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## In case of emergency card template uk

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The card also comes with a red border so it's easy to identify even when tucked inside your wallet. Click here to download the template to enter all your information. Then upload the spreadsheet to your order using the file upload button on the right side of the page. ICEtags Wallet Card Simple and effective Stand out in wallet Information is waterproof and dirt Comfortable – small enough to get into the pocket, big enough to display your vital information Brought with you wherever you carry your wallet Top Selling Top Reviewed See All Best Selling Top Featured Views All Featured Bestsellers See All ICEtags Wallet Cards Response to emergencies has never been faster than now. Constant telecommunications upgrades mean it is easy to ask for help in the event of an emergency. Even so, contacting the victim's next of kin to inform them of an emergency can still be a difficult task if the victim is unable to. ICEtags makes it quick and easy to connect with the selected contact holder in an emergency by displaying their name and contact details clearly. Our ICEtags products feature bold and highly legible logos to make using products easier. The ICEtags wallet card is the standard credit card size, which means that the card will match the standard wallet or card bag. In addition, they are larger than our generic ICEtags and so they can present more information in a very logical layout. The front of the ICEtags wallet card displays the ICEtags logo with the direction of use. The card also comes with a red border so it's easy to identify even when tucked inside your wallet. Click here to download the template to put in all Then upload the spreadsheet to your order using the file upload button on the right side of the page. ICEtags Wallet Card Simple and effective Prominent in wallet Information is waterproof and dirt Comfortable – small enough to get into the pocket, big enough to display your vital information Brought with you wherever you take your wallet For the first post in the preparedness series I want to start with something very easy to do. That is to create an ICE Card (In Case of Emergency Card) for you and your family members. Creating ICE cards is very simple and has the potential to save lives in cases where important information is needed. What is an ICE Card and why does it matter? Ice Card is an Emergency Card In Case. The card should include the relevant information about yourself, including important medical information, and emergency contacts that are important for someone to know if they are assisting you in an emergency. It should be about the size of a credit card and can go in easily in your wallet. Just having them on your phone is not enough by itself and if you also put them on your phone make sure that they are accessible to people who don't have your password (more on this later). ICE cards are usually used by emergency medical responders or can be used by strangers who help you in some kind of medical emergency where you cannot knowingly provide information. In such cases, most people are trained to look at your wallet, and other personal effects to look for important information about you and emergency contacts. It can also be good if you lose your personal effects and good Samaritans want to find you to restore them. I also like to treat ice cards as, I lose my phone or my phone is a dead card. Unfortunately, I am one of those people who hardly has a memorized number anymore, I rely on them stored on my phone. If an emergency occurs where I don't have access to my phone but have the ability to use a pay phone or a stranger's phone, I won't know any number to call. I now keep all my important contacts on my ICE card as well. What should be included on the ICE Card The most important info to include: Your Complete Legal Medical Condition Allergy Medication (May want to include dosage and frequency) Health Care Provider/ Insurance Info 2-3 Primary Emergency Contact Other useful info: Personal information such as sex, eye color, hair color, date of birth, etc. and/or pictures so that people can identify that it is actually you. (This is more important to include on children's cards or people who do not regularly carry a driver's license or other ID cards). Personal phone number (this is very helpful for someone to use to contact you if they find something from you). Blood type organ donor status (Only required include if you want to tell people that you are one) Home address (I don't find this important if you have a driver's license or other form id but it is a good idea to include this on your child's card). Other emergency numbers: Examples include poison control, roadside assistance, locksmiths, non-emergency numbers of local firefighters and police, insurance agent info, veterinarians (especially if you take your pet out with you), important work numbers, and the nearest emergency room number that takes out your insurance. Other important personal contacts (This will be helpful if you lose your phone and have other personal or office contacts that you may want to reach). How to Make ICE Card Ice Card is almost free to create. Sign in to a word publisher app like Microsoft Word or Google Docs and create a new document. Turn the page layout into a landscape. Insert a table with 4 columns and 2 rows to fit the doc size. Edit each section for the info you want on the front and the info you want on the back. See the image above as an example. This document after it is created should create 4 cards total front and back. They will be an estimate of the size of the credit card and fit in your wallet. I've included a short video tutorial below if it helps. After finishing the printed document and cutting each card but leave the front and back connected so you can fold so they are the front and back cards. I prefer this method to an ice card template because you can add more info and customize it to suit your needs. If you still like, you can use the Ice Card Template to visit GetIceCard.com. Enter the information they requested and it will create a PDF document with two copies of the card that you can print and cut each card. You can then write any other important info you want on the card on the back. Make sure whatever method you choose that you choose to double check the card so that all the info and numbers are correct. Next, protect the card by lamenting it, tucking it into the card protector, or covering it in a clear packaging tape in front and back. Whichever method you choose, be sure to reduce the card size again. You may also consider printing cards on thicker paper such as stock cards so they are more durable. Where to place the Minimal ICE Card, it is important to carry your ICE card in all your wallets. Regardless of your wallet, you may want to have a card in your glove box, first aid box, wallet, or other bag that you often carry. Redundancy is key here. If you have children, place the in items they may carry regularly, such as their backpacks. Create an ice sheet for your home If an emergency occurs in the house you want to make sure that you are ready and not scrambling last minute to find the important numbers you need. The best way to do this is to create a sheet that has all the info you need in an emergency situation. Size won't be a problem here because there's no need to get into the wallet. Sample information to include on your home ICE sheet: Like an ICE card it must contain emergency medical info for individual family members such as allergies, Medicines, and it is important to be aware of the medical condition Emergency contact local fire department and local police non-emergency number Poison control the emergency number of the water company if the main water break Electricity / Gas Company emergency number if gas leak or power outage Mobile phone and internet provider info if you can not go online to access them 24 hours emergency plumber and HVAC technician that you have pre-screened in advance for water leakage and other emergency problems. Info on how to turn off utilities if the owner of an emergency, HOA, or environmental supervision info if applicable Next neighbor's number Insurance agent info and policy number Local emergency room and hospital If you have a pet put info on the sheet that lists the important info needed for the pet. Examples of medicines, veterinarians, emergency veterinarian clinic numbers and locations, animal poison control etc. After you make this document, you will want to make sure that in addition to yourself, all family members and everyone who regularly comes to your home (think babysitter, pet caregiver, home caregiver etc.) knows where this info is. A good place to store it hangs on the side of the fridge or in a makeshift binder. ES Digital Info Storage After you create this info make sure the info you create is stored digitally so you can access it on multiple devices. The option for this (consider doing more than one) is send an email to yourself, saving what you created as Google Docs in Google Drive. If you created it using another app, save it on a file sharing service like Dropbox. Another great option is to copy and paste info into a note-taking app like Evernote or Google Keep. In addition to ICE cards, it's still a good idea to make some ICE contacts on your phone. The main thing is that you need to have access to these numbers even when your phone is locked. Some phones make it easier to do than others here are articles on How to Place Emergency Contacts on your Phone Lock Screen. There is also a free ice card app like this. You can also decide you want to put some additional emergency numbers on the phone you want to quickly access. This is the first post in my Preparedness Series. I hope this post inspires you to start making very important documents this week to look after you and your family members Stay safe. The next preparedness post is about How to Prepare Your Car for Winter. To see the entire Preparedness Network click here. - Elizabeth Hemmings Having an ICE card is very important. Share this post with your loved ones Share icons below and help someone get ready if they've ever been in a situation where they need this info. Info.