly: America’s children are not getting enough exercise. This training will help participants understand the benefits of taking children outside daily and provide suggestions on how to create spaces for infants and toddlers outside that support all areas of learning and introduce them to the natural environment. Finally, participants will be giving ideas about what activities can be included in their outdoor spaces. This training provides information that supports ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities and Interactions.

** Thu., Sep. 17 | 6:30-8:30 pm | Stanly |
$7 | 2 credit hours | Level: Intermediate**
EXPLORING SOCIAL EMOTIONAL DEVELOPMENT WITHIN THE CONTEXT OF RELATIONSHIPS

Through supportive relationships, infants and toddlers develop a sense of trust, how to interact with others, and eventually how to express empathy. Strong, nurturing relationships are key to healthy development for infants and toddlers. This professional development event will explore social emotional development within the context of relationships. Participants will learn how providing responsive care through the process of getting in-tune will help infants and toddlers form secure relational attachments and develop a strong foundation for which they can explore their environment. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions.

Thu., July 23 | 6:30-8:30 pm | Zoom
Tue., Sep. 8 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Intermediate

INFRANT AND TODDLER DEVELOPING SOCIAL EMOTIONAL SKILLS

Children begin developing social emotional skills from infancy. Understanding how to support infant and toddler development during this period is crucial to their overall well-being. This professional development event explores the developing social emotional skills of infants and toddlers. Participants will learn to define and describe social emotional development, identify key social emotional skills that contribute to school readiness, and gain richer insight into strategies that support social emotional development for infants and toddlers. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions.

Thu., Aug. 6 | 6:30-8:30 pm | Cabarrus
$15 | 2 credit hours | Level: Intermediate

INFANT TODDLER ZONE: CARING FOR INFANTS AND TODDLERS

During this session of the Infant Toddler Zone Safety Series, positive guidance strategies are presented that help infants and toddlers learn about their world and its expectations. Enhance your understanding of how a caregiver’s patient guidance can facilitate the development of social emotional competence of infants and toddlers and discover ways to make the most of the daily routines that support safe, healthy, and enjoyable experiences.

Thu., Aug. 20 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

INFANT TODDLER ZONE: PLANNING FOR PROTECTION

Caring for infants and toddlers can be extremely rewarding, but also challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. After this session, you will feel more confident about the key elements of planning for protection, including keeping records and communicating with families and other staff. There will also be conversation about the importance of daily active physical play, as well as the types of age-appropriate materials to provide that allow for safe exploration in a secure world.

Thu., Aug. 13 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

ITS-SIDS

Developed by the NC Healthy Start Foundation’s ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

Mon., Aug. 3 | 6:30-8:30 pm | Union
Sat., Aug. 8 | 9-11 am | Mecklenburg
Wed., Aug. 12 | 3-5 pm | Union
Tue., Aug. 25 | 6:30-8:30 pm | Mecklenburg
Thu., Sep. 10 | 3-5 pm | Union
Sat., Sep. 12 | 9-11 am | Mecklenburg
Tue., Sep. 15 | 6:30-8:30 pm | Union
Wed., Sep. 16 | 6:30-8:30 pm | Rowan
Tue., Sep. 29 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Beginner

LANGUAGE DEVELOPMENT AND COMMUNICATION IN INFANTS AND TODDLERS: WHAT ARE THEY TALKING ABOUT?

It starts with crying, cooing, and babbling, and then you finally hear it: their first words! Sharing those language milestone moments can be some of our best experiences as infant and toddler teachers. During this workshop, you will learn more about the development of language and communication for children birth to 3; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. In addition, participants will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This training provides information that supports the ITERS-R subscales: Personal Care Routines, Listening and Talking and Interactions.

Wed., July 30 | 6:30-8:30 pm | Zoom
Mon., Aug. 24 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Intermediate

PRESCHOOL UNDERSTANDING THE ECERS-R

This session provides an introduction to the Early Childhood Environment Rating Scale, Revised (ECERS-R), what ECERS-R assessors are looking for, and how the ECERS-R can be used as a guide to help improve the quality and effectiveness of a program. We’ll give guidance on how the 7-point scoring system works, learn about definitions and key terms used in the ECERS-R, and we’ll learn strategies and methods for improving the quality of care in every aspect of the learning environment to include: promoting early literacy and reasoning skills; maintaining developmentally appropriate play spaces; ensuring high-quality supervision, discipline and guidance; and providing dynamic staff-child interactions.

Thu., July 9 | 6-8 pm | Zoom
$15 | 2 credit hours | Level: Beginner
PROFESSIONALISM

EARLY CHILDHOOD TEACHERS ARE SUPERHEROES - LEARN HOW TO UNLOCK YOUR SKILLS
Learn to unlock your superpowers in the classroom with this two-hour training on Early Childhood Education skills.

Mon., Aug. 10 | 6:30-8 pm | Rowan
$15 | 1.5 credit hours | Level: Beginner

HOW TO AVOID BURNOUT
This workshop will identify causes of stress and burnout. It will also give practical ideas and strategies for avoiding and/or dealing with burnout.

Wed., Sep. 2 | 1-3 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

HOW TO THRIVE DURING CHALLENGING CONVERSATIONS
I’m speaking, are you listening? We all want to be heard. It’s gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don’t agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

Thu., Sep. 17 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

PCAN 9: RELATIONSHIP-BASED AND REFLECTIVE ORGANIZATIONS
In considering their programmatic goals, many program leaders often cite some of the most important as (a) providing high-quality services to very young children and their families, (b) hiring and retaining a skilled team of professionals, and (c) building a high-functioning organization. Program leaders can make significant progress toward these goals by establishing a relationship-based and reflective workplace. This course provides program leaders with the tools they need to begin building an organization characterized by collaborative relationships, where staff members have the opportunity to learn from one another, from families, and from the work.

Tue., Aug. 18 | 6:30-8:30 pm | Union
$15 | 2 credit hours | Level: Intermediate

PROFESSIONALISM IN AN EARLY CHILDHOOD SETTING
Participants in this training session will learn about professionalism and its significance to the field of child care, interacting with families and colleagues.

Tue., July 21 | 6:30-8:30 pm | Zoom
$15 | 2 credit hours | Level: Beginner

THE FISH! PHILOSOPHY
This session will introduce participants to the Fish! Philosophy. Attendees will be able to take the philosophy back to their programs and implement the ideas presented to create a more positive work environment and better customer service.

Tue., Sep. 29 | 9:30-11:30 am | Mecklenburg
$15 | 2 credit hours | Level: Beginner

SCHOOL-AGE

BASIC SCHOOL AGE CARE (BSAC)
The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age-appropriate activities, environmental design, health and safety, and NC Child Care Regulations.

Tue., Aug. 4 & Wed., Aug. 5 *participants must attend both sessions.
9:30 am-12 pm | Mecklenburg | $25
5 credit hours | 0.5 CEUs | Level: Entry

GRIEF AND LOSS IN YOUNG CHILDREN
The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults, it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define the most common times of grief and loss for young children, identify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process.

Tue., July 14 | 2-4 pm | Zoom
Wed., Aug 5 | 2-4 pm | Zoom
$15 | 2 credit hours | Level: Entry

HOW ARE YOU? HOW AM I?
Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand, and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. In this training, we will examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share resources teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

Sat., July 18 | 9:30-11:30 am | Zoom
Wed., Aug. 12 | 6:30-8:30 pm | Zoom
Thu., Sep. 10 | 6:30-8:30 pm | Zoom
$15 | 2 credit hours | Level: Entry

SOCIAL & EMOTIONAL DEVELOPMENT

CREATING FUTURES WITHOUT VIOLENCE – DOMESTIC VIOLENCE AND ITS EFFECT ON CHILDREN
This course is designed to provide participants with an understanding of domestic violence and the way it affects young children. Participants will learn a variety of facts and statistics surrounding domestic violence as well as how to report concerns and who to report them to in their community, creating futures without violence for their students.

Thu., Aug. 6 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Beginner

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PYRAMID MODEL SERIES FOR INFANT/TODDLER CLASSROOMS: ENVIRONMENTS THAT MAKE A DIFFERENCE TO INFANTS & TODDLERS

Walk into any classroom -- how does it make you feel? Are you comfortable and relaxed? Are you nervous? Are teachers clear about expectations? The physical environment, as well as the social emotional climate in the infant toddler classroom, can promote positive behaviors. Environmental change can make a positive difference for teachers, the children, and their families! In module 2 of this series, participants will discuss the social emotional climate of a classroom and infants’ and toddlers’ social emotional milestones, define individualized care, describe the importance of routines, and identify key ways that the physical environment can make a difference in supporting positive behavior.

Sat., Sep. 26 | 8:30 am-2:30 pm
Mecklenburg | $25 | 5 credit hours
*there will be a one-hour break for lunch on your own
0.5 CEUs | Level: Beginner

REACHING THE CHILDREN, CARING FOR THE EDUCATORS: HOW EARLY EDUCATOR SELF-CARE IMPACTS THE SOCIAL-EMOTIONAL DEVELOPMENT OF YOUNG CHILDREN

Teaching young children can be mentally, physically, and emotionally demanding. This is especially true for those educators who are teaching children who exhibit challenging behavior. If not effectively managed, these demands can result in chronic illness and teacher job stress within educators, impacting their overall well-being. In order for educators to facilitate positive growth within young children, they have to be well themselves. In this training, participants will explore the impact teacher job stress has on teaching practices and the importance of self-care for the educators’ well-being.

Sat., Sep. 19 | 9 am-2:30 pm | Mecklenburg
| $25 | 5 credit hours | 0.5 CEUs
*there will be a 30-minute break for lunch
Participants are encouraged to bring a bag lunch
Level: Intermediate

STAYING ON TRACK

Why are daily classroom routines and schedules so important in the lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children “stay on track” as they move through a typical preschool/classroom day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children.

Tue., Sep. 22 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

THE MISSING PIECE: A LOVING AND NURTURING ENVIRONMENT FOR CHILDREN

A quality early childhood teacher will realize that along with our desire to teach the children in our care, we must care for the children who we teach. Nurturing relationships are taken for granted, yet are often not put into practice. How we talk to, and treat children is as important to their development as the curriculum content we teach. This course will keep this important aspect in our minds as we discuss how clashing cultures and temperament affect our approach to building teacher/child relationships and how what we do and say to children can actually influence (and even cause!) challenging behaviors in children, as well as affecting brain development and adding to toxic stress. Join us as we look for and find the missing pieces that teachers need to complete the puzzle of growing young children into healthy adults.

Wed., Sep. 23 | 6:30-8:30 pm | Zoom
$15 | 2 credit hours | Level: Beginner

TOXIC STRESS AND ITS IMPACT ON YOUNG CHILDREN

Stress is a fact of life, no matter your age. Some stress is good for us - it keeps us attentive, sharp, productive, and learning. But toxic stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long-term effects of toxic stress and investigate practices for mitigating those effects and promoting resilience in young children.

Wed., Jul. 22, 2020 | 2-4pm | Zoom
Tue., Aug. 18, 2020 | 6-8pm | Zoom
$15 | 2 credit hours | Level: Entry

TURNING DIFFICULT SITUATIONS AROUND

No matter what you do in life, there will be challenging situations in both your personal and work life. Conflict is inevitable. These types of challenges are ones that need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight causes of conflict and the resolutions that can turn difficult situations around!

Thu., Sep. 24 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry
REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name:_______________________________________________________________
Organization Address:____________________________________________________________________
City:_____________________ State:____________ County:________________ Zip Code:______________
Organization Phone Number: ___________________  Fax Number: ___________________
Email Address:_______________________________________________________________________________
Type of Program (circle one): Child Care Center  /  Family Child Care Home  /  Other _________________

Please list the title and date of the training session selection(s). In order to register multiple participants, you
must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE:__________________________________________ Date of Session:_____________
Participant Name: (First, Last):______________________________________________________________
Participant Address:______________________________________________________________________
Participant City:________________________ State:____________ County:_____________ Zip:___________
Participant Phone:_______________________________ Email:____________________________________
Position (Administrator/Teacher/Assistant):_________________________________________________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one) M / F
_____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)
Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

TRAINING SESSION TITLE:__________________________________________ Date of Session:_____________
Participant Name: (First, Last):______________________________________________________________
Participant Address:______________________________________________________________________
Participant City:________________________ State:____________ County:_____________ Zip:___________
Participant Phone:_______________________________ Email:____________________________________
Position (Administrator/Teacher/Assistant):_________________________________________________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one) M / F
_____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)
Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209
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