**­­­SUNIYA S. LUTHAR, Ph.D.**

Websites**:** [SuniyaLuthar.org](http://www.SuniyaLuthar.org), [AuthConn.com](http://www.authconn.com/), [AuthenticConnectionsGroups.org](http://www.authenticconnectionsgroups.org)

Email: [SLuthar@AuthConn.com](mailto:SLuthar@AuthConn.com)

## EDUCATION

##### 1990 Ph.D. (Distinction) - Developmental/Clinical Psychology, Yale University, New Haven

1980 M.S. Child Development, Delhi University, India

1978 B.S. (Honors) Delhi University, India

**CAREER**

2019 -- *Co-Founder and Chief Research Officer*, Authentic Connections, Tempe, AZ

2015 -- *Founder and Executive Director,* Authentic Connections (nonprofit, 501C3 corporation)

2014 – *Professor Emerita,* Teachers College, Columbia University, New York, NY

2014 – 2019 *Foundation Professor of Psychology,* Arizona State University, Tempe, Arizona

2015 -- 2019 *Research Affiliate,* Mayo Clinic, Phoenix, AZ

2011 – 2013 *Senior Advisor to the Provost* for research mentorship, Teachers College, Columbia University

2010 – 2013 *Professor Adjunct,* Child Study Center, Yale University School of Medicine, New Haven, CT

2001 – 2013 *Professor*, Developmental and Clinical Psychology, Teachers College, Columbia University

2006 *Chair*, Dept. of Counseling and Clinical Psychology, Teachers College, Columbia University

1997 – 2001 *Associate Professor*, Developmental Psychology, Teachers College, Columbia University

1997 – 2013 *Research Affiliate*, Yale University School of Medicine; Director; Child & Family Research, APT Foundation, New Haven, CT

1994 – 1996 *Assistant Professor*, Departments of Psychiatry, Psychology, and Child Study Center, Yale University, New Haven, CT

1994 – 1996 *Director*, Child & Family Research, Substance Abuse Treatment Unit, Yale University School of Medicine.

1992 – 1996 *Assistant Professor*, Department of Psychiatry and Child Study Center, Yale University School of Medicine.

1990 – 1992 *Associate Research Scientist*, Department of Psychiatry and Child Study Center (joint appointment 1991 – 1992), Yale University School of Medicine.

1989 – 1990 *Postdoctoral fellow*, Child Study Center, Yale University, New Haven

1988 – 1989 *Predoctoral clinical psychology intern*, Child Study Center, Yale University

1981 – 1984 *Lecturer*, Child Development, Lady Irwin College, Delhi University, India

|  |  |  |
| --- | --- | --- |
|  |  |  |

AWARDS AND DISTINCTIONS

2018 --2019 *Member,* National Academies of Sciences, Engineering, and Medicine committee authoring the consensus report, *Vibrant and Healthy Kids: Aligning Science, Practice, and Policy,* July 2019.

2018 -- 2019 *President, American Psychological Association (APA) Division 7*

2017 *President Elect, American Psychological Association (APA) Division 7*

2015 *Fellow, APA (Division 7,* Developmental Psychology; *Division 37,* Society for Child and Family Policy and Practice

2013 – 2016 Council Representative for Division 7, American Psychological Association

2013 – 2015 Member-at-large, Coalition for Academic, Scientific, & Applied-Research Psychology (CASAP)

2009 Award for *Mentorship, Courage, and Integrity*: Asian Caucus of the Society for Research in

Child Development

2007 – 2008 *Member, Committee on Socioeconomic Status*: American Psychological Association – Board for the Advancement of Psychology in the Public Interest

2006 – *Fellow, American Association for Psychological Science* (APS) for Distinguished Contributions to Psychological Science

2006 – *Member, New York Academy of Sciences*

2006 – 2009 *Member, Governing Council, Society for Research in Child Development*

2005 – 2006 *Outstanding Teacher Award,* Teachers College, Columbia University (award subsequently discontinued)

2003 – 2004 *Outstanding Teacher Award*, Teachers College, Columbia University

2002 – 2003 *Outstanding Teacher Award,* Teachers College, Columbia University

2002 *Chair, Initial Review Group*: National Institute of Health, Center for Scientific Review: Psychosocial Development, Risk and Prevention -1 Committee (Term: 2002 – 2004)

1998 *Boyd McCandless Young Scientist Award* for Early Career Contributions. American Psychological Association, Division 7: Developmental Psychology

1996 *Outstanding Contributions to Child Development*. Delhi University, India

1995 *American Mensa Education & Research Foundation Award* for excellence in research on intelligence and intellectual giftedness

1993 *Research Scientist Development Award* (K-21). National Institute on Drug Abuse

1990 *American Psychological Association Dissertation Award*, Division 37: Child, Youth, &  
 Family Services

1988, 1987 *Enders Prize Fellowship*: support for dissertation research, Yale University

1978 *All India* Post Graduate Merit Scholarship

PROFESSIONAL ACTIVITIES

### Grant reviews: National Institutes of Health

*Member, special emphasis panel (Accelerating the pace of drug abuse research using existing data).* National Institute of Health, Center for Scientific Review (06/24/2014)

*Member, Initial Review Group*: National Institute of Health, Center for Scientific Review: Risk Prevention and Health Behavior-1 Review Committee (06/1999 – 06/2002)

*Member, Initial Review Group*: National Institute of Mental Health Child/Adolescent Development, Risk, and Prevention Review Committee (06/1998 – 02/1999)

*Chair, Special Emphasis Panels*, Center for Scientific Review RHPB-3 (03/2001; 07/2000)

*Member, Special Emphasis Panel* National Institute on Drug Abuse: Behavioral Therapy Development and Behavioral Science (07/1999)

*Ad hoc member, Initial Review Groups*: National Institute on Mental Health (1997, 1998), National Institute on Drug Abuse (1993, 1996)

*Site visit* for RO1 grant: National Institute on Drug Abuse (1995)

###### Grant reviews: Other

National Science Foundation, Smith-Richardson Foundation, William T. Grant Foundation, (US)

Nuffield Foundation (UK)

Journal reviews / Editorial responsibilities

Associate Editor:

*Development and Psychopathology (1999 – ongoing )*

*Developmental Psychology (2004 – 2007)*

Editorial board*:*

*Annual Review of Clinical Psychology* (2003 – 2005)

*Developmental Psychology* (1999 – 2003*)*

*Child Development* (1994 – 1997)

*Monographs of the Society for Research in Child Development* (2005)

Ad hoc manuscript reviews:

*Clinical Psychology Review, Child Development, Developmental Psychology, Development and Psychopathology, Psychological Bulletin, American Psychologist, Journal on Adolescent Research, Journal of Research on Adolescence, Journal of Clinical Child Psychology, American Journal of Orthopsychiatry, Addiction, British Journal of Developmental Science, Journal of Applied Developmental Science, International Journal of School Psychology*

**Other Reviews**

Books/ book proposals**:** American Psychological Association, Cambridge University Press; Harvard University Press, Erlbaum

Institute of Medicine Report (2015) : *Harvesting the Scientific Investment in Prevention Science to Promote Children’s Cognitive, Affective, and Behavioral Health: Workshop Summary*

GRANTS AND CONTRACTS

*Principal Investigator, Authentic Connections.* Grant from the Authentic Connections Nonprofit Foundation; dates Aug 2019 - May 2020, costs $93,506.

*Principal Investigator, Authentic Connections.* Grant from the Authentic Connections Nonprofit Foundation; dates May 2018 - April 2019, costs $18,000.

*Co-Investigator, Fostering Resilience amongst Mothers under Stress: Authentic Connections for Nurse Leaders.* Elizabeth C. Bonner Endowment Fund,Mayo Clinic, Rochester, MN; dates July 2018- August 2019; costs $20,000.

*Co-Investigator, “The Pathways to Character Project”.* Grant from the Templeton Foundation; dates 12/1/16-11/30/19; costs: $615,371.

*Principal Investigator: “Authentic Connections”: Fostering resilience among mothers in their community and work settings.* Three-month manualized support groups for at-risk mothers. Grant from the Rodel Foundation; dates: 09/22/2015 – 09/21/2018; costs: $100,000.

*Principal Investigator: “Fostering resilience: An intervention for women physicians at risk for burnout”.* Piloting a three-month manualized intervention for physicians at the Mayo Clinic. 01/01/2015- 09/01/2016; costs: $100,000.

*Principal Investigator: “Maximizing resilience among ASU undergraduates”.* Arizona State University Provost’s Grant. Dates: 09/12/2104 – 09/11/2017; costs: $103,711.

*Training core faculty, Research training in drug abuse-HIV prevention: Closing the research-practice gap. HHS-NIH-NIDA* T32 Training Grant; dates: 7/1/2015 - 6/30/2020. Costs: $1,654,491.

*Principal Investigator: “Substance Abuse Among Suburban Youth: A Prospective Study”*. National Institute on Drug Abuse (R01DA014385-06); dates: 06/16/2008 – 01/31/2014; costs: $1,959,684.

*Principal Investigator: Family Research Consortium – V.* National Institute of Mental Health, National Institute on Drug Abuse, OBSSR; (R13 MH082592-01); Dates: May 01, 2008 – April 30, 2011; Costs $2,111,090

*Principal Investigator: “Substance Abuse Among Suburban Youth: A Prospective Study”*. National Institute on Drug Abuse (DA014385-01); dates: 02/01/2003 – 01/31/2008; costs: $1,262,126.

*Principal Investigator: “Maternal Drug Abuse, Psychopathology, and Child Adaptation”*. National Institute on Drug Abuse (2 R01 DA010726-12); dates: 09/30/2007 – 05/31/2012; costs: $2,785,648.

*Principal Investigator: “Maternal Drug Abuse, Psychopathology, and Child Adaptation”*. National Institute on Drug Abuse (RO1DA10726–07); dates: 04/01/2002 – 03/01/2007; costs: $1,933, 415.

*Principal Investigator: “Vulnerability and competence among suburban youth: A seven wave longitudinal study”.* William T. Grant Foundation; dates: 06/01/2001 – 05/31/2007; costs: $502,845.

*Principal Investigator: “Relational Parenting Groups for DCF-involved mothers”.* Department of Children and Families, State of Connecticut; dates: 01/03/2000 – 06/31/2000; costs: $11,000.

*Principal Investigator: "Risk and resilience among suburban adolescents: A three-year longitudinal study".* William T. Grant Foundation; dates: 04/01/1999 – 03/31/2001; costs: $53,705.

*Co-Principal Investigator: “Aggression in school-age children”.* Co-Investigators: Marla Brassard, Terry Orr, Charles Basch, Teachers College, Columbia University. Spencer Foundation; dates: 08/01/1999 – 07/31/2001; costs: $300,000.

*Co-investigator: “Drug-Dependent Fathers: A Developmental Perspective”* P.I.: Thomas McMahon, Yale University. National Institute on Drug Abuse (RO1–DA11988); dates: 07/01/1998 – 06/30/2000; costs:  $136,787.

*Principal Investigator: “Relational Parenting Therapy for Opioid Abusing Mothers”.* National Institute on Drug Abuse (RO1–DA11498); dates: 01/01/1998 – 11/30/2002; costs: $2,226,520.

*Principal Investigator: “Maternal drug use, psychopathology, and child adaptation”.*National Institute on Drug Abuse (RO1–DA10726); dates: 09/30/1996 – 09/29/2001; costs: $1,513,080.

*Principal Investigator: “Risk and resilience among adolescents”.* William T. Grant Foundation; dates: 07/01/1996 – 06/30/1997; costs: $5,000.

*Faculty Award*: Salary support from the Smith Richardson Foundation, Westport, CT, to supplement NIDA Research Scientist Development Award; dates: 08/01/1996 – 07/31/1997; costs: $19,019.

*Principal Investigator: “Psychosocial profiles associated with adolescent substance use: A school-based, needs-assessment study”.* Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; Center PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1995 – 08/01/1997; costs: $11,800.

*Principal Investigator: "Relational Psychotherapy Parenting for addicted mothers".*Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; Center PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1994 – 08/31/1997; costs: $401, 628.

*Co-Investigator: "Parenting stress in opioid dependent women and the developmental competence of their children: A study of treatment needs".* Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1994 – 08/01/1996; costs: $11,862.

*Research Scientist Development Award (K21)* from National Institute on Drug Abuse (K21–DA00202); dates: 08/01/1993 – 07/31/1998; costs: $574,066.

*Principal Investigator* on grant from the Social Science Research Council, New York, for research on resilience among underprivileged adolescents. Funded by the Rockefeller Foundation; dates: 09/1990 – 12/1991; costs: $6,850.

## CONSULTATIONS: SCIENTIFIC/ GRANTS / PROFESSIONAL ORGANIZATIONS

*Southern Associations of Independent Schools*,Research collaboration, Authentic Connections and High-Achieving Schools. 2020 -

*National Association of Independent Schools*.Research collaboration, Authentic Connections and High-Achieving Schools. 2018 -

*Council Diversity Workgroup, American Psychological Association*: Diversity Training and Cultural Shift Subcommittee. Feb 2016 – Aug 2017.

*External Reviewer* for Institute of Medicine. *Workshop Summary: Harvesting the Scientific Investment in Prevention Science to Promote Children’s Cognitive, Affective, and Behavioral Health*” September 2014.

*International Young Scholar Mentor*, Jacobs Foundation. Society for Research on Adolescence, 2014.

*Faculty Advisor,* Family Research Consortium: National Interdisciplinary Consortium with the National Institutes of Health (PI Belinda Tucker). 2006-2011

*Member,* *American Psychological Association Task Force on Resilience and Strength in Black Children and Adolescents*: Review/ recommendations provided for final report,2007.

*Founding Member,* Asian Caucus, Society for Research in Child Development. March 2007.

Chair, Mentorship Awards Committee, 2006-2008. American Psychological Association, Division 7.

Consultant: *“Fostering Healthy Futures Efficacy Trial for Preadolescent Youth in Foster Care”*, PI Heather Taussig, University of Colorado, Denver (R01 MH076919-01A1, 2007-2012).

Advisory Board Member, NIH-funded Developing Center Grant project*, Delivering Family-Centered Preventions to Rural African American Families.* PI. Gene Brody, Ph.D.  2003 – 2008.

Consultant, *"Defining Fatherhood among Drug-dependent Men.”*  PI Susan Witte, Columbia University School of Social Work.  National Institute on Drug Abuse Grant, 2003 – 2005.

Training for grant peer review: *NIH Peer Review Orientation Workshop*, Bethesda, MD, July 24 – 25, 2003.  One of two NIH review committee Chairs training new scientists on behavioral science review committees.

Training for grant peer review: *NIH Peer Review Orientation Workshop,* Bethesda, MD, July 29 – 30, 2002. One of two NIH review committee Chairs training new scientists on behavioral science review committees.

Consultant, *Parent Intervention for Drug-Abusing Fathers.* Project P.I. T. J. McMahon, Ph.D., Yale University School of Medicine. In B. J. Rounsaville (PI), Psychotherapy development research center. National Institute on Drug Abuse Grant (P50DA09241), 1999 – 2002.

Consultant, *Exposure to chronic community violence and its consequences.* P.I. Beth Rosenthal, D.S.W., York College, City University of New York. National Institute of Mental Health grant, 1997.

Consultant, *Longitudinal effects of prenatal cocaine exposure.*  P.I. Linda Mayes, M.D., Yale University School of Medicine. National Institute on Drug Abuse Grant, 1997 – 1998.

## CONSULTATIONS/ ACTIVITIES: POLICY

Consultant, *National Association of Independent Schools*, 2018-2019.

Consultant, *Robert Wood Johnson Foundation*: Report on Adolescent Wellness. 2017-2018

Consultant, *Science of Learning and Development (SoLD) Collaborative Project*.June 2017.

Member, Advisory Committee, American Psychological Association’s [*Resilience*](http://www.apa.org/helpcenter/road-resilience.aspx)brochure update. 2015.

Member, Expert Panel, “*Sesame Street” Resilience Project*. Washington, DC/New York, March 2011–2013.

Member, Expert Panel, *Protective Factors Framework: Administration of Children, Youth, and Families,* Bethesda, MD. January 2012 – 2013.

*National Center for Children in Poverty's Unclaimed Children II.* Member, Advisory Group. Focused on current social policies regarding children's mental health.  Chairs: Jane Knitzer, Ed.D. and Mareasa Isaacs, Ph.D.  October 2004 – 2005.

*Society for Research in Child Development*. Member, Ethnic and Racial Issues Committee. 2003 – 2006.

Member, Advisory Committee, American Psychological Association’s: [*Resilience*](http://www.apa.org/helpcenter/road-resilience.aspx)brochure. 2002.

*“Health Rocks! Study of Positive Youth Development”.* Advisory Board Member, forProject of National 4H Council, coordinated by Richard Lerner, Tufts University, and Alexander von Eye, Michigan State University. September 2001 – 2002.

*Bernard van Leer Foundation, The Hague, The Netherlands.* Review of three papers on early childhood programs seeking to foster resilient adaptation. January 1 – May 15, 2001.

*Center for Mental Health Services, SAMHSA, US Department of Health and Human Services.* Developing a working definition of, and measurement approach for, the construct of resilience for the use by CMHS grantees. October 1, 2000 – May 1, 2001.

*Department of Children and Families, State of Connecticut.* Consulting with state administrators to monitor, streamline, and evaluate state-supported services for substance-abusing mothers and their children. October 1999 – (ongoing).

*Rochester Child Health Congress Leadership and Advocacy Program.*One of 50 multidisciplinary Congress members identified as future academic leaders in maternal-child health. Rochester, NY, October 22 – 24, 1999.

*Faculty Seminar on Child and Family Policy***,** Institute on Child and Family Policy, Columbia University. New York, NY, 1999 – 2000.

## *“Childhood resilience and policy”.* Workgroup sponsored by the Center for Mental Health Services (SAMHSA). Initial meetings: Fairfax, Virginia, June 16 – 18, 1999.

## *“Children’s mental health and social policy”.* Workgroup sponsored by the Center for Mental Health Services (SAMHSA) and the American Orthopsychiatric Association. Initial meetings: Washington, DC, September 24 – 25, 1998.

**CONSULTATIONS: COMMUNITY (selected)**

*Wilton High School, CT.*  Fostering students’ well-being in High-Achieving Schools. 2017-2018.

*Mayo Clinic, MN.* Authentic Connections Groups for Nursing Leaders (2017-2019).

*Mayo Clinic, AZ.* Authentic Connections Groups to prevent healthcare providers’ burnout. 2015- 2019.

*Bainbridge Youth Services. Bainbridge Island, WA.* Raising resilience among youth and families*. October 2015.*

*Palo Alto School District:* Cluster of teen suicides. *March 2015.*

*American Psychological Association Practice Directorate: “Resilience Initiative”.* Updating brochure and associated materials, see below. May 2015 - Feb 2016

*Department of Human Services, Mercer Island, WA*. Informing interventions to promote positive development among resident youth.  2005 – 2010.

*American Psychological Association Practice Directorate: “Resilience Initiative”.* Using findings from current research, consulting in the design of a brochure and a television documentary (developed with the Discovery Channel) to educate the public about resilient adaptation and how it is achieved. 2002.

*Springfield, MA schools and Smith School of Social Work, MA.*Collaborating in the design and evaluation of research-based preventive mental health interventions in inner-city public schools. 2000 – 2003.

*Department of Human Services, Westport, CT.* Designing and conducting series of parent support group meetings for families in the community. 1997 – 2000.

*Parent Teacher Associations, Westport, CT*: Interactive presentations on behavioral adjustment and substance use among middle and elementary school students. 1997 – 2007.

*New Haven Transitional School.* Supervision of faculty and counselors in a multidisciplinary community support treatment team. In collaboration with the Connecticut Mental Health Center and the Department of Psychiatry, Yale University. 1994 – 1997.

*New Haven Adolescent Comprehensive Treatment System (ACTS).* Designed a research-based battery of assessments for youth at risk for substance abuse, to monitor treatment needs and progress in treatment. Provide ongoing supervision of faculty in project. In collaboration with the Connecticut Department of Child and Family Services, Yale University, & the APT Foundation. 1993 – 1997.

*Women in Treatment*: Research-based assessments to characterize population and monitor treatment success among patients in a multifaceted methadone program for women. In collaboration with the APT Foundation, New Haven, 1992 – 2003.

*Professional Development CEU* for staff in Bridgeport high schools (1992 – 1996).

*Testimonies as expert witness/evaluations ordered by Juvenile Court, New Haven.*

Services/placement of adolescent boy with delinquent record, August, 1995.

School services for adolescent girl, August, 1993.

Maternal alleged abandonment of infant, June, 1992.

Parental neglect of adolescent boys, October 1992.

## 

## 

**Professional memberships**

American Psychological Association

Society for Research in Child Development

Division 37 (Child, Youth and Family), American Psychological Association

Division 7 (Developmental Psychology), American Psychological Association

Association for Psychological Science

American Orthopsychiatric Association

**Certifications**

Licensed clinical psychologist, Connecticut License #001710, 12/06/91; Arizona # 4559, 09/2014.

**BIBLIOGRAPHY**

Peer-reviewed journal articles

Luthar, S. S., Kumar, N. L., & Zillmer, N. (2020). Teachers’ responsibilities for students’ mental health: Challenges in high achieving schools. *International Journal of School & Educational Psychology,* *8,*119–130. https://doi.org/10.1080/21683603.2019.1694112

Luthar, S.S. & Mendes, S.H. (2020). Trauma informed schools: Supporting educators as they support the children. *International Journal of School & Educational Psychology, 8*, 147–157*.*

Matsopoulos, A., & Luthar, S.S. (2020). Parents, caregivers and educators: The forgotten stakeholders in the discussion of resilience. Editorial for Special Issue, International Journal of School & Educational Psychology, *8,*75-77.

Spinrad, T. L., Morris, A. S., & Luthar, S. S. (2020). Introduction to the special issue: Socialization of emotion and self-regulation: Understanding processes and application. *Developmental psychology*, *56,* 385-389.

Chesak, S.S., Bhagra, A., Cutshall, S., Ingram, A., Benoit, L. R., MedinaInojosa, J. R., Hayes, S. N., Carolan, B. J., Luthar, S. S. (2020). Authentic Connections Groups: A pilot test of an intervention aimed at enhancing resilience among nurse leader mothers. *Worldviews on Evidence-Based Nursing, 17,* 39-48. doi: 10.1111/wvn.12420.

Warikoo, N., Chin, M., ZIllmer, N., Luthar, S.S. (2020). The influence of parent expectations and parent-child relationships on mental health in Asian American and White American families. *Sociological Forum.* Online first: https://doi.org/10.1111/socf.12583

Luthar, S. S., Kumar, N. L., & Zillmer, N. (2019). High Achieving Schools connote significant risks for adolescents: Problems documented, processes implicated, and directions for interventions. *American Psychologist.* Online first: http://dx.doi.org/10.1037/amp0000556

Luthar, S. S, Kumar, N. L., & Benoit R. (2019). Toward fostering resilience on large scale: Connecting communities of caregivers. *Development and Psychopathology,* *31,* 1813-1825

DOI: 10.1017/S0954579419001251

Ciciolla, L. & Luthar, S. S. (2019). Invisible household labor and ramifications for adjustment: Mothers as captains of households. *Sex Roles. DOI https://doi.org/10.1007/s11199-018-1001-x*

Suh, B. & Luthar, S. S. (2019). Parental aggravation may tell more about a child's mental/behavioral health than Adverse Childhood Experiences: Using the 2016 National Survey of Children's Health. *Child Abuse & Neglect.* doi:10.1016/j.chiabu.2019.104330

Ebbert, A.M., Infurna, F. J., Luthar, S. S., Lemery-Chalfant, K., & Corbin, W. R. (2019). Examining the link between emotional childhood abuse and social relationships in midlife: The Moderating role of the oxytocin receptor gene. *Child Abuse and Neglect, 98, 104151. https://doi.org/10.1016/j.chiabu.2019.104151*

Ebbert, A.E., Kumar, N.L., & Luthar, S.S. (2019). Complexities in adjustment patterns among the "best and the brightest": Risk and resilience in the context of high-achieving schools. *Research in Human Development, 16,* 21-34, DOI:10.1080/15427609.2018.1541376

Ebbert, A., Infurna, F. J., & Luthar, S.S. (2019). Mapping developmental changes in perceived parent-adolescent relationship quality throughout middle school and high school. *Development and Psychopathology. DOI: 10.1017/S0954579418001219*

Korous, K. M., Causadias, J. M., Bradley, R. H., & Luthar, S. S. (2018). Unpacking the link between socioeconomic status and behavior problems: A second order meta-analysis. *Development and Psychopathology, 30,* 1889-1906. https://doi.org/10.1017/S0954579418001141

Hein, S., Thomas, T., Naumova, O. Y., Luthar, S. S., & Grigorenko, E. L. (2018). Negative parenting modulates the association between mother’s DNA methylation profiles and adult offspring depression. *Developmental Psychobiology*, 00:1–7*.* DOI: 10.1002/dev.21789

Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2018). Lifetime and recent incidence of adversity differentially impacts character strengths and well-being in midlife. *Innovation in Aging*, *2,* 181–182. [doi.org/10.1093/geroni/igy023.658](https://doi.org/10.1093/geroni/igy023.658)

Infurna, F. J. & Luthar, S. S. (2018). Re-evaluating the notion that resilience is commonplace: A review and distillation of directions for future research, practice, and policy. *Clinical Psychology Review.* DOI: 10.1016/j.cpr.2018.07.003

Luthar, S. S., Small, P.J., Ciciolla, L. (2018). Adolescents from upper middle class communities: Substance misuse and addiction across early adulthood. *Development and Psychopathology, 30,* 311-335. doi.org/10.1017/S0954579417000645.

Curlee, A. S., Aiken, L. S., & Luthar, S. S. (2018). Middle school peer reputation in high-achieving schools: Ramifications for maladjustment versus competence by age 18. *Development and Psychopathology.* [*https://doi-org.ezproxy1.lib.asu.edu/10.1017/S0954579418000275*](https://doi-org.ezproxy1.lib.asu.edu/10.1017/S0954579418000275)

Hein, S., Stone, L., Tan, M., Barbot, B., Luthar, S. S., & Grigorenko, E. L. (2018). Child internalizing problems and mother-child discrepancies in maternal rejection: Evidence for bidirectional associations. *Journal of Family Psychology. 32,* 229-239. doi: 10.1037/fam0000358.

Luthar, S. S. (2017). Doing for the greater good: What price, in academe? *Perspectives on Psychological Science, 12,* 1153-1158. DOI10.1177/1745691617727863.

Ciciolla, L., Curlee, A., & Luthar, S. S. (2017). What women want: Employment preference and adjustment among mothers. *Journal of Family and Economic Issues*. Online first: DOI 10.1007/s10834-017-9534-7.

Infurna, F. J., & Luthar, S. S. (2017). Parent’s adjustment following the death of their child: Resilience is multidimensional and differs across outcomes examined. *Journal of Personality, 68, 38-53.* <https://doi.org/10.1016/j.jrp.2017.04.004>

Infurna, F.J. & Luthar, S. S. (2017). The multidimensional nature of resilience to spousal loss. *Journal of Personality and Social Psychology. 112, 926-947.* [*http://dx.doi.org/10.1037/pspp0000095*](http://psycnet.apa.org/doi/10.1037/pspp0000095)

Luthar, S.S., Curlee, A., Tye, S.J., Engelman, J.C., &. Stonnington, C. M. (2017). Fostering resilience among mothers under stress: “Authentic Connections Groups” for medical professionals. *Women’s Health Issues, 27,* 382-390.DOI: <http://dx.doi.org/10.1016/j.whi.2017.02.007>

Luthar, S.S., & Eisenberg, N. (2017). Resilient adaptation among at-risk children: Harnessing science toward maximizing salutary environments. *Child Development, 88,* 337–349. doi:10.1111/cdev.1273m

Ciciolla, L., Curlee, A., Karageorge, J., & Luthar, S. S. (2016). When mothers and fathers are seen as disproportionately valuing achievements: Implications for adjustment among upper middle class youth. *Journal of Youth and Adolescence,* *46,* 1057-1075. doi: 10.1007/s10964-016-0596-x

Infurna, F.J., & Luthar, S.S. (2016). Resilience to major life stressors is not as common as thought. *Perspectives on Psychological Science, 11,* 175 –194. DOI: 10.1177/1745691615621271

Infurna, F.J., & Luthar, S.S. (2016). Resilience has been and will always be, but rates declared are inevitably suspect: Reply to Galatzer-Levy and Bonanno. *Perspectives on Psychological Science, 11,* 199 –201. DOI: 10.1177/1745691615621281

Ansary, N.S., McMahon, T.J., & Luthar, S. S. (2016). Trajectories of emotional-behavioral difficulty and academic competence: A 6-year, person-centered, prospective study of affluent suburban adolescents. *Development and Psychopathology.*  http://dx.doi.org/10.1017/S0954579416000110

Naumova, O. Y., Hein, S., Suderman, M., Barbot, B., Lee, M., Raefski, A., Dobrynin, P. V., Brown, P., Szyf, M., Luthar, S. S., & Grigorenko, E. L. (2016). Epigenetic patterns modulate the connection between developmental dynamics of parenting and offspring psychosocial adjustment. *Child Development*, *87,* 98-110. doi: 10.1111/cdev.12485. PMC4733878

Luthar, S.S., & Ciciolla, L. (2016). What it feels like to be a mother: Variations by children’s developmental stages. *Developmental Psychology, 52*, 143-154*. doi: 10.1037/dev0000062*, PMC4695277

Luthar, S. S., & Ciciolla, L. (2015). Who mothers mommy? Factors that contribute to mothers’ well-being. *Developmental Psychology, 51,* 1812. doi: 10.1037/dev0000051, PMC4697864

Luthar, S.S. (2015). Mothering mothers. *Research in Human Development.* 12, 295–303. doi: 10.1080/15427609.2015.1068045

Meier, M.H., Hill, M.L., Small, P.J., & Luthar, S.S. (2015). Changes in academic performance and mental health associated with adolescent cannabis use: A longitudinal study of upper middle class youth. *Drug and Alcohol Dependence, 156,* 207–212.

Barkin, S. H., Miller L., & Luthar, S.S. (2015). Filling the void: spiritual development among adolescents of the affluent. *Journal of Religion and Health,* 54, 844-61. DOI:10.1007/s10943-015-0048-z

Barbot, B., Crossman, E., Hunter, S. R., Grigorenko, E. L., & Luthar, S. S. (2014). Reciprocal influences between maternal parenting and child adjustment in a high-risk population: A five-year cross-lagged analysis of bidirectional effects. *American Journal of Orthopsychiatry, 84*, 567-590. [doi.org/10.1037/ort0000012](http://dx.doi.org/10.1037/ort0000012)

Khafi, T. Y., Yates, T. M., & Luthar, S. S. (2014). Ethnic differences in the developmental significance of parentification. *Family Process, 53,* 267-287. PMCID: PMC4063411

Coren, S. A., & Luthar, S. S. (2014). Pursuing perfection: Distress and interpersonal functioning among adolescent boys in single-sex and co-educational independent schools. *Journal of School Psychology, 51,* 931-946*.* PMCID: PMC4225622

Lyman, E. & Luthar, S. S. (2014). Further evidence on the “Costs of Privilege”: Perfectionism in high-achieving youth at socioeconomic extremes. *Journal of School Psychology, 51,* 913-930. PMCID: PMC4559285

Barbot, B., Heinz, S. L., & Luthar, S. S. (2014). Perceived parental reactions to adolescent distress (PRAD): Development and validation of a brief measure. *Attachment and Human Development. 16,* 1-21. PMCID: PMC3812372

Luthar, S. S., Barkin, S. H., & Crossman, E. J. (2013). “I can, therefore I must”: Fragility in the upper-middle classes. *Development and Psychopathology, 25th Anniversary Special Issue, 25****,*** 1529-1549*.* PMCID: PMC4215566

Barbot, B., Hunter, S.R., Grigorenko E. L., & Luthar, S. S. (2013). Dynamic of change in pathological personality trait dimensions: A Latent Change Analysis among at-risk women. *Journal of Psychopathology and Behavioral Assessment, 35, 173-185.* PMCID: PMC3661293

Bick, J., Naumova, O., Hunter, S., Barbot, B., Lee, M., Luthar, S., Raefski, A., Grigorenko, E. L. (2012). Childhood adversity and DNA methylation of genes involved in the HPA axis and immune system: Whole genome and candidate gene associations. *Development and Psychopathology, 24,* 1417-1425. PMCID: PMC3755948

Luthar, S. S., & Barkin, S. H. (2012). Are affluent youth truly “at risk”? Vulnerability and resilience across three diverse samples. *Development and Psychopathology, 24,* 429-449.

David, D., McMahon, T., Luthar, S.S., & Suchman, N. (2012). Sensation seeking, coping with stress, and readiness to engage in therapy: Does ego development influence the psychosocial functioning of substance-abusing mothers? *American Journal of Orthopsychiatry,* *82*, 231-240. PMCID: PMC3349349

Ansary, N., McMahon, T.J., & Luthar, S. S. (2012). Socioeconomic context and emotional-behavioral links: Concurrent and prospective associations among low income and high income youth. *Journal of Research on Adolescence, 22,* 14-30. PMCID: PMC3488273

Racz, S., McMahon, R., & Luthar, S. S. (2011). Risky behavior in affluent youth: Examining the co-occurrence and consequences of multiple problem behaviors. *Journal of Child and Family Studies, 20*, 120-128. PMCID: PMC3614372

Borelli, J. L., Luthar, S. S., & Suchman. N. E. (2010). Discrepancies in perceptions of maternal aggression: Implications for children of methadone-maintained mothers. *American Journal of Orthopsychiatry*, 80, i412-421. PMCID: PMC3308352

Yoo, J., Brown, P.J., & Luthar, S. S. (2009). Children with co-occurring internalizing and externalizing behavior problems: Family risks and implications for competence. *American Journal of Orthopsychiatry, 79, 532-540.*

Ansary, N. A. & Luthar, S. S. (2009). Distress and academic achievement among adolescents of affluence: A study of externalizing and internalizing problem behaviors and school performance. *Development and Psychopathology, 21.* 319-341.

Yates, T. M., Tracy, A. J., & Luthar, S. S. (2008). Nonsuicidal self-injury among "privileged" youth: Longitudinal and cross-sectional approaches to developmental processes. *Journal of Consulting and Clinical Psychology, 76,* 52-62*.*

Luthar, S. S., & Goldstein, A. S. (2008). Substance use and related behaviors among suburban late adolescents: The importance of perceived parent containment. *Development and Psychopathology, 20,* 591-614.

Suchman, N., McMahon, T., DeCoste, C., Castiglioni, N., & Luthar, S. (2008). Ego development, psychopathology, and parenting problems in substance-abusing mothers. *American Journal of Orthopsychiatry, 78*, 20-28. PMCID: PMC2729054

Becker, B. E., & Luthar, S. S. (2007). Peer-perceived admiration and social preference: Contextual correlates of positive peer regard among suburban and urban adolescents. *Journal of Research on Adolescence, 17,* 117-144. PMCID: PMC2194641

Luthar, S. S., & Brown, P. J. (2007). Maximizing resilience through diverse levels of inquiry: Prevailing paradigms, possibilities, and priorities for the future. *Development and Psychopathology, 19*, 931-955. PMCID: PMC2190297

Luthar, S. S., & Sexton, C. C. (2007). Maternal drug abuse versus maternal depression: Vulnerability and resilience among school-age and adolescent offspring. *Development and Psychopathology, 19*, 205-225. PMCID: PMC1933495

Luthar, S. S., Suchman, N. E., & Altomare, M. (2007). Relational Psychotherapy Mothers Group: A randomized clinical trial for substance abusing mothers. *Development and Psychopathology,* *19,* 243-261. PMCID: PMC2190295

McMahon, T. J., & Luthar, S. S. (2007). Defining characteristics and potential consequences of caretaking burden among children living in urban poverty. *American Journal of Orthopsychiatry, 77*, 267-281.

PMCID: PMC3471375

Suchman, N. E., Rounsaville, B., DeCoste, C., & Luthar, S. S. (2007). Parental control, parental warmth, and psychosocial adjustment in a sample of substance-abusing mothers and their school-aged and adolescent children. *Journal of Substance Abuse Treatment, 32,* 1-10. PMCID: PMC1850987

Yeh, C. J., Ching, A. M., Okubo, Y., & Luthar, S. S. (2007). Development of a mentoring program for Chinese immigrant adolescents' cultural adjustment. *Adolescence, 42,* 733-747.

Luthar, S. S., Sawyer, J., Brown, P.J. (2006). Conceptual issues in studies of resilience: Past, present, and future research. *Annals of the New York Academy of Sciences, 1094 (1),* 105-115. PMCID: PMC3480733

Luthar, S. S. (2006). “Overscheduling” versus other stressors: Challenges of high socioeconomic status families. *Social Policy Report, Society for Research in Child Development*.

Luthar, S. S., Shoum, K. A., & Brown, P. J. (2006). Extracurricular involvement among affluent youth: A scapegoat for "ubiquitous achievement pressures?” *Developmental Psychology, 42*, 583-597. PMCID: PMC1852438  
  
McMahon, T. J., & Luthar, S. S. (2006). Patterns and correlates of substance use among affluent, suburban high school students. *Journal of Clinical Child and Adolescent Psychology*, *35*,72-89. PMCID: PMC3538812

Suchman, N. E., McMahon, T. J., Zhang, H., Mayes, L., & Luthar, S. S. (2006). Substance abusing mothers and disruptions in child custody: An attachment perspective. *Journal of Substance Abuse Treatment, 30,* 197-204. PMCID: PMC1850760

Suchman, N. E., McMahon, T. J., Slade, A., & Luthar, S. S. (2005). How early bonding, depression, illicit drug use, and perceived support work together to influence drug-dependent mothers’ caregiving. *American Journal of Orthopsychiatry*, *75,* 431-445. PMCID: PMC1851920

McMahon, T. J., Winkel, J. D. Luthar, S. S., Rounsaville B. J. (2005). Looking for poppa: Parenting status of men versus women seeking drug abuse treatment. *The American Journal of Drug and Alcohol Abuse, 1,* 79-91.

Luthar, S. S., & Latendresse, S. J. (2005). Comparable “risks” at the SES extremes: Pre-adolescents’ perceptions of parenting. *Development and Psychopathology, 17,* 207-230.

Luthar, S. S., & Ansary, N. (2005). Dimensions of adolescent rebellion: Risks for academic failure among high- and low-income youth. Development and Psychopathology, *17,* 231-250.

Luthar, S. S., & Latendresse, S. J. (2005). Children of the affluent: Challenges to well-being. *Current Directions in Psychological Science, 14(1),* 49-53. PMCID: PMC1948879

Luthar, S. S., & Sexton, C. (2005). The high price of affluence. In R. V. Kail (Ed.), *Advances in Child Development*, *32*, 126-162. San Diego, CA: Academic Press.

Luthar, S. S., & Goldstein, A. (2004). Children's exposure to community violence: Implications for understanding risk and resilience. *Journal of Clinical Child and Adolescent Psychology, 33,* 499-505.

Suchman, N. E., McMahon, T. J., & Luthar, S. S., (2004). Interpersonal maladjustment as predictor of mothers' response to a relational parenting intervention. *Journal of Substance Abuse Treatment, 27*, 135-143. PMCID: PMC1847337

Luthar, S.S. (2003). The culture of affluence: Psychological costs of material wealth. *Child Development*, *74*, 1581-1593.

- Reprinted in E. N. Junn & C. J. Boyatzis (Eds.) (2006).  *Annual Editions: Child Growth and Development* *06/07*, pp 150-161.  Dubuque, IA: McGraw Hill.

Reyland, S. A., McMahon, T. J., Higgins-Delessandro, A., & Luthar, S. S. (2002). Inner-city children living with an HIV-Seropositive mother: Parent-child relationships, perception of social support, and psychological disturbance. *Journal of Child and Family Studies, 11*, 313-329.

Becker, B. E., & Luthar, S. S. (2002). Social-emotional factors affecting achievement outcomes among disadvantaged students: Closing the achievement gap. *Educational Psychologist, 37*, 197-214.

Luthar, S. S., & Becker, B. E. (2002). Privileged but pressured: A study of affluent youth. *Child Development, 73*, 1593-1610.

McMahon, T. J., Winkel, J. D., Suchman, N. E., & Luthar, S. S. (2002). Drug dependence, parenting responsibilities, and treatment history: Why doesn't mom go for help? *Drug and Alcohol Dependence, 65*, 105-114.

Suchman, N E., & Luthar, S. S. (2001). The mediating role of parenting stress in methadone-maintained mothers’ parenting. *Parenting: Science and Practice, 1*, 285-315.

Luthar, S. S. (2001). Families under stress: Patterns of adaptation. *Contemporary Psychology, 4*, 154-156.

Luthar, S. S., Doyle, K., Suchman, N. E., & Mayes, L. (2001). Developmental themes in women’s emotional experiences of motherhood. *Development and Psychopathology, 13*, 165-182.

Luthar, S. S. & Cicchetti, D. (2000). The construct of resilience: Implications for interventions and social policies. *Development and Psychopathology, 12*, 857-885.

DeCarlo, L. T., & Luthar, S. S. (2000). Analysis and class validation of a measure of parental values perceived by preadolescents: An application of a latent class model for rankings. *Educational and Psychological Measurement, 60*, 578-591.

Luthar, S. S., Cicchetti, D., & Becker, B. (2000a). The construct of resilience: A critical evaluation and guidelines for future work. *Child Development, 71*, 543-562.

- Top 1% of papers cited in Psychiatry / Psychology. ISI Essential Science Indicators, February 2002. http://esi-topics.com/

Luthar, S. S., Cicchetti, D., & Becker, B. (2000b). Research on resilience: Reply to commentaries. *Child Development, 71*, 573-575.

Luthar, S. S., & Suchman, N. E. (2000). Relational Psychotherapy Mothers’ Group: A developmentally informed intervention for at-risk mothers. *Development and Psychopathology, 12*, 235-253.

McMahon, T.J., & Luthar, S. S. (2000). Women in treatment: Within-gender differences in the clinical presentation of opioid-dependent women. *Journal of Nervous and Mental Disease, 188*, 679-687.

Ripple, C. & Luthar, S.S. (2000). Academic risk among inner-city adolescents: The role of personal attributes. *Journal of School Psychology, 38*, 277-298. PMC4023637

Suchman, N. E., & Luthar, S. S. (2000). Maternal addiction, child maladjustment, and sociodemographic risks: Implications for parenting behaviors. *Addiction, 95*, 1417-1428. PMC1852451

Cicchetti, D., & Luthar, S. S. (1999). Editorial: Developmental approaches to substance use and abuse. *Development and Psychopathology, 11*, 655-656.

Luthar, S. S., & Cushing, G. (1999). Neighborhood influences and child development: A prospective study of substance abusers' children. *Development and Psychopathology, 11*, 763-784. PMID: 10624725

Luthar, S. S., & D'Avanzo, K. (1999). Contextual factors in substance use: A study of suburban and inner-city adolescents. *Development and Psychopathology, 11*, 845-867.

Luthar, S. S., Cushing, G., Merikangas, K., & Rounsaville, B. J. (1998). Multiple jeopardy: Risk and protective factors among addicted mothers’ offspring. *Development and Psychopathology, 10*, 117-136.

Bybee, J. A., Luthar, S., Zigler, E., & Merisca, R. (1997). The fantasy, ideal, and ought selves: Content, relationships to mental health, and functions. *Social Cognition, 15*, 37-53.

Luthar, S. S., & Cushing, G. (1997). Substance use and personal adjustment among disadvantaged teenagers: A six-month prospective study. *Journal of Youth and Adolescence, 26*, 353‑372.

Luthar, S. S., Cushing, G., & Rounsaville, B. J. (1996). Gender differences among opioid abusers: Pathways to disorder and profiles of psychopathology. *Drug and Alcohol Dependence, 43*, 179-189.

Blatt, S. J., Zohar, A., Quinlan, D. M., Luthar, S., & Hart, B. (1996). Levels of relatedness within the dependency factor of the Depressive Experiences Questionnaire for Adolescents. *Journal of Personality Assessment, 67*, 52-71.

Luthar, S. S., & McMahon, T. J. (1996). Peer reputation among inner-city adolescents: Structure and correlates. *Journal of Research on Adolescence, 6*, 581-603.

Ripple, C. H., & Luthar, S. S. (1996). Familial factors in illicit drug abuse: An interdisciplinary perspective. *American Journal of Drug and Alcohol Abuse, 22*, 147-172.

Luthar, S. S. (1995). Social competence in the school setting: Prospective cross-domain associations among inner-city teens. *Child Development, 66*, 416-429. PMCID: PMC4235606

Luthar, S. S., & Blatt, S. J. (1995). Differential vulnerability of dependency and self-criticism among disadvantaged teenagers. *Journal of Research on Adolescence, 5*, 431-449.

Luthar, S. S., & Walsh, K. (1995). Treatment needs of drug-addicted mothers: Integrated parenting psychotherapy interventions. *Journal of Substance Abuse Treatment, 12,* 341-348.

Luthar, S. S., Woolston, J. W., Sparrow, S. S., Zimmerman, L. D., & Riddle, M. A. (1995). Adaptive behaviors among psychiatrically hospitalized children: The role of intelligence and related attributes. *Journal of Clinical Child Psychology, 24*, 98-108.

Luthar, S. S., & Ripple, C. H. (1994). Sensitivity to emotional distress among intelligent adolescents: A short-term prospective study. *Development and Psychopathology, 6,* 343-357.

Luthar, S. S. (1993). Annotation: Methodological and conceptual issues in research on childhood resilience. *Journal of Child Psychology and Psychiatry, 34*, 441-453. PMCID: PMC4269552

Luthar, S. S., Ball, S., & Rounsaville, B. J. (1993). Psychiatric disorders among relatives of cocaine-abusing individuals: Assessment of familial risk. *American Journal on Addictions, 2*, 225-231.

Luthar, S. S., & Blatt, S. J. (1993). Dependent and self-critical depressive experiences among inner city adolescents. *Journal of Personality, 61*, 365-386.

Luthar, S. S., Doernberger, C. H., & Zigler, E. (1993). Resilience is not a unidimensional construct: Insights from a prospective study of inner-city adolescents. *Development and Psychopathology. Special Issue: Milestones in the development of resilience, 5*, 703-717.

Luthar, S. S., Glick, M., Zigler, E., & Rounsaville, B. J. (1993). Social competence among cocaine abusers: Moderating effects of comorbid diagnoses and gender. *American Journal of Drug and Alcohol Abuse, 19*, 283-298.

Luthar, S. S., Merikangas, K. R., & Rounsaville, B. J. (1993). Parental psychopathology and disorders in offspring: A study of relatives of drug abusers. *Journal of Nervous and Mental Disease, 181*, 351-357.

Luthar, S. S., & Quinlan, D.M. (1993). Parental images in two cultures: A study of women in India and America. *Journal of Cross-Cultural Psychology, 24*, 186-202.

Luthar, S. S., & Rounsaville, B. J. (1993). Substance misuse and comorbid psychopathology in a high-risk group: A study of siblings of cocaine misusers. *International Journal of the Addictions, 28*, 415-434.

Luthar, S. S., Anton, S. F., Merikangas, K. R., & Rounsaville, B. J. (1992). Vulnerability to drug abuse among opioid addicts' siblings: Individual, familial, and peer influences. *Comprehensive Psychiatry, 33*, 190-196.

Luthar, S. S., Anton, S. F., Merikangas, K. R., & Rounsaville, B. J. (1992). Vulnerability to substance abuse and psychopathology among siblings of opioid abusers. *Journal of Nervous and Mental Disease, 180*, 153-161.

Luthar, S. S., & Zigler, E. (1992). Intelligence and social competence among high-risk adolescents. *Development and Psychopathology, 4*, 287-299.

Luthar, S. S., Zigler, E., & Goldstein, D. (1992). Psychosocial adjustment among intellectually gifted adolescents: The role of cognitive-developmental and experiential factors. *Journal of Child Psychology and Psychiatry, 33*, 361-373.

Luthar, S. S. (1991). Vulnerability and resilience: A study of high-risk adolescents. *Child Development, 62*, 600-616. PMCID: PMC4235608

- Reprinted in the 1996 edition of Timely Issues in Print Series: The resilience factor. Greenville, NC: East Carolina University Regional Training Center.

Luthar, S. S., & Zigler, E. (1991). Vulnerability and competence: A review of research on resilience in childhood. *American Journal of Orthopsychiatry, 61*, 6-22. PMCID: PMC4224324

- Reprinted in M. E. Hertzig & E. A. Farber (Eds.) (1993) Annual Progress in Child Psychiatry and Child Development: 1992 (pp. 232-255). New York: Brunner/Mazel.

Miller, J. G., & Luthar, S. (1989). Issues of interpersonal responsibility and accountability: A comparison of Indians' and Americans' moral judgments. *Social Cognition, 7*, 237-261.

Luthar, S., & Zigler, E. (1988). Motivational factors, school atmosphere and SES: Determinants of children's probability task performance. *Journal of Applied Developmental Psychology, 9*, 477-494.

# **Books/ Monographs**

Luthar, S.S. (Ed.) (2003). *Resilience and vulnerability: Adaptation in the context of childhood adversities*. New York: Cambridge University Press.

Cicchetti, D., & Luthar, S. S. (Eds). (1999). *Development and Psychopathology Special Issue: Developmental Approaches to Substance Use.*

Luthar, S. S. (1999). *Poverty and children’s adjustment*. Thousand Oaks, CA: Sage.

Luthar, S. S., Burack, J. A., Cicchetti, D., & Weisz, J. R. (Eds.) (1997). *Developmental Psychopathology: Perspectives on adjustment, risk, and disorder*. New York: Cambridge University Press.

Luthar, S. (1984). *Immunizing more children: Towards greater community participation*. New Delhi: UNICEF.

Chapters

Zillmer, N. & Luthar, S. S. (2019). Affluence. In J. J. Ponetti (Ed.), *Macmillan Encyclopedia of Intimate and Family Relationships*, pp. 17-22. Farmington Hills, MI: Macmillan Reference USA.

Luthar, S. S., & Kumar, N. L. (2019). How can you help children thrive in a world focused on success? In T. McCullough & K. Whitaker (Eds.), *Wealth of Wisdom: 50 Questions Wealthy Families Ask and Answers from the World's Top Family Wealth Experts*, pp. 149-154. New York: Wiley.

Luthar, S.S., & Kumar, N.L. (2018). Youth in high-achieving schools: Challenges to mental health and directions for evidence-based interventions. In A. W. Leschied, D. H. Saklofske, and G. L. Flett, *Handbook of School-Based Mental Health Promotion: An Evidence-Informed Framework* (pp. 441-458). New York: Springer.

Luthar, S. S. (2018). Mothering mothers. In R.A. Settersten Jr. & Megan M. McClelland (Eds.), *The Study of Human Development: The Future of the Field.* New York: Routledge.

Luthar, S. S. (2018). Developmental psychopathology. In A. Martin, M.H. Bloch and F. R. Volkmar (Eds.), [*Lewis's Child and Adolescent Psychiatry - A Comprehensive Textbook*](https://www.scribd.com/document/363224091/Lewis-Child-and-Adolescent-Psychiatry)*, Fifth Edition* (pp. 452-475). Philadelphia, PA: Wolters Kluwer.

Luthar, S. S., Crossman, E. J., & Small, P. J. (2015). Resilience and adversity. In R.M. Lerner and M. E. Lamb (Eds.). *Handbook of Child Psychology and Developmental Science* (7th Edition, Vol. III, pp. 247-286). New York: Wiley.

Luthar, S. S., Lyman, E. L., & Crossman, E. J. (2014). Resilience and Positive Psychology. In M. Lewis and K. Rudolph (Eds.), *Handbook of Developmental Psychopathology,* (3rd Edition, pp. 125-140). Kluwer Academic/Plenum.

Luthar, S. S. & Rothstein, J. (2012). Development and Resilience. In the *McGraw-Hill Yearbook of Science & Technology* (pp. 56-57)*,* New York: McGraw-Hill, and in the online edition AccessScience ([http://www.accessscience.com](http://www.accessscience.com/)).

Luthar, S. S. & Prince, R. P. (2007). Developmental psychopathology: Risk, disorder, and resilience. In A. Martin and F. R. Volkmar (Eds.), *Lewis's Child and Adolescent Psychiatry - A Comprehensive Textbook, Fourth Edition* (pp. 291-301). Baltimore, MD: Lippincott Williams and Wilkins.

Luthar, S. S. (2006). Resilience in development: A synthesis of research across five decades. In D. Cicchetti & D. J. Cohen (Eds.), *Developmental Psychopathology: Risk, Disorder, and Adaptation* (2nd edition, pp. 739-795. New York: Wiley.

Luthar, S. S. (2005). Resilience at an early age and its impact on child psychosocial development. In R. E. Tremblay, R. G. Barr, R. D. Peters (Eds.), *Encyclopedia on Early Childhood Development* (pp 1-6). Montreal, Quebec: Centre of Excellence for Early Childhood Development. Available at <http://www.excellence-earlychildhood.ca/documents/LutharANGxp.pdf>.

Luthar, S. S., D’Avanzo, K., & Hites, S. (2003). Parental substance abuse: Risks and resilience. In S. S. Luthar (Ed.), *Resilience and vulnerability. Adaptation in the context of childhood adversities* (pp. 104-129). New York: Cambridge University Press.

Luthar, S. S. & Zelazo, L. B. (2003). Research on resilience: An integrative review. In S. S. Luthar (Ed.), *Resilience and vulnerability. Adaptation in the context of childhood adversities* (pp. 510-549). New York: Cambridge University Press.

Luthar, S. & Latendresse, S. J. (2002). Adolescent risk: The costs of affluence. In G. Noam (Series Ed.) & C. S. Taylor, R. M. Lerner, & A. von Eye (Vol. Eds.). *New directions for youth development: Theory, practice and research: Vol. 95. Pathways to positive development among diverse youth* (pp. 101-121). San Francisco: Jossey-Bass.

Luthar, S. S., & Burack, J. A. (2000). Adolescent wellness: In the eye of the beholder? In D. Cicchetti, J. Rappaport, I. Sandler, & R. Weissberg (Eds.), *The promotion of wellness in children and adolescents* (pp. 29-57). Washington, DC: Child Welfare League of America.

Luthar, S. S., & Cushing, G. (1999). Measurement issues in the empirical study of resilience: An overview. In M. Glantz & J. Johnson (Eds.) *Resilience and development: Positive life adaptations* (pp. 129-160). New York: Plenum Press.

Luthar, S. S., & Suchman, N. E. (1999). Developmentally informed parenting interventions: The Relational Psychotherapy Mothers’ Group. In D. Cicchetti & S.L. Toth (Eds.), *Rochester Symposium on Developmental Psychopathology, Volume 9: Developmental approaches to Prevention and Intervention* (pp.271-309). Rochester, NY: University of Rochester Press.

McMahon, T. J., & Luthar, S. S. (1998). Bridging the gap for children as their parents enter substance abuse treatment. In R. L. Hampton, V. Senatore, & T. P. Gullota (Eds.), *Bridging the fields of substance abuse and child welfare. Volume 7: Issues in children’s and families’ lives* (pp. 143-187). Thousand Oaks, CA: Sage Publications.

Luthar, S. S. (1997). Sociodemographic disadvantage and psychosocial adjustment: Perspectives from developmental psychopathology. In S.S. Luthar, J.A. Burack, D. Cicchetti, & J.R. Weisz, (Eds.) *Developmental Psychopathology: Perspectives on adjustment, risk, and disorder* (pp. 459-485). New York: Cambridge University Press.

Luthar, S. S., Cushing, G., & McMahon, T. J. (1997). Interdisciplinary interface: Developmental principles brought to substance abuse research. In S.S. Luthar, J.A. Burack, D. Cicchetti, & J.R. Weisz, (Eds.), *Developmental Psychopathology: Perspectives on adjustment, risk, and disorder* (pp. 437-456). New York: Cambridge University Press.

Rounsaville, B. J., & Luthar, S. (1992). Family/genetic studies of cocaine abusers and opioid addicts. In T. R. Kosten & H. D. Kleber (Eds.), *Clinician's guide to cocaine addiction* (pp. 206-221). New York: Guilford.

Luthar, S. (1984). Integration of hearing-impaired children in Delhi schools: An evaluative report. In P. Victor & A. Lowe (Eds.), *Second All India Workshop for Teachers and Parents of Hearing-Impaired Children: Selected papers*. New Delhi: Max Mueller Bhavan.

Luthar, S. (1981). Young people and growing up problems. In *Annual Brochure of the Sanjivini Society for Mental Health*, New Delhi.

Blogs/ Other

Kumar, N. L., & Luthar, S. S. (2020). [Fostering well-being in school communities](https://cdn.ymaws.com/www.sais.org/resource/resmgr/files/Authentic_Connections.pdf). SAIS Magazine, Spring 2020.

Burack, J. A., & Luthar, S. S. (2020). Edward Zigler (1930–2019). *American Psychologist,*410.

Luthar, S.S. (2020). [High-Achieving Schools pose high risks for children’s mental health](https://www.childandfamilyblog.com/child-development/childrens-mental-health-high-achieving-schools-risk/). Child and Family Blog, February 2020.

Stonnington, C. M., & Luthar, S. S. (2020).  [Authentic Connections Groups contribute to resilience and less burnout among physician mothers](https://edhub.ama-assn.org/steps-forward/module/2762042).  *Steps Forward*, American Medical Association, March 5.

Luthar, S. S, & Kumar, N. L. (2019). [Youth in high achieving schools: Maximizing resilience](https://www.flowinaction.org/uploads/6/1/7/2/61729973/reach_f_w_2019_final.pdf). WLSA Education for the Human Condition, Fall/Winter 2019, p. 3-8.

Luthar, S. S. (2019). [The frenzied college admission race is making our children sick](https://www.nais.org/learn/independent-ideas/march-2019/the-frenzied-college-admission-race-is-making-our-children-sick/). National Association of Independent Schools, March 15.

Luthar, S. S. (2018). [Many teens drink. Rich ones like Kavanaugh are more likely to abuse alcohol](https://www.washingtonpost.com/outlook/many-teens-drink-rich-ones-like-kavanaugh-are-more-likely-to-abuse-alcohol/2018/09/28/6bb641aa-c27c-11e8-97a5-ab1e46bb3bc7_story.html?utm_term=.988626135e8e). *Washington Post*, September 28.

Luthar, S. S. (2018). [Middle-school 'popularity' can backfire over time: Peer popularity presages high substance use at age 18](https://www.psychologytoday.com/us/blog/privileged-pressured/201809/middle-school-popularity-can-backfire-over-time). *Psychology Today*, September 7.

Luthar, S. S. (2018). [Reducing over-the-top pressure on our children: Exemplary actions from one high-achieving community](https://www.psychologytoday.com/us/blog/privileged-pressured/201806/reducing-over-the-top-pressure-our-children#_=_). *Psychology Today,* June 26.

Luthar, S. S. (2017). [What's needed from Professors: Modeling eminence in scholarship along with commitment to doing for others](https://www.psychologytoday.com/blog/privileged-pressured/201712/whats-needed-professors). *Psychology Today*, December 12.

Luthar, S. S. (2017). [When being a stay-at-home mom is not really a “choice”: The need for reliable, high quality child care](https://www.psychologytoday.com/blog/privileged-pressured/201710/when-being-stay-home-mom-is-not-really-choice). *Psychology Today*, October 23.

Luthar, S. S. (2017). [Our kids are not all right: High-achieving schools and risks for addiction](https://www.psychologytoday.com/blog/privileged-pressured/201706/our-kids-are-not-all-right). *Psychology Today*, June 13.

Luthar, S. S. (2017). [Mothering mothers: “Authentic Connections” fostered in the workplace](https://www.psychologytoday.com/blog/privileged-pressured/201705/mothering-mothers). *Psychology Today,* May 13.

Luthar, S. S., & Ciciolla, L. (2016). [Why mothers of tweens – not babies – are the most depressed](https://aeon.co/opinions/why-mothers-of-tweens-not-babies-are-the-most-depressed). *Aeon Opinions*, April 4.

Luthar, S. S., & Schwartz, B. (2016). [Sometimes ‘poor little rich kids’ really are poor little rich kids](http://blogs.reuters.com/great-debate/2016/01/05/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids/). The Great Debate, Reuters.com, January 5. Reprints include: [Japan Today](http://www.japantoday.com/category/opinions/view/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids), [DailyWiki UK](http://dailywiki.net/news/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids), [MetroTell-South Africa](http://www.metrotell.co.za/news/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids#.VqeLKDZU_gk)

Luthar, S. S. (2014). [Girls Interrupted: Why colleges shouldn’t recruit athletes before high school](http://psychologybenefits.org/2014/02/27/girls-interrupted-why-colleges-shouldnt-recruit-athletes-before-high-school/). *American Psychological Association Public Interest Directorate* blog, February 27,

Luthar, S. S. (2014). [Let kids face consequences](https://www.raisingarizonakids.com/2014/05/voices-overprotective-parent/). *Raising Arizona,* May 2014.

Luthar, S. S. (2013). [The problem with rich kids](https://www.psychologytoday.com/articles/201310/the-problem-rich-kids). *Psychology Today,* Nov-Dec, 62-69, 87. http://www.psychologytoday.com/articles/201310/the-problem-rich-kids

Luthar, S. S. (2014). *Authentic Connections Groups: A facilitator’s manual*. Unpublished document.

Luthar, S. S., Suchman, N. E., & Boltas, D. (1997). *Relational Parenting Mothers’ Group: A therapists’ manual*. Unpublished document.

## SELECTED PRESENTATIONS

Luthar, S. S. (2019). *The legacy of Edward Zigler.* American Psychological Association Annual Convention, Chicago, IL, August 9.

Luthar, S. S. (2019). *The National Academies of Science report: Maximizing the well-being of children and families*. American Psychological Association Annual Convention, Chicago, IL, August 9.

Luthar, S. S. (2019). Youth in High Achieving Schools: Maximizing resilience. Opening keynote at the World Leading Schools Association, Prague, Czechia, July 19.

Luthar, S. S. (2019). Youth in High Achieving Schools. Mercer Island, WA, April 16-17.

Luthar, S. S. (2019). Youth in High Achieving Schools: REDGen. Milwaukee, WI, April 8.

Luthar, S. S., & Kumar, N.L. (2019). *Using real data to developing well-being interventions in high-achieving schools*. Annual Conference, National Association of Independent Schools. Long Beach, CA, February 28.

Luthar, S. S. (2019). Keynote: Youth in High Achieving Schools. *Parent University: Mindful and Balanced Parenting*. Brentwood School, Los Angeles, CA, January 26.

Luthar, S. S. (2018). Youth in high-achieving schools: Fostering resilience. *Student Assistance Services Corporation 25th Annual “When the holidays aren’t so happy” Conference*. White Plains, NY, Dec. 11.

Luthar, S. S. (2018). Doing for the greater good: What price, in academe? Sanford School of Family Dynamics, Arizona State University, Sept. 21.

Luthar, S.S. (2018). Why are women physicians at higher risk for burnout? Empowering the next Generation to do it Better (Than We Have)”. Symposium panel at the American Psychiatric Association Annual Meeting, New York, May 7.

Luthar, S. S. (2018). Authentic Connections: Fostering resilience among women who are health care providers. Grand Rounds, Mayo Clinic, Rochester MN, June 13.

Luthar, S. S. (2018). Authentic Connections: An evidence-based intervention for women under stress. Association of Health Care Journalists, Phoenix, April 14.

Luthar, S. S. (2018). The High-Achieving Schools Survey: Using research to guide interventions. INDEX Academic Conference for Independent Schools, Chicago, April 12.

Luthar, S. S. (2018). Youth in High Achieving Schools. Shady Side Academy, Pittsburgh, PA, April 2.

Luthar, S. S. (2018). [Panel: We need to talk...a series of tough conversations about health](https://chs.asu.edu/weneedtotalk). ASU, March 18.

Luthar, S. S. (2018). Wilton High School: Summary of findings - 2018. Wilton, CT, March 5.

Luthar, S. S. (2017). Privileged and pressured: The risks of growing up in an affluent community. St. Luke’s School, New Canaan, CT. November 27.

Engelman, J.C., Stonnington, C.M., & Luthar, S, S, (2017). “Authentic Connections Groups” for medical professional mothers.” Presented at the 2017 American Conference on Physician Health (ACPH), Oct 12-13.

Luthar, S. S. (2017). High octane achievement. Pembroke Hill School, Kansas City, MO, October 11-12.

Luthar, S. S. (2017). Adjustment patterns among youth in high achieving schools. Deerfield Academy, Deerfield, MA, May 11-12.

Luthar, S. S. (2017). Adjustment patterns among youth in high achieving schools. Northfield Mount Herman school, Mount Hermon, MA, March 20.

Luthar, S. S. (2016). A new look at “Affluenza”. Visiting Professor Lecture, Child Mind Institute, New York, NY, Nov. 18.

Luthar, S. S. (2016). Privileged and pressured: The risks of growing up in an affluent community. Wilton, CT, Oct. 21.

Luthar, S. S. (2016). Adjustment patterns among high school students: A report. Skyline High School, Issaquah, WA, Sept 19 and 21.

Luthar, S. S. (2016). [Youth in highly achieving schools: Interventions based in developmental science](https://issuu.com/independentschoolhealth/docs/annual_independent_school_healthand?e=11495979/38985973). National Association of Independent Schools, Andover, MA, April 15.

Luthar, S.S. (2016). High achievement and associated stress. Brebeuf Jesuit School, Indianapolis, Jan 26.

Luthar, S.S. (2015). The price of high-octane achievement. Bainbridge Island, WA, October 6.

Luthar, S.S. (2015). [Fragility in affluent families and implications for parenting research and practice.](http://www.nationalacademies.org/hmd/Activities/Children/CommitteeonSupportingtheParentsofYoungChildren/2015-APR-09/Videos/7-Luthar-Video.aspx)  Institute of Medicine and National Research Council of the National Academy of Sciences, Open Session: *Supporting the parents of young children.* Washington, DC, April 9.

Luthar, S. S. (2015). Pressures in the context of privilege: Implications for resilience-based interventions. Palo Alto, CA, March 20.

Luthar, S. S. (2015). Privileged but pressured: Fragility in the upper middle classes. Lady Irwin College, Delhi University, India, January 5.

Luthar, S. S. (2014). Privileged but pressured. Presented at the Casady School, Oklahoma City, OK, February 24.

Luthar, S. S. (2013). Privileged but pressured: Fragility among upper-middle class youth. Annual conference of the Independent Schools Association of the Central States (ISACS), St. Louis, MO, November 8.

Luthar, S. S. (2012). Children of affluence. Grand Rounds, NYU Child Study Center/Department of Child and Adolescent Psychiatry, New York, NY, September 21.

Luthar, S. S. (2011). Resilience and Policy. Presented at the National Scientific Council on the Developing Child and the National Forum on Early Childhood Policy and Programs, Washington, D.C., December 14th.

Luthar, S.S. (2011). Scarsdale High School Class of 2010: Preliminary findings. Presented for the Scarsdale Schools PTA, Scarsdale, NY, March 15.

Luthar, S. S. (2010). Fostering Resilience: Who tends the caregivers? Workshop for the Monroe Public Schools Administrative Summer Retreat, Monroe, NJ, August 20th.

Luthar, S. S. (2010). Fostering Resilience: Who mothers mommies? Plenary talk at the Annual Meetings of the American Psychological Association, San Diego, CA, August 14th.

Luthar, S. S. (2010). Socio-economic vs. Psychosocial “Prosperity”: Impact on Children and Families. Presented for the United Nations NGO Committee on the Family, New York, NY, April 22nd.

Luthar, S.S. (2010). Overdrive: How Too Much Ambition Can Harm Kids. Presented for the Edgemont Schools PTA, Edgemont, NY, January 14.

Luthar, S. S. (2009). “Privileged” youth: Well-educated, well-to-do, but what of well-being? Presented for the Scarsdale Schools PTA, Scarsdale, NY, September 23.

Luthar, S.S. (2008). Privileged but pressured:  The risks of raising children in affluent communities. Presented for New Castle CARES and the Chappaqua PTA, Chappaqua, NY, March 31.

Luthar, S.S. (2008). “Privileged” youth: Well-educated, well-to-do, but what of well-being? Invited ‘Views by two” session at the Society for Research on Adolescence, Chicago, IL, March 7.

Luthar, S.S. (2007). The resilience perspective in working with at-risk families. Plenary talk, Addiction and Children 2007 Conference, Sandefjord, Norway, September 26.

Luthar, S.S. (2007). Relational Psychotherapy for substance abusing mothers. Workshop conducted at Addiction and Children- 2007 Conference, Sandefjord, Norway, September 26.

Luthar, S. S. (2007). Well-being and resilience among affluent youth (…and the potential costs of “privilege”). The Lawrenceville School Positive Psychology Conference, Lawrenceville, NJ, June 16 to June 18, 2007

Luthar, S.S. (2007). Children in overdrive: The costs of too much ambition. Presented at the ParentMap’s Pathways Lecture Series. Bellevue, WA, April 24.

Luthar, S. S. (2007). Reporting to the community: Research findings. Presented at Mercer Island, WA, April 23.

Luthar, S. S. (2007). The price of privilege. Presented at Swarthmore College, PA, April 17, 2007.

Luthar, S. S. (2007). “Privileged' children and families: Well-educated and well-off—but what of well-being? Presented at the Risk and Prevention Speaker Series, University of Virginia, Charlottesville, VA Feb 16.

Luthar, S. S. (2006). Children of well-educated, white-college parents: Risks linked with “upward mobility”. Presented at the Roxbury Latin School, Boston, MA, October 23.

Luthar, S. S. (2006). “Privileged” families: Risks unique to well-educated, affluent girls and mothers. Presented at the Yale Women’s Health Research Center, Yale School of Medicine, New Haven, October 11.

Luthar, S. S. (2006). Resilience and practice. I. Basic concepts. II. Applications in Interventions. III. Future directions. Series in a one-day workshop for researchers and service providers. Oslo, Norway, September 28.

Luthar, S. S. (2006). Privileged but pressured: Children of the well-educated and wealthy. Invited address for the American Psychological Association’s Division 53 - Society of Clinical Child and Adolescent Psychology, New Orleans, LA, August 10-13.

Luthar, S. S. (2006). The costs of affluence: Risks for child and adolescent development. Grand Rounds: Harvard University School of Medicine Department of Psychiatry. May 24, 2006.

Luthar, S. S. (2006). The price of privilege. Invited colloquium for the Department of Psychology and Institute for Social Research, University of Michigan, Ann Arbor, MI, April 12.

Luthar, S. S. (2006). Conceptual issues in the study of resilience in children. Plenary talk at the New York Academy of Sciences conference on Resilience in Children, Arlington, VA, Feb. 26-28.

Luthar, S. S. (2005). Resilience: Current issues in research and applications. Keynote address at the International Conference on Childhoods 2005: Children and Youth in Emerging and Transforming Societies. Oslo, Norway, June 29 - July 3.

Luthar, S. S. (2005). Understanding risk, protection, and resilience. Presented at the Center for Family Research, University of Georgia, February 10.

Luthar, S. S. (2004). The high costs of affluence: Research with suburban youth. Presented at the Department of Psychology, New York University. New York, New York, December 8.

Luthar, S. S. (2004). Reconceptualizing resilience: Considerations for research and interventions. Presented at the Carolina Consortium on Human Development, Center for Developmental Science, Chapel Hill, North Carolina, October 26.

Luthar, S. S. (2004). A new look at resilience: Summarizing major themes. Discussant for symposium, "A new look at resilience", Chair Michael Rutter.  Presented at the 16th World Congress of the  
International Association for Child and Adolescent Psychiatry and Allied Professions. Berlin, August 22-26.

Luthar, S. S. (2004). The construct of resilience. Presented at the Institute of Medicine Board of Neuroscience and Behavioral Health annual meeting. Washington D.C., June 8.

Luthar, S. S. (2004). The Psychological Impact of Affluence on Adolescents. Student Assistance Services Corporation’s 15th Annual When the Holidays Aren’t So Happy Conference: Affluence to Poverty, Research to Practice With Adolescents. Tarrytown, New York, January 13.

Luthar, S. S. (2003). Reconceptualizing Risk and Resilience. Center for Human Development and Family Research in Diverse Contexts (Penn State University): “Spring Speaker Series.” University Park, Pennsylvania, April 9.

Luthar, S. S. (2003). Privileged but Pressured? Youth in affluent, suburban families, University of Pennsylvania, Graduate School of Education. Philadelphia, Pennsylvania, March 26.

Luthar, S. S. (2003). The construct of resilience: Applications in interventions. Judge Baker Children’s Center (Harvard Medical School) & Children’s Hospital Department of Psychiatry Academic Teaching Conference Series 2002-2003: “Future Directions in Child Mental Health.” Boston, Massachusetts, March 19.

Luthar, S. S. (2003). Privileged but pressured?  Development in the context of affluence. Yale University Psychology Department. New Haven, Connecticut, February 24.

Luthar, S. S. (2002). Reconceptualizing risk and resilience. Plenary talk at the Fourth Annual Summer Institute Family Research Consortium III: Family Processes, Mental Health and Positive Development in Diverse Contexts. Charlotte, North Carolina, June 20–23.

Luthar, S. S. (2001). The construct of resilience: Interventions and social policies. Presented at New York University, New York, March 29.

Luthar, S. S. (2000). Socioeconomic stressors: Youth in affluent, suburban communities. Society for Prevention Research Eighth Annual Meeting, Montreal, June 1–3.

Luthar, S. S. (2000). The construct of resilience: Applications in interventions. Keynote address at the XXXII Banff International Conference on Behavioral Sciences: Resilience: Children, Families, and Communities. Banff, Canada, March 19–22.

Luthar, S. S. (1998). Resilience among adolescents at risk. Presented at New York University, New York, September 30.

Luthar, S. S. (1998). Resilience among at-risk youth: Ephemeral, elusive, or robust? Boyd McCandless Young Scientist Award presentation, 106th Annual Convention of the American Psychological Association, San Francisco, August 14–18.

Luthar, S. S. (1998). Vulnerability and resilience among inner-city adolescents. Presented at the Center for Opportunities and Outcomes for People with Disabilities, Teachers College, Columbia University, April 09.

Luthar, S. S. (1997). Relational Psychotherapy Mothers’ Group: Developmentally informed interventions with substance using mothers. Presented at the New York State Psychiatric Institute, New York, NY, October 22.

Luthar, S. S. (1997). Relational Psychotherapy Mothers’ Group: An intervention for substance using mothers. Presented at the Bush Center in Child Development and Social Policy, New Haven, CT, April 25.

Luthar, S. S. (1996). Relational Psychotherapy Mothers’ Group: Developmentally informed interventions with substance using mothers. Presented at the Rochester Symposium on Developmental Psychopathology: Developmental approaches to prevention and intervention. Rochester, NY, November 13–15.

Luthar, S. S. (1996). Resilience: A construct of value? Presented at the 104th Annual Convention of the American Psychological Association, Toronto, August 9–13.

Luthar, S. S. (1995). Resilience among inner-city teens. Presented at the Annual meetings of the American Psychological Association, New York City, August 11–15.

Luthar, S. S. (1994). Measurement issues in the study of resilience: An overview. Presented at a conference on "The role of resilience in drug abuse, alcohol abuse, and mental illness", sponsored by the National Institute on Drug Abuse, Center for Mental Health Services, Center for Substance Abuse Prevention, National Institute on Alcohol Abuse and Alcoholism, National Institute of Mental Health, and National Association for Children of Alcoholics. Washington, D.C., December 5–6.

Luthar, S. S. (1993). Resilience among inner-city adolescents. Bush Center in Child Development and Social Policy, New Haven, CT, February 26.

Luthar, S. S. (1991). The study of resilience among high-risk adolescents: Methodological issues and salient findings. Presented at a conference on "Fostering Resilience", Institute of Mental Health Initiatives, Washington D.C., December 5–6, 1991.

**SELECTED MEDIA INTERVIEWS/ CITATIONS**

**2020**

*Good Housekeeping,* April 15. [Moms do more invisible labour, but what is it and how do you lighten the load?](https://www.goodhousekeeping.co.za/moms-do-more-invisible-labour-but-what-is-it-and-how-do-you-lighten-the-load/)

*Glenbard Parent Series,* April 13 (audio). [Dr. Suniya Luthar on easing stress in a pandemic, advice for teens](https://www.youtube.com/watch?v=HduwAM8_-p8&feature=youtu.be).

*Wall Street Journal,*March 24.  [As children face disappointments, parents can help them develop resilience.](https://www.wsj.com/articles/as-children-face-disappointments-parents-can-help-them-develop-resilience-11585056589)

*New York Times,* Feb 13.  [Are expensive kids activities a scam?](https://www.nytimes.com/2020/02/13/parenting/extracurriculars-kids-costs.html)

*WFMZ Allentown, Jan 29* (video). [Help for moms of middle schoolers](https://www.wfmz.com/features/life-lessons/help-for-moms-of-middle-schoolers/article_d5eb470a-3ec7-11ea-a0db-839a9fadb242.html).

*Carolina Journal,* Jan 31. [The secrets of success: More sadness, anxiety in high achievers](https://www.carolinajournal.com/opinion-article/the-secrets-of-success-more-sadness-anxiety-in-high-achievers/)/

*OLP Magazine,* Jan 15. [Mitigating perfectionism among girls in high-achieving schools](https://issuu.com/academyofourladyofpeace/docs/issu_jan2020magazine).

**2019**

*Denton Daily*, Dec 16. [The invisible workload of modern mothers, damaging their mental health](https://dentondaily.com/the-invisible-workload-of-modern-mothers-damaging-their-mental-health/)*.*

*Religion News Service,* Dec 9. [The new science of spiritual fortitude: The key to enduring faith](https://religionnews.com/2019/12/09/the-new-science-of-spiritual-fortitude-the-key-to-enduring-faith/).

*Yahoo Lifestyle*, Dec 6. [10 ways to streamline your decision-making](https://www.yahoo.com/lifestyle/10-ways-streamline-decision-making-200300916.html).

*Stock Daily Dish,* Nov 25. The invisible workload of modern mothers, damaging their mental health.

*The Oakland Press,* Nov 20. [Students in high-achieving schools are now named an "at-risk" group](https://www.theoaklandpress.com/lifestyles/students-in-high-achieving-schools-are-now-named-an-at/article_b777a4bc-f4d5-11e9-b7d3-33eb87909a3f.html#disqus_thread).

*Parents* *Magazine,* Oct 28. [Kids in high-achieving schools considered 'at risk,' but parents can help](https://www.parents.com/parenting/better-parenting/advice/kids-in-high-achieving-schools-considered-at-risk-but-parents-can-help/?utm_source=twitter.com&utm_medium=social&utm_campaign=social-share-article).

*The Riveter*, Oct 24. [How to divide household chores without hating your partner](https://theriveter.co/voice/creative-ways-to-handle-household-chores-for-working-couples/).

*East Valley Tribune* Oct 21. [Gilbert creates united front on teen suicide](http://www.eastvalleytribune.com/news/gilbert-creates-united-front-on-teen-suicide/article_5b1b0b8a-f202-11e9-bf90-bf8e208b196e.html).

*Fullprefrontal.com*, Oct 7 (podcast). [When having it all doesn’t translate into having it easy](http://www.fullprefrontal.com/podcast/episode-79/).

*Fullprefrontal.com*, Oct 1 (podcast). [The affluenza tradeoff](http://www.fullprefrontal.com/podcast/episode-78/).

*Washington Post*, Sept 26. [Students in high-achieving schools are now named an ‘at-risk’ group](https://www.washingtonpost.com/lifestyle/2019/09/26/students-high-achieving-schools-are-now-named-an-at-risk-group/).

*CickOnDetroit.com,* Sept 25 (video same\*). [Middle school years also hardest for moms, study finds](https://www.clickondetroit.com/health/wellness-wednesday/middle-school-years-also-hardest-for-moms-study-finds).

*WTMJ Milwaukee,* Sept 13 (video\*) [Middle school might be even tougher on moms than students](https://www.tmj4.com/news/local-news/middle-school-might-be-even-tougher-on-moms-than-students).

*World Leading Schools Association* Sept 10 (video). [WLSA 2019 Opening Keynote by Suniya S. Luthar](https://www.youtube.com/watch?v=NAF4ln3Pscw&feature=youtu.be)

*KTAR Radio,* Sept. 10. [ASU professor advises parents on how to talk to your kids about 9/11](https://ktar.com/story/2735134/asu-professor-advises-parents-on-how-to-talk-to-kids-about-9-11/)

*KTAR Radio,* Sept 9. [Professor Suniya Luthar explains what "invisible labor" is and how it affects mothers](https://omny.fm/shows/bruce-st-james-and-pamela-hughes/suniya-luthar-foundation-professor-of-psychology-a#sharing).

*PsychCentral.com,* Sept 08. [Kids flourish when parents are happy, supported](https://psychcentral.com/news/2019/09/08/kids-flourish-when-parents-are-happy-supported/150095.html).

*ASUNow*, Sept 6. [ASUpsychology professor addresses disturbing suicide trend](https://asunow.asu.edu/20190906-discoveries-asu-psychology-professor-addresses-disturbing-suicide-trend)

*WPMT Fox43 PA,* Aug 29 (video\*). [Moms of middle schoolers need support](https://fox43.com/2019/08/29/family-first-with-fox43-moms-of-middle-schoolers-need-support/)

*CNBC-TV,* Aug 28. [Money can’t buy happiness: How income inequality hurts all of us](https://www.cnbctv18.com/views/money-cant-buy-happiness-how-income-inequality-hurts-all-of-us-4258171.htm).

*Sydney Morning Herald,* Aug 26. [How to head off the toll of the terrible tweens on mothers' self-esteem](https://www.smh.com.au/lifestyle/life-and-relationships/how-to-head-off-the-toll-of-the-terrible-tweens-on-mothers-self-esteem-20190823-p52k1n.html).

*Raising Good Humans,* Aug 23 (podcast). “[I can, therefore I must” - risks of high achieving stressors and the powerful protection of close relationships](https://podcasts.apple.com/us/podcast/raising-good-humans/id1473072044?i=1000447605122).

*Mercer Island Reporter,* Aug 21. [MIYFS receives 4-year prevention grant](https://www.mi-reporter.com/news/miyfs-receives-4-year-prevention-grant/).

*Yahoo Entertainment,* Aug 21. [Mothers suffer..most when their children are in their middle-school years](https://www.yahoo.com/entertainment/mothers-suffer-depression-most-children-170702207.html).

*WILX Phoenix;* [*WSLS*](https://www.wsls.com/news/virginia/research-shows-middle-school-tougher-on-moms-than-kids) *Roanoke,* Aug 8 (video\*). [Research shows middle school years are toughest for moms](https://www.wilx.com/content/news/Research-shows-middle-school-years-are-toughest-for-moms-528361011.html).

*Ivanhoe Newswire*, Aug 6 (video). [How to handle most stressful stage for moms: middle school](https://www.news4jax.com/education/how-to-handle-most-stressful-stage-for-moms-middle-school).

*69News, NJ*  Aug 1 (video). [Positive Parenting: Middle school can be tough for both moms and kids](https://www.wfmz.com/features/positive-parenting/positive-parenting-middle-school-can-be-tough-for-both-moms-and-kids/1102615243)

*Your Teen,* June 25 *(*podcast @ 12:30 minutes). [Want to be a good mother? Be good to yourself](https://evergreenpodcasts.com/your-teen/want-to-be-a-good-mother-be-good-to-yourself-with-suniya-luthar#episodeContent).

*Ledevoir.com, Canada* (June 8). [Big Little Lies: de grands mensonges, juste de grands mensonges.](https://www.ledevoir.com/culture/ecrans/556167/big-little-lies-de-grands-mensonges-juste-de-grands-mensonges)

*National Association of Independent Schools,* Summer 2019. [Reframing the foundation for student success](https://www.nais.org/magazine/independent-school/summer-2019/educating-the-whole-student/).

*Time,* May 23. [We tell our kids that hard work always pays off. What happens when they fail anyway](http://time.com/5593706/hard-work-achievement-mindset/)?

*USA Today,* May 22. [My teens don't use social media, but even they can't escape the pressure of perfectionism](https://www.usatoday.com/story/opinion/voices/2019/05/22/teen-smartphone-use-and-growing-anxiety-column/3746246002/).

*Your Teen*, May 20. [Interview with Suniya Luthar: The psychology of motherhood and more](https://yourteenmag.com/health/teenager-mental-health/suniya-luthar-psychology-of-motherhood)

Global News, Canada, May 7 (podcast). [Super Awesome Science Show: The science of moms](https://globalnews.ca/news/5245075/the-science-of-moms/).

*PBS NewsHour,* April 27 (video). [Connecting mothers](https://www.youtube.com/watch?v=P_RmMpDL9ZU)

*The Rossland Telegraph,* April 23. [Why mothers of tweens are more depressed than mothers of babies](https://rosslandtelegraph.com/news/study-why-mothers-tweens-are-more-depressed-mothers-babies).

*The Robesonian,* April 12. [It’s tough being a teen girl](https://www.robesonian.com/opinion/122121/its-tough-being-a-teen-girl).

*Carolina Journal,* April 12. [Teen girls face myriad challenges, pressure from many sides](https://www.carolinajournal.com/opinion-article/37569/).

*The Telegraph, UK*. March 30. [Us mothers are invisible for 359 days of the year, so bring on the glittery tat.](https://www.telegraph.co.uk/news/2019/03/30/us-mothers-invisible-359-days-year-bring-glittery-tat-sunday/)

*KMIH FM-889 The Bridge, WA,* March 26 (podcast). [Joe’s class with psychologist & educator Suniya Luthar](https://soundcloud.com/user-612714891-829626791/joes-class-163-32619-with-psychologist-and-education-researcher-dr-suniya-luthar)*.*

*American Psychological Association* (podcast). March 15. [The college admissions scandal and the psychology of affluence](https://www.apa.org/research/action/speaking-of-psychology/college-admissions-scandal).

*The Washington Post,* March 14. [Mental health problems rise significantly among young Americans](https://www.washingtonpost.com/local/social-issues/mental-health-problems-rise-significantly-among-young-americans/2019/03/14/5d4fffe8-460c-11e9-90f0-0ccfeec87a61_story.html?utm_term=.43e3e7e6cca5).

*Quartz.com*, March 14. [The best solution to the college admissions scandal is simple: run lotteries](https://qz.com/1520155/harvard-needs-to-introduce-a-lottery-for-truly-fair-admissions/).

*ThriveGlobal.com,* March 6. [Why parenting is the biggest challenge to maintaining my mental health](https://thriveglobal.com/stories/parenting-impacts-mental-health/).

*Swaddle.com,* March 5. [Women’s mental load linked to distress, dissatisfaction, study finds](https://theswaddle.com/distress-dissatisfaction-effects-of-womens-mental-load-study-finds/).

*Old, Gold, & Black,* Jan 31. [Affluence plays a role In party culture](http://wfuogb.com/2019/01/affluence-plays-a-role-in-party-culture/).

*All4Women.com, South Africa,* Jan 24. [Why today’s mothers are exhausted and unhappy](https://www.all4women.co.za/1672301/health/womens-health/why-todays-mothers-are-exhausted-and-unhappy).

*Pix11TV, NY,* Jan 24. [‘Invisible labor’ is taking a toll on mothers, study says](https://pix11.com/2019/01/24/invisible-labor-is-taking-a-toll-on-mothers-study-says/)

*US News and World Reports,* Jan 23. [Moms, are you victims of 'invisible labor'?](https://www.usnews.com/news/health-news/articles/2019-01-23/moms-are-you-victims-of-invisible-labor)

*Motherly,* Jan 23. [The invisible labor of motherhood is real—and it’s burning us out](https://www.mother.ly/news/invisble-labor-motherhood-mental-load).

*ScaryMommy.com*, Jan 23. [New study confirms what we know: Motherhood is bad for your mental health](https://www.scarymommy.com/study-motherhood-bad-mental-health/)

*The Daily Mail, UK,* Jan 22. [The invisible workload of modern mothers](https://www.dailymail.co.uk/health/article-6619433/The-invisible-workload-modern-mothers-damaging-mental-health.html).

*The London Economic,* Jan 22. [Being a mum ‘bad for a woman’s health’](https://www.thelondoneconomic.com/lifestyle/being-a-mum-bad-for-a-womans-health/22/01/)

*The Independent, UK,* Jan 22. [Emotional responsibility of being a mother damaging women's mental health](https://www.independent.co.uk/news/world/americas/women-mental-health-motherhood-family-emotional-labour-study-research-a8740501.html).

*Good Morning America,* Jan 22. [‘Invisible labor’ taking a toll on mothers’ well-being: What you need to know](https://www.goodmorningamerica.com/wellness/story/invisible-labor-taking-toll-mothers-60519555).

*Mashable,* Jan 22. [Women’s invisible labor leaves them feeling empty, study finds](https://mashable.com/article/women-invisible-labor-mental-load-study/#QnXlIOX0kmqT).

*ASU Now,* Jan 22. [Invisible labor can negatively impact well-being in mothers](https://asunow.asu.edu/20190122-discoveries-asu-study-invisible-labor-can-negatively-impact-well-being-mothers?utm_campaign=ASU_Now+1-22-19&utm_medium=email&utm_source=ASU%20Now&utm_term=ASU&utm_content=%20https%3a%2f%2fasunow.asu.edu%2f20190122-discoveries-asu-study-invisible-labor-can-negatively-impact-well-being-mothers).

*Business Daily, Africa*, Jan 16. [Hope and resilience rise from depth of tragedy](https://www.businessdailyafrica.com/lifestyle/society/Hope-and-resilience-rise-from-depth-of-tragedy/3405664-4938356-e08jew/).

*Quartz,* Jan 10. [The best solution to Harvard’s admissions problem is simple: Run a lottery](https://qz.com/1520155/harvard-needs-to-introduce-a-lottery-for-truly-fair-admissions/).

*Washington Post,* Jan. 8. [There is no room for ‘average’ students these days](https://www.washingtonpost.com/lifestyle/2019/01/08/there-is-no-room-average-students-these-days-heres-why-that-worries-me/?noredirect=on&utm_term=.f79a56a1e248).

**2018**

*The Atlantic*, Dec. 26. [The way American parents think about chores is bizarre](https://www.theatlantic.com/family/archive/2018/12/allowance-kids-chores-help/578848/).

*Washington Examiner,* Dec 18. [Low-income kids using drugs less than wealthier peers](https://www.washingtonexaminer.com/red-alert-politics/low-income-kids-using-drugs-less-than-wealthier-peers).

*Wall Street Journal, Nov. 23.* [The right way for parents to question their teenagers](https://www.wsj.com/articles/the-right-way-for-parents-to-question-their-teenagers-1542982858#comments_sector).

*Wilton Bulletin,* Nov 4. [Community series will address needs of Wilton youth](https://www.wiltonbulletin.com/132010/community-series-will-address-needs-of-wilton-youth/).

*The Fix.com*, Oct 31. [How communication affects teen mental health](https://www.thefix.com/how-communication-affects-teen-mental-health).

*ABC News,,* Oct 28. [Teen anxiety, depression more likely in kids who don't…communicate with parents](https://abcnews.go.com/Health/teen-anxiety-depression-kids-trust-communicate-parents/story?id=58768380)

*MedicalXpress.com,* Oct 25. [Parent-child bond predicts depression, anxiety in teens attending high-achieving schools](https://medicalxpress.com/news/2018-10-parent-child-bond-depression-anxiety-teens.html)

*Daily Mail, UK,* Oct 25. [Parent relationship … prevent depression in kids at high-achieving schools](https://www.dailymail.co.uk/health/article-6316517/Parent-relationships-important-prevent-depression-kids-high-achieving-schools.html#newcomment).

*LionOnline,* Oct 25. [Substance abuse survey results spark concern at LT](https://www.lionnewspaper.com/news/2018/10/25/substance-abuse-survey-results-spark-concern-at-lt/).

*YahooStyle.com* Oct 11. [Anxiety and wealth](https://ca.style.yahoo.com/anxiety-wealth-fact-theyre-anxious-means-lives-arent-perfect-131728669.html?soc_src=social-sh&soc_trk=tw).

*MarketCurrents.com,* Oct. 6. [Using a trust to support beneficiaries with behavioral problems](https://www.marketcurrentswealthmanagement.com/using-a-trust-to-support-beneficiaries-with-behavioral-problems/).

*The David Feldman Show* (podcast), Oct 6. [Elite schools are toxic health hazards](https://davidfeldmanshow.com/elite-schools-are-toxic-health-hazards-2/).

*South China Morning Post*, Oct 4. [Life’s no beach for children nowadays](https://www.scmp.com/comment/insight-opinion/united-states/article/2167011/lifes-no-beach-children-nowadays#comments).

*PBS, Arizona Pubic Media* (video)*,* Oct 1. [Connecting mothers](https://www.youtube.com/watch?v=P_RmMpDL9ZU).

*RealSimple,* Oct. 1. [How to raise a problem-solver](https://www.realsimple.com/work-life/family/kids-parenting/how-to-raise-problem-solver).

*New York Times*, Sept 27. [‘Risky Business’ and Brett Kavanaugh, 35 Years Later](https://www.nytimes.com/2018/09/27/nyregion/brett-kavanaugh-high-school-drinking-assault.html).

*ASUNow,* Sept. 21. [Middle schoolers’ reputations and their substance use & school achievement](https://asunow.asu.edu/20180921-new-asu-study-focuses-middle-school-kids’-peer-reputations-and-substance-use-and-academic).

*The Hour.com,*  Sept. 21. [Op-ed: Depression in the midst of affluence](https://www.thehour.com/opinion/article/Op-ed-Depression-in-the-midst-of-affluence-13245515.php).

*Glamour.com*, Sept 13. [My life as a work-at-home-mom was hell](https://www.glamour.com/story/my-life-as-a-work-at-home-mom-was-hell)

*The Atlantic,* Aug 20. [Why it feels so terrible to drop your kid at college](https://www.theatlantic.com/family/archive/2018/08/why-it-feels-so-terrible-to-drop-your-at-kid-college/567847/).

*Kiplinger.com.* Aug 13. [Is your child at risk of catching 'affluenza'?](https://www.kiplinger.com/article/retirement/T065-C032-S014-is-your-child-at-risk-of-catching-affluenza.html)

*EurekAlert!* Aug 15. [It's okay when you're not okay: A re-evaluation of resilience in adults](https://www.eurekalert.org/pub_releases/2018-08/asu-iow081518.php).

*KJZZ,* Aug 11. [Study shows middle school popularity isn’t everything](https://kjzz.org/content/681890/study-shows-middle-school-popularity-isnt-everything).

*Addiction Professional*, Aug 6. [Youth addiction is an equal-opportunity affliction](https://www.addictionpro.com/article/adolescents-and-emerging-adults/research-youth-addiction-equal-opportunity-affliction)*.*

*Hazeldon Betty Ford Institute,* July 27. [Does socioeconomic advantage lessen the risk of adolescent substance use?](https://www.hazeldenbettyford.org/Education/BCR/Addiction-Research/Socioeconomic-Advantage-EDT-818?utm_source=clinical-connection&utm_medium=email&utm_campaign=6376-27EPSW)

*Robert Wood Johnson Foundation*, July 1. [Adolescent wellness: Current perspectives and future opportunities in research, policy, and practice](https://www.rwjf.org/content/dam/farm/reports/issue_briefs/2018/rwjf445935/subassets/rwjf445935_1).

*NPR Morning Edition*, June 11. [The perils of pushing kids too hard](https://www.npr.org/sections/health-shots/2018/06/11/616900580/back-off-how-to-get-out-of-the-high-pressure-parenting-trap).

*Wilton Bulletin,* June 6. [View from Glen Hill: In education there is no one-size-fits-all](https://www.wiltonbulletin.com/124322/view-from-glen-hill-in-education-there-is-no-one-size-fits-all/).

*Quartz,* June 5. [High-achieving girls are terrified of failure](https://work.qz.com/1296059/how-laurel-school-an-all-girls-school-in-ohio-is-teaching-girls-to-deal-with-stress/).

*USC Annenberg Center for Health Journalism,* May 25. [Who’s there to mother mommy? Far too often, no one](https://www.centerforhealthjournalism.org/2018/05/22/who-s-there-mother-mommy-far-too-often-no-one).

*PBS Catalyst: Shaping the future* (video), May 16. [Helping mothers through friendship](https://azpbs.org/catalyst/2018/05/catalyst-helping-mothers-through-friendship/).

*Charlotte Observer*, May 11. [The unintended victims of the suburban charter school bill: White kids](http://www.charlotteobserver.com/opinion/editorials/article210848079.html).

*PBS Cronkite News* (video),April 16. [Why some women under stress struggle to find a mental balance](https://www.youtube.com/watch?v=UUOigHRBJjM).

*Good Morning Wilton,* March 8. [Researcher finds Wilton youth more …stressed than average teens](https://goodmorningwilton.com/researcher-finds-wilton-youth-more-anxious-stressed-than-average-teens/).

*ASUNow,* Feb 22. [New ASU certificate dedicated to military, veteran experiences](https://asunow.asu.edu/20180222-creativity-new-asu-certificate-dedicated-military-veteran-experiences).

*Spear’s, UK.* Feb 1. [Time to break the ‘stiff upper lip’: How wealth affects your mental health](http://www.spearswms.com/time-break-stiff-upper-lip-wealth-affects-mental-health/).

*ASUNow,* Jan 22. [ASU support-group sessions benefit psychology students, university community.](https://asunow.asu.edu/20180122-solutions-asu-group-therapy-sessions-benefit-psychology-students-university-community)

*Fofaco.org,* Jan 14. [Mulheres e álcool.](http://www.fofoca.org/mulheres-e-alcool/)

*TheFix.com,* Jan 5. [Generation Z’s pursuit of perfectionism could affect their mental health](https://www.thefix.com/generation-z-s-pursuit-perfectionism-could-affect-their-mental-health)

*Heath@ASU*, Dec. 28. [Set yourself to 'away': Resetting yourself for better mental health](https://health.asu.edu/set-yourself-away-resetting-yourself-better-mental-health).

*New Canaan Advertiser, Dec. 8.*  [*St. Luke’s speaker talks of risks to teens in affluent community*](https://ncadvertiser.com/112445/st-lukes-speaker-talks-of-risks-to-teens-in-affluent-community/)*.*

*Essential Baby, Australia,* Nov 10. [Being a stay-at-home mum isn't always a choice](http://www.essentialbaby.com.au/news/current-affairs/being-a-stayathome-mum-isnt-always-a-choice-20171030-gzb17b).

*Mindful Return,* Oct. 28. [An expert tells moms: do THIS instead of self-care](https://www.mindfulreturn.com/do-this-instead-self-care/).

*Romper.com*, Oct. 25. [Stay-at-home moms who are unhappy often aren't staying home by choice.](https://www.romper.com/p/stay-at-home-moms-who-are-unhappy-often-arent-staying-home-by-choice-study-finds-2985414)

*Atlanta Journal Constitution.* Oct. 23. [Why more US teens are suffering from severe anxiety…](http://www.ajc.com/news/health-med-fit-science/why-more-teens-are-suffering-from-severe-anxiety-than-ever-before-and-how-parents-can-help/cFlF86X6Qvn9IHqBX75jzK/)

**2017:**

*KQED,* Oct. 20. [Anxiety is taking a toll on teens, their families and schools](https://ww2.kqed.org/mindshift/2017/10/20/anxiety-is-taking-a-toll-on-teens-their-families-and-schools/).

*The Fix*, Oct. 19, [Is social media to blame for rise in teen, young adult anxiety?](https://www.thefix.com/social-media-blame-rise-teen-young-adult-anxiety)

*New York Times,* Oct.11. [Why are more American teenagers…suffering from severe anxiety?](https://www.nytimes.com/2017/10/11/magazine/why-are-more-american-teenagers-than-ever-suffering-from-severe-anxiety.html?mwrsm=Facebook&_r=0)

*KJZZ,* Oct 6, [Authentic Connections program expected to head to ASU](http://kjzz.org/content/546966/authentic-connections-program-expected-head-asu).

*NPR,* Sept. 28. [Mommy mentors help fight the stigma of postpartum mood disorder](http://www.npr.org/sections/health-shots/2017/09/29/554280219/mommy-mentors-help-fight-the-stigma-of-postpartum-mood-disorder).

*The State Press,* Sept. 22. [ASU students facing anxiety or depression.. may underutilize resources](https://www.google.com/url?rct=j&sa=t&url=http://www.statepress.com/article/2017/09/spcampus-campus-counseling-options-aim-to-stop-stress&ct=ga&cd=CAEYACoTMjE1NTczMDk3NjM3NjQ5NDM2NTIaN2ZlZjUwY2E3N2NmYmM0OTpjb206ZW46VVM&usg=AFQjCNHkcH8ItIdrdCA3xdx9r5dR5Eo51A).

*US News & World Reports,* Sept. 12. [Is growing up with money a risk factor for …addiction?](http://health.usnews.com/health-care/patient-advice/articles/2017-09-12/is-growing-up-with-money-a-risk-factor-for-drug-and-alcohol-addiction)

*American Psychological Association, Sept. 2017.*[*Maximizing children's resilience*](http://www.apa.org/monitor/2017/09/index.aspx)*.*

*Vice.com-Tonic*, Aug 16. [Twice as many teen girls are killing themselves & we don’t know why](https://tonic.vice.com/en_us/article/wjjn4w/twice-as-many-teen-girls-are-killing-themselves-and-we-dont-know-why).

*PBS Arizona (*video*),* Aug 9. [Celebrity suicides](http://www.azpbs.org/arizonahorizon/play.php?vidId=11110).

*Fox10 News (*video*)*, July 30. [Psychologist weighs in on ..why Chester Bennington took his own life](http://www.fox10phoenix.com/news/arizona-news/270998801-story).

*ASUNow,* July 27. [ASU psychology professor sheds light on rockers’ twin suicides](https://asunow.asu.edu/20170727-discoveries-asu-psychology-professor-dicusses-rockers-twin-suicides?utm_campaign=SFMC_Now+7-28-17_ASU%20Now&utm_medium=email).

*KTAR News,* July 26. [ASU study says wealthy teens more likely to be addicted](https://ktar.com/story/1670018/asu-study-says-wealthy-teens-more-likely-to-be-addicted-to-drugs-alcohol/).

*Harvard Kennedy School,* July 24. [Rich teens, drug abuse and the importance of involved parents](https://journalistsresource.org/studies/society/drug-policy/rich-teens-adolescents-drugs-alcohol-parenting).

*BYU Radio, Top of Mind,* July 19. [Kids in high-achieving schools: Addiction down the road?](http://www.byuradio.org/episode/598af646-11e3-466e-843d-86ffda3e2c33?playhead=3112&autoplay=true)

*St. Louis Post-Dispatch*, June 23. [Teens in high-achieving schools face greater alcohol, addiction risk](http://www.stltoday.com/lifestyles/parenting/aisha-sultan/aisha-sultan-teens-in-high-achieving-schools-face-greater-alcohol/article_0b1673db-2eda-520a-9a06-7d31776b8e74.html).

*Science Daily*, June 23. [To work or not to work: Moms' well being rests on what she wants.](https://www.sciencedaily.com/releases/2017/06/170621103042.htm)

*The Business Journals,* June 22. [Science: Moms with choices are best-adjusted](#http://www.bizjournals.com/bizwomen/news/latest-news/2017/06/science-moms-with-choices-are-best-adjusted.html).

*AddictionNow,* June 6. [Why are wealthy teens more likely to get addicted?](https://www.drugaddictionnow.com/2017/06/06/wealthy-teens-more-likely-get-addicted/)

*MedicalNews.com,* June 5. [Kids from high achieving schools at highest risk for addiction](https://medicalresearch.com/author-interviews/kids-from-high-achieving-schools-can-be-at-risk-of-substance-abuse-and-addiction/35073/).

*Fox News*, June 5. [Rich kids and drugs: Addiction may hit wealthy students hardest](http://www.foxnews.com/health/2017/06/05/rich-kids-and-drugs-addiction-may-hit-wealthy-students-hardest.html).

*CBS News*, June 1. [Teens at elite high schools at higher risk of addiction, study finds](http://www.cbsnews.com/news/elite-high-schools-higher-risk-of-addiction-study/).

*The Telegraph, UK,* June 1. [Girls at private schools more likely have problems with alcohol & drugs](http://www.telegraph.co.uk/news/2017/05/31/girls-go-private-schools-likely-have-problems-alcohol-drugs/).

*The Independent, UK*, June 1. [Top private school pupils more likely to end up with addictions](http://www.independent.co.uk/news/education/education-news/private-school-pupils-drug-alcohol-addictions-more-likely-new-research-money-fake-id-a7766951.html).

*LiveScience.com*, June 1. [Rich kids and drugs: Addiction may hit wealthy kids hardest](http://www.livescience.com/59329-drug-alcohol-addiction-wealthy-students.html#undefined.gbpl).

*Huffington Post,* June 1. [Addiction may hit wealthy, white collar students hardest](http://www.huffingtonpost.com/entry/addiction-may-hit-wealthy-white-collar-students-hardest_us_5936ff9ae4b0ce1e7408645d)

*Huffington Post,* June 1. [Building Authentic Connections: Professional moms come out more resilient](http://www.huffingtonpost.com/entry/592dd9b3e4b075342b52c0f1).

*Daily Mail, UK,* May 31. [Teenagers at high-achieving schools MORE likely to battle addiction](http://www.dailymail.co.uk/health/article-4558796/Privileged-teenagers-GREATER-risk-addiction.html).

*ASU Now,* May 31. [Kids in high-achieving schools: Addiction down the road?](https://asunow.asu.edu/20170531-discoveries-asu-study-kids-high-achieving-schools-addiction-affluence)

*The Atlantic,* April 19. [How big people shape little kids in big little lies](https://www.theatlantic.com/education/archive/2017/04/how-big-people-shape-little-kids-in-big-little-lies/523536/).

*Science Newsline,* April 12. [Mayo, ASU program helps mothers in medical professions lower stress](http://newsnetwork.mayoclinic.org/discussion/tending-the-caregivers/).

*Campden Wealth, UK*, Feb 24. [Poor little rich kids: How mental health is affecting the next generation](http://www.campdenfb.com/article/poor-little-rich-kids-how-mental-health-affecting-next-generation).

*Science Daily,* Feb 21. [Family focused interventions for at risk children and youth](https://www.sciencedaily.com/releases/2017/02/170221110716.htm).

*PsychCentral.com*, Feb 5. [Experts recommend more interventions for at-risk youth](https://psychcentral.com/news/2017/02/05/experts-recommend-more-interventions-for-at-risk-youth/116033.html).

*ScienceDaily.com,* Feb 1. [Experts recommend shift in national priorities to prevent youth disorders.](https://www.sciencedaily.com/releases/2017/02/170201092702.htm)

*The Times, UK,* Jan 29. [Puttnam: Elite kids as deprived as the poorest](http://www.thetimes.co.uk/edition/news/puttnam-elite-kids-as-deprived-as-the-poorest-5f2vkk3xx).

*Daily Mail, UK,* Jan 29. [Children of the super-rich top 0.1% are 'as disadvantaged' as society's poorest](http://www.dailymail.co.uk/news/article-4168616/Rich-children-disadvantaged-poor-says-peer.html).

*The Pool, UK,* Jan 23. [The middle years of child-rearing are the toughest](https://www.the-pool.com/life/parenting-honestly/2017/4/sally-peck-on-the-parents-of-tweens).

*The Independent, UK,* Jan 17. [Why parenting tweenage children is more stressful..](http://www.independent.co.uk/life-style/health-and-families/parenting-most-stressful-tweenage-children-terrible-twos-teenage-tweens-child-rearing-family-a7530926.html)

*KJZZ Public Radio,* Jan 17. [Research: Families should spend more time teaching kids kindness](http://theshow.kjzz.org/content/422646/research-families-should-spend-more-time-teaching-kids-kindness).

*VoiceAmerica.com (*audio*),* Jan 12. [Middle school moms --The most stressed of all](https://www.voiceamerica.com/episode/96740/middle-school-moms-the-most-stressed-of-all/56785).

*Southern California Public Radio (*podcast*),* Jan 11. [Why moms of middle schoolers have it hardest](http://www.scpr.org/programs/take-two/2017/01/10/54322/the-brood-why-moms-of-middle-schoolers-have-it-the/).

*Slate.com (*audio *-* @*12:45 minutes),* Jan 5. [Mom and dad are fighting: The Hardest Age](https://cms.megaphone.fm/channel/slatesmomanddadarefighting?selected=SM2950492626).

**2016:**

*NPR,* Dec 29. [Being mom to a middle schooler can be the toughest gig of all.](http://www.npr.org/sections/health-shots/2016/12/29/506590099/being-mom-to-a-middle-schooler-can-be-the-toughest-gig-of-all?utm_source=facebook.com&utm_medium=social&utm_campaign=npr&utm_term=nprnews&utm_content=2057) (2nd in ["Best of NPR](http://view.et.npr.org/?qs=cf69e117b1288a1825ba736993e76899102dfcbc90432549c311c7abb7ec234c665424d3006bf823a98824435a159c3b5df3e7a4b26a3fbb58930f23d1c6390ee9ec525916d0bcbe)")

*Arizona Republic,* Dec 2. [Pushy parents who prioritize GPA are actually hurting their kids](http://www.azcentral.com/story/entertainment/kids/2016/12/02/pushy-parenting-grades-hurts-your-kid-asu-study/94769184/)*.*

*Times of India,* Dec 1. [Why you should stop pressuring kids over grades](http://timesofindia.indiatimes.com/life-style/relationships/parenting/Why-you-should-stop-pressuring-kids-over-grades/articleshow/55720641.cms)*.*

*PsychCentral,* Dec 1. [Parents should not put too much pressure on kids](http://psychcentral.com/news/2016/12/01/parents-should-not-put-too-much-pressure-on-kids/113269.html)*.*

*Science Daily,* Nov. 28. [Parents should avoid pressuring young children over grades](https://www.sciencedaily.com/releases/2016/11/161130114722.htm).

*Bloomberg Businessweek.* Nov. 21. [Affluenza Anonymous: Rehab for the young, rich, and addicted](https://www.bloomberg.com/features/2016-affluenza-rehab/?utm_campaign=SFMC_Daily+Clips+21+NOV+16_ASU%20Now&utm_medium=email&utm_source=Media%20Relations%20Daily%20News%20Clips).

*Wilton Bulletin,* Oct 9. [The serious risks affluent teens face](http://www.wiltonbulletin.com/86595/youth-mental-health-substance-abuse-expert-will-talk-at-wilton-high-school/).

*The New York Times*, Sept. 26. [When a spouse dies, resilience can be uneven](http://www.nytimes.com/2016/09/27/well/family/when-a-spouse-dies-resilience-can-be-uneven.html?rref=collection%2Fsectioncollection%2Fhealth&action=click&contentCollection=health&_r=0).

*KJZZ Public Radio,* Sept. 20. [Why our resilience may rely more on relationships than personal fortitude](http://kjzz.org/content/367299/why-our-resilience-may-rely-more-relationships-personal-fortitude).

*El Confidencial, Spain,* Sept. 15, 2016 ['Affluenza', la polémica enfermedad](http://www.elconfidencial.com/mundo/2016-09-15/existe-la-affluenza-la-polemica-dolencia-que-libra-de-la-carcel-a-ninos-ricos-de-eeuu_1259950/)…

*IrishTImes.com*, Sept 13. [Should you instinctively know how to be a parent](https://www.irishtimes.com/life-and-style/health-family/parenting/should-you-instinctively-know-how-to-be-a-parent-1.2775691)?

*Global News, Canada, Sept. 9.* [Extra-curricular activities vs. play: which is better for kids?](http://globalnews.ca/news/2929986/extra-curricular-activities-vs-play-which-is-better-for-kids/)

*Wall Street Journal,* Aug 24.[When to let children quit.](http://www.wsj.com/articles/when-to-let-children-quit-1472059304)

*Psychology Today,* Aug 16. [Is empty nest a myth?](https://www.psychologytoday.com/blog/singletons/201608/is-empty-nest-myth?#_=_)

*612 ABC Brisbane, Australia (***audio***),* July 29. [Money, wealth, and expectation.](http://blogs.abc.net.au/queensland/2016/07/money-wealth-and-expectation.html?site=brisbane&program=612_afternoons)

*The Academic Minute.* July 15. [Mothers of tweens](https://www.insidehighered.com/audio/2016/07/15/mothers-tweens).

*NPR,* June 6. [Think mothering young kids is hard? Get ready for even tougher times](http://www.npr.org/sections/13.7/2016/06/06/480906083/think-mothering-young-kids-is-hard-get-ready-for-even-tougher-times).

*Mental\_Floss.com,* May 24. [Resilience isn’t innate: Here’s how we can cultivate it](http://mentalfloss.com/article/80152/resilience-isnt-innate-heres-how-we-can-cultivate-it).

*Wall Street Journal,* May 17. [Moms’ middle-school blues](http://www.wsj.com/articles/moms-middle-school-blues-1463505537#livefyre-comment).

*Care.com*, May 1. [Are you raising a ticking time-bomb?](https://www.care.com/a/are-you-raising-a-ticking-time-bomb-20160415013844)

*Psychology Today,* March 31. [What’s the hardest stage of parenting?](https://www.psychologytoday.com/blog/growing-friendships/201603/what-s-the-hardest-stage-parenting)

*Science Daily,* March 19. [Natural resilience to major life stressors is not as common as thought](https://www.sciencedaily.com/releases/2016/03/160318102059.htm)

*Washington Post,* March 25. [Researchers have a new theory about how tragedies affect us.](https://www.washingtonpost.com/news/wonk/wp/2016/03/25/researchers-have-a-new-theory-about-how-tragedies-affect-us/)

*Quartz,* March 20. [Most people aren’t resilient to life’s hardships](http://qz.com/643466/most-people-arent-resilient-to-lifes-hardships-researchers-find/)

*The Times, UK,* March 19. [Stressed, depressed, lonely and anxious. Is your teenager OK?](http://www.thetimes.co.uk/tto/life/article4716455.ece)

*Medical Daily*, March 18. [Resilience is uncommon](http://www.medicaldaily.com/resilience-unemployment-bounce-back-378417)

*BYU Radio, Top of Mind*, March 8. [Middle school parenting](http://www.byuradio.org/episode/1418f5ff-b812-45f9-8a79-7f295ca4879e/top-of-mind-with-julie-rose-nancy-reagan-disability-voting-middle-school-parenting)

*Raising Arizona,* March 2016. [Who mothers mommy?](http://www.raisingarizonakids.com/2016/03/who-mothers-mommy-authentic-friendships/)

*Black Bear*, Feb 28. [The addiction epidemic no one is talking about](http://blackbearrehab.com/blog/addiction-epidemic-no-one-talking/)

*The Times, UK,* Feb 7. [Cutting the old school ties](http://www.thesundaytimes.co.uk/sto/Magazine/Features/article1663604.ece)

*St. Louis Post-Dispatch,* Feb 05. [How to survive your kids' middle school years](http://www.stltoday.com/lifestyles/relationships-and-special-occasions/parenting/aisha-sultan/aisha-sultan-how-to-survive-your-kids-middle-school-years/article_30944359-0ff1-5ea5-9728-eed0aa2924d1.html)

*CNN,* Jan 27. [Middle school: The new high school for moms](http://www.cnn.com/2016/01/27/health/middle-school-stress-mothers-research/)

*Good Housekeeping,* Jan 27. [Middle school stressful for whole family](http://www.goodhousekeeping.com/life/parenting/news/a36589/study-middle-school-most-stressful/)

*QZ.com, Jan 28.* [Having a newborn is hell—it gets worse](http://qz.com/603911/having-a-newborn-is-hell-but-new-research-shows-that-it-gets-worse/)

*KInstantly,* Jan 25. [Moms, prepare for middle school](http://blog.kinstantly.com/middle-school-moms/)

*CNN,* Jan 8. [Believe it or not, there are challenges to growing up wealthy](http://www.cnn.com/2016/01/08/health/affluenza-parenting-challenges-wealthy-households/).

*The Washington Post,* Jan 7, 2106. [No such thing as ‘affluenza?’ Not so fast](https://www.washingtonpost.com/news/morning-mix/wp/2016/01/07/no-such-thing-as-affluenza-not-so-fast/).

*The Dallas Observer,* Jan 7. [Affluenza is a big surprise..are you kidding me?](http://www.dallasobserver.com/news/affluenza-is-a-big-surprise-in-this-country-are-you-kidding-me-7912753)

**2015:**

*NPR To the Point*. Dec 28. [Students and the pressure to perform](http://www.kcrw.com/news-culture/shows/to-the-point/students-and-the-pressure-to-perform).

*The Times of India*. Nov 22. [The poor, little rich kids of Silicon Valley schools](http://www.pressreader.com/india/the-times-of-india-new-delhi-edition/20151122/282260959368559/TextView).

*The Atlantic.* Nov 21. [Why affluent parents put so much pressure on their kids](http://www.theatlantic.com/business/archive/2015/11/pressure-affluent-parents/417045/).

*The Atlantic.* Nov 17. [The Silicon Valley suicides.](http://www.theatlantic.com/magazine/archive/2015/12/the-silicon-valley-suicides/413140/#article-comments)

*WebMD Radio.* Nov10. [Being a Mother: Who takes care of the caregiver?](http://radiomd.com/show/her-radio/item/29866-being-a-mother-who-takes-care-of-the-caregiver)

*KInstantly U, Nov 2.* [This study struck a chord with moms](http://blog.kinstantly.com/mom-friends/)

*Science Daily, Oct 29.* [Who mothers Mommy?](http://www.sciencedaily.com/releases/2015/10/151029141130.htm)

*Bloomberg Business, Oct 1.* [How the superwealthy plan to make sure their kids stay superwealthy](http://www.bloomberg.com/news/articles/2015-10-01/how-the-superwealthy-plan-to-make-sure-their-kids-stay-superwealthy)

*Huffington Post, July 7.* [Is it possible to raise happy kids in affluence?](http://www.huffingtonpost.com/peggy-drexler/is-it-possible-to-raise-h_b_7743888.html)

*The New York Times, March 31.* [Do college admissions by lottery](http://www.nytimes.com/roomfordebate/2015/03/31/how-to-improve-the-college-admissions-process/do-college-admissions-by-lottery).

*The New York Times, Jan 10.* [Growing up on easy street has its dangers](http://www.nytimes.com/2015/01/10/business/growing-up-on-easy-street-has-its-own-dangers.html?emc=eta1&_r=0).

**2014:**

*American Psychological Association, December*. [Psychology Speaks Podcasts: The mental price of affluence](http://www.apa.org/research/action/speaking-of-psychology/affluence.aspx)*.*

*The Times, UK, Dec 2.* [Affluent neglect: when did you last see your children](http://www.thetimes.co.uk/tto/health/child-health/article4284228.ece)?

## *Associated Press, Nov 22.* [Role of wealth, race…in report on Newtown shooter](http://www.nhregister.com/general-news/20141122/role-of-wealth-race-also-addressed-in-report-on-newtown-shooter).

## *Chicago Tribune, Aug 12.* [Robin Williams’ death shows depressions reach](http://www.chicagotribune.com/lifestyles/health/ct-robin-williams-depression-20140813-story.html).

## *Campbell Law Observer, Jan 2014*. [Are we on the brink of an “affluenza” epidemic](http://campbelllawobserver.com/2014/01/are-we-on-the-brink-of-an-affluenza-epidemic/)*?*

*Wikipedia, Retrieved Feb 2014.*  [Ethan Couch](https://en.wikipedia.org/wiki/Ethan_Couch).

## *ABC News, Denver, Jan 2014*. [Psychologist: Affluenza doesn't exist](http://www.thedenverchannel.com/news/psychologist-affluenza-doesnt-exist).

## 2013:

## *The Guardian, UK, Dec. 15.* [Affluenza: the latest excuse for the wealthy to do](http://www.theguardian.com/commentisfree/2013/dec/15/affluenza-texas-dui-ethan-couch)…

## *Washington Times, Dec. 13.* [Teen who killed four drunk-driving gets probation on ‘affluenza’ defense](http://www.washingtontimes.com/news/2013/dec/13/teen-who-killed-four-drunk-driving-gets-probation-/)

## *LA Times, Dec 13.* [Teen killer's 'affluenza' defense is a lot of baloney](http://articles.latimes.com/2013/dec/13/local/la-me-ln-affluenza-and-the-plague-of-unequal-justice-20131213).

*Discovery.com, Dec 13.* [Is affluenza a real condition](http://news.discovery.com/human/psychology/is-affluenza-a-real-condition-131213.htm)?

## *USA Today, Dec 12.* [Texas teen's fatal DWI defense](http://www.usatoday.com/story/news/nation/2013/12/12/affluenza-dwi-dui-texas/3999487/)*.*

## *CNN.com, Dec 12.* ['Affluenza': Is it real?](http://www.cnn.com/2013/12/12/health/affluenza-youth/)

## *Wisconsin Public Radio, Dec 12.* [The problem of affluenza](http://www.wpr.org/problem-affluenza).

## *Associated Press, Dec. 12.* [Sentence In Texas teen's fatal DWI wreck stirs ire](http://bigstory.ap.org/article/sentence-texas-teens-fatal-dwi-wreck-stirs-ire).

## *Sydney Morning Herald, Canberra Times, Brisbane Times, Australia, Dec 8.*

## (Of top 5 articles read in each:[The rich kids are not alright](http://www.smh.com.au/world/the-rich-kids-are-not-all-right-20131207-2yxw9.html)).

*Washington Post, Dec 6.* Money doesn't buy everything.

## *Radio 2GB Australia, Dec 3.* [Live interview: Pushy parents damage rich kids](http://www.2gb.com/article/pushy-parents-damage-rich-kids).

## *The Sunday Times, UK, Nov 10.* [Pushy parents damage rich kids.](http://www.thesundaytimes.co.uk/sto/news/uk_news/Society/article1338874.ece)

*The Australian, Australia, Nov 10.* [Pushy parents damage rich kids](http://www.theaustralian.com.au/news/world/pushy-parents-damage-rich-kids-research-finds/story-fnb64oi6-1226756790555?nk=4e43b43c78db0085d50e9c0bde908234).

*New York Times, Oct 11.*  [Overscheduled children: How big a problem?](http://www.nytimes.com/2013/10/13/fashion/over-scheduled-children-how-big-a-problem.html?pagewanted=all)

*New York Times, May 9.* [Money cuts both ways in education](http://www.nytimes.com/2013/05/10/us/10iht-letter10.html).

*The Globe and Mail, Canada, Feb 7.*  [Six ways to help the stressed-out teen](http://www.theglobeandmail.com/life/health-and-fitness/six-ways-to-help-the-stressed-out-teen-in-your-life/article8304977/)**.**

## 2012 and previous:

## *Torch: Glenbrook North High School, Dec 7, 2012*. [The woes of wealth](http://torch.glenbrook225.org/in-the-middle/2012/12/07/the-woes-of-wealth/).

## *Washington Post, Oct 23, 2012*. [How children succeed: Q & A with Paul Tough](http://www.washingtonpost.com/blogs/answer-sheet/wp/2012/10/23/how-children-succeed-qa-with-paul-tough/).

## *New York Times Book Review, Aug 23, 2012*. [Affluent youth – in Paul Tough’s book, *How Children Succeed*](http://www.nytimes.com/2012/08/26/books/review/how-children-succeed-by-paul-tough.html?pagewanted=all)*.*

## *New York Times Online,* April 12, 2012. [Friends for Life? Wait Till Kids Enter the Picture](http://www.nytimes.com/2012/04/22/fashion/differences-over-parenting-can-break-often-just-erode-friendships.html?pagewanted=all).

## *The Daily Mail, UK. Dec 22, 2011*[*.* Mothers who spend just 19 minutes a day with their children](http://www.dailymail.co.uk/femail/article-2077236/The-mothers-spend-just-19-minutes-day-families.htm)…

## *New York Times, Sep 20, 2011*. [Are poor parents poorer at parenting](http://parenting.blogs.nytimes.com/2011/09/20/are-poor-parents-poorer-at-parenting/)?

## *CBSNews.com Blog. Feb 22, 2011.* [NurtureShock: Your parenting questions answered](http://www.cbsnews.com/news/nurtureshock-your-parenting-questions-answered/).

## *APA Monitor, 2009, Vol. 40.* The price of affluence. <http://www.apa.org/monitor/2009/01/teens.aspx>

## *Scarsdale Inquirer, October 10, 2009.* Who mothers Mommy?.

## *New York Times Jan 29, 2009Judith Warner Blog: Domestic Disturbances,.* [The myth of lost innocence](http://opinionator.blogs.nytimes.com/2009/01/29/at-a-journalism-conference-a-c/).

*New York Magazine, Jan 7, 2008.* [Rich Kid Syndrome](http://nymag.com/news/features/42595/).

*New York Times,* April 13, 2008. [Report on Children Shows a Diverse County](http://www.nytimes.com/2008/04/13/nyregion/nyregionspecial2/13childrenwe.html?pagewanted=all&gwh=D394BE75A77246D2FF3A5CCB5B1993BF&gwt=pay).

*US News, June 12, 2008.* [Good Parents, Bad Results](http://health.usnews.com/health-news/family-health/living-well/articles/2008/06/12/good-parents-bad-results).

*Campus Outreach Webinar*, *September 10, 2007.* Motherhood, fatherhood, and parenting teens.

*Seattle Times, July 13, 2007.* [Parents warned: Let kids drink, and it’ll cost you](http://seattletimes.com/html/localnews/2003787350_miteendrinking13e.html).

*The Oregonian, April 29, 2007.* [Affluence can mask drug abuse by students](http://www.addictioninfo.org/articles/1513/1/Affluence-can-mask-drug-abuse-by-students/Page1.html).

*NBC, King5 Seattle News, April 24, 2007.* Study: Affluent Mercer Island youth at risk.

*Seattle Times, April 21, 2007*. [Mercer Island has it all, plus extra helping of teen angst](http://seattletimes.com/html/localnews/2003675484_mercerkids21e.html).

*The Phoenix, Swarthmore College’s Newspaper, April 19, 2007.* Class differences-- Invisible yet pervasive.

*Anne Tergeson Blog, Business Week Online, March 22, 2007.* [The kids aren’t all right: Same goes for moms](http://www.businessweek.com/stories/2007-03-21/the-kids-aren-t-all-right-same-goes-for-the-moms).

*Los Angeles Times, March 18, 2007.* [Why the best schools can't pick the best kids -- and vice versa](http://articles.latimes.com/2007/mar/18/opinion/op-schwartz18).

*Contra Costa Times, February 19, 2007.* [Lap of luxury breeds higher rates of teen substance abuse](http://www.highbeam.com/doc/1G1-159496475.html).

*Philadelphia Inquirer, February 15, 2007.* [Families who have it all – child trouble included](http://articles.philly.com/2007-02-15/news/25238959_1_reid-family-garrett-parents).

## *New York TimesSelect Judith Warner Blog: Domestic Disturbances, Nov 30, 2006.* [The Most-Troubled Moms](http://opinionator.blogs.nytimes.com/2006/11/30/the-most-troubled-moms/).

## *New York Times, Nov. 9, 2006.* [Cosmopolitan Moms](http://www.nytimes.com/2006/11/09/fashion/09drink.html?pagewanted=all&gwh=51192DDDA990723593A4AA5F3F1663FF&gwt=pay).

## *The Judith Warner Radio Show, XM Radio, 11/2006.* “Privileged" mothers.

## National Public Radio (WBUR), Here & Now, Sept. 14*, 2006.* Wealthy teens more troubled.

*Boston Globe, August 18, 2006*. [The more activities, the better](http://www.boston.com/yourlife/family/articles/2006/09/18/study_the_more_activities_the_better/).

## CBS News and WebMD, August 14, 2006. [Kids aren’t really overscheduled](http://www.webmd.com/parenting/news/20060814/kids-arent-overscheduled).

*MedicalNewsToday, August 20, 2006.* [Experts challenge popular belief that today's children are "Over-Scheduled"](http://archive.news.softpedia.com/news/Experts-Challenge-Popular-Belief-that-Today-039-s-Children-Are-039-Over-Scheduled-039-32826.shtml). **Printed on more than 30 other sites**.

*Marin Independent Journal. July 25, 2006.* [The price of privilege: A generation of stressed-out kids](http://www.marinij.com/lifestyles/ci_4092447).

## New York Times, June 4, 2006. [Lost Summer for the College-Bound](http://www.nytimes.com/2006/06/04/fashion/04TEENS.html?pagewanted=all&gwh=91AFEFCBB5D5E44FF241488F2195B222&gwt=pay). Section 9, p. 1 & 6.

## New York Times Magazine. April 30, 2006. [A Question of Resilience](http://www.nytimes.com/2006/04/30/magazine/30abuse.html?pagewanted=all&gwh=87E6666422BF45BDF3C80771AF90B3F7&gwt=pay).

APS Observer, February 2005. Rich Kid, Poor Kid.

Boston Globe, January 20, 2005. [Parents see down side of wealth](http://www.highbeam.com/doc/1P2-7889499.html).

Working Mothers, Connecting with Kids, Online, August 25, 2004. What Parents Need to Know.

*USA Today,* July 28, 2004. [Working moms' kids do fine, as long as moms keep tabs](http://usatoday30.usatoday.com/news/health/2004-07-28-working-moms-kids-usat_x.htm).

*World Congress of Families, Family Update, Online,* April 13, 2004. Abstract of the Week: [Rich but Disturbed.](http://worldcongress.org/WCFUpdate/Archive05/wcf_update_515.htm)

*Westport News*, December 19, 2003. In praise of Westport's proactive approach.

CTNow.com (by The Hartford Courant), June 1, 2003. [A Community's Challenge](http://articles.courant.com/2003-06-01/news/0306010165_1_parents-pain-school-buses-moments)

DIOPA (Episcopal Diocese of Pennsylvania), No Date. Teen and pastoral care.

The Philadelphia Inquirer, March 15, 2003. All that's clear is the pain.

TheStar.com, February 9, 2003. Children under pressure.

The Philadelphia Inquirer, February 03, 2003. Help teens cope with isolation, stress.

Boston Globe, December 19, 2002. Resiliency helps during Christmas morning upset.

Palo Alto Weekly, December 18, 2002. On the Blackboard - Sobering Statistics.

Hartford Courant, December 16, 2002. Parents Turn Up the Heat.

American Journal of Nursing, December 2002. Living Well but Poorly: Suburban youths show high levels of distress and substance abuse.

Education Week, November 20, 2002. Report Roundup: [Affluent Youths](http://www.edweek.org/ew/articles/2002/11/20/12reportroundup.h22.html).

Mobile Register (AL), November 17, 2002. Are kids from affluent families more likely to drink?

APA Practice, No date. Resilience Resources.

Voices for Children, No Date. Promoting Children's Health Development.

Leadership to keep Children Alcohol Free, November 14, 2002. Underage Drinking By Affluent Suburbanites.

CNN Radio, November 13, 2002. Interview with Jim Ribble.

Associated Press, November 12, 2002. [NYC suburbs worry about teen drinking](http://www.mrt.com/import/article_c49a2e94-8991-541b-9ee4-de2418ca295e.html).

***Psychology Today,* June 2005.** [Down and out in Orange County](http://business.highbeam.com/136989/article-1G1-132466949/down-and-out-orange-county)**. Printed/cited in over 30 other sources**.

Lexis-Nexis, November 12, 2002. Teen drinking incidents raise worries in affluent NYC Suburbs.

Lexis-Nexis, November 12, 2002. NYC Suburbs Worry About Teen Drinking.

WPXI-TV Channel 11 (PA), November 12, 2002. [Suburban parents fear teen drinking](http://www.mrt.com/import/article_aca85013-c845-5899-85f1-3b72c72800e9.html).

Today's School Psychologist, November 11, 2002. Rich youth more prone to stress, substance use, and depression.

Lexis-Nexis, November 10, 2002. Teen drinking incidents raise worries in affluent NYC suburbs.

Lexis-Nexis, October 31, 2002. Rich youth prone to stress, substance abuse, depression.

The Metrowest Daily News, October 22, 2002. Wallace: Parents running for cover.

International Child and Youth Care Network, October 8, 2002. Early pressures tied to drug abuse.

Boston Globe, October 7, 2002. Early pressures tied to drug abuse.

Media Awareness Project (Boston Globe), October 7, 2002. [Early pressures tied to drug abuse](http://www.highbeam.com/doc/1P2-7755101.html).

Cannabis News (World Net Daily), October 4, 2002. Doping our kids. <http://www.wnd.com/2002/10/15432/>

Muzi.com (News), September 23, 2002. Affluent Kids Abusing Drugs.

Mindful-Things Weekly, September 20, 2002. Psychology News.

UPI, September 18, 2002. [Affluent kids: Both pressured and ignored](http://www.upi.com/Odd_News/2002/09/17/Afluent-kids-Both-pressured-and-ignored/58501032294155/). **Printed/cited in over 10 other sources**.

Intelihealth(Blue Bell, PA), September 18, 2002. [Affluent youth prone to high distress, substance abuse](http://www.eurekalert.org/pub_releases/2002-09/cfta-ayp091302.php).

MSN Health (WebMD), September 18, 2002. [Affluent kids abusing drugs: Overwhelmed by pressure](http://connecticare.com/globalfiles/healthnews/article.asp?ID=091e9c5e80010176&Cat=3&Num=6)

AOL Health (WebMD), September 18, 2002. Affluent kids abusing drugs.

Health Behavior News Service, September 17, 2002. Affluent youth prone to high distress, substance abuse.

EurekAlert (Washington, DC), September 17, 2002. [Affluent youth prone to high distress, substance abuse](http://www.eurekalert.org/pub_releases/2002-09/cfta-ayp091302.php).

The Stress of Life.com, No date. Affluent youth prone to high distress, substance abuse.

*New Haven Advocate,* 2002. Nannies tell all: Accessory kids and their rich parents who neglect them.

*National Mentoring Partnership*, 2002. Journal of Youth and Adolescence.

*Center for Family & Demographic Research*, Bowling Green State University. Working Papers, 02-03.

*Alberta (CA) Mental Health Board*, March 2002. Promoting Resilience.

*ISI Essential Science Indicators,* February 1, 2002. Fast Breaking Comments.

*Australian Information & Support Services for Men,* August 15, 2001. More Kids Struggle with Depression.

*The Minuteman,* May 16, 2001. Depression and substance use among affluent youth.

*Australian Institute of Family Studies*, March 13, 2001. Literature Highlights.

*New Haven Advocate*, February 7, 2001. Nannies and neglect of children in wealthy families.

*Westport News,*January 19, 2001. Teen risky behaviors and parenting issues.

*The Minuteman,* January 25, 2001. Pressures and competition among suburban youth.

*National Council of Jewish Women Journal*, Winter 2000/2001. Challenges of the middle school years.

*Westport News*,January 2, 2001. Teen stress and pressures.

*National Council of Jewish Women,* Winter 2001. The Middle School Years: Some Troubling Insights

*MaineToday.com,* December 31, 2000. Pressure to succeed can have costly effects on teens.

*Westport News*,October 20, 2000. Substance use among affluent teens.

*Westport News*, September 20, 2000. After school program instituted to prevent risky behaviors.

*Cablevision editorial*, May 12, 2000. Problems and lack of after-school supervision, suburban youth.

*Westport News*, May 03, 2000. Problems of suburban teens.

*Detroit News*, August 30, 1999. Adjustment problems among upper-SES teens.

*USA Today*, August 16, 1999. Drugs and depression among suburban teens.

*Parenting Magazine*, August 1999. Raising healthy teens.

*CNN News*, April 24, 1999. Mental health concerns among suburban youth.

*Australian Broadcasting Corporation*, April 22, 1999. Preventing violence.

*New York Times*, April 22, 1999. Adolescent mental health; preventing violence.

*USA Today*, December 14 1998. Generation gap, mother-daughter relationships.

*WSYR radio*, Syracuse, NY, August 28, 1998. Adolescent depression.

*Sun Herald*, August 24, 1998. Depression among girls.

*USA Today*, August 13, 1998. Depression among suburban teens.

*WCBS radio*, New York, August 14, 1998. Adolescent depression.

*Westport News*, November 19, 1997. Professional workshop for community agencies.

*Westport News*, October 10, 1997. Parenting workshops to prevent teen substance use.

*Ladies’ Home Journal*, May, 1994. “Women who beat the odds”.

*American Health*, April 1994. “The miracle of resilience”.

**Teaching /University activities**

2017-2019 University Undergraduate Standards Committee

2014-2019 Courses taught at ASU: Graduate: *Clinical Psychology 2nd year Practicum Supervision;*

*Clinical Psychology Advanced Practicum in Interpersonal Therapy; Resilience Processes in Development;* Undergraduate: *Abnormal Child Psychology* (and created a new course, *ProMod*, see below)

2016 Fall Students’ Grievance Committee, ASU

2014 – 2016 Faculty Executive Committee, Dept. of Psychology, Arizona State University

2014 -- 2015 Limited grant submissions standing review panel, Office of Knowledge Enterprise

Development, Arizona State University (ASU)

2014 – 2015 Designed Psychology ProMod course for Provosts’ initiative on interdisciplinary learning, ASU

2014 – 2015 Faculty Evaluation Committee (FEC), Dept. of Psychology, ASU

2011 – 2013 Senior Advisor to the Provost for research mentorship, Teachers College, Columbia University

2006 – 2007 Chair, Department of Counseling and Clinical Psychology, Teachers College

2007 Elected faculty representative, Search Committee for Teachers College Dean

2005 – 2006 Member, Faculty Executive Committee, Teachers College, Columbia University

2003 – 2005 Member, Committee for Promotion to Full Professor, Teachers College, Columbia University.

1999 – 2002 Coordinator of Developmental Psychology Program, Department of Human Development,

Teachers College, Columbia University

1998 – 2005 Member, Institutional Review Board, Teachers College, Columbia University

1997 – Graduate courses – Teachers College, Columbia University. *Developmental Psychopathology;*

*Risk, resilience & poverty: Processes in children’s adjustment; Adolescent*

*development and developmental problems*

1997 – 1999 Member, Faculty Executive Committee and Academic Programs Subcommittee, Teachers

College, Columbia University

1995 – 1997 Graduate / postdoctoral research seminar, Yale University. *Research Topics in*

*Developmental Psychopathology.*

1994 – 1997 Advisor, undergraduates senior projects, Department of Psychology, Yale University

1994 – 1997 Supervision of postdoctoral fellows for Connecticut state licensure, Department of Psychiatry,

Yale University

1993 – 1995 Supervision of psychology interns in group psychotherapy, Department of Psychiatry, Yale

University

1993 – 1997 Faculty member, graduate students’ predissertation and dissertation advisory committees,

Department of Psychology, Yale University

1991 – 1992 Supervision of graduate students in child assessment, Yale Child Study Center

1986 – 1988 Member, Graduate Student Advisory Committee, Department of Psychology, Yale University