

Employee Assistance Programme (EAP)

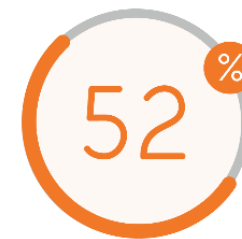
- In conjunction with our Chamber HR partners Peninsula and Health Assured, Chambers Ireland will be launching a new **Employee Assistance Programme** service for **Chamber members** around the country.
- With this service, members can avail of:
 - A **24/7, 365** confidential and secure helpline
 - **Counselling** support from **IACP accredited** counsellors proven to reduce stress, anxiety and depression among employees
 - Guidance on **financial, legal** and **medical** issues
 - **Management** support
 - **Online** guidance, advice and wellness programmes—also available on **smartphone**
- With over **60%** of employers concerned about financial wellbeing—and nearly **80%** concerned about their staff's mental health—**there has never been a better time to offer an EAP**. Call us now for more details of how this service benefits you and everyone you work with.
- Chamber members can avail a 10% discount on this service.



of the Irish population were **recorded as having a mental health disorder**, such as anxiety, bipolar, schizophrenia, depression¹



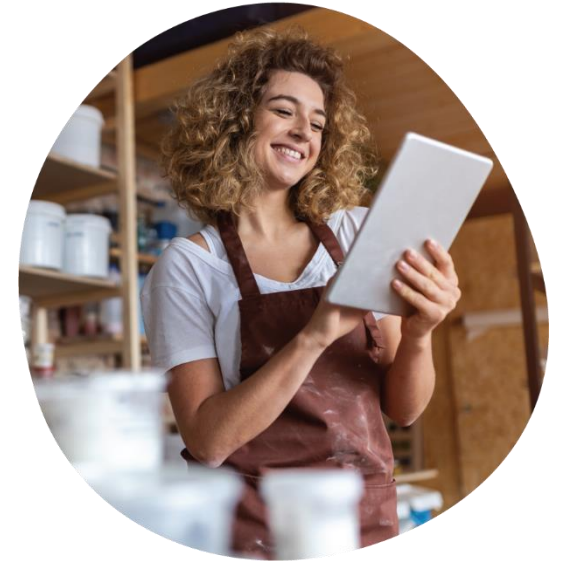
the economic cost of mental health issues to the Irish economy²



have had some **experience of people with mental health problems** through friends, people at work, or those they live with³

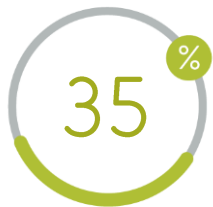
Service overview: Core EAP

- Unlimited access to **24/7, 365 confidential helpline**
- **24/7 critical incident** telephone support
- Up to **6 sessions** of face to face, telephone or online counselling per employee, per issue, per year
- **Legal** information services
- **Debt and financial** information
- **Family advice line** on topics such as childcare and eldercare
- Access to **online wellbeing portal and mobile app**
- Self, manager, HR, physiotherapy, trade union and **OH referrals**
- Full **case management** protocols for all structured counselling cases
- **Manager consultancy** and support
- Coverage for **dependants and retirees** (up to three months) within HMRC guidelines

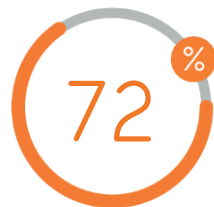


Why Health Assured?

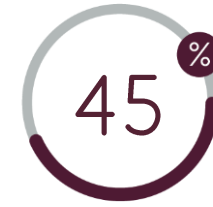
- **UK and Irelands** largest independent and award winning EAP provider
- Support over **13 million** lives across all sectors
- **Only EAP Provider BACP accredited** at organisational level
- **24/7, 365** UK-based helpline available **100% of calls answered within 20 seconds**
- Trusted by over **50,000 organisations**
- Network of over **1,600 counsellors** and psychologists across UK and Ireland
- Innovative technological development e.g. **app, LiveAgent**
- First EAP provider to join **Stonewall Diversity Programme**
- Support UK organisations in over **160 countries**
- Client retention rate of **94%** and **4.8/5** on Feefo
- **25%** of weekly calls occur outside 9am - 5pm



35% improvement in
workplace stress



72% lift in
return-to-work rates



45% reduction in
mental-health related
sickness and absence

Issues Health Assured Supports



Health & lifestyle

- Physical health
- Mental health
- Sickness absence
- Critical and traumatic incidents
- Eldercare
- Rehabilitation
- Addiction
- Cancer survivorship
- Terminal illness

Legal information

- Probate and Wills
- Legal queries
- Caring for a dependant
- Debt and financial
- Buying a new home
- Separation and divorce

Work life

- 'Leavism' and 'Presenteeism'
- Managing change
- Return to work
- Bullying and harassment
- Redeployment
- Redundancy
- Retirement
- Stress

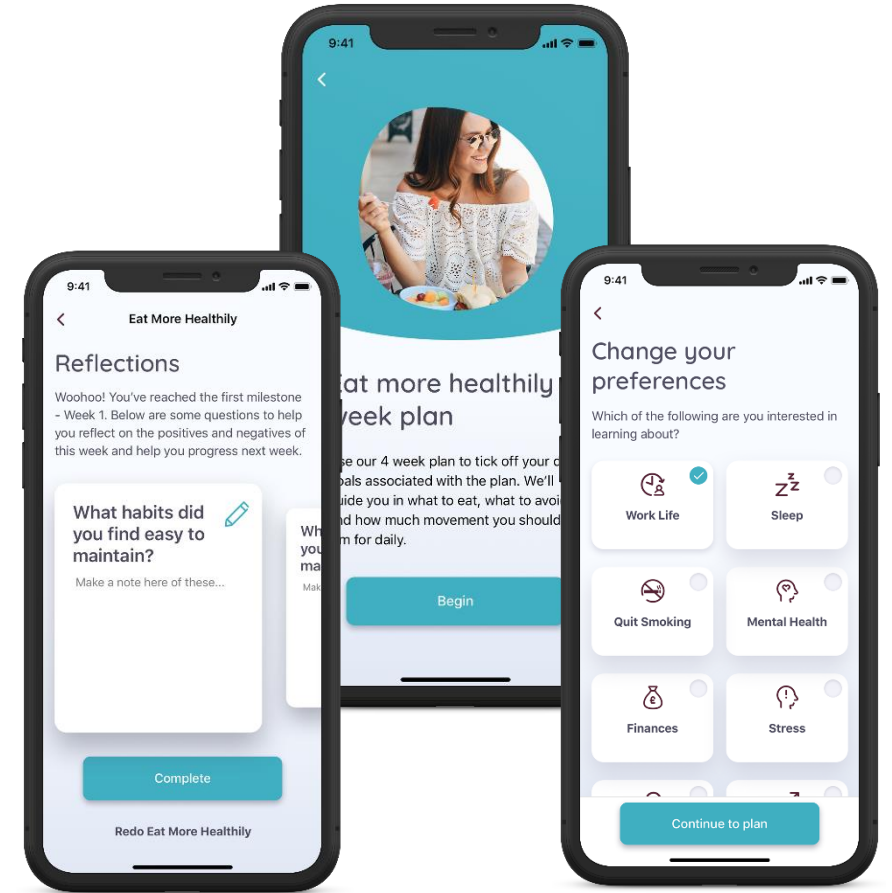
Home life

- Identity and LGBT
- Domestic abuse
- Discrimination
- Childcare
- Bereavement and loss
- Relationships and marital



My Healthy Advantage app and online portal

- **Weekly mood tracker** and **mini health checks**
- **4-week plans** aimed at quitting smoking, losing weight and coping with pressure
- **Biometrics** login
- **Personalised newsfeed via the app**
- Easy access to our counselling services via phone call, call-back request, email support or live chat within the app
- High-level **reporting available for admins**
- **LiveAgent** instant chat
- Monthly **webinars** on a variety of current wellbeing topics
- **Mini health assessments** including BMI, sleep, alcohol, anxiety and depression
- **Wellbeing articles** and **factsheets** on a wide range of topics **Awareness Day information** such as Mental Health Awareness day



How do I sign up?

Are you interested in signing up to Health Assured's Employee Assistance Programme?

Follow these three simple steps:

Remember to quote **ChambersEAP** for a **10% discount**

1. Call **01 886 0324** today to speak with a qualified expert today
2. Email us to find out further information Business.support@healthassured.co.uk.
3. Visit <https://www.healthassured.org/> to request a demo or book your free consultation