

CYMBROGI COMPANIONS PROGRAMME 'WHAT MATTERS?'

'Sustainable learning for a sustainable world.'



'We exist in a time of unprecedented change. Of great challenges and opportunities. Now, more than ever, is the time to seize control of our collective journey, to direct it, shape it and strive for a better, more sustainable world.'

Liza Lort-Philips, Co-founder, Cymbrogi Futures



Our Offer: Cymbrogi Futures invites you to join us on an experiential learning journey. Our **Cymbrogi Champions**, a team of leading practitioners and educators in sustainability, curriculum design, creativity, well-being, collaborative and outdoor learning have come together to design for you a unique range of online and onsite experiences centred around our **Cymbrogi Core Four**:

1. **Creativity & the Curriculum;**
2. **Towards Sustainable and Circular Futures;**
3. **Owning your Well-being; and**
4. **Learning to Collaborate, Collaborating to Learn.**

An engagement with the Cymbrogi Core Four provides you with the opportunity to explore, from theory through to applied practice, a range of **'future-proof' skills** including **Creativity, Collaboration, Communication and Criticality** and content firmly orientated towards the future. You'll do this through both online learning modules and onsite practice, in one of the most inspirational natural sites in the country - Lawrenny, Pembrokeshire. Taking the journey further you will also have the opportunity to undertake a supported research-focused **Action-Impact Project** designed to apply your new understanding and skills to make a difference within your community.



Unlike traditional models of training we offer you a tailor-made journey, enabling you to shape the direction, the nature and the scope of travel. You may wish to engage with just the Understand phase of the journey, or engage with all four phases; **Understand - Explore - Materialise - Reflect**. You may opt to focus on one strand of the Core Four or explore all four. To undertake the online components or complete the full online and onsite Cymbrogi Companions Programme. The choice is yours. Either way, you will be supported by us throughout as a valued member of our **Cymbrogi Companions Network**.

The Cymbrogi Companions Learning Journey

Phase 1 Understand: Access our online Core Modules and their associated elective micro-modules through our dedicated learning platform. Each Module, designed to be completed in between 90 and 180 minutes, will facilitate an exploration of the theory and practice of a **Core** area. A Module is released **each month**, alongside associated challenges, with completion earning you Cymbrogi Micro-Credits, enabling access to Phase 2. Membership includes access to the Cymbrogi Companions Network providing peer support and a place to develop understanding collaboratively.

Phase 2 Explore: A 2-day 'Early Spring' programme of experiential, hands-on and collaborative activities at our Lawrenny site (*a Covid-Safe learning environment*). You will explore further the **Core Four** with our lead practitioners, develop 'future-proof' skills and access unique experiences ranging from coastal foraging to well-being practice, storytelling, creativity and curriculum design workshops.

Phase 3 Materialise: As part of the second day of the onsite programme you will learn to apply Design Thinking in the development of your **Action-Impact Project**. You will then take this project back into your communities to implement. Across this phase (Spring-Summer) you will be supported by the Cymbrogi team and fellow Companions.

Phase 4 Reflect: We invite you to reflect upon and share your learning journey with others; your peers, school and the Cymbrogi community. This forms part of your 'graduation' from the first year of the programme and invitation to present at our annual Cymbrogi Futures Festival of Learning; a 2 day festival held in early July 2021.



The Cymbrogi Companions Programme & the Curriculum for Wales

Our Programme has been aligned with the **Four Purposes** of the new Curriculum for Wales, offering access to resources which **support the design and delivery of the Curriculum for Wales**. We believe that the implementation of the new Curriculum provides an opportunity for educators and leaders - in Wales and beyond - to **direct content and practice towards enabling learners to shape a more sustainable future**, in short, *'Sustainable learning for a sustainable future.'*

