



Michelle Nguyen is a DMV native whose passion for dance was sparked early, even when access was limited. She began her dance journey through musical theater in high school, and in 2016 began dancing and teaching with Baltimore Dance Crews Project. Through BDCP, she traveled around the DMV, New York, and Canada, gaining valuable experience that shaped her approach to community-centered care. Michelle is currently en route to becoming a Licensed Clinical Professional Counselor with a specialization in dance/movement. She's committed to helping others feel empowered to move, have fun, and embrace the idea that it's never too late to start pursuing your passion.