

Training Catalog

WINTER
2021

For Early Care & Education and School-Age Child Care Professionals
in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

January-February

Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at childcareresourcesinc.org, or complete the registration form.

REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send registration form with payment to: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110

By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County's registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-203

TRAINING LOCATIONS

Mecklenburg: Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217

Union: Child Care Resources Inc., 105-A Cedar St. Monroe, NC 28110

Stanly

Stanly County Partnership for Children. 1000 N. First Street, Suite 8, Albemarle, NC 28001

Rowan

Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

Cabarrus

Please check training description for location



Technology Requirements for Online Virtual Sessions

Individual email addresses for registration are required.

Any trainings that are offered virtually will require participants to have access to a computer or other electronic device with internet connection.

Participants must also have the ability to watch and listen to video online, have the capabilities to unmute themselves, share their cameras, and participate via chatbox throughout the session.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers to hear audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: Most online sessions are 2 credit hours (unless otherwise stated). You will be contacted at least 1 week prior to training with instructions and login information pertaining to your online training.

LEVELS: Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

Entry - Offers basic background information

Beginner - Explores practical application

Intermediate - Expands existing knowledge

Advanced - Provides specific, in-depth knowledge relevant to field of concentration or interest area

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

ALL ABOUT THE SACERS-U

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements

Individual email addresses for registration are required.

These trainings are self-paced and will require participants to have access to a computer or other electronic device with internet connection.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: *Online sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.*

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

BULLYING: TODAY'S MEAN SCENE

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child

at risk for being bullied and best practices for prevention and intervention will be discussed.

CIRCLE TIME FUN AND LEARNING

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

CONVERSATION: THE COMMON THREAD IN OUR WORK

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

FUNDING SCHOOL AGE PROGRAMS

School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

GRANTING CHILDREN THEIR EMOTIONS

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

IT'S OFF TO SCHOOL WE GO

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

POTTY TIME: WHEN IS THE RIGHT TIME?

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

PRIMARY CAREGIVING

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.
**For administrators and those in leadership positions.*

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

CEU COURSES

ACTIVE READING WITH PRESCHOOLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

\$25 | 0.5 CEUs

ACTIVE READING FOR INFANTS & TODDLERS

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

\$25 | 0.5 CEUs

ONLINE SESSIONS – ROWAN

PROFESSIONALISM

FAMILY PARTICIPATION

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

\$5 | 2.0 credit hours | Level: Beginner

SOCIAL & EMOTIONAL DEVELOPMENT

TAMING THE WILD PART 1 & 2

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

\$5 | 4.0 credit hours | Level: Beginner

How to Register for Rowan Online Sessions

By mail

Send registration form on Page 10 to:
Child Care Connections/Smart Start Rowan,
1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone

Call (704) 630-9085



SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
How Children Learn and Develop	Mon., Jan. 25	6:30-8:30 pm	Cabarrus/Zoom	Child Development
ITS-SIDS	Mon., Jan. 25	6:45-8:45 pm	Union/Zoom	Infant/Toddler
BSAC (Basic School Age Care)	Tue., Jan. 26 & Wed., Jan. 27	2-4 pm	Meck/Zoom	Preschool
How to Thrive During Challenging Conversations	Thu., Jan. 28	6:30-8:30 pm	Meck/Zoom	Professionalism
It's Just Harmless Gossip – It's Not Hurting Anyone!	Thu., Jan. 28	10 am-12 pm	Meck/Zoom	Professionalism
Emergency Preparedness and Response	Fri., Jan. 29	10 am-12:30 pm	Meck/Zoom	Administration
Partnering with Families to Address Challenging Behaviors	Sat., Jan. 30	9-11 am	Meck/Zoom	Social/Emotional
Praise or Encouragement: What's the Difference?	Sat., Jan. 30	10 am-12 pm	Cabarrus/Zoom	Social/Emotional
ITS-SIDS	Tue., Feb. 2	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Positive Parent Interactions	Tue., Feb. 2	6-8 pm	Union/Zoom	Professionalism
How Are You? How Am I?	Wed., Feb. 3	6:30-8:30 pm	Rowan/Zoom	Social/Emotional
Promoting Friendship and Social Play in Preschool	Thu., Feb. 4	10 am-12 pm	Meck/Zoom	Preschool
Explore! Discover! Investigate!	Mon., Feb. 8	6:30-8:30 pm	Cabarrus/Zoom	Preschool
ECERS-R Activity Areas	Wed., Feb. 10	11 am-1 pm	Meck/Zoom	Preschool
Technology in the Classroom	Wed., Feb. 10	6:30-8:30 pm	Meck/Zoom	Preschool
How Are You? How Am I?	Wed., Feb. 10	6:30-8:30 pm	Stanly/Zoom	Social/Emotional
ITS-SIDS	Thu., Feb. 11	6-8 pm	Union/Zoom	Infant/Toddler
Outdoor Learning Environments for Infants and Toddlers	Thu., Feb. 11	6:30-8:30 pm	Stanly/Zoom	Infant/Toddler
Adult and Child Interactions in Early Care Environments	Fri., Feb. 12	6:30-8:30 pm	Meck/Zoom	Child Development
ITS-SIDS	Sat., Feb. 13	9-11 am	Meck/Zoom	Infant/Toddler
Developing Meaningful Lesson Plans	Mon., Feb. 15	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Infant and Toddler Developing Social Emotional Skills	Tue., Feb. 16	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
Connections: A Virtual Teacher Collaboration	Tue., Feb. 16	12:30-1:30 pm	Rowan/Zoom	Professionalism
Connections: A Virtual Teacher Collaboration	Wed., Feb. 17	6:30-7:30 pm	Rowan/Zoom	Professionalism
BSAC (Basic School Age Care)	Wed. & Thu., Feb. 17 & 18	6-8 pm	Meck/Zoom	School-Age
Creating a Classroom Community	Thu., Feb. 18	6:30-8:30 pm	Meck/Zoom	Child Development
ITS-SIDS	Thu., Feb. 18	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
Supporting Relationships with Families/Staff-Family Conferences	Mon., Feb. 22	6:30-8:30 pm	Cabarrus/Zoom	Professionalism
Lost Your Mojo?	Mon., Feb. 22 & Mar. 22	6:45-8:45 pm	Union/Zoom	Professionalism
Fathers and Father Figures	Tue., Feb. 23	6:30-8:30 pm	Meck/Zoom	Child Development
Promoting Friendship and Social Play in Preschool	Wed., Feb. 24	6:30-8:30 pm	Meck/Zoom	Preschool
Teaching Strategies – Distance Learning Collaboration	Wed., Feb. 24	6:30-8:30 pm	Rowan/Zoom	Preschool
(Virtual) Playground Safety	Thu., Feb. 25	9 am-12 pm	Meck/Zoom	Health, Safety, Nutrition

SESSION DESCRIPTIONS

Zoom trainings are offered virtually and will require participants to have the capabilities to mute/unmute themselves, share their cameras, and participate via chatbox throughout the session. Individual email addresses for registration are required.

ADMINISTRATION

EMERGENCY PREPAREDNESS RESPONSE

Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. **This curriculum meets the state standards and requirements for Emergency Preparedness and Response.*

**This session is reserved for administrators ONLY and class is limited to 12 participants.*

[Fri., Jan. 29 | 10 am-12:30 pm | Meck/Zoom](#)
\$15 | 2.5 credit hours | Level: Entry

CHILD DEVELOPMENT

ADULT AND CHILD INTERACTIONS IN EARLY CARE ENVIRONMENTS

Early care providers have many responsibilities that involve enhancing the development and learning of children in their care while responding to children's needs, interests, and assistance with getting along with others in a group care setting. In this session, we will explore the impact of early care providers' roles and responsibilities on adult and child interactions. We will discuss negative, positive, and neutral interactions, as well as necessary and appropriate adult support for children in early care environments.

[Fri., Feb. 12 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

CREATING A CLASSROOM COMMUNITY

Does your schedule seem erratic? Are your transitions tricky? In this session, we will discuss classroom structures and focus on creating a classroom community. By understanding how to build community within a classroom – where expectations are known, where there is ease into transitions and routines, and where schedules are appropriate – you will gain a new awareness of how to make the classroom more enjoyable!

[Thu., Feb. 18 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

FATHERS AND FATHER FIGURES

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

[Tue., Feb. 23 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

HOW CHILDREN DEVELOP AND LEARN

Child development is the starting point for lesson planning, selecting materials, and guiding children's learning. Participants will explore how development proceeds on a continuum, the process for conducting child observations, and how child observations support planning.

[Mon., Jan. 25 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

CURRICULUM

DEVELOPING MEANINGFUL LESSON PLANS

Do you struggle with developing interesting and varied lesson plans? Join us as we explore the how, why, and what of lesson plans. Participants will have the opportunity to explore the components of a successful lesson plan and the various approaches that can be used in developing lesson plans. Specific strategies on incorporating the interests and needs of the children into lesson plans will also be included in this learning opportunity. This session will review the format and content of the North Carolina Foundations for Early Learning (FELD) and will develop a process for linking lesson plans to FELD. **NCFELD document required.*

[Mon., Feb. 15 | 6:30-8:30 pm | Cabarrus/Zoom](#)
\$15 | 2.0 credit hours | Level: Intermediate

HEALTH, SAFETY, & NUTRITION

(VIRTUAL) PLAYGROUND SAFETY

Do you know what makes a playground safe? This 4-hour session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and will view a video of a certified trainer explaining important points of a playground inspection. **Class time will consist of 3 virtual hours and an additional required hour spent on your own completing an Inspection Checklist, Audit, and Inventory of your playground. Upon completion and verification, your certificate will be sent to you.*

[Thu., Feb. 25 | 9 am-12 pm | Meck/Zoom](#)
\$25 | 4.0 credit hours | Level: Entry

INFANT/TODDLER

INFANT AND TODDLER DEVELOPING SOCIAL-EMOTIONAL SKILLS

Children begin developing social-emotional skills from infancy. Understanding how to support development during this critical period is vital to infants and toddler's overall well-being and future success in school and life. This professional development event explores the developing social-emotional skills of infants and toddlers. Participants will learn to define and describe social-emotional development, identify key social-emotional skills that contribute to school readiness, and gain richer insight into strategies that support social-emotional development for infants and toddlers. (DCDEE 3, 7)

[Tue., Feb. 16 | 6:30-8:30 pm | Meck/Zoom](#)
\$15 | 2.0 credit hours | Level: Beginner

ITS-SIDS

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

[Mon., Jan. 25 | 6:45-8:45 pm | Union/Zoom](#)

[Tue., Feb. 2 | 6:30-8:30 pm | Meck/Zoom](#)

[Thu., Feb. 11 | 6-8 pm | Union/Zoom](#)

[Sat., Feb. 13 | 9-11 am | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

[Thu., Feb. 18 | 6:30-8:30 pm | Rowan/Zoom](#)

\$10 | 2.0 credit hours | Level: Entry

OUTDOOR LEARNING ENVIRONMENTS FOR INFANTS AND TODDLERS: IT IS MORE THAN A "PLAYGROUND!"

"Going outside" – what does that mean for infants and toddlers? It means taking the indoor classroom outdoors. A high-quality outdoor environment will allow young children to extend their learning experience. It is an opportunity for children to make discoveries in nature, be active and develop their large and small muscles. This training will help learners understand the many benefits of taking infants and toddlers outside daily and provide strategies that support development and learning, including supporting children's exploration in nature.

[Thu., Feb. 11 | 6:30-8:30 pm | Stanly/Zoom](#)

\$7 | 2.0 credit hours | Level: Beginner

PRESCHOOL

ECERS-R ACTIVITY AREAS

This session will help prepare participants for the ECERS-R by detailing the ECERS-R Activity Areas, as well as materials needed. We will also discuss scoring, commonly used terms, and Substantial Portion of the Day.

[Wed., Feb. 10 | 11 am-1 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Entry

EXPLORE! DISCOVER! INVESTIGATE!

Science in early care and education is focused on children's natural interest in the world. Young children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science such as observing, recording, problem solving, and organizing information.

[Mon., Feb. 8 | 6:30-8:30 pm | Cabarrus/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

PROMOTING FRIENDSHIP AND SOCIAL PLAY IN PRESCHOOL

This session will give practical ideas and strategies for dealing with children who have a difficult time making friends. It will also provide information on how teachers can help in this process and an overview of the children who may experience difficulty in making friends.

[Thu., Feb. 4 | 10 am-12 pm | Meck/Zoom](#)

[Wed., Feb. 24 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

TEACHING STRATEGIES-DISTANCE LEARNING COLLABORATION

Join us to share ideas, express concerns, and collaborate with your NC PreK teaching peers. NC PreK Specialist Cathy Stewart will facilitate the training. Topics covered will include online lesson plans, documentation in the classroom and virtually, the transition to the state license, using the creative curriculum cloud for in-person and remote learning, requirements for using the Distance Learning Solutions, and more! **For Rowan County NC Pre K Teachers only*

[Wed., Feb. 24 | 6:30-8:30 pm | Rowan/Zoom](#)

No fee | 2.0 credit hours | Level: Beginner

TECHNOLOGY IN THE CLASSROOM

With the explosion of technology in the world, dependence on such has grown to enormous proportions. It seems that technology today does what the invention of plastic did for the world in yesteryears: It makes life easier in a multitude of ways! In this session, participants can learn how to make use of many high-tech tools, yet utilize developmentally appropriate discretion when choosing those tools.

Although computers, video games, and Smart Boards are in the spotlight, technology is not limited to these alone. There are numerous tools and activities that can be used for and done with children, and as adults and providers; we must weigh the pros and cons of usage. Attend and learn about even the simplest way in which you can become very savvy in a high-tech society.

[Wed., Feb. 10 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

PROFESSIONALISM

CONNECTIONS: A VIRTUAL TEACHER COLLABORATION

This training is to empower teachers to know that their work is meaningful, professional, and important! You will learn about WAGE\$ and TEACH, and this training will cover all of the Smart Start services that we offer for teachers like our Early Learning Resource Center and Technical Assistance. **You must have access to video and mic to participate in this class.*

[Tue., Feb. 16 | 12:30-1:30 pm | Rowan/Zoom](#)

[Wed., Feb. 17 | 6:30-7:30 pm | Rowan/Zoom](#)

No fee | 1.0 credit hours | Level: Beginner

HOW TO THRIVE DURING CHALLENGING CONVERSATIONS

I'm speaking, are you listening? We all want to be heard. It's gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don't agree with us. Come join us to role play, listen, learn, and get tips and strategies for effective communication.

[Thu., Jan. 28 | 6:30-8:30 pm | Meck/Zoom](#)

\$15 | 2.0 credit hours | Level: Beginner

IT'S JUST HARMLESS GOSSIP. IT'S NOT HURTING ANYONE!

Has gossip ever been a problem in your workplace? Gossip can sabotage leadership, diminish effectiveness, and send the wrong message to our children. Join us to learn some effective ways for both directors and staff to successfully combat gossip and to model the behavior we want our children to see.

Thu., Jan. 28 | 10 am-12 pm | Meck/Zoom
\$15 | 2.0 credit hours | Level: Beginner

LOST YOUR MOJO?

Has your enthusiasm for teaching started to fade? If so, you're not alone – teacher burnout is becoming far too common. Maybe you've been working with the same age group or room arrangement for years, and your passion for early childhood education just isn't what it used to be. Or perhaps you are new to the field and you're starting to wonder if a career in early childhood education is good a fit. You are not alone, as many teachers have felt this way. This session examines tips and steps you can take to help maintain your passion and look forward to working again. **Participants must complete both sessions*

Mon., Feb. 22 & Mon. Mar 22
6:45-8:45 pm | Union/Zoom
\$25 | 4.0 credit hours | Level: Entry

POSITIVE PARENT INTERACTIONS

Parents and staff are partners in the care and education of children, so it is important to have open communication. This workshop will help participants identify and use a variety of communication skills to build effective relationships with the families.

Tue., Feb. 2 | 6-8 pm | Union/Zoom
\$15 | 2.0 credit hours | Level: Entry

SUPPORTING RELATIONSHIPS WITH FAMILIES/STAFF-FAMILY CONFERENCES

This session will explore the relationship between families and early care and education staff. This session is designed to help staff identify the challenges of working with families and develop possible strategies for handling these challenges. Family conferences will also be explored, with an emphasis on developing a reciprocal relationship with families.

Mon., Feb. 22 | 6:30-8:30 pm | Cabarrus/Zoom
\$15 | 2.0 credit hours | Level: Intermediate

SCHOOL-AGE

BSAC (BASIC SCHOOL-AGE CARE)

BSAC (Basic School Age Care) is a 5-hour introductory level training event for school-age care professionals who are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School-Age Care. This training is required by the NC Division of Child Development for school-age care professionals working in licensed programs but is a great training for new staff in any afterschool program setting. There are no prerequisites required. **Course requirements to earn the CEU certificate include attending online sessions, reading handouts, video vignettes, interactive online activities, and passing a post-knowledge assessment with a score of 90% or higher (multiple attempts allowed). *Participants in the online event will be required to complete 1 hour of pre/post work assignments and participate in 4 hours of online course work. *Participants must attend both sessions*

Tue., Jan. 26, & Wed., Jan. 27 | 2-4 pm
Meck/Zoom | \$25 | Level: Entry
5.0 credit hours | 0.5 CEUs
Wed., Feb. 17 & 18 | 6-8 pm | Meck/Zoom
\$25 | 5.0 credit hours | 0.5 CEUs
Level: Entry

SOCIAL & EMOTIONAL DEVELOPMENT

HOW ARE YOU? HOW AM I?

Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We'll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

Wed., Feb. 3 | 6:30-8:30 pm | Rowan/Zoom
\$15 | 2.0 credit hours | Level: Beginner
Wed., Feb. 10 | 6:30-8:30 pm | Stanly/Zoom
\$7 | 2.0 credit hours | Level: Beginner

PARTNERING WITH FAMILIES TO ADDRESS CHALLENGING BEHAVIORS: WE ARE ALL IN THIS TOGETHER!

When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems, parents often feel blamed by the teachers, and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.

Sat., Jan. 30 | 9-11 am | Meck/Zoom
\$15 | 2.0 credit hours | Level: Entry

PRAISE OR ENCOURAGEMENT: WHAT'S THE DIFFERENCE?

Most educators agree that children need to be in supportive, friendly environments. But can too much praise be counter-productive? This workshop will explore how to support children's efforts with encouragement and learn to stop saying, "Good job," "Great," and "What a beautiful picture."

Sat., Jan. 30 | 10 am-12 pm | Cabarrus/Zoom
\$15 | 2.0 credit hours | Level: Beginner

REGISTRATION FORM

*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: _____

Organization Address: _____

City: _____ State: _____ County: _____ Zip Code: _____

Organization Phone Number: _____ Fax Number: _____

Email Address: _____

Type of Program (circle one): Child Care Center / Family Child Care Home / Other _____

Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

Participant Phone: _____ Email: _____

Position (Administrator/Teacher/Assistant): _____

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

____ # of children in care (0-3yrs) ____ # of children in care (3-5yrs) ____ # of children in care (5-12yrs)

Participant Age: ____ 15-19 years ____ 20-25 ____ 25-34 ____ 35-44 ____ 45-59 ____ 60-69 ____ 65 and over ____ Prefer not to give

TRAINING SESSION TITLE: _____ **Date of Session:** _____

Participant Name: (First, Last): _____

Participant Address: _____

Participant City: _____ State: _____ County: _____ Zip: _____

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Position (Administrator/Teacher/Assistant): _____

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Check or Money Order made payable to Child Care Resources Inc., 200-B Regency Executive Park Drive, Suite 240, Charlotte, NC 28217 *Credit Card Payments accepted online only.