



Kirsten Livingston is a ballet instructor, choreographer, musical theater enthusiast, and (her favorite 'job' title) a Mother of three. She was born and raised in Santa Cruz, California, where she began training with Santa Cruz Ballet Theater at a young age, and went on to dance as a soloist and principal dancer with the company. Over the course of her ballet career, many of her proudest moments took place on the stages and in the studios of prestigious schools around the United States, including School of American Ballet, San Francisco Ballet, and Pacific Northwest Ballet.

Her teaching style was inherited from her own training with some of ballet's most inspiring teachers. Since beginning her teaching career over 25 years ago, Kirsten has taught and choreographed at studios from Carmel and Santa Cruz, to the San Francisco Bay area. Nothing feeds her soul quite like the feeling of encouraging young women to be bold, strong, and confident through ballet arts education. Kirsten's passion for teaching strong, technical dance goes beyond the ballet studio, by implementing curriculum that radiates a positive and uplifting message for children. She creates a studio atmosphere that encourages students to accomplish things they thought were impossible, and to grow increasingly confident with each drop of sweat, every cramped muscle, and best of all, every smile.

