Region 6 Child Care Resource & Referral Training Catalog is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.

REGISTER NOW FOR TRAINING SESSIONS!

1. Review the training sessions for topics, dates, times, locations, and credits.
2. Review the registration instructions for the county in which your session is offered.
3. Register online at childcareresourcesinc.org, or complete the registration form.

REMININDERS FOR ALL TRAINING SESSIONS

• Pre-registration is required, and enrollment is limited.
• Registrations made within two weeks prior to a session date cannot be guaranteed.
• Copy a completed registration form for your own records.
• Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals will not be permitted to enter.
FREE TRAINING EVENTS

To support child care programs and practitioners seeking virtual training to maintain licensing compliance and for their continued professional development during the COVID-19 crisis, CCRI will offer **online two-hour training events in April and May at no charge.**

Please note: This includes all in-person training events that have been converted to online courses due to COVID-19.

REGISTRATION INFORMATION FOR ALL SESSIONS

CABARRUS, MECKLENBURG, & UNION

Payment: Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

How to Register

Online: Visit childcareresourcesinc.org to view, register, and pay for sessions.

By mail or in person: Send or bring registration form with payment to:
Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110
By Phone: (704) 376-6697

ROWAN

Payment: Cash, check, or money order (payable to Smart Start Rowan).

How to Register

By mail or in person: Send or bring registration form with payment to:
Child Care Connections/Smart Start Rowan, 1329 Jake Alexander Blvd. S., Salisbury, NC 28146
By phone: (704) 630-9085

STANLY

Payment: Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

How to Register

Online: Download Stanly County’s registration form at stanlypartnership.org

By mail or in person: Send or bring registration form with payment to:
Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001
By phone: Call (704) 982-203
ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

A+ SUPERVISION
Did you know that with appropriate supervision, most accident and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

ACTIVE READING WITH PRESCHOOLERS
Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. “Active Reading” (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by Child Care Resources Inc., you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach “rare words”, and how to connect books to your children’s lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child’s world.
Offered at a temporary discount of $15
0.5 CEUs | Coming soon! Active Reading for Infants and Toddlers

BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM
Today’s families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

BREAST MILK: THE PERFECT BABY FOOD
With recent updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the walls of the child care facility.

BULLYING: TODAY’S MEAN SCENE
This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

CONVERSATION: THE COMMON THREAD IN OUR WORK
This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

DEALING WITH SEPARATION ANXIETY
Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET’s reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

EXPLORE! DISCOVER! INVESTIGATE!
Science in early care and education is focused on children’s natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

FATHERS AND FATHER FIGURES
Parents are children’s first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children’s social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

ARE YOUR CHILDREN IN TIMES SQUARE?
This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children’s spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

Technology Requirements for Online Sessions
- An individual email address (unless otherwise stated)
- Computer/electronic device with internet connection and the ability to watch and listen to video online
- Keyboard/mouse or mousepad
- Speakers to hear audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

Note: Online sessions are 2 credit hours and are FREE during April and May unless otherwise noted. June sessions are $15.

You will be contacted within 3 business days with instructions and login information pertaining to your online training.
GRANTING CHILDREN THEIR EMOTIONS
This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

POTTY TIME: WHEN IS THE RIGHT TIME?
In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process.

PRIMARY CAREGIVING
The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

PROFESSIONALISM: THE SECRET OF SUCCESS
This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT
Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

WHO'S IN CHARGE HERE?
EFFECTIVE LEADERSHIP
Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.
*For administrators and those in leadership positions only.

ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!
If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R
Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment. These courses are mobile optimized, so feel free to take out your phone or tablet and move around your building or classroom as you learn.
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<td>Building Resilience in Young Children</td>
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## SCHEDULED SESSIONS

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<td>North Carolina Foundations for Early Learning &amp; Development</td>
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**LEVELS:** Wondering if a session is right for you? Each description (starting on Page 6) indicates the level of knowledge participants can expect to gain from a training.

- **Entry** – Offers basic background information
- **Beginner** – Explores practical application
- **Intermediate** – Expands existing knowledge
- **Advanced** – Provides specific, in-depth knowledge relevant to field of concentration or interest area
ADMINISTRATION

EMERGENCY PREPAREDNESS
Emergency preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible to grow and thrive. This curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. *This course is reserved for administrators only.

Tue., June 16 | 6:30-8 pm | Mecklenburg
$15 | 1.5 credit hours | Level: Intermediate

THE BUSINESS SIDE OF FAMILY CHILD CARE
Operating a family child care center is more than just keeping children safe; it also has a business side that educators need to be aware of. In this two-hour professional learning lesson, educators will learn the business basics of operating a child care business. The following items will be included in the session: Business Name (DBA /Doing Business As) Certificate, EIN tax identification number, business bank account, professional membership, accreditations, pros and cons of being self-employed, benefits of working from home, benefits of making limited income (??), and benefits of obtaining a higher formal education.

Mon., April 20 | 6:30-8:30 pm | Rowan
No Fee | 2 credit hours | Level: Beginner

KEEPING UP WITH PAPERWORK IN CHILD CARE FACILITIES
Erin Rickard, Rowan County's Child Care Consultant, will give providers tips and tricks for keeping important files in order. With her prior director experience, she will be able to provide insight on how to organize and plan to keep up with the ongoing tasks of organizing files, keeping up with requirements, and having your paperwork on point! *This course is reserved for administrators only.

Thu., May 14 | 6:30-8:30 pm | Rowan
No Fee | 2 credit hours | Level: Intermediate

SOLUTIONS TO THE DILEMMA: REDUCING SUSPENSION & EXPULSION IN ECE PROGRAMS
Suspension and expulsion from child care can have long-lasting effects on both children and families. It is the intent of the NC DCDEE to severely limit the use of these exclusionary practices in early childhood education programs. This informational meeting will acquaint facility administrators/owners with NC’s new Suspension/Expulsion Policy and explore the importance of promoting healthy social-emotional development in preventing the challenging behaviors, which often lead to suspension/expulsion. Also included are effective program policies and procedures that support the shift from exclusion to retention. *This course is reserved for administrators only.

Thu., May 28 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Intermediate

CULTURAL COMPETENCE
This course is designed to provide information on the way culture affects development. Participants will be challenged to look at their own personal views while they learn various cultural views and how those views affect family-child interactions.

Wed., April 15 | 6:30-8:30 pm | Rowan
No Fee | 2 credit hours | Level: Beginner

NORTH CAROLINA FOUNDATIONS OF EARLY LEARNING AND DEVELOPMENT
This five-hour session will provide participants with introduction to Foundations, North Carolina’s new Early Learning and Development Standards, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to use the standards in supporting children in their learning and development by embedding the standards in daily classrooms planning and practice.

Tue., June 9 & Tue., June 23 | 6-8:30 pm
*Participants must attend both sessions
Union | $25 | 5 credit hours | 0.5 CEUs
Level: Beginner

CHILD DEVELOPMENT

ADULT-CHILD INTERACTIONS IN EARLY CARE ENVIRONMENTS
In many respects, roles of early care providers are geared toward observing young children, responding to children’s needs and interests, and helping children to get along with others. Also included are providers’ responsibilities to enhance children’s development, learning, and skills to function in group care. In this session, we will explore how all of this is impacted by adult and child interactions. We will discuss positive, negative, and neutral adult and child interactions and the kind of adult support needed and appropriate for children in an early care environment.

Thu., May 14 | 9-11 am | Cabarrus
NC Cooperative Extension, Cabarrus Co Center, 715 Cabarrus Ave. West, Concord NC
No Fee | 2 credit hours | Level: Beginner

CURRICULUM

CREATING LESSON PLANS: WHY IS IT SO HARD?
A suitable lesson plan is essential for intentional learning. Children thrive when teachers structure classroom activities with the developmental level of each child in mind. This session will demonstrate how to create effective lesson plans and accompanying activities that take into account the individual needs of children.

Thursday, May 14 | 9-11 am | Cabarrus
NC Cooperative Extension, Cabarrus Co Center, 715 Cabarrus Ave. West, Concord NC
No Fee | 2 credit hours | Level: Beginner
CREATIVE MOVEMENT
Creative Movement combines music and movement while working on gross motor skills, encouraging imagination, and creating positive energy. “Miss Kim” will share her skits, songs, and presentations in an energy-filled way that brings laughter and tears. Participants will understand the meaning and importance of vestibular, proprioception, and crossing the midline. Learn how to use various props that enhance the creative movement experience for preschoolers. Miss Kim will share unique creative movement holiday ideas that create fun parent showcases. She will end her presentation demonstrating children’s YOGA practice through storytelling. Participants will have lots of ideas to take back and immediately implement into their daily routine!

Thu., May 7 | 6:30-8:30 pm | Rowan
No Fee | 2 credit hours | Level: Beginner

RAINY DAY FUN
Can’t take the children outside? Have fun inside! This training will give ideas for indoor activities, along with resources and handouts to take back to your program and use right away.

Mon., May 18 | 6:45-8:45 pm | Union
No Fee | 2 credit hours | Level: Beginner

STEM – AKA: STEAM
Are you familiar with the expression STEM? Are you curious as to what that means in an early childhood education classroom? STEM stands for: Science, Technology, Engineering and Math. This concept has been expanded to include the Arts, so the new acronym is STEAM!

Thu., May 7 | 6:30-8:30 pm | Union
Wed., May 20 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Beginner

THE IMPORTANCE OF OUTDOOR PLAY
Attendees will learn, review and understand the NC Child Care regulations that pertain to the outdoor learning environment. Participants will engage in learning activities they can implement with children in their care. In addition, they will learn how to make accommodations to activities to meet the development of each individual child; including those that have developmental delays.

Mon., June 22 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Beginner

CREATIVE MOVEMENT FOR THE MIND & BODY FOR EVERYONE: ADAPTIVE AND INTEGRATIVE MOVEMENT
Creative Movement combines music and movement while working on gross motor skills, encouraging imagination, and creating positive energy. “Miss Kim” will share her skits, songs, and presentations in an energy-filled way that brings laughter and tears. Miss Kim will share adaptions for the differently abled students. She strives to give all children the opportunity to express themselves artistically. Her mission is to nourish a uniquely abled child’s cognitive, physical, and emotional needs while providing social opportunities. Participants will understand the meaning and importance of vestibular, proprioception, and crossing the midline. Learn how to use various props that enhance the creative movement experience for preschoolers. Miss Kim will share unique creative movement holiday ideas that create fun parent showcases. She will end her presentation demonstrating children’s YOGA practice through storytelling. Participants will have lots of ideas to take back and immediately implement into their daily routine!

Thu., June 4 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Beginner

FOUNDATIONS: A NC APPROACH TO TEACHING
Brainstorm promising practices to embedding Foundations in teacher education, training and support services, and ECE classroom instruction across the state and inform and include strategies to support integrating Foundations into practice.

Tue., April 7 & Thu., April 9 *participants must attend both sessions to receive credit
6:30-8:30 pm | Rowan
$25 | 4 credit hours | Level: Intermediate

HEALTH, SAFETY & NUTRITION
A+ SUPERVISION
In this session, participants will learn to recognize common situations that pose risks to children and proactive measures to ensure safety in child care programs through appropriate supervision practices.

Thu., May 7 | 1-3 pm | Mecklenburg
No Fee | 2 credit hours | Level: Entry

CPR/FIRST AID, ABOVE AND BEYOND
This training will go above and beyond regular CPR and First Aid. It is child-oriented, along with adult CPR. Participants will learn how to use a defibrillator and other lifesaving props. Participants will receive a Pediatric CPR and First Aid book along with handouts specific to their needs. After completing this session, participants should be able to demonstrate CPR and First Aid techniques for infants and adults.

Sat., April 18 | CANCELED | Rowan
Sat., May 16 | 8:30 am - 1:30 pm | Rowan
*CPR 8:30 am - noon; F/A noon - 1:30 pm
Sat., June 13 | 8:30 am - 1:30 pm | Rowan
*CPR 8:30 am - noon; F/A noon - 1:30 pm
$60 | 5 credit hours | Level: Beginner
*Fee: CPR only $50/FA only $30/ Both $60
*Checks MUST be written out to the trainer: Tracy Webb-Goodman

CPR/FIRST AID CERTIFICATION
Cardiopulmonary resuscitation (CPR) certification is required for every family child care provider and recommended for most child care center staff. After completing this session, participants should be able to demonstrate age-appropriate CPR and first aid techniques for infants, children, and adults.

Sat., April 4 | CANCELED | Mecklenburg
Sat., May 2 | 8:30 am-4:30 pm | Mecklenburg
Sat., June 6 | 8:30 am-4:30 pm | Mecklenburg
$60 | 7 credit hours | Level: Entry
PLAYGROUND SAFETY
Do you know what makes a playground safe? This session is designed to promote safe play areas for children in child care. Participants will learn about potential hazards on the playground and gain hands-on experience by completing a playground safety check.

Sat., April 25 | 9 am-1 pm | Rowan
Fri., May 15 | Noon-4 pm | Union
Thu., June 11 | 9 am-1 pm | Mecklenburg

$25 | 4 credit hours | Level: Entry

PREPARING STAFF FOR EMERGENCIES
Every child deserves to be cared for by teaching staff who are aware of and practice emergency preparedness. This session will cover the basics of what teachers need to know in the event of an emergency including how to plan for natural disasters or man-made events.

Thu., April 23 | 9:30-11:30 am | Mecklenburg
No Fee | 2 credit hours | Level: Entry

GETTING STARTED IMPROVING QUALITY WITH THE ITERS-R
Would you like to gain a better understanding of the Infant Toddler Environment Rating Scale? More importantly, discover how to use the ITERS-R as a self-assessment tool to maintain quality long after the assessment is over. This two-hour training provides an overview of the ITERS-R. This training will explain the organization of the seven subscales used to evaluate programs, as well as the scoring system and what programs can expect before, during, and after an assessment. Participants are encouraged to bring a copy of the spiral bound Infant Toddler Environment Rating Scale- Revised edition.

Tuesday, May 12 | 6:30-8:30 pm | Cabarrus
Kings Keep Learning Center 7526 Ruben Linker Road NW, Concord, NC 28027
No Fee | 2 credit hours | Level: Intermediate

INFANT/TODDLER
CREATING OUTDOOR LEARNING ENVIRONMENTS FOR INFANTS AND TODDLERS: IT’S NOT CALLED A "PLAYGROUND" ANYMORE
“Going outside” is not just about what’s out there, but what you do when you’re out there. It is in the news all the time: America’s children are not getting enough exercise. Michelle Obama has taken on this cause because it has become a serious issue for our children today. This training will help participants understand the benefits of taking children outside daily and provide suggestions on how to create spaces for infants and toddlers that support all areas of learning and introduce them to the natural environment. Finally, participants will be given ideas on what activities can be included in their outdoor spaces. This training provides information that supports ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities and Interactions.

Tuesday, April 7 | 6:30-8:30 pm | Stanly
No Fee | 2 credit hours | Level: Intermediate

INFANT/TODDLER ZONE: PLANNING FOR PROTECTION
Caring for infants and toddlers can be extremely rewarding but also pretty challenging. These very young children are dependent on their caregivers to meet their individual needs that support early learning and development while at the same time being responsible for their health and safety. During this session of the Infant Toddler Safety Series, you will learn the key elements of planning for protection, including keeping records and communicating with families and other staff. There will be conversations about the importance of daily active physical play and other types of age-appropriate materials to provide to allow for safe exploration in a secure environment. This training supports the ITERS-R subscales: Space and Furnishings, Personal Care Routines, Activities, and Program Structure.

Thu., June 18 | 6:30-8:30 pm | Mecklenburg
$15 | 2 credit hours | Level: Entry

ITS-SIDS
This required training explains all the parts of North Carolina’s SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other “Best Practice” recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to do an unresponsive infant drill and the reason for doing them regularly.

Sat., April 4 | CANCELED | Mecklenburg
Thu., April 23 | CANCELED | Mecklenburg
Mon., April 27 | CANCELED | Union
Mon., May 11 | 6:30-8:30 pm | Mecklenburg
Tue., May 12 | 3-5 pm | Union
Thu., May 21 | 6:30-8:30 pm | Rowan
Sat., May 23 | 9-11 am | Mecklenburg
Sat., June 6 | 9-11 am | Mecklenburg
Wed., June 10 | 6:30-8:30 pm | Union
Tue., June 23 | 6:30-8:30 pm | Mecklenburg
Thu., June 25 | 6:30-8:30 pm | Rowan
$15 | 2 credit hours | Level: Beginner
LANGUAGE DEVELOPMENT AND COMMUNICATION IN INFANTS AND TODDLERS: WHAT ARE THEY TALKING ABOUT?
It starts with crying, cooing, and babbling, and then you finally hear it, their first words! Sharing those language milestone moments can be some of our best experiences as infant and toddler teachers. During this workshop, you will learn more about the development of language and communication for children birth to 3; the research that links relationships to language learning in the first three years; and strategies to support development in this domain for all infants and toddlers, including dual language learners. In addition, participants will have a chance to discuss and share their ideas about the importance of talking to, singing with, and reading to infants and toddlers to foster a lifetime love of language and learning. This training provides information that supports the ITERS-R subcales: Personal Care Routines, Listening, Talking and Interactions.

Thu., April 16 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Beginner

PRESCHOOL
THE INTEGRATION OF TECHNOLOGY IN THE CLASSROOM
With the explosion of technology in the world, dependence on such has grown to enormous proportions. It seems that technology today does what the invention of plastic ((Can we use a different comparison? When I think of life-changing inventions, I don’t think of plastic.)) did for the world in yesteryears: It makes life easier in a multitude of ways! In this session, participants can learn how to make use of many high-tech tools and utilize developmentally appropriate discretion when choosing those tools. Although computers, video games, and Smart Boards are in the spotlight, technology is not limited to these alone. There are numerous tools and activities that can be used for and done with children, and as adults and providers, we must weigh the pros and cons of usage. Attend and learn about even the simplest way in which you can become very savvy in a high-tech society.

Thu., May 14 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Beginner

UNDERSTANDING THE ITERS-R
This session provides an introduction to the Infant Toddler Environment Rating Scale, Revised (ITERS-R), what ITERS-R assessors are looking for, and how the ITERS-R can be used as a guide to help improve the quality and effectiveness of a program. Participants will receive guidance on how the 7-point scoring system works, learn about definitions and key terms used in the ITERS-R, and learn strategies and methods for improving the quality of care in every aspect of the learning environment to include promoting early literacy and reasoning skills; maintaining developmentally appropriate play spaces; ensuring high-quality supervision, discipline and guidance; and providing dynamic staff-child interactions.

Thu., May 14 | Noon-2 pm | Cabarrus
NC Cooperative Extension, Cabarrus Co. Center, 715 Cabarrus Ave. West. Concord NC
No Fee | 2 credit hours | Level: Beginner

UNDERSTANDING THE ECERS-R
This session provides an introduction to the Early Childhood Environment Rating Scale, Revised (ECERS-R), what ECERS-R assessors are looking for, and how the ECERS-R can be used as a guide to help improve the quality and effectiveness of a program. Participants will receive guidance on how the 7-point scoring system works, learn about definitions and key terms used in the ECERS-R, and learn strategies and methods for improving the quality of care in every aspect of the learning environment to include promoting early literacy and reasoning skills; maintaining developmentally appropriate play spaces; ensuring high-quality supervision, discipline and guidance; and providing dynamic staff-child interactions.

Wed., April 8 | 9-11 am | Cabarrus
NC Cooperative Extension, Cabarrus Co. Center, 715 Cabarrus Ave. West. Concord NC
No Fee | 2 credit hours | Level: Beginner

ALL ABOUT MATH
Shapes, sorting, counting, graphing, it’s all math. The question you might be asking is “How am I supposed to teach preschoolers these concepts without old fashioned worksheets?” This workshop will show you how! Join us in exploring the exciting world of math.

Thu., April 16 | 6:30-8:30 pm | Union
No Fee | 2 credit hours

PROFESSIONALISM
HOW TO THRIVE DURING CHALLENGING CONVERSATIONS
I’m speaking, are you listening? We all want to be heard. It’s gratifying, empowering, and makes us feel valued. And in a difference of opinion, we want our side to be represented. We want others to get who we are and to hear our point of view, even if they don’t agree with us. Come join us to role play, listen, and learn tips and strategies for effective communication.

Thu., May 21 | 6:30-8:30 pm | Mecklenburg
No Fee | 2 credit hours | Level: Intermediate

SUPPORTING RELATIONSHIPS WITH FAMILIES/STAFF FAMILY CONFERENCES
This session will explore the relationship between families and early care and education staff. This session is designed to help staff identify the challenges of working with families and develop possible strategies for handling these challenges. Family conferences will also be explored, with an emphasis on developing a reciprocal relationship with families.

Tue., April 7 | CANCELED
Thu., April 23 | 6:30-8:30 pm | Union
No Fee | 2 credit hours | Level: Beginner

SCHOOL-AGE
BSAC (BASIC SCHOOL AGE CARE)
The state of North Carolina mandates BSAC training for all school-age professionals who work in or operate a licensed child care program. The modules in BSAC cover the elements of quality care, child development, positive guidance, age-appropriate activities, environmental design, health/safety, and NC Child Regulations.

Thu., May 21 | 9 am-3 pm | Mecklenburg
Thu., June 4 | 9 am-3 pm | Cabarrus
NC Cooperative Extension, Cabarrus Co. Center, 715 Cabarrus Ave. West. Concord NC
$25 | 5 credit hours | 0.5 CEUs | Level: Entry
LEARN PLANNING FOR SCHOOL AGE PROGRAMS
During this class, we will brainstorm together to create an engaging full-day lesson plan for your afterschool group that meets the state requirements for each activity area. We will also discuss alternatives to screen time and the importance of active outdoor play during the school-age years. You will leave the training having completed a lesson plan you can use during your summer camp program and have the knowledge necessary to create your own lesson plan independently.
**Thursday, May 28 | 6:30-8:30 pm | Rowan No Fee | 5 credit hours | Level: Beginner**

SOCIAL & EMOTIONAL DEVELOPMENT

BEHAVIOR INTERVENTION STRATEGIES: YOU WANT ME TO TRY WHAT?
Teachers who care for children with behavioral difficulties often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.
**Tue., May 12 | 6:30-8:30 pm | Mecklenburg No Fee | 2 credit hours | Level: Beginner**

BRAIN ARCHITECTURE

How can you support a child who exhibits challenging behavior? You strengthen their brain architecture. A weak brain architecture makes it difficult for a child to learn or master new skills – problem-solving, self-regulation, empathy, etc. – that will allow them to be successful in our society. Every day you have opportunity to build and add to a child’s brain architecture. In this training, participants will explore practices that will strengthen brain architecture and consider how these practices can prevent or eliminate a child’s use of challenging behavior to express themselves. (Participants must attend both sessions.)
**Tue., May 12 & Tue., May 19 | 6:30-9 pm | Stanly | $25 | 5 credit hours | 0.5 CEUs**
**Level: Beginner**

BUILDING RESILIENCE IN YOUNG CHILDREN
This professional development opportunity helps educators understand the concept of resilience and the social-emotional characteristics that lead to life success. It includes specific guidance on the nurturing of early brain development, particularly the integration of the emotional and thinking centers of the brain. The objectives of this training address the following: 1.) Definition of resilience and how it develops, 2.) how early caregiving relationships are central to resilience, and 3.) specific caregiver behaviors and interactions that build resilience-promoting relationships.
**Mon., May 11 | 6:30-8:30 pm | Rowan No Fee | 2 credit hours | Level: Beginner**

TEACHING STRATEGIES FOR ADDRESSING AND PREVENTING CHALLENGING BEHAVIOR IN PRESCHOOL CLASSROOMS
*Pre-requisites: The Power of Positive Relationships and The Environment As A Second Teacher.*
Ever wonder what’s the most important thing we should be teaching in preschool? While teaching shapes, colors, 1:1 counting skills, and alphabet and numeral recognition/formation is at the top of most teachers’ lists, research shows that teaching children social-emotional should be the focus of every curriculum plan. Instead of telling children what not to do, let’s take time to teach children what to do! This session will identify tools and techniques teachers can use every day in their classrooms to strengthen preschoolers’ social-emotional competencies resulting in increased kindergarten readiness.
**Mon., June 8 & Tue., June 9**
*participants must attend both sessions
**6:30-9 pm | Mecklenburg | $20 | 5 credit hours | 0.5 CEUs**
**Level: Beginner**

TAMING THE WILD
Why do children behave the way they do? Is acting out just a ploy for attention, or is there a real underlying issue to address? Knowing the difference will bring calm and harmony to your learning environment and a better understanding of young children’s choices of behaviors.
**Tue., June 16 & Thu., June 18**
*participants must attend both sessions
**6:30-8:30 pm | Rowan | $25 | 4 credit hours | Level: Beginner**

THE ENVIRONMENT AS A SECOND TEACHER IN PRESCHOOL CLASSROOMS
Is your classroom ready for an extreme makeover? The environment impacts behavior, and you control the environment – come learn how to make that environment work for you in taming challenging behaviors. Teachers will have the opportunity to assess their own classroom environment and create a guided action plan for design and implementation of a supportive environment in their teaching practice.
**Tue., April 7 & Wed., April 8 | CANCELED**
**Mecklenburg | $25 | 5 credit hours | 0.5 CEUs**
**Level: Beginner**

WHAT’S IN YOUR TEACHING TOOLKIT?
Everyone needs practical strategies and materials to help with challenging behavior in young children (especially those that research has shown to be highly effective). This training walks participants through The Teaching Tools for Young Children with Challenging Behavior resource (known as TTYC). This tool is packed with strategies based on Positive Behavior Support and the Pyramid Model that are collected in one resource and easily accessible through a free website. Participants will see tools for prevention of challenging behavior as well as tips, forms, guides, and practical resources that promote problem-solving skills, friendship development, and social skill instruction, all of which are critical to the core development of school readiness.
**Wed., May 27 | 6:30-8:30 pm | Cabarrus**
**McGill Baptist Church, 5300 Poplar Rent Road Concord, NC | No Fee**
**Thu., June 11 | 6:30-8:30 pm | Union**
**$15 | 2 credit hours | Level: Entry**
REGISTRATION FORM
*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name:_______________________________________________________________
Organization Address:____________________________________________________________________
City:____________________  State:____________  County:________________ Zip Code:____________
Organization Phone Number: ___________________  Fax Number: ___________________
Email Address:_______________________________________________________________________________
Type of Program (circle one): Child Care Center  /  Family Child Care Home  /  Other _________________

Please list the title and date of the training session selection(s). In order to register multiple participants, you
must include their last name. Please make copies as needed to register additional participants or sessions.

TRAINING SESSION TITLE:__________________________________________ Date of Session:_____________
Participant Name: (First, Last):______________________________________________________________
Participant Address:______________________________________________________________________
Participant City:________________________ State:____________ County:____________ Zip:___________
Participant Phone:_______________________________ Email:____________________________________
Position (Administrator/Teacher/Assistant):_________________________________________________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one) M / F
_____# of children in care (0-3yrs)  _____# of children in care (3-5yrs)  _____# of children in care (5-12yrs)
Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

TRAINING SESSION TITLE:__________________________________________ Date of Session:_____________
Participant Name: (First, Last):______________________________________________________________
Participant Address:______________________________________________________________________
Participant City:________________________ State:____________ County:____________ Zip:___________
Participant Phone:_______________________________ Email:____________________________________
Position (Administrator/Teacher/Assistant):_________________________________________________
Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give
Gender (circle one) M / F
_____# of children in care (0-3yrs)  _____# of children in care (3-5yrs)  _____# of children in care (5-12yrs)
Participant Age: ___15-19 years   ___20-25   ___25-34   ___35-44   ___45-59   ___60-69   ___65 and over   ___Prefer not to give

Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209
*Credit Card Payments accepted online only.