Register now for training sessions!

1. Review the training sessions for topics, dates, times, locations, and credits.
2. Review the registration instructions for the county in which your session is offered.
3. Register online at childcareresourcesinc.org, or complete the registration form.

Reminders for all training sessions

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.
### REGISTRATION INFORMATION FOR ALL SESSIONS

**CABARRUS, MECKLENBURG, & UNION**

**Payment:** Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

**How to Register**
- **Online:** Visit childcareresourcesinc.org to view, register, and pay for sessions.
- **By mail or in person:** Send or bring registration form with payment to:
  - Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110
  - **By Phone:** (704) 376-6697

**ROWAN**

**Payment:** Cash, check, or money order (payable to Smart Start Rowan).

**How to Register**
- **By mail or in person:** Send or bring registration form with payment to:
  - Child Care Connections/Smart Start Rowan, 1329 Jake Alexander Blvd. S., Salisbury, NC 28146
  - **By phone:** (704) 630-9085

**STANLY**

**Payment:** Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

**How to Register**
- **Online:** Download Stanly County’s registration form at stanlypartnership.org
- **By mail or in person:** Send or bring registration form with payment to:
  - Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001
  - **By phone:** Call (704) 982-203

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**LEVELS:** Wondering if a session is right for you? Each description (starting on Page 7) indicates the level of knowledge participants can expect to gain from a training.

- **Entry** - Offers basic background information
- **Beginner** - Explores practical application
- **Intermediate** - Expands existing knowledge
- **Advanced** - Provides specific, in-depth knowledge relevant to field of concentration or interest area
Breastfeeding within the child care facility.

Centers can promote, encourage, and support breastfeeding of infants has changed over the past. This session will describe how the education ourselves about breastfeeding regarding breastfeeding in child care centers. With recent updated rules and regulations it’s crucial. This session will describe how the environment.

Are your children in Times Square?
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children’s spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Belonging: Including children of gay and lesbian parents (and all children!) in your program
Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

Breast milk: The perfect baby food
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

Bullying: Today's Mean Scene
This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

Conversation: The Common Thread in our work
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

Dealing with separation anxiety
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

Explore! Discover! Investigate!
Science in early care and education is focused on children’s natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

Fathers and father figures
Parents are children’s first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children’s social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

Funding School Age Programs
School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

Granting Children Their Emotions
This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children’s emotions seriously.

It’s off to school we go
While school readiness includes a child’s ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child’s readiness for school.
leadership styles and learn how to
positively influence staff and provide
a motivating work environment. *For
administrators and those in leadership
positions.

**ZONING IN ON BEHAVIOR
PREVENTION: IT’S ALL IN THE
ATTITUDE!**
If you have many children with
challenging behaviors, or seem to
be dealing constantly with such
behaviors, chances are there is a
problem with your program, not
with the children. You will probably
need to change aspects of your
program – that is, the physical
environment of the classroom; your
schedule and curriculum; and your
own attitudes, actions, and reactions.
These are prevention strategies (or
indirect guidance), which are your
most powerful tools for changing
challenging behaviors and the focus
of this session. Once you have made
these changes, children who come
into your class with intense emotional
needs that they usually express
through negative behaviors, will have
almost no need to do so. This session
will focus on those attitudes, actions,
and reactions.

**ALL ABOUT THE ITERS-R or
ALL ABOUT THE ECERS-R**
Through a series of 10- to 15-minute
lessons, we’ll highlight each Subscale
of the ITERS-R or the ECERS-R. You
won’t be learning how to get through
the actual day of assessment, but how
to have a high-quality classroom that
is assessment-ready every day of the
year! Along the way, we’ll provide
application and encouragement to
apply the standards you learn to your
environment. These courses are mobile
optimized, so feel free to take out your
phone or tablet and move around your
building or classroom as you learn.

**ACTIVE READING WITH PRESCHOOLERS**
Read aloud sessions with small groups and individual
children are an important part of the daily routine in early
college classrooms. “Active Reading” (developed for
families by Read Charlotte and Charlotte-Mecklenburg
Library) is a proven strategy to engage young children with
books in ways that build language and vocabulary and
teach important reading skills. In this course designed for
teachers by CCRI, you will learn how children develop early
reading skills and how reading aloud contributes to those
skills, including how to ask engaging questions, how to
select and teach “rare words”, and how to connect books
to your children’s lives in ways that extend conversation
about a book. You will learn how to choose the best books
for your preschoolers (ages 3-5) and how to engage
them in the ABCs of Active Reading: Ask questions, Build
vocabulary, and Connect to the child’s world.

**Offered at a temporary discount of $15 | 0.5 CEUs**

**ACTIVE READING FOR INFANTS & TODDLERS**
Read aloud sessions with small groups and individual
children are an important part of the daily routine in early
college classrooms. “Active Reading” (developed for
families by Read Charlotte and Charlotte-Mecklenburg
Library) is a proven strategy to engage young children with
books in ways that build language and vocabulary and
teach important pre-reading skills. In this course designed for
teachers by CCRI, you will learn how to use the Talk
More strategy to promote language and vocabulary and
create Active Reading lesson plans for infants and toddlers.
You will also learn how to choose the best books for your
infants and toddlers and how to engage them in the ABCs
of Active Reading: Ask questions, Build vocabulary, and
Connect to the child’s world.

**Offered at a temporary discount of $15 | 0.5 CEUs**

**POTTY TIME: WHEN IS THE RIGHT
TIME?**
In this training session, participants
will learn to look for the cues that
signal toilet training readiness in
toddlers. Learn what to do when
toileting accidents occur and learn
how to work with parents throughout
the toilet training process.

**PRIMARY CAREGIVING**
The security of a child’s attachment
to primary caregivers provides
a base for the child’s emotional-
social development. Learn how to
understand the benefits of using
primary caregiving techniques in
the child care center and how to
implement a primary caregiving
system in your classroom.

**PROFESSIONALISM: THE SECRET
OF SUCCESS**
This session will give practical
ideas and strategies for building a
professional image. It will focus
on the fact that it is not only how
you dress, but the attitude you
display as well as the knowledge
that you continue to gain that builds
this image. It is designed to help
participants realize that they are
indeed professionals.

**WE’RE ALL STRESSED HERE! HOW
TO AVOID BURNOUT**
Working with young children is
rewarding, but it also has its own set
of challenges. Participants will learn
ways to manage stress and rediscover
the joys of providing care and
teaching young children.

**WHO’S IN CHARGE HERE?
EFFECTIVE LEADERSHIP**
Good leaders know how to motivate
staff and impact the workplace.
Participants will evaluate their own
leadership styles and learn how to

**OFFERED AT A TEMPORARY
DISCOUNT OF $15**

**CEU COURSES**

**ACCESIBLE ANYTIME, ANYWHERE ON A COMPUTER OR MOBILE DEVICE!**
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<td><strong>CANCELED</strong></td>
<td>Rowan</td>
<td>Infant/Toddler</td>
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<tr>
<td>Hats Off to Dramatic Play</td>
<td>Thu. June 25</td>
<td>10 am-noon</td>
<td>Mecklenburg</td>
<td>Preschool</td>
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<tr>
<td>We're All Stressed - How to Avoid Burnout</td>
<td>Tue. June 30</td>
<td>6:30-8:30 pm</td>
<td>Mecklenburg</td>
<td>Professionalism</td>
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ADMINISTRATION
EMERGENCY PREPAREDNESS
Emergency preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible to grow and thrive. This curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. *This course is reserved for administrators only, and class is limited to 12 participants.

**Wed., April 8 | CANCELED | Mecklenburg**
**Tues., May 5 | 6-8:30 pm | Rowan**
**Wed., May 27 | CANCELED | Union**
**Mon., June 15 | CANCELED | Mecklenburg**

$15 | 2.5 credit hours | Level: Entry

KEEPING UP WITH PAPERWORK IN CHILD CARE FACILITIES
Erin Rickard, Rowan County's Child Care Consultant, will give providers tips and tricks for keeping important files in order. With her prior director experience, she will be able to provide insight on how to organize and plan to keep up with the ongoing tasks of organizing files, keeping up with requirements, and having your paperwork on point! *This course is reserved for administrators only.

**Thu., May 14 | 6:30-8:30 pm | Rowan**

No Fee | 2 credit hours | Level: Intermediate

SOLUTIONS TO THE DILEMMA: REDUCING SUSPENSION & EXPULSION IN ECE PROGRAMS
Suspension and expulsion from child care can have long-lasting effects on both children and families. It is the intent of the NC DCDEE to severely limit the use of these exclusionary practices in early childhood education programs. This informational meeting will acquaint facility administrators/owners with NC's new Suspension/Expulsion Policy and explore the importance of promoting healthy social-emotional development in preventing the challenging behaviors, which often lead to suspension/expulsion. Also included are effective program policies and procedures that support the shift from exclusion to retention. *This course is reserved for administrators only.

**Tue., June 16 | 6:30-8 pm | Mecklenburg**

$15 | 1.5 credit hours | Level: Intermediate

THE BUSINESS SIDE OF FAMILY CHILD CARE
Operating a family child care center is more than just keeping children safe; it also has a business side that educators need to be aware of. In this two-hour professional learning lesson, educators will learn the business basics of operating a child care business. The following items will be included in the session: Business Name (DBA /Doing Business As) Certificate, EIN tax identification number, business bank account, professional membership, accreditations, pros and cons of being self-employed, benefits of working from home, benefits of making limited income (??), and benefits of obtaining a higher formal education.

**Mon., April 20 | 6:30-8:30 pm | Rowan**

No Fee | 2 credit hours | Level: Beginner

CHILD DEVELOPMENT
ADULT-CHILD INTERACTIONS IN EARLY CARE ENVIRONMENTS
In many respects, roles of early care providers are geared toward observing young children, responding to children's needs and interests, and helping children to get along with others. Also included are providers' responsibilities to enhance children's development, learning, and skills to function in group care. In this session, we will explore how all of this is impacted by adult and child interactions. We will discuss positive, negative, and neutral adult and child interactions and the kind of adult support needed and appropriate for children in an early care environment.

**Thu., May 28 | 6:30-8:30 pm | Mecklenburg**

No Fee | 2 credit hours | Level: Intermediate

CULTURAL COMPETENCE
This course is designed to provide information on the way culture affects development. Participants will be challenged to look at their own personal views while they learn various cultural views and how those views affect family-child interactions.

**Wed., April 15 | 6:30-8:30 pm | Rowan**

No Fee | 2 credit hours | Level: Beginner

NORTH CAROLINA FOUNDATIONS OF EARLY LEARNING AND DEVELOPMENT
This five-hour session will provide participants with introduction to Foundations, North Carolina's new Early Learning and Development Standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classrooms planning and practice.

**Tue., June 16 & Tue., June 23 | 6-8:30 pm**

*Participants must attend both sessions
*Union | $25 | 5 credit hours | 0.5 CEUs
Level: Beginner

CURRICULUM
CREATING LESSON PLANS: WHY IS IT SO HARD?
A suitable lesson plan is essential for intentional learning. Children thrive when teachers structure classroom activities with the developmental level of each child in mind. This session will demonstrate how to create effective lesson plans and accompanying activities that take into account the individual needs of children.

**Thurs., May 14 | 9-11 am | Cabarrus**
**NC Cooperative Extension, Cabarrus Co Center, 715 Cabarrus Ave. West, Concord NC**

No Fee | 2 credit hours | Level: Beginner
CREATIVE MOVEMENT
Creative Movement combines music and movement while working on gross motor skills, encouraging imagination, and creating positive energy. “Miss Kim” will share her skits, songs, and presentations in an energy-filled way that brings laughter and tears. Participants will understand the meaning and importance of vestibular, proprioception, and crossing the midline. Learn how to use various props that enhance the creative movement experience for preschoolers. Miss Kim will share unique creative movement holiday ideas that create fun parent showcases. She will end her presentation demonstrating children’s YOGA practice through storytelling. Participants will have lots of ideas to take back and immediately implement into their daily routine!

Thu., May 7 | 6:30-8:30 pm | Rowan
No Fee | 2 credit hours | Level: Beginner

FOUNDATIONS: A NC APPROACH TO TEACHING
Brainstorm promising practices to embedding Foundations in teacher education, training and support services, and ECE classroom instruction across the state and inform and include strategies to support integrating Foundations into practice.

Tue., April 7 & Thu., April 9 *participants must attend both sessions to receive credit
6:30-8:30 pm | Rowan
$25 | 4 credit hours | Level: Intermediate

RAINY DAY FUN
Can’t take the children outside? Have fun inside! This training will give ideas for indoor activities, along with resources and handouts to take back to your program and use right away.

Mon., May 18 | 6:45-8:45 pm | Union
No Fee | 2 credit hours | Level: Beginner

STEM – AKA: STEAM
Are you familiar with the expression STEM? Are you curious as to what that means in an early childhood education classroom? STEM stands for: Science, Technology, Engineering and Math. This concept has been expanded to include the Arts, so the new acronym is STEAM!

Thu., May 7 | 6:30-8:30 pm | Union
Wed., May 20 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Beginner

THE IMPORTANCE OF OUTDOOR PLAY
Attendees will learn, review and understand the NC Child Care regulations that pertain to the outdoor learning environment. Participants will engage in learning activities they can implement with children in their care. In addition, they will learn how to make accommodations to activities to meet the development of each individual child; including those that have developmental delays.

Mon., June 22 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Beginner

HEALTH, SAFETY & NUTRITION
A+ SUPERVISION
In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

Thu., May 7 | 1-3 pm | Mecklenburg
No Fee | 2 credit hours | Level: Entry

CPR/FIRST AID, ABOVE AND BEYOND
This training will go above and beyond regular CPR and First Aid. It is child-oriented, along with adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to their needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults.

Sat., April 18 | CANCELED | Rowan
Sat., May 16 | 8:30 am- 1:30 pm | Rowan
*CPR 8:30 am – noon; F/A noon - 1:30 pm
Sat., June 13 | 8:30 am- 1:30 pm | Rowan
*CPR 8:30 am – noon; F/A noon - 1:30 pm
$60 | 5 credit hours | Level: Beginner
*Fee: CPR only $50/FA only $30/ Both $60
*Checks MUST be written out to the trainer: Tracy Webb-Goodman

CPR/FIRST AID CERTIFICATION
Cardiopulmonary resuscitation (CPR) certification is required for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate age-appropriate CPR and first aid techniques for infants, children, and adults.

Sat., April 4 | CANCELED | Mecklenburg
Sat., May 2 | CANCELED | Mecklenburg
Sat., June 6 | CANCELED | Mecklenburg
$60 | 7 credit hours | Level: Entry
PLAYGROUND SAFETY
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.
Sat., April 25 | 9 am-1 pm | Rowan
Fri., May 15 | CANCELED | Union
Thu., June 11 | CANCELED | Mecklenburg
$25 | 4 credit hours | Level: Entry

PREPARING STAFF FOR EMERGENCIES
Every child deserves to be cared for by teaching staff who are aware of and practice emergency preparedness. This session will cover the basics of what teachers need to know in the event of an emergency including how to plan for natural disasters or man-made events.
Thu., April 23 | 9:30-11:30 am | Mecklenburg
No Fee | 2 credit hours | Level: Entry

INFANT/TODDLER
CREATING OUTDOOR LEARNING ENVIRONMENTS FOR INFANTS AND TODDLERS: IT’S NOT CALLED A “PLAYGROUND” ANYMORE
“Going outside” is not just about what’s out there, but what you do when you’re out there. It is in the news all the time: America’s children are not getting enough exercise. Michelle Obama has taken on this cause because it has become a serious issue for our children today. This training will help participants understand the benefits of taking children outside daily and provide suggestions on how to create spaces for infants and toddlers that support all areas of learning and introduce them to the natural environment. Finally, participants will be given ideas on what activities can be included in their outdoor spaces. This training provides information that supports ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities and Interactions.
Tuesday, April 7 | 6:30-8:30 pm | Stanly
No Fee | 2 credit hours | Level: Intermediate

GETTING STARTED IMPROVING QUALITY WITH THE ITERS-R
Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This training provides an overview of the ITERS-R and will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during, and after an assessment. Participants are encouraged to bring a copy of the Infant Toddler Environment Rating Scale-Revised edition.
Tuesday, May 12 | CANCELED | Cabarrus
No Fee | 2 credit hours | Level: Intermediate

INFANT TODDLER ZONE: CARING FOR INFANTS AND TODDLERS
During this session of the Infant Toddler Zone Safety Series, positive guidance strategies are presented that help infants and toddlers learn about their world and its expectations. Enhance your understanding of how a caregiver's guidance can facilitate the development of social emotional competence of infants and toddlers and discover ways to make the most out of daily routines that support safe, healthy, and enjoyable experiences!
Thu., June 25 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

LEADING THE WAY: IMPLEMENTING HIGH-QUALITY INFANT TODDLER CARE
No matter what our role is in child care, we share a common goal: to provide quality group care for infants and toddlers. In this training, we will discuss evidence-based practices and policies that support the high-quality infant toddler care we strive to provide. As we discuss quality care practices and how different programs approach implementing them, we’ll reveal the benefits for children and caregivers. We will look at six essential program policies that support relationship-based strategies in child care and examine your beliefs and philosophy as they relate to evidence-based quality group care.
Thu., June 11 | 6:30-8:30 pm
$15 | 2 credit hours
Tue., June 23 | 6:30-8:30 pm
$15 | 2 credit hours

INFANT TODDLER ZONE: PLANNING FOR PROTECTION
Caring for infants and toddlers can be extremely rewarding but also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. During this session of the Infant Toddler Safety Series, you will learn the key elements of planning for protection, including keeping records and communicating with families and other staff. There will be conversations about the importance of daily active physical play and other types of age-appropriate materials to provide to allow for safe exploration in a secure environment. This training supports the ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities, and Program Structure.
Thu., June 18 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

ITS-SIDS
This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practice” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.
Sat., April 4 | CANCELED | Mecklenburg
Thu., April 23 | CANCELED | Mecklenburg
Mon., April 27 | CANCELED | Union
Mon., May 11 | CANCELED | Mecklenburg
Tue., May 12 | CANCELED | Union
Thu., May 21 | CANCELED | Rowan
Sat., May 23 | CANCELED | Mecklenburg
Sat., June 6 | CANCELED | Mecklenburg
Wed., June 10 | CANCELED | Union
Tue., June 23 | CANCELED | Mecklenburg
Thu., June 25 | CANCELED | Rowan
$15 | 2 credit hours | Level: Beginner
**LANGUAGE DEVELOPMENT AND COMMUNICATION IN INFANTS AND TODDLERS: WHAT ARE THEY TALKING ABOUT?**

It starts with crying, cooing, and babbling, and then you finally hear it, their first words! Sharing those language milestone moments can be some of our best experiences as infant and toddler teachers. During this workshop, you will learn more about the development of language and communication for children birth to 3; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. In addition, participants will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This training provides information that supports the ITERS-R subscales: Personal Care Routines, Listening, Talking and Interactions.

** Thu., April 6 | 6:30-8:30 pm | Mecklenburg  
Mon., May 4 | 6:30-8:30 pm | Rowan  
No Fee | 2 credit hours | Level: Intermediate**

**UNDERSTANDING THE ITERS-R**

This session provides an introduction to the Infant Toddler Environment Rating Scale, Revised (ITERS-R), what ITERS-R assessors are looking for, and how the ITERS-R can be used as a guide to help improve the quality and effectiveness of a program. Participants will receive guidance on how the 7-point scoring system works, learn about definitions and key terms used in the ITERS-R, and learn strategies and methods for improving the quality of care in every aspect of the learning environment to include promoting early literacy and reasoning skills; maintaining developmentally appropriate play spaces; ensuring high-quality supervision, discipline and guidance; and providing dynamic staff-child interactions.

** Thu., May 14 | Noon-2 pm | Cabarrus  
NC Cooperative Extension, Cabarrus Co.  
Center, 715 Cabarrus Ave. West. Concord NC  
No Fee | 2 credit hours | Level: Beginner**

**ALL ABOUT MATH**

Shapes, sorting, counting, graphing, it's all math. The question you might be asking is "How am I supposed to teach preschoolers these concepts without old fashioned worksheets?" This workshop will show you how! Join us in exploring the exciting world of math.

** Thu., April 16 | 6:30-8:30 pm | Union  
No Fee | 2 credit hours**

**PROFESSIONALISM**

**HOW TO THRIVE DURING CHALLENGING CONVERSATIONS**

I'm speaking, are you listening? We all want to be heard. It's gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don't agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

** Thu., May 21 | 6:30-8:30 pm | Mecklenburg  
No Fee | 2 credit hours | Level: Intermediate**

**HATS OFF TO DRAMATIC PLAY**

This session will address the cross-curricular aspects of Dramatic Play. We will discuss the importance of the Dramatic Play Center and what should be included in an interesting, educational center. Included will be some ideas to make your center exciting and fun for the children!

** Thu., June 25 | 10 am-noon | Mecklenburg  
$15 | 2 credit hours**

**THE INTEGRATION OF TECHNOLOGY IN THE CLASSROOM**

With the explosion of technology in the world, dependence on such has grown to enormous proportions. It seems that technology today does what the invention of plastic ((Can we use a different comparison? When I think of life-changing inventions, I don't think of plastic.)) did for the world in yesteryears: It makes life easier in a multitude of ways! In this session, participants can learn how to make use of many high-tech tools and utilize developmentally appropriate discretion when choosing those tools. Although computers, video games, and Smart Boards are in the spotlight, technology is not limited to these alone. There are numerous tools and activities that can be used for and done with children, and as adults and providers, we must weigh the pros and cons of usage. Attend and learn about even the simplest way in which you can become very savvy in a high-tech society.

** Thu., May 14 | 6:30-8:30 pm | Cabarrus  
NC Cooperative Extension, Cabarrus Co.  
Center, 715 Cabarrus Ave. West. Concord NC  
No Fee | 2 credit hours | Level: Beginner**

**PROFESSIONALISM**

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** Thu., May 21 | 6:30-8:30 pm | Mecklenburg  
No Fee | 2 credit hours | Level: Intermediate**
SUPPORTING RELATIONSHIPS WITH FAMILIES/STAFF-FAMILY CONFERENCES
This session will explore the relationship between families and early care and education staff. This session is designed to help staff identify the challenges of working with families and develop possible strategies for handling these challenges. Family conferences will also be explored, with an emphasis on developing a reciprocal relationship with families.

**Tue., April 7 | CANCELED | Mecklenburg**
**Thu., April 23 | 6:30-8:30 pm | Union**
**No Fee | 2 credit hours | Level: Beginner**

WE'RE ALL STRESSED OUT – HOW TO AVOID BURNOUT
This training will identify causes of stress and burnout. It will also give practical ideas and strategies for avoiding and/or dealing with burnout.

**Tue., June 30 | 6:30-8:30 pm**
**Mecklenburg | $15 | 2 credit hours**

AVOID BURNOUT

SCHOOL-AGE BSAC (BASIC SCHOOL AGE CARE)
The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age-appropriate activities, environmental design, health/safety, and NC Child Regulations.

**Thu., May 21 | CANCELED | Mecklenburg**
**Thu., June 4 | 9 am-3 pm | Cabarrus**
**NC Cooperative Extension, Cabarrus Co Center, 715 Cabarrus Ave. West. Concord NC**
**$25 | 5 credit hours | 0.5 CEUs | Level: Entry**

LESSON PLANNING FOR SCHOOL AGE PROGRAMS
During this class, we will brainstorm together to create an engaging full-day lesson plan for your afterschool group that meets the state requirements for each activity area. We will also discuss alternatives to screen time and the importance of active outdoor play during the school-age years. You will leave the training having completed a lesson plan you can use during your summer camp program and have the knowledge necessary to create your own lesson plan independently.

**Thursday, May 28 | 6:30-8:30 pm | Rowan**
**No Fee | 5 credit hours | Level: Beginner**

REFLECTING ON SCHOOL-AGE CARE
We all have bad days. From ripped materials and screaming students to failed learning activities and chaotic transitions, all school age professionals have days they wished they could do over again. With reflective practice school age professionals can take these past “failures” and transform them into future success. Join other school age professionals in an in-person training that explores the process of reflective practice in afterschool and summer camp environments. Through hands-on interaction and collaboration, participants will gain valuable insight in how to spot potential weaknesses in their teaching approach and develop these shortfalls into strengths.

**Friday, June 19 | 12:30-2:30 pm**
**Mecklenburg | $15 | 2 credit hours**

SOCIAL & EMOTIONAL DEVELOPMENT

BEHAVIOR INTERVENTION STRATEGIES: YOU WANT ME TO TRY WHAT?
Teachers who care for children with behavioral difficulties often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.

**Tue., May 12 | CANCELED | Mecklenburg**
**No Fee | 2 credit hours | Level: Beginner**

BUILDING RESILIENCE IN CHILDREN
This professional development opportunity helps educators understand the concept of resilience and the social-emotional characteristics that lead to life success. It includes specific guidance on the qualities of nurturing interactions and relationships that promote early brain development, particularly the integration of the emotional and thinking centers of the brain.

**Mon., May 11 | 6:30-8:30 pm | Rowan**
**No Fee | 2 credit hours | Level: Beginner**

CREATIVE DISCIPLINE: TIME OUT? OR TIME FOR A CHANGE?
Once providers learn to make the vital connection between classroom management and children's behavior, the solution is easy! Learn how the environment, positive guidance, routines, and other strategies can play a part in preventing and solving discipline problems.

**Wed., June 24 | 6:30-8:30 pm**
**Mecklenburg | $15 | 2 credit hours**

GRIEF AND LOSS IN YOUNG CHILDREN
Death and loss is a part of life that affects young children. The emotional pain of a child who has lost a loved one makes it tempting to avoid the subject or to try to distract the child. When a loss is not addressed appropriately by adults it may leave the child feeling confused or promote a feeling of distrust. While we would all like to shield children from grief, the reality is that they will all experience it at one time or another. This session will define most common times of grief and loss for young children, indentify stages of grief, discover ways young children react behaviorally to grief and loss, and determine ways to support children through this process.

**Thu., June 18 | 2-4 pm**
**$15 | 2 credit hours**

HOW ARE YOU? HOW AM I?
Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. In this training, we will examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share resources teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

**Thursday, May 28 | 6:30-8:30 pm**
**No Fee | 2 credit hours**
**Friday, June 5 | 2-4 pm**
**$15 | 2 credit hours**
TAMING THE WILD
Why do children behave the way they do? Is acting out just a ploy for attention, or is there a real underlying issue to address? Knowing the difference will bring calm and harmony to your learning environment and a better understanding of young children’s choices of behaviors.

Tue., June 16 & Thu., June 18
*participants must attend both sessions
6:30-8:30 pm | Rowan | $25
4 credit hours | Level: Beginner

TEACHING STRATEGIES FOR ADDRESSING AND PREVENTING CHALLENGING BEHAVIOR IN PRESCHOOL CLASSROOMS
*Pre-requisites: The Power of Positive Relationships and The Environment As A Second Teacher.

Ever wonder what’s the most important thing we should be teaching in preschool? While teaching shapes, colors, 1:1 counting skills, and alphabet and numeral recognition/formation is at the top of most teachers’ lists, research shows that teaching children social-emotional should be the focus of every curriculum plan. Instead of telling children what not to do, let’s take time to teach children what to do! This session will identify tools and techniques teachers can use every day in their classrooms to strengthen preschoolers’ social-emotional competencies resulting in increased kindergarten readiness.

Mon., June 8 & Tue., June 9
*participants must attend both sessions
6:30-9 pm | Mecklenburg | $20
5 credit hours | 0.5 CEUs | Level: Beginner

TOXIC STRESS AND ITS IMPACT ON CHILDREN
Stress is a fact of life, no matter your age. Some stress is good for us - it keeps us attentive, sharp, productive, and learning. But Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.

Thu., June 10 | 6:30-8:30 pm
$15 | 2 credit hours

WHAT’S IN YOUR TEACHING TOOLKIT?
Everyone needs practical strategies and materials to help with challenging behavior in young children (especially those that research has shown to be highly effective). This training walks participants through The Teaching Tools for Young Children with Challenging Behavior resource (known as TTYC). This tool is packed with strategies based on Positive Behavior Support and the Pyramid Model that are collected in one resource and easily accessible through a free website. Participants will see tools for prevention of challenging behavior as well as tips, forms, guides, and practical resources that promote problem-solving skills, friendship development, and social skill instruction, all of which are critical to the core development of school readiness.

Wed., May 27 | CANCELED | Cabarrus
Thu., June 11 | 6:30-8:30 pm | Union
$15 | 2 credit hours | Level: Entry
REGISTRATION FORM
*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _______________________________________________________________

Organization Address: ______________________________________________________________________

City: ___________________ State: ___________ County: ___________ Zip Code: ___________

Organization Phone Number: _______________ Fax Number: _______________

Email Address: _______________________________________________________________________________

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _________________

Please list the title and date of the training session selection(s). In order to register multiple participants, you
must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: ____________________________________________ Date of Session: ___________

Participant Name: (First, Last): ________________________________________________

Participant Address: ______________________________________________________________________

Participant City: _________________ State: ___________ County: ___________ Zip: ___________

Participant Phone: _________________ Email: _______________________________________________________________________________

Position (Administrator/Teacher/Assistant): ____________________________________________

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

 _____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)

Participant Age: ___15-19 years ___20-25 ___25-34 ___35-44 ___45-59 ___60-69 ___65 and over ___Prefer not to give

TRAINING SESSION TITLE: ____________________________________________ Date of Session: ___________

Participant Name: (First, Last): ________________________________________________

Participant Address: ______________________________________________________________________

Participant City: _________________ State: ___________ County: ___________ Zip: ___________

Participant Phone: _________________ Email: _______________________________________________________________________________

Position (Administrator/Teacher/Assistant): ____________________________________________

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

 _____ # of children in care (0-3yrs) _____ # of children in care (3-5yrs) _____ # of children in care (5-12yrs)

Participant Age: ___15-19 years ___20-25 ___25-34 ___35-44 ___45-59 ___60-69 ___65 and over ___Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209
*Credit Card Payments accepted online only.
The Region 6 Child Care Resource & Referral Training Catalog is published for the early care and education community and is distributed free of charge by Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 (704-376-6697).

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