



CODEX

The Trainer Path Gameworld

Revised by: Anne-Chloe Destremau

15.01.2019

CONTENT

Introduction.	2
What is a codex?	2
Who are the rules of engagement for?	2
How does the Codex evolves?	2
Who is the Trainer Path?	3
What does it take to be on the Trainer Path Team?	3
How to get on the Team? A commitment and real results.	3
List of Trainer Path Walker	5
List of mentors	5
What is the Trainer Path?	7
Radical Responsibility	7
Take the stand for the stand that you take	7
Taking radical responsibility for your own power	7
Taking back your authority	8
Out of your parents bubble: growing up!	8
Out of school: quit school!	8
Out of patriarchy: quit patriarchy!	9
Out of your own culture: go global!	9
Trainer Path and Trainer Torus Codexes	10

Codex Trainer Path Gameworld

Introduction.

❖ What is a codex?

A codex is a compilation of the 'rules of engagement' of how the Trainer Path works.

Contrary to the interpretation of your Box or Gremlin of what a Codex is, the 'rules of engagement' are not rules in the modern culture sense of the terms. The 'rules of engagement' are ever-evolving set of guidelines, principles and distinctions - the best ways we have figured out to make the gameworld works.

The Trainer Path Gameworld is a sub-gameworld of the Possibility Management Gameworld. Possibility Management has its on Codex. The Trainer Path has a different Codex.

The Codex is ever-evolving AND not by the whims of Gremlins and Box need for security or comfort. The rules of engagement serve the bright principles of CLARITY, LOVE, TEAM-WORK, POSSIBILITY, EMPOWERMENT and EVOLUTION.

❖ Who are the rules of engagement for?

The rules of engagement empowers the players of the gameworld as they bring enormous amount of clarity about how the gameworld works and that we have put thought and energy in figuring this out instead of letting our Box comfort determine it for us.

The rules of engagement also empowers the people outside the gameworld, the ones who are interested in playing in the gameworld, and the ones who can support this gameworld in different ways.

❖ How does the Codex evolves?

The *Guardian of the Codex for the Trainer Path* is Anne-Chloe Destremau. She has the power and responsibility to update the Codex with the latest decision taken by the players of the Gameworld. She makes sure that the Codex stays in accordance with the context.

The evolution of the Codex works by making proposal. When you have invented or refined parts or new parts of the Codex, make a clear proposal to one of the gathering of the

Trainer Path (you might need to create that too). The group can create a node of people who are interested to chew on this new section. If you have resistance to the proposal, you are in the node.

Keep your Gremlin on a short leash and your sword of clarity at your side!

Who is the Trainer Path?

(1) The players of the Trainer Path is a team of fresh trainers and facilitators resonating with each other and with the commitment to deliver transformation and thoughtware upgrade using [Possibility Management](#) tools for the benefits of everyone on Earth. This commitment is taking over most of your life.

(2) The Team helps each other succeed, not to success. The player empower each other to deliver their destiny through the professional non-linear job of being a Possibility Management Trainer.

(3) The Team keeps contributing to the Possibility Management Trainer Torus by delivering their destiny to other to become trainer themselves. The best way to learn how to be a Trainer is to teach how to be a Trainer.

The Team creatively collaborates with the "old rabbits" of the Trainer Torus to transform them into elders, or mentors by showing up as the next-generation of Possibility Management Trainers. The next-generation of Possibility Management Trainers makes out of the "old rabbits" the elders and mentors that they want to have on the Trainer Path.

The Team takes responsibility to source the gameworld of Possibility Management.

❖ What does it take to be on the Trainer Path Team?

(4) Can you be on the Team? This is a yes or no question...

In the radically responsible gameworld of Possibility Management, they are only one rule: *what a woman can do and what a woman cannot do*¹ (I heard it applies to men too). The only remaining question is: can you be on the Team? If you can be on the Team, then you are on the Team. If you can't be on the Team, then you are not on the Team.

❖ How to get on the Team? A commitment and real results.

(5) To be on the Trainer Path Team, it takes that you act as an active player of the Trainer Torus Team. What are you doing to make the Trainer Torus happen right now? In what ways are you committed to the Trainer Torus and are creating results.

¹ Watch [Pirates of the Caribbean](#) I, matrix code: MV182, matrix point: 1.

Being on the Team means you act not only for your own benefit, or company but for the benefit of the Possibility Management Trainer Torus itself. If you think you should be paid or rewarded in any other way, you are not on the Team.

(6) You are part of the Trainer Torus Team when you take responsibility for more and more of the following:

- You want to be in the Trainer Torus.
- You can be in the Trainer Torus.
- You have a deep commitment to nurture and develop the Trainer Torus for the benefit of future generations of Trainers and clients.
- You are producing real results to deepen the context of Possibility Management (not only suggesting, complaining or criticizing).
- You are collaboratively supporting the Trainer Torus to deliver thoughtware upgrade from the context of radical responsibility through *Expand The Box*, *Possibility Lab*, *Feelings Workshop*, *Rage Club*, *Feelings Practitioners Lab*, *Evolutionaries Lab*, *Intimacy Journeyer Lab*, and other manifestation of the Possibility Management gameworld.
- You participate in Trainer Torus Togathering for building your matrix to more deeply inhere in the context of radical responsibility; for meeting and bonding with other Trainers; for sharing what you have discovered to support the Trainer Torus with your research and for learning what others have discovered.
- You participate in Possibility Labs to keep doing your personal healing and initiation processes.
- You regularly partner with other Trainers in the Trainer Torus to deliver talks, workshops, special events, ETB and Possibility Labs and to create new projects.
- You are making legend making action on your own behalf in the name of the Trainer Torus.
- You are energetically feeding a growing database of people in your circle, using the SPARKS, articles, distinctions, videos, and offering a list of events.
- You are building a team who love Possibility Management and collaborate with you to grow the context in their local area.
- You are leaving post-cards, flyers, ... marketing your work as part of the Possibility Management Trainer Torus as well as Possibility Management books in bookstores, cafe, centers, schools, city halls wherever you go.
- You are creating a Trainer Torus outfit, dance, or theater piece and you are showing them in talks, workshops, festivals, trainings, ...
- You regularly give talks and workshops providing thoughtware upgrades and open doors to allow more people to enter the Possibility Management gameworld, listing your event on possibilitymanagement.org and your own personal website.
- You have a personal website mentioning your active role in the Trainer Torus and introducing people to the services you offer.
- You are regularly writing article, uploading them on your personal website, Medium and / or Academia.edu

- You are regularly attending conferences, festivals, fairs to make talks, workshops and presentation and synergetic connections in the name of Possibility Management.
- You are collecting notes, ideas, distinctions and starting to write a book to share with people what you are learning from the context of radical responsibility and / or the thoughtware, tools, processes and training of Possibility Management.
- You are making and uploading a stream of videos, animations, computer games, apps to demonstrate Possibility Management for people.
- You run or attend Possibility Team, Study Group, Rage Club, Adventure Feelings group, Playfight session each week.
- You make enough money through Possibility Management single coaching, talks, workshops and training that you can quit your commitment to be a slave of a corporation and you keep your work in alignment with your destiny. Keep sitting in the Possibility Chair about this until it is already happening.

❖ List of Trainer Path Walker and Mentors

(7) This is the current list of the Possibility Management Trainer who are on the Trainer Path Team (i.e: people who have shown interest to come to the first Trainer Path meeting in April 2019) with their email details:

- Andrea Beutler andreas@andreasbeutler.de
- Anne-Chloe Destremau annechloe.destremau@gmail.com
- Corina Stock mail@corina-stock.de
- Eva Zitta evazitta@gmx.de
- Habet Obgamichael habet_o@hotmail.com
- Joana Cruz joanadebritocruz@gmail.com
- Jördis Tiesch jtielsch@gmx.ch
- Laura Kästele Laura@be-the-change.de
- Lisa Kuchenmeister mail@lisa-kuchenmeister.de
- Manouk Fietcher manoukfiechter@yahoo.com
- Mirjam Weber mirjam@be-present.ch
- Sara Parisi sarababe@libero.it
- Selina Fehr selina.fehr@mailbox.org
- Tobias Niewoehner tobias.niewoehner@me.com
- Vera Franco veralfranco@gmail.com

❖ List of mentors

(8) This is the current list of the Possibility Management Trainer who are on the mentors for the next-generation of Possibility Management Trainer (i.e: trainers who have declared themselves has mentors and are being a mentor) with their email details:

- Anette Schuster www.nextculture-us.com
- Anne-Chloe Destremau www.annechloedestremau.org
- Clinton Callahan www.clintoncallahan.org
- Cornelius Butz www.4koerpertraining.de
- Dagmar Thürnagel www.aufbruch-trainings.de
- Georg Pollitt www.harbigarr.ch
- Katharina Kaifler www.4koerpertraining.de
- Klaus Strese www.kopfstand-coaching.de
- Lisa Kuchenmeister www.lebeleichtigkeit.de
- Matteo Tangi www.matteotangi.com
- Michael Hallinger www.aufbruch-trainings.de
- Michael Pörtner www.michaelpoertner.com
- Michaela Kaiser www.moeglichkeitenraum.de
- Nicola Nagel www.viva-essenza.com
- Patrizia Servidio www.lebe-deine-berufung.de
- Selina Fehr www.selinafehr.ch

What is the Trainer Path?

(1) The Trainer Path is a 5 steps program to get out now. Outside of the bubbles of your construct, you have play space to create possibility for yourself and others as a facilitators for authentic adulthood and archetypal initiatory processes.

The Possibility Management Trainer Path ('Trainer Path' for short) is a sub-gameworld of the Possibility Management Trainer Torus gameworld ('Trainer Torus' for short).

The Trainer Path is a professional upgrade program for fresh trainers and facilitators delivering transformational art performances using [Possibility Management](#) tools, thought maps, distinctions and processes to create a better world for everyone.

This program is a bridge, a doorway into the Possibility Management Trainer Torus. Entering the Trainer Path Program is stepping in (with one foot at least) the Trainer Torus.

Radical Responsibility

The home of Possibility Management Trainer is **radical responsibility**. On the Trainer Path, you take radical responsibility. Look around you and notice where you are not taking responsibility and still playing victim (your parents are still giving you money, you are working a job you do not like, you are blaming others for what is not working in your life, you are jealous of other people successes, ...). Start taking responsibility for all those thing.

When you will start taking radical responsibility for your destiny, you will notice that you are the space through which your Bright Principles and your archetypal lineage moves you through space and time. If you are still attached to what your Ego wants, your Box or your Gremlin, your Brights principles and archetypal lineage won't be able to do the work through you.

Take the stand for the stand that you take

Being radically responsibility is being responsible for the level of responsibility that you take. You are the stand for the stand that you take. You do not only take a stand for radical responsibility but you ARE the stand for the stand of being radically responsible. You take responsibility for your underworld and unconscious behaviors too. That means you feel the pain of not feeling the pain for what you are unconscious of.

Taking radical responsibility for your own power

Standing in radical responsibility, you have the ability to create archetypal relationship and archetypal spaces for the benefits of all Beings everywhere. Those archetypal spaces allows your Bright principles to work for other people.

Taking back your authority

In the context of radical responsibility, there is no one to ask permission from to do anything. No one can tell you what you can or cannot do - except maybe the Universe and then still it's up to you to accept the offer or not. Stop waiting around for someone to give you permission to live your destiny.

When you think the status quo nails you to the floor and that what you want to try is obviously not permitted, when no one else sees the importance or value of what inspires you, when the general opinion is that it is too risky, when everyone else is too busy or too distracted or too exhausted to step beyond their self-imposed limitations to help you make it happen, go ahead and do it anyway. If it does not work, you won't lose any friends. But... if it does work, it will be legend making!

Out of your parents bubble: growing up!

The indicators for still being in your parent's bubble are things like projecting on authority figures, giving your center away, not showing up, playing small and blaming your upbringing and your parents for this, not having a good relationship with your parents, ... The ultimate test to know if you are out of your parent's bubble is if you can visit them and not be hooked.

As a trainer, you will always find somebody to project on. And when a participant is projecting their own parents on you, you think it is real. It validates your own projection when someone projects onto you.

There is a procedure to get out of your parent's bubble. It requires completing incomplete communications, healing childhood traumas, and finding one thing that you can admire about your parents.

Out of school: quit school!

Modern culture school teaches us that making mistakes is bad. Because if we make a mistake we might learn something that they don't know. You will not be able to deliver something valuable for another human being if you are stuck in school culture because you can not try something, you can not do something that has never been done before, you are not allowed to make mistake, look ridiculous, or look fabulous. Your 5 bodies are not free to move in any direction from any space to any other space. It is totally necessary that you regain freedom as a Trainer whether you hold possibility team, workshops, rage club, feelings day or ETB and Possibility Labs... and also to be alive as a *human being*.

Out of patriarchy: quit patriarchy!

Patriarchy is not limited to men. Patriarchy is not only the control of women by men. And it is not limited to a slave system that enslave both men and women in a sick game that benefits only 1% of the psychopaths on planet Earth.

Patriarchy is an non-sustainable culture that has been deeply integrated in our foundational structure for thousands of years. The memes of patriarchy has been coming down one generation to another for 6000 years. Getting out of patriarchy requires that day-by-day, moment-to-moment attention. Put your attention on your attention and notice your intention, your purpose, which part of you is making decision, and which part of you is observing the decision-making process.

The memes of patriarchy are various, numerous, subtle and destructive. They are integrated in your Box and Gremlin as a survival strategies.

As a Trainer and shift agent to next culture of Archearchy, you are the bridge to a culture based on the values on **Love, Responsibility, Consciousness, Kindness, Communication, Initiation, Empowerment, Change, Transformation, Evolution, Humbleness, Clarity, Creative Collaboration, Care**, and much more.

You serve the value of the culture you play in. If you are still unconsciously in patriarchy, you are serving the values of a that game in both your training spaces and your personal spaces. Which game do you want to play in?

Out of your own culture: go global!

A culture has its own taboos, hidden assumptions, superstitions, prejudices, ... A culture has a specific way of manifesting patriarchy in its relationship to money, food, parents, children, women, and so on... The culture has a deep control over what a person can think and feel, over a person's expectations and assumptions.

If you are still identified with your own birth culture then you are not free to liberate the potential of people in that culture or another culture in ways that they become bigger then the culture allows.

Ideally, a trainer would live in and appreciate several different cultures to realize cultural relativity at its source. Cultural relativity is the capacity to distinguish between what is cultural and what is real.

Trainer Path and Trainer Torus Codexes

The Trainer Path is one of the gameworld of Possibility Management. The Trainer Path gameworld is also strongly connected with the gameworld of the Trainer Torus, as when you enter the Trainer Path Team you are on the Trainer Torus Team at least with one foot.

The Trainer Path is the bridge and doorway into the Trainer Torus.

Questions like the following are answered in the Trainer Torus Codex, please refers to it when you need it.

- What Is The Possibility Management Trainer Guild?
- Who Belongs In Trainer Guild?
- Who Is In Trainer Guild Trainer Circle?
- How Does Someone Leave Trainer Guild?
- What are Trainer-Skills Labs?
- Who Should Attend Trainer-Skills Labs?
- Who Should Deliver Trainer-Skills Labs?
- What Are Trainer Research Labs?
- Who Should Come To Trainer Research Labs?
- How are new trainers invited to the Trainer Research Lab?
- Who Should Start Giving Expand The Box Trainings?
- What Is Your “Practice” Expand The Box?
- What Is Initiation?
- Who Should Start Delivering Possibility Labs?
- What About Copyrights And License Fees?
- What Are Age Policies For Trainings?
- What Are Trainer Guild Pricing Policies?
- How Does Someone Become A Certified Possibility Trainer?
- When Do You Get a Trainer Profile on the PM Website?