**­­­SUNIYA S. LUTHAR, Ph.D.**

Websites**:** [SuniyaLuthar.org](http://www.SuniyaLuthar.org), [AuthConn.com](http://www.authconn.com/), [AuthenticConnectionsGroups.org](http://www.authenticconnectionsgroups.org)

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## EDUCATION

##### 1990 Ph.D. (Distinction) - Developmental/Clinical Psychology, Yale University, New Haven

1980 M.S. Child Development, Delhi University, India

1978 B.S. (Honors) Delhi University, India

**CAREER**

2019 -- *Co-Founder and Chief Research Officer*, Authentic Connections, Tempe, AZ

2015 -- *Founder and Executive Director,* Authentic Connections (nonprofit, 501C3 corporation)

2014 – *Professor Emerita,* Teachers College, Columbia University, New York, NY

2014 – 2019 *Foundation Professor of Psychology,* Arizona State University, Tempe, Arizona

2015 -- 2019 *Research Affiliate,* Mayo Clinic, Phoenix, AZ

2011 – 2013 *Senior Advisor to the Provost* for research mentorship, Teachers College, Columbia University

2010 – 2013 *Professor Adjunct,* Child Study Center, Yale University School of Medicine, New Haven, CT

2001 – 2013 *Professor*, Developmental and Clinical Psychology, Teachers College, Columbia University

2006 *Chair*, Dept. of Counseling and Clinical Psychology, Teachers College, Columbia University

1997 – 2001 *Associate Professor*, Developmental Psychology, Teachers College, Columbia University

1997 – 2013 *Research Affiliate*, Yale University School of Medicine; Director; Child & Family Research, APT Foundation, New Haven, CT

1994 – 1996 *Assistant Professor*, Departments of Psychiatry, Psychology, and Child Study Center, Yale University, New Haven, CT

1994 – 1996 *Director*, Child & Family Research, Substance Abuse Treatment Unit, Yale University School of Medicine.

1992 – 1996 *Assistant Professor*, Department of Psychiatry and Child Study Center, Yale University School of Medicine.

1990 – 1992 *Associate Research Scientist*, Department of Psychiatry and Child Study Center (joint appointment 1991 – 1992), Yale University School of Medicine.

1989 – 1990 *Postdoctoral fellow*, Child Study Center, Yale University, New Haven

1988 – 1989 *Predoctoral clinical psychology intern*, Child Study Center, Yale University

1981 – 1984 *Lecturer*, Child Development, Lady Irwin College, Delhi University, India

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AWARDS AND DISTINCTIONS

2018 --2019 *Member,* National Academies of Sciences, Engineering, and Medicine committee authoring the consensus report, *Vibrant and Healthy Kids: Aligning Science, Practice, and Policy,* July 2019.

2018 -- 2019 *President, American Psychological Association (APA) Division 7*

2017 *President Elect, American Psychological Association (APA) Division 7*

2015 *Fellow, APA (Division 7,* Developmental Psychology; *Division 37,* Society for Child and Family Policy and Practice

2013 – 2016 Council Representative for Division 7, American Psychological Association

2013 – 2015 Member-at-large, Coalition for Academic, Scientific, & Applied-Research Psychology (CASAP)

2009 Award for *Mentorship, Courage, and Integrity*: Asian Caucus of the Society for Research in

 Child Development

2007 – 2008 *Member, Committee on Socioeconomic Status*: American Psychological Association – Board for the Advancement of Psychology in the Public Interest

2006 – *Fellow, American Association for Psychological Science* (APS) for Distinguished Contributions to Psychological Science

2006 – *Member, New York Academy of Sciences*

2006 – 2009 *Member, Governing Council, Society for Research in Child Development*

2005 – 2006 *Outstanding Teacher Award,* Teachers College, Columbia University (award subsequently discontinued)

2003 – 2004 *Outstanding Teacher Award*, Teachers College, Columbia University

2002 – 2003 *Outstanding Teacher Award,* Teachers College, Columbia University

2002 *Chair, Initial Review Group*: National Institute of Health, Center for Scientific Review: Psychosocial Development, Risk and Prevention -1 Committee (Term: 2002 – 2004)

1998 *Boyd McCandless Young Scientist Award* for Early Career Contributions. American Psychological Association, Division 7: Developmental Psychology

1996 *Outstanding Contributions to Child Development*. Delhi University, India

1995 *American Mensa Education & Research Foundation Award* for excellence in research on intelligence and intellectual giftedness

1993 *Research Scientist Development Award* (K-21). National Institute on Drug Abuse

1990 *American Psychological Association Dissertation Award*, Division 37: Child, Youth, &
 Family Services

1988, 1987 *Enders Prize Fellowship*: support for dissertation research, Yale University

1978 *All India* Post Graduate Merit Scholarship

PROFESSIONAL ACTIVITIES

### Grant reviews: National Institutes of Health

*Member, special emphasis panel (Accelerating the pace of drug abuse research using existing data).* National Institute of Health, Center for Scientific Review (06/24/2014)

*Member, Initial Review Group*: National Institute of Health, Center for Scientific Review: Risk Prevention and Health Behavior-1 Review Committee (06/1999 – 06/2002)

*Member, Initial Review Group*: National Institute of Mental Health Child/Adolescent Development, Risk, and Prevention Review Committee (06/1998 – 02/1999)

*Chair, Special Emphasis Panels*, Center for Scientific Review RHPB-3 (03/2001; 07/2000)

*Member, Special Emphasis Panel* National Institute on Drug Abuse: Behavioral Therapy Development and Behavioral Science (07/1999)

*Ad hoc member, Initial Review Groups*: National Institute on Mental Health (1997, 1998), National Institute on Drug Abuse (1993, 1996)

*Site visit* for RO1 grant: National Institute on Drug Abuse (1995)

###### Grant reviews: Other

National Science Foundation, Smith-Richardson Foundation, William T. Grant Foundation, (US)

Nuffield Foundation (UK)

Journal reviews / Editorial responsibilities

Associate Editor:

 *Development and Psychopathology (1999 – ongoing )*

 *Developmental Psychology (2004 – 2007)*

 Editorial board*:*

 *Annual Review of Clinical Psychology* (2003 – 2005)

 *Developmental Psychology* (1999 – 2003*)*

 *Child Development* (1994 – 1997)

 *Monographs of the Society for Research in Child Development* (2005)

 Ad hoc manuscript reviews:

 *Clinical Psychology Review, Child Development, Developmental Psychology, Development and Psychopathology, Psychological Bulletin, American Psychologist, Journal on Adolescent Research, Journal of Research on Adolescence, Journal of Clinical Child Psychology, American Journal of Orthopsychiatry, Addiction, British Journal of Developmental Science, Journal of Applied Developmental Science, International Journal of School Psychology*

**Other Reviews**

 Books/ book proposals**:** American Psychological Association, Cambridge University Press; Harvard University Press, Erlbaum

 Institute of Medicine Report (2015) : *Harvesting the Scientific Investment in Prevention Science to Promote Children’s Cognitive, Affective, and Behavioral Health: Workshop Summary*

GRANTS AND CONTRACTS

*Principal Investigator, Authentic Connections.* Grant from the Authentic Connections Nonprofit Foundation; dates Aug 2019 - May 2020, costs $93,506.

*Principal Investigator, Authentic Connections.* Grant from the Authentic Connections Nonprofit Foundation; dates May 2018 - April 2019, costs $18,000.

*Co-Investigator, Fostering Resilience amongst Mothers under Stress: Authentic Connections for Nurse Leaders.* Elizabeth C. Bonner Endowment Fund,Mayo Clinic, Rochester, MN; dates July 2018- August 2019; costs $20,000.

*Co-Investigator, “The Pathways to Character Project”.* Grant from the Templeton Foundation; dates 12/1/16-11/30/19; costs: $615,371.

*Principal Investigator: “Authentic Connections”: Fostering resilience among mothers in their community and work settings.* Three-month manualized support groups for at-risk mothers. Grant from the Rodel Foundation; dates: 09/22/2015 – 09/21/2018; costs: $100,000.

*Principal Investigator: “Fostering resilience: An intervention for women physicians at risk for burnout”.* Piloting a three-month manualized intervention for physicians at the Mayo Clinic. 01/01/2015- 09/01/2016; costs: $100,000.

*Principal Investigator: “Maximizing resilience among ASU undergraduates”.* Arizona State University Provost’s Grant. Dates: 09/12/2104 – 09/11/2017; costs: $103,711.

*Training core faculty, Research training in drug abuse-HIV prevention: Closing the research-practice gap. HHS-NIH-NIDA* T32 Training Grant; dates: 7/1/2015 - 6/30/2020. Costs: $1,654,491.

*Principal Investigator: “Substance Abuse Among Suburban Youth: A Prospective Study”*. National Institute on Drug Abuse (R01DA014385-06); dates: 06/16/2008 – 01/31/2014; costs: $1,959,684.

*Principal Investigator: Family Research Consortium – V.* National Institute of Mental Health, National Institute on Drug Abuse, OBSSR; (R13 MH082592-01); Dates: May 01, 2008 – April 30, 2011; Costs $2,111,090

*Principal Investigator: “Substance Abuse Among Suburban Youth: A Prospective Study”*. National Institute on Drug Abuse (DA014385-01); dates: 02/01/2003 – 01/31/2008; costs: $1,262,126.

*Principal Investigator: “Maternal Drug Abuse, Psychopathology, and Child Adaptation”*. National Institute on Drug Abuse (2 R01 DA010726-12); dates: 09/30/2007 – 05/31/2012; costs: $2,785,648.

*Principal Investigator: “Maternal Drug Abuse, Psychopathology, and Child Adaptation”*. National Institute on Drug Abuse (RO1DA10726–07); dates: 04/01/2002 – 03/01/2007; costs: $1,933, 415.

*Principal Investigator: “Vulnerability and competence among suburban youth: A seven wave longitudinal study”.* William T. Grant Foundation; dates: 06/01/2001 – 05/31/2007; costs: $502,845.

*Principal Investigator: “Relational Parenting Groups for DCF-involved mothers”.* Department of Children and Families, State of Connecticut; dates: 01/03/2000 – 06/31/2000; costs: $11,000.

*Principal Investigator: "Risk and resilience among suburban adolescents: A three-year longitudinal study".* William T. Grant Foundation; dates: 04/01/1999 – 03/31/2001; costs: $53,705.

*Co-Principal Investigator: “Aggression in school-age children”.* Co-Investigators: Marla Brassard, Terry Orr, Charles Basch, Teachers College, Columbia University. Spencer Foundation; dates: 08/01/1999 – 07/31/2001; costs: $300,000.

*Co-investigator: “Drug-Dependent Fathers: A Developmental Perspective”* P.I.: Thomas McMahon, Yale University. National Institute on Drug Abuse (RO1–DA11988); dates: 07/01/1998 – 06/30/2000; costs:  $136,787.

*Principal Investigator: “Relational Parenting Therapy for Opioid Abusing Mothers”.* National Institute on Drug Abuse (RO1–DA11498); dates: 01/01/1998 – 11/30/2002; costs: $2,226,520.

*Principal Investigator: “Maternal drug use, psychopathology, and child adaptation”.*National Institute on Drug Abuse (RO1–DA10726); dates: 09/30/1996 – 09/29/2001; costs: $1,513,080.

*Principal Investigator: “Risk and resilience among adolescents”.* William T. Grant Foundation; dates: 07/01/1996 – 06/30/1997; costs: $5,000.

*Faculty Award*: Salary support from the Smith Richardson Foundation, Westport, CT, to supplement NIDA Research Scientist Development Award; dates: 08/01/1996 – 07/31/1997; costs: $19,019.

*Principal Investigator: “Psychosocial profiles associated with adolescent substance use: A school-based, needs-assessment study”.* Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; Center PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1995 – 08/01/1997; costs: $11,800.

*Principal Investigator: "Relational Psychotherapy Parenting for addicted mothers".*Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; Center PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1994 – 08/31/1997; costs: $401, 628.

*Co-Investigator: "Parenting stress in opioid dependent women and the developmental competence of their children: A study of treatment needs".* Component grant within the "Psychotherapy Development for Cocaine and Opioid Abuse" Center funded by the National Institute on Drug Abuse; PI: Bruce Rounsaville, M.D. (P50–DA09241); dates: 09/01/1994 – 08/01/1996; costs: $11,862.

*Research Scientist Development Award (K21)* from National Institute on Drug Abuse (K21–DA00202); dates: 08/01/1993 – 07/31/1998; costs: $574,066.

*Principal Investigator* on grant from the Social Science Research Council, New York, for research on resilience among underprivileged adolescents. Funded by the Rockefeller Foundation; dates: 09/1990 – 12/1991; costs: $6,850.

## CONSULTATIONS: SCIENTIFIC/ GRANTS / PROFESSIONAL ORGANIZATIONS

*Southern Associations of Independent Schools*,Research collaboration, Authentic Connections and High-Achieving Schools. 2020 -

*National Association of Independent Schools*.Research collaboration, Authentic Connections and High-Achieving Schools. 2018 -

*Council Diversity Workgroup, American Psychological Association*: Diversity Training and Cultural Shift Subcommittee. Feb 2016 – Aug 2017.

*External Reviewer* for Institute of Medicine. *Workshop Summary: Harvesting the Scientific Investment in Prevention Science to Promote Children’s Cognitive, Affective, and Behavioral Health*” September 2014.

*International Young Scholar Mentor*, Jacobs Foundation. Society for Research on Adolescence, 2014.

*Faculty Advisor,* Family Research Consortium: National Interdisciplinary Consortium with the National Institutes of Health (PI Belinda Tucker). 2006-2011

*Member,* *American Psychological Association Task Force on Resilience and Strength in Black Children and Adolescents*: Review/ recommendations provided for final report,2007.

*Founding Member,* Asian Caucus, Society for Research in Child Development. March 2007.

Chair, Mentorship Awards Committee, 2006-2008. American Psychological Association, Division 7.

Consultant: *“Fostering Healthy Futures Efficacy Trial for Preadolescent Youth in Foster Care”*, PI Heather Taussig, University of Colorado, Denver (R01 MH076919-01A1, 2007-2012).

Advisory Board Member, NIH-funded Developing Center Grant project*, Delivering Family-Centered Preventions to Rural African American Families.* PI. Gene Brody, Ph.D.  2003 – 2008.

Consultant, *"Defining Fatherhood among Drug-dependent Men.”*  PI Susan Witte, Columbia University School of Social Work.  National Institute on Drug Abuse Grant, 2003 – 2005.

Training for grant peer review: *NIH Peer Review Orientation Workshop*, Bethesda, MD, July 24 – 25, 2003.  One of two NIH review committee Chairs training new scientists on behavioral science review committees.

Training for grant peer review: *NIH Peer Review Orientation Workshop,* Bethesda, MD, July 29 – 30, 2002. One of two NIH review committee Chairs training new scientists on behavioral science review committees.

Consultant, *Parent Intervention for Drug-Abusing Fathers.* Project P.I. T. J. McMahon, Ph.D., Yale University School of Medicine. In B. J. Rounsaville (PI), Psychotherapy development research center. National Institute on Drug Abuse Grant (P50DA09241), 1999 – 2002.

Consultant, *Exposure to chronic community violence and its consequences.* P.I. Beth Rosenthal, D.S.W., York College, City University of New York. National Institute of Mental Health grant, 1997.

Consultant, *Longitudinal effects of prenatal cocaine exposure.*  P.I. Linda Mayes, M.D., Yale University School of Medicine. National Institute on Drug Abuse Grant, 1997 – 1998.

## CONSULTATIONS/ ACTIVITIES: POLICY

Consultant, *National Association of Independent Schools*, 2018-2019.

Consultant, *Robert Wood Johnson Foundation*: Report on Adolescent Wellness. 2017-2018

Consultant, *Science of Learning and Development (SoLD) Collaborative Project*.June 2017.

Member, Advisory Committee, American Psychological Association’s [*Resilience*](http://www.apa.org/helpcenter/road-resilience.aspx)brochure update. 2015.

Member, Expert Panel, “*Sesame Street” Resilience Project*. Washington, DC/New York, March 2011–2013.

Member, Expert Panel, *Protective Factors Framework: Administration of Children, Youth, and Families,* Bethesda, MD. January 2012 – 2013.

*National Center for Children in Poverty's Unclaimed Children II.* Member, Advisory Group. Focused on current social policies regarding children's mental health.  Chairs: Jane Knitzer, Ed.D. and Mareasa Isaacs, Ph.D.  October 2004 – 2005.

*Society for Research in Child Development*. Member, Ethnic and Racial Issues Committee. 2003 – 2006.

Member, Advisory Committee, American Psychological Association’s: [*Resilience*](http://www.apa.org/helpcenter/road-resilience.aspx)brochure. 2002.

*“Health Rocks! Study of Positive Youth Development”.* Advisory Board Member, forProject of National 4H Council, coordinated by Richard Lerner, Tufts University, and Alexander von Eye, Michigan State University. September 2001 – 2002.

*Bernard van Leer Foundation, The Hague, The Netherlands.* Review of three papers on early childhood programs seeking to foster resilient adaptation. January 1 – May 15, 2001.

*Center for Mental Health Services, SAMHSA, US Department of Health and Human Services.* Developing a working definition of, and measurement approach for, the construct of resilience for the use by CMHS grantees. October 1, 2000 – May 1, 2001.

*Department of Children and Families, State of Connecticut.* Consulting with state administrators to monitor, streamline, and evaluate state-supported services for substance-abusing mothers and their children. October 1999 – (ongoing).

*Rochester Child Health Congress Leadership and Advocacy Program.*One of 50 multidisciplinary Congress members identified as future academic leaders in maternal-child health. Rochester, NY, October 22 – 24, 1999.

*Faculty Seminar on Child and Family Policy***,** Institute on Child and Family Policy, Columbia University. New York, NY, 1999 – 2000.

## *“Childhood resilience and policy”.* Workgroup sponsored by the Center for Mental Health Services (SAMHSA). Initial meetings: Fairfax, Virginia, June 16 – 18, 1999.

## *“Children’s mental health and social policy”.* Workgroup sponsored by the Center for Mental Health Services (SAMHSA) and the American Orthopsychiatric Association. Initial meetings: Washington, DC, September 24 – 25, 1998.

**CONSULTATIONS: COMMUNITY (selected)**

*Wilton High School, CT.*  Fostering students’ well-being in High-Achieving Schools. 2017-2018.

*Mayo Clinic, MN.* Authentic Connections Groups for Nursing Leaders (2017-2019).

*Mayo Clinic, AZ.* Authentic Connections Groups to prevent healthcare providers’ burnout. 2015- 2019.

*Bainbridge Youth Services. Bainbridge Island, WA.* Raising resilience among youth and families*. October 2015.*

*Palo Alto School District:* Cluster of teen suicides. *March 2015.*

*American Psychological Association Practice Directorate: “Resilience Initiative”.* Updating brochure and associated materials, see below. May 2015 - Feb 2016

*Department of Human Services, Mercer Island, WA*. Informing interventions to promote positive development among resident youth.  2005 – 2010.

*American Psychological Association Practice Directorate: “Resilience Initiative”.* Using findings from current research, consulting in the design of a brochure and a television documentary (developed with the Discovery Channel) to educate the public about resilient adaptation and how it is achieved. 2002.

*Springfield, MA schools and Smith School of Social Work, MA.*Collaborating in the design and evaluation of research-based preventive mental health interventions in inner-city public schools. 2000 – 2003.

*Department of Human Services, Westport, CT.* Designing and conducting series of parent support group meetings for families in the community. 1997 – 2000.

*Parent Teacher Associations, Westport, CT*: Interactive presentations on behavioral adjustment and substance use among middle and elementary school students. 1997 – 2007.

*New Haven Transitional School.* Supervision of faculty and counselors in a multidisciplinary community support treatment team. In collaboration with the Connecticut Mental Health Center and the Department of Psychiatry, Yale University. 1994 – 1997.

*New Haven Adolescent Comprehensive Treatment System (ACTS).* Designed a research-based battery of assessments for youth at risk for substance abuse, to monitor treatment needs and progress in treatment. Provide ongoing supervision of faculty in project. In collaboration with the Connecticut Department of Child and Family Services, Yale University, & the APT Foundation. 1993 – 1997.

*Women in Treatment*: Research-based assessments to characterize population and monitor treatment success among patients in a multifaceted methadone program for women. In collaboration with the APT Foundation, New Haven, 1992 – 2003.

*Professional Development CEU* for staff in Bridgeport high schools (1992 – 1996).

*Testimonies as expert witness/evaluations ordered by Juvenile Court, New Haven.*

Services/placement of adolescent boy with delinquent record, August, 1995.

School services for adolescent girl, August, 1993.

Maternal alleged abandonment of infant, June, 1992.

Parental neglect of adolescent boys, October 1992.

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**Professional memberships**

American Psychological Association

Society for Research in Child Development

Division 37 (Child, Youth and Family), American Psychological Association

Division 7 (Developmental Psychology), American Psychological Association

Association for Psychological Science

American Orthopsychiatric Association

**Certifications**

Licensed clinical psychologist, Connecticut License #001710, 12/06/91; Arizona # 4559, 09/2014.

**BIBLIOGRAPHY**

 Peer-reviewed journal articles

Luthar, S. S., Kumar, N. L., & Zillmer, N. (2020). Teachers’ responsibilities for students’ mental health: Challenges in high achieving schools. *International Journal of School & Educational Psychology,* *8,*119–130. https://doi.org/10.1080/21683603.2019.1694112

Luthar, S.S. & Mendes, S.H. (2020). Trauma informed schools: Supporting educators as they support the children. *International Journal of School & Educational Psychology, 8*, 147–157*.*

Matsopoulos, A., & Luthar, S.S. (2020). Parents, caregivers and educators: The forgotten stakeholders in the discussion of resilience. Editorial for Special Issue, International Journal of School & Educational Psychology, *8,*75-77.

Spinrad, T. L., Morris, A. S., & Luthar, S. S. (2020). Introduction to the special issue: Socialization of emotion and self-regulation: Understanding processes and application. *Developmental psychology*, *56,* 385-389.

Chesak, S.S., Bhagra, A., Cutshall, S., Ingram, A., Benoit, L. R., MedinaInojosa, J. R., Hayes, S. N., Carolan, B. J., Luthar, S. S. (2020). Authentic Connections Groups: A pilot test of an intervention aimed at enhancing resilience among nurse leader mothers. *Worldviews on Evidence-Based Nursing, 17,* 39-48. doi: 10.1111/wvn.12420.

Warikoo, N., Chin, M., ZIllmer, N., Luthar, S.S. (2020). The influence of parent expectations and parent-child relationships on mental health in Asian American and White American families. *Sociological Forum.* Online first: https://doi.org/10.1111/socf.12583

Luthar, S. S., Kumar, N. L., & Zillmer, N. (2019). High Achieving Schools connote significant risks for adolescents: Problems documented, processes implicated, and directions for interventions. *American Psychologist.* Online first: http://dx.doi.org/10.1037/amp0000556

Luthar, S. S, Kumar, N. L., & Benoit R. (2019). Toward fostering resilience on large scale: Connecting communities of caregivers. *Development and Psychopathology,* *31,* 1813-1825

DOI: 10.1017/S0954579419001251

Ciciolla, L. & Luthar, S. S. (2019). Invisible household labor and ramifications for adjustment: Mothers as captains of households. *Sex Roles. DOI https://doi.org/10.1007/s11199-018-1001-x*

Suh, B. & Luthar, S. S. (2019). Parental aggravation may tell more about a child's mental/behavioral health than Adverse Childhood Experiences: Using the 2016 National Survey of Children's Health. *Child Abuse & Neglect.* doi:10.1016/j.chiabu.2019.104330

Ebbert, A.M., Infurna, F. J., Luthar, S. S., Lemery-Chalfant, K., & Corbin, W. R. (2019). Examining the link between emotional childhood abuse and social relationships in midlife: The Moderating role of the oxytocin receptor gene. *Child Abuse and Neglect, 98, 104151. https://doi.org/10.1016/j.chiabu.2019.104151*

Ebbert, A.E., Kumar, N.L., & Luthar, S.S. (2019). Complexities in adjustment patterns among the "best and the brightest": Risk and resilience in the context of high-achieving schools. *Research in Human Development, 16,* 21-34, DOI:10.1080/15427609.2018.1541376

Ebbert, A., Infurna, F. J., & Luthar, S.S. (2019). Mapping developmental changes in perceived parent-adolescent relationship quality throughout middle school and high school. *Development and Psychopathology. DOI: 10.1017/S0954579418001219*

Korous, K. M., Causadias, J. M., Bradley, R. H., & Luthar, S. S. (2018). Unpacking the link between socioeconomic status and behavior problems: A second order meta-analysis. *Development and Psychopathology, 30,* 1889-1906. https://doi.org/10.1017/S0954579418001141

Hein, S., Thomas, T., Naumova, O. Y., Luthar, S. S., & Grigorenko, E. L. (2018). Negative parenting modulates the association between mother’s DNA methylation profiles and adult offspring depression. *Developmental Psychobiology*, 00:1–7*.* DOI: 10.1002/dev.21789

Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2018). Lifetime and recent incidence of adversity differentially impacts character strengths and well-being in midlife. *Innovation in Aging*, *2,* 181–182. [doi.org/10.1093/geroni/igy023.658](https://doi.org/10.1093/geroni/igy023.658)

Infurna, F. J. & Luthar, S. S. (2018). Re-evaluating the notion that resilience is commonplace: A review and distillation of directions for future research, practice, and policy. *Clinical Psychology Review.* DOI: 10.1016/j.cpr.2018.07.003

Luthar, S. S., Small, P.J., Ciciolla, L. (2018). Adolescents from upper middle class communities: Substance misuse and addiction across early adulthood. *Development and Psychopathology, 30,* 311-335. doi.org/10.1017/S0954579417000645.

Curlee, A. S., Aiken, L. S., & Luthar, S. S. (2018). Middle school peer reputation in high-achieving schools: Ramifications for maladjustment versus competence by age 18. *Development and Psychopathology.* [*https://doi-org.ezproxy1.lib.asu.edu/10.1017/S0954579418000275*](https://doi-org.ezproxy1.lib.asu.edu/10.1017/S0954579418000275)

Hein, S., Stone, L., Tan, M., Barbot, B., Luthar, S. S., & Grigorenko, E. L. (2018). Child internalizing problems and mother-child discrepancies in maternal rejection: Evidence for bidirectional associations. *Journal of Family Psychology. 32,* 229-239. doi: 10.1037/fam0000358.

Luthar, S. S. (2017). Doing for the greater good: What price, in academe? *Perspectives on Psychological Science, 12,* 1153-1158. DOI10.1177/1745691617727863.

Ciciolla, L., Curlee, A., & Luthar, S. S. (2017). What women want: Employment preference and adjustment among mothers. *Journal of Family and Economic Issues*. Online first: DOI 10.1007/s10834-017-9534-7.

Infurna, F. J., & Luthar, S. S. (2017). Parent’s adjustment following the death of their child: Resilience is multidimensional and differs across outcomes examined. *Journal of Personality, 68, 38-53.* <https://doi.org/10.1016/j.jrp.2017.04.004>

Infurna, F.J. & Luthar, S. S. (2017). The multidimensional nature of resilience to spousal loss. *Journal of Personality and Social Psychology. 112, 926-947.* [*http://dx.doi.org/10.1037/pspp0000095*](http://psycnet.apa.org/doi/10.1037/pspp0000095)

Luthar, S.S., Curlee, A., Tye, S.J., Engelman, J.C., &. Stonnington, C. M. (2017). Fostering resilience among mothers under stress: “Authentic Connections Groups” for medical professionals. *Women’s Health Issues, 27,* 382-390.DOI: <http://dx.doi.org/10.1016/j.whi.2017.02.007>

Luthar, S.S., & Eisenberg, N. (2017). Resilient adaptation among at-risk children: Harnessing science toward maximizing salutary environments. *Child Development, 88,* 337–349. doi:10.1111/cdev.1273m

Ciciolla, L., Curlee, A., Karageorge, J., & Luthar, S. S. (2016). When mothers and fathers are seen as disproportionately valuing achievements: Implications for adjustment among upper middle class youth. *Journal of Youth and Adolescence,* *46,* 1057-1075. doi: 10.1007/s10964-016-0596-x

Infurna, F.J., & Luthar, S.S. (2016). Resilience to major life stressors is not as common as thought. *Perspectives on Psychological Science, 11,* 175 –194. DOI: 10.1177/1745691615621271

Infurna, F.J., & Luthar, S.S. (2016). Resilience has been and will always be, but rates declared are inevitably suspect: Reply to Galatzer-Levy and Bonanno. *Perspectives on Psychological Science, 11,* 199 –201. DOI: 10.1177/1745691615621281

Ansary, N.S., McMahon, T.J., & Luthar, S. S. (2016). Trajectories of emotional-behavioral difficulty and academic competence: A 6-year, person-centered, prospective study of affluent suburban adolescents. *Development and Psychopathology.*  http://dx.doi.org/10.1017/S0954579416000110

Naumova, O. Y., Hein, S., Suderman, M., Barbot, B., Lee, M., Raefski, A., Dobrynin, P. V., Brown, P., Szyf, M., Luthar, S. S., & Grigorenko, E. L. (2016). Epigenetic patterns modulate the connection between developmental dynamics of parenting and offspring psychosocial adjustment. *Child Development*, *87,* 98-110. doi: 10.1111/cdev.12485. PMC4733878

Luthar, S.S., & Ciciolla, L. (2016). What it feels like to be a mother: Variations by children’s developmental stages. *Developmental Psychology, 52*, 143-154*. doi: 10.1037/dev0000062*, PMC4695277

Luthar, S. S., & Ciciolla, L. (2015). Who mothers mommy? Factors that contribute to mothers’ well-being. *Developmental Psychology, 51,* 1812. doi: 10.1037/dev0000051, PMC4697864

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Luthar, S. S. (2019). [The frenzied college admission race is making our children sick](https://www.nais.org/learn/independent-ideas/march-2019/the-frenzied-college-admission-race-is-making-our-children-sick/). National Association of Independent Schools, March 15.

Luthar, S. S. (2018). [Many teens drink. Rich ones like Kavanaugh are more likely to abuse alcohol](https://www.washingtonpost.com/outlook/many-teens-drink-rich-ones-like-kavanaugh-are-more-likely-to-abuse-alcohol/2018/09/28/6bb641aa-c27c-11e8-97a5-ab1e46bb3bc7_story.html?utm_term=.988626135e8e). *Washington Post*, September 28.

Luthar, S. S. (2018). [Middle-school 'popularity' can backfire over time: Peer popularity presages high substance use at age 18](https://www.psychologytoday.com/us/blog/privileged-pressured/201809/middle-school-popularity-can-backfire-over-time). *Psychology Today*, September 7.

Luthar, S. S. (2018). [Reducing over-the-top pressure on our children: Exemplary actions from one high-achieving community](https://www.psychologytoday.com/us/blog/privileged-pressured/201806/reducing-over-the-top-pressure-our-children#_=_). *Psychology Today,* June 26.

Luthar, S. S. (2017). [What's needed from Professors: Modeling eminence in scholarship along with commitment to doing for others](https://www.psychologytoday.com/blog/privileged-pressured/201712/whats-needed-professors). *Psychology Today*, December 12.

Luthar, S. S. (2017). [When being a stay-at-home mom is not really a “choice”: The need for reliable, high quality child care](https://www.psychologytoday.com/blog/privileged-pressured/201710/when-being-stay-home-mom-is-not-really-choice). *Psychology Today*, October 23.

Luthar, S. S. (2017). [Our kids are not all right: High-achieving schools and risks for addiction](https://www.psychologytoday.com/blog/privileged-pressured/201706/our-kids-are-not-all-right). *Psychology Today*, June 13.

Luthar, S. S. (2017). [Mothering mothers: “Authentic Connections” fostered in the workplace](https://www.psychologytoday.com/blog/privileged-pressured/201705/mothering-mothers). *Psychology Today,* May 13.

Luthar, S. S., & Ciciolla, L. (2016). [Why mothers of tweens – not babies – are the most depressed](https://aeon.co/opinions/why-mothers-of-tweens-not-babies-are-the-most-depressed). *Aeon Opinions*, April 4.

Luthar, S. S., & Schwartz, B. (2016). [Sometimes ‘poor little rich kids’ really are poor little rich kids](http://blogs.reuters.com/great-debate/2016/01/05/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids/). The Great Debate, Reuters.com, January 5. Reprints include: [Japan Today](http://www.japantoday.com/category/opinions/view/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids), [DailyWiki UK](http://dailywiki.net/news/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids), [MetroTell-South Africa](http://www.metrotell.co.za/news/sometimes-poor-little-rich-kids-really-are-poor-little-rich-kids#.VqeLKDZU_gk)

Luthar, S. S. (2014). [Girls Interrupted: Why colleges shouldn’t recruit athletes before high school](http://psychologybenefits.org/2014/02/27/girls-interrupted-why-colleges-shouldnt-recruit-athletes-before-high-school/). *American Psychological Association Public Interest Directorate* blog, February 27,

Luthar, S. S. (2014). [Let kids face consequences](https://www.raisingarizonakids.com/2014/05/voices-overprotective-parent/). *Raising Arizona,* May 2014.

Luthar, S. S. (2013). [The problem with rich kids](https://www.psychologytoday.com/articles/201310/the-problem-rich-kids). *Psychology Today,* Nov-Dec, 62-69, 87. http://www.psychologytoday.com/articles/201310/the-problem-rich-kids

Luthar, S. S. (2014). *Authentic Connections Groups: A facilitator’s manual*. Unpublished document.

Luthar, S. S., Suchman, N. E., & Boltas, D. (1997). *Relational Parenting Mothers’ Group: A therapists’ manual*. Unpublished document.

## SELECTED PRESENTATIONS

Luthar, S. S. (2019). *The legacy of Edward Zigler.* American Psychological Association Annual Convention, Chicago, IL, August 9.

Luthar, S. S. (2019). *The National Academies of Science report: Maximizing the well-being of children and families*. American Psychological Association Annual Convention, Chicago, IL, August 9.

Luthar, S. S. (2019). Youth in High Achieving Schools: Maximizing resilience. Opening keynote at the World Leading Schools Association, Prague, Czechia, July 19.

Luthar, S. S. (2019). Youth in High Achieving Schools. Mercer Island, WA, April 16-17.

Luthar, S. S. (2019). Youth in High Achieving Schools: REDGen. Milwaukee, WI, April 8.

Luthar, S. S., & Kumar, N.L. (2019). *Using real data to developing well-being interventions in high-achieving schools*. Annual Conference, National Association of Independent Schools. Long Beach, CA, February 28.

Luthar, S. S. (2019). Keynote: Youth in High Achieving Schools. *Parent University: Mindful and Balanced Parenting*. Brentwood School, Los Angeles, CA, January 26.

Luthar, S. S. (2018). Youth in high-achieving schools: Fostering resilience. *Student Assistance Services Corporation 25th Annual “When the holidays aren’t so happy” Conference*. White Plains, NY, Dec. 11.

Luthar, S. S. (2018). Doing for the greater good: What price, in academe? Sanford School of Family Dynamics, Arizona State University, Sept. 21.

Luthar, S.S. (2018). Why are women physicians at higher risk for burnout? Empowering the next Generation to do it Better (Than We Have)”. Symposium panel at the American Psychiatric Association Annual Meeting, New York, May 7.

Luthar, S. S. (2018). Authentic Connections: Fostering resilience among women who are health care providers. Grand Rounds, Mayo Clinic, Rochester MN, June 13.

Luthar, S. S. (2018). Authentic Connections: An evidence-based intervention for women under stress. Association of Health Care Journalists, Phoenix, April 14.

Luthar, S. S. (2018). The High-Achieving Schools Survey: Using research to guide interventions. INDEX Academic Conference for Independent Schools, Chicago, April 12.

Luthar, S. S. (2018). Youth in High Achieving Schools. Shady Side Academy, Pittsburgh, PA, April 2.

Luthar, S. S. (2018). [Panel: We need to talk...a series of tough conversations about health](https://chs.asu.edu/weneedtotalk). ASU, March 18.

Luthar, S. S. (2018). Wilton High School: Summary of findings - 2018. Wilton, CT, March 5.

Luthar, S. S. (2017). Privileged and pressured: The risks of growing up in an affluent community. St. Luke’s School, New Canaan, CT. November 27.

Engelman, J.C., Stonnington, C.M., & Luthar, S, S, (2017). “Authentic Connections Groups” for medical professional mothers.” Presented at the 2017 American Conference on Physician Health (ACPH), Oct 12-13.

Luthar, S. S. (2017). High octane achievement. Pembroke Hill School, Kansas City, MO, October 11-12.

Luthar, S. S. (2017). Adjustment patterns among youth in high achieving schools. Deerfield Academy, Deerfield, MA, May 11-12.

Luthar, S. S. (2017). Adjustment patterns among youth in high achieving schools. Northfield Mount Herman school, Mount Hermon, MA, March 20.

Luthar, S. S. (2016). A new look at “Affluenza”. Visiting Professor Lecture, Child Mind Institute, New York, NY, Nov. 18.

Luthar, S. S. (2016). Privileged and pressured: The risks of growing up in an affluent community. Wilton, CT, Oct. 21.

Luthar, S. S. (2016). Adjustment patterns among high school students: A report. Skyline High School, Issaquah, WA, Sept 19 and 21.

Luthar, S. S. (2016). [Youth in highly achieving schools: Interventions based in developmental science](https://issuu.com/independentschoolhealth/docs/annual_independent_school_healthand?e=11495979/38985973). National Association of Independent Schools, Andover, MA, April 15.

Luthar, S.S. (2016). High achievement and associated stress. Brebeuf Jesuit School, Indianapolis, Jan 26.

Luthar, S.S. (2015). The price of high-octane achievement. Bainbridge Island, WA, October 6.

Luthar, S.S. (2015). [Fragility in affluent families and implications for parenting research and practice.](http://www.nationalacademies.org/hmd/Activities/Children/CommitteeonSupportingtheParentsofYoungChildren/2015-APR-09/Videos/7-Luthar-Video.aspx)  Institute of Medicine and National Research Council of the National Academy of Sciences, Open Session: *Supporting the parents of young children.* Washington, DC, April 9.

Luthar, S. S. (2015). Pressures in the context of privilege: Implications for resilience-based interventions. Palo Alto, CA, March 20.

Luthar, S. S. (2015). Privileged but pressured: Fragility in the upper middle classes. Lady Irwin College, Delhi University, India, January 5.

Luthar, S. S. (2014). Privileged but pressured. Presented at the Casady School, Oklahoma City, OK, February 24.

Luthar, S. S. (2013). Privileged but pressured: Fragility among upper-middle class youth. Annual conference of the Independent Schools Association of the Central States (ISACS), St. Louis, MO, November 8.

Luthar, S. S. (2012). Children of affluence. Grand Rounds, NYU Child Study Center/Department of Child and Adolescent Psychiatry, New York, NY, September 21.

Luthar, S. S. (2011). Resilience and Policy. Presented at the National Scientific Council on the Developing Child and the National Forum on Early Childhood Policy and Programs, Washington, D.C., December 14th.

Luthar, S.S. (2011). Scarsdale High School Class of 2010: Preliminary findings. Presented for the Scarsdale Schools PTA, Scarsdale, NY, March 15.

Luthar, S. S. (2010). Fostering Resilience: Who tends the caregivers? Workshop for the Monroe Public Schools Administrative Summer Retreat, Monroe, NJ, August 20th.

Luthar, S. S. (2010). Fostering Resilience: Who mothers mommies? Plenary talk at the Annual Meetings of the American Psychological Association, San Diego, CA, August 14th.

Luthar, S. S. (2010). Socio-economic vs. Psychosocial “Prosperity”: Impact on Children and Families. Presented for the United Nations NGO Committee on the Family, New York, NY, April 22nd.

Luthar, S.S. (2010). Overdrive: How Too Much Ambition Can Harm Kids. Presented for the Edgemont Schools PTA, Edgemont, NY, January 14.

Luthar, S. S. (2009). “Privileged” youth: Well-educated, well-to-do, but what of well-being? Presented for the Scarsdale Schools PTA, Scarsdale, NY, September 23.

Luthar, S.S. (2008). Privileged but pressured:  The risks of raising children in affluent communities. Presented for New Castle CARES and the Chappaqua PTA, Chappaqua, NY, March 31.

Luthar, S.S. (2008). “Privileged” youth: Well-educated, well-to-do, but what of well-being? Invited ‘Views by two” session at the Society for Research on Adolescence, Chicago, IL, March 7.

Luthar, S.S. (2007). The resilience perspective in working with at-risk families. Plenary talk, Addiction and Children 2007 Conference, Sandefjord, Norway, September 26.

Luthar, S.S. (2007). Relational Psychotherapy for substance abusing mothers. Workshop conducted at Addiction and Children- 2007 Conference, Sandefjord, Norway, September 26.

Luthar, S. S. (2007). Well-being and resilience among affluent youth (…and the potential costs of “privilege”). The Lawrenceville School Positive Psychology Conference, Lawrenceville, NJ, June 16 to June 18, 2007

Luthar, S.S. (2007). Children in overdrive: The costs of too much ambition. Presented at the ParentMap’s Pathways Lecture Series. Bellevue, WA, April 24.

Luthar, S. S. (2007). Reporting to the community: Research findings. Presented at Mercer Island, WA, April 23.

Luthar, S. S. (2007). The price of privilege. Presented at Swarthmore College, PA, April 17, 2007.

Luthar, S. S. (2007). “Privileged' children and families: Well-educated and well-off—but what of well-being? Presented at the Risk and Prevention Speaker Series, University of Virginia, Charlottesville, VA Feb 16.

Luthar, S. S. (2006). Children of well-educated, white-college parents: Risks linked with “upward mobility”. Presented at the Roxbury Latin School, Boston, MA, October 23.

Luthar, S. S. (2006). “Privileged” families: Risks unique to well-educated, affluent girls and mothers. Presented at the Yale Women’s Health Research Center, Yale School of Medicine, New Haven, October 11.

Luthar, S. S. (2006). Resilience and practice. I. Basic concepts. II. Applications in Interventions. III. Future directions. Series in a one-day workshop for researchers and service providers. Oslo, Norway, September 28.

Luthar, S. S. (2006). Privileged but pressured: Children of the well-educated and wealthy. Invited address for the American Psychological Association’s Division 53 - Society of Clinical Child and Adolescent Psychology, New Orleans, LA, August 10-13.

Luthar, S. S. (2006). The costs of affluence: Risks for child and adolescent development. Grand Rounds: Harvard University School of Medicine Department of Psychiatry. May 24, 2006.

Luthar, S. S. (2006). The price of privilege. Invited colloquium for the Department of Psychology and Institute for Social Research, University of Michigan, Ann Arbor, MI, April 12.

Luthar, S. S. (2006). Conceptual issues in the study of resilience in children. Plenary talk at the New York Academy of Sciences conference on Resilience in Children, Arlington, VA, Feb. 26-28.

Luthar, S. S. (2005). Resilience: Current issues in research and applications. Keynote address at the International Conference on Childhoods 2005: Children and Youth in Emerging and Transforming Societies. Oslo, Norway, June 29 - July 3.

Luthar, S. S. (2005). Understanding risk, protection, and resilience. Presented at the Center for Family Research, University of Georgia, February 10.

Luthar, S. S. (2004). The high costs of affluence: Research with suburban youth. Presented at the Department of Psychology, New York University. New York, New York, December 8.

Luthar, S. S. (2004). Reconceptualizing resilience: Considerations for research and interventions. Presented at the Carolina Consortium on Human Development, Center for Developmental Science, Chapel Hill, North Carolina, October 26.

Luthar, S. S. (2004). A new look at resilience: Summarizing major themes. Discussant for symposium, "A new look at resilience", Chair Michael Rutter.  Presented at the 16th World Congress of the
International Association for Child and Adolescent Psychiatry and Allied Professions. Berlin, August 22-26.

Luthar, S. S. (2004). The construct of resilience. Presented at the Institute of Medicine Board of Neuroscience and Behavioral Health annual meeting. Washington D.C., June 8.

Luthar, S. S. (2004). The Psychological Impact of Affluence on Adolescents. Student Assistance Services Corporation’s 15th Annual When the Holidays Aren’t So Happy Conference: Affluence to Poverty, Research to Practice With Adolescents. Tarrytown, New York, January 13.

Luthar, S. S. (2003). Reconceptualizing Risk and Resilience. Center for Human Development and Family Research in Diverse Contexts (Penn State University): “Spring Speaker Series.” University Park, Pennsylvania, April 9.

Luthar, S. S. (2003). Privileged but Pressured? Youth in affluent, suburban families, University of Pennsylvania, Graduate School of Education. Philadelphia, Pennsylvania, March 26.

Luthar, S. S. (2003). The construct of resilience: Applications in interventions. Judge Baker Children’s Center (Harvard Medical School) & Children’s Hospital Department of Psychiatry Academic Teaching Conference Series 2002-2003: “Future Directions in Child Mental Health.” Boston, Massachusetts, March 19.

Luthar, S. S. (2003). Privileged but pressured?  Development in the context of affluence. Yale University Psychology Department. New Haven, Connecticut, February 24.

Luthar, S. S. (2002). Reconceptualizing risk and resilience. Plenary talk at the Fourth Annual Summer Institute Family Research Consortium III: Family Processes, Mental Health and Positive Development in Diverse Contexts. Charlotte, North Carolina, June 20–23.

Luthar, S. S. (2001). The construct of resilience: Interventions and social policies. Presented at New York University, New York, March 29.

Luthar, S. S. (2000). Socioeconomic stressors: Youth in affluent, suburban communities. Society for Prevention Research Eighth Annual Meeting, Montreal, June 1–3.

Luthar, S. S. (2000). The construct of resilience: Applications in interventions. Keynote address at the XXXII Banff International Conference on Behavioral Sciences: Resilience: Children, Families, and Communities. Banff, Canada, March 19–22.

Luthar, S. S. (1998). Resilience among adolescents at risk. Presented at New York University, New York, September 30.

Luthar, S. S. (1998). Resilience among at-risk youth: Ephemeral, elusive, or robust? Boyd McCandless Young Scientist Award presentation, 106th Annual Convention of the American Psychological Association, San Francisco, August 14–18.

Luthar, S. S. (1998). Vulnerability and resilience among inner-city adolescents. Presented at the Center for Opportunities and Outcomes for People with Disabilities, Teachers College, Columbia University, April 09.

Luthar, S. S. (1997). Relational Psychotherapy Mothers’ Group: Developmentally informed interventions with substance using mothers. Presented at the New York State Psychiatric Institute, New York, NY, October 22.

Luthar, S. S. (1997). Relational Psychotherapy Mothers’ Group: An intervention for substance using mothers. Presented at the Bush Center in Child Development and Social Policy, New Haven, CT, April 25.

Luthar, S. S. (1996). Relational Psychotherapy Mothers’ Group: Developmentally informed interventions with substance using mothers. Presented at the Rochester Symposium on Developmental Psychopathology: Developmental approaches to prevention and intervention. Rochester, NY, November 13–15.

Luthar, S. S. (1996). Resilience: A construct of value? Presented at the 104th Annual Convention of the American Psychological Association, Toronto, August 9–13.

Luthar, S. S. (1995). Resilience among inner-city teens. Presented at the Annual meetings of the American Psychological Association, New York City, August 11–15.

Luthar, S. S. (1994). Measurement issues in the study of resilience: An overview. Presented at a conference on "The role of resilience in drug abuse, alcohol abuse, and mental illness", sponsored by the National Institute on Drug Abuse, Center for Mental Health Services, Center for Substance Abuse Prevention, National Institute on Alcohol Abuse and Alcoholism, National Institute of Mental Health, and National Association for Children of Alcoholics. Washington, D.C., December 5–6.

Luthar, S. S. (1993). Resilience among inner-city adolescents. Bush Center in Child Development and Social Policy, New Haven, CT, February 26.

Luthar, S. S. (1991). The study of resilience among high-risk adolescents: Methodological issues and salient findings. Presented at a conference on "Fostering Resilience", Institute of Mental Health Initiatives, Washington D.C., December 5–6, 1991.

**SELECTED MEDIA INTERVIEWS/ CITATIONS**

**2020**

*Good Housekeeping,* April 15. [Moms do more invisible labour, but what is it and how do you lighten the load?](https://www.goodhousekeeping.co.za/moms-do-more-invisible-labour-but-what-is-it-and-how-do-you-lighten-the-load/)

*Glenbard Parent Series,* April 13 (audio). [Dr. Suniya Luthar on easing stress in a pandemic, advice for teens](https://www.youtube.com/watch?v=HduwAM8_-p8&feature=youtu.be).

*Wall Street Journal,*March 24.  [As children face disappointments, parents can help them develop resilience.](https://www.wsj.com/articles/as-children-face-disappointments-parents-can-help-them-develop-resilience-11585056589)

*New York Times,* Feb 13.  [Are expensive kids activities a scam?](https://www.nytimes.com/2020/02/13/parenting/extracurriculars-kids-costs.html)

*WFMZ Allentown, Jan 29* (video). [Help for moms of middle schoolers](https://www.wfmz.com/features/life-lessons/help-for-moms-of-middle-schoolers/article_d5eb470a-3ec7-11ea-a0db-839a9fadb242.html).

*Carolina Journal,* Jan 31. [The secrets of success: More sadness, anxiety in high achievers](https://www.carolinajournal.com/opinion-article/the-secrets-of-success-more-sadness-anxiety-in-high-achievers/)/

*OLP Magazine,* Jan 15. [Mitigating perfectionism among girls in high-achieving schools](https://issuu.com/academyofourladyofpeace/docs/issu_jan2020magazine).

**2019**

*Denton Daily*, Dec 16. [The invisible workload of modern mothers, damaging their mental health](https://dentondaily.com/the-invisible-workload-of-modern-mothers-damaging-their-mental-health/)*.*

*Religion News Service,* Dec 9. [The new science of spiritual fortitude: The key to enduring faith](https://religionnews.com/2019/12/09/the-new-science-of-spiritual-fortitude-the-key-to-enduring-faith/).

*Yahoo Lifestyle*, Dec 6. [10 ways to streamline your decision-making](https://www.yahoo.com/lifestyle/10-ways-streamline-decision-making-200300916.html).

*Stock Daily Dish,* Nov 25. The invisible workload of modern mothers, damaging their mental health.

*The Oakland Press,* Nov 20. [Students in high-achieving schools are now named an "at-risk" group](https://www.theoaklandpress.com/lifestyles/students-in-high-achieving-schools-are-now-named-an-at/article_b777a4bc-f4d5-11e9-b7d3-33eb87909a3f.html#disqus_thread).

*Parents* *Magazine,* Oct 28. [Kids in high-achieving schools considered 'at risk,' but parents can help](https://www.parents.com/parenting/better-parenting/advice/kids-in-high-achieving-schools-considered-at-risk-but-parents-can-help/?utm_source=twitter.com&utm_medium=social&utm_campaign=social-share-article).

*The Riveter*, Oct 24. [How to divide household chores without hating your partner](https://theriveter.co/voice/creative-ways-to-handle-household-chores-for-working-couples/).

*East Valley Tribune* Oct 21. [Gilbert creates united front on teen suicide](http://www.eastvalleytribune.com/news/gilbert-creates-united-front-on-teen-suicide/article_5b1b0b8a-f202-11e9-bf90-bf8e208b196e.html).

*Fullprefrontal.com*, Oct 7 (podcast). [When having it all doesn’t translate into having it easy](http://www.fullprefrontal.com/podcast/episode-79/).

*Fullprefrontal.com*, Oct 1 (podcast). [The affluenza tradeoff](http://www.fullprefrontal.com/podcast/episode-78/).

*Washington Post*, Sept 26. [Students in high-achieving schools are now named an ‘at-risk’ group](https://www.washingtonpost.com/lifestyle/2019/09/26/students-high-achieving-schools-are-now-named-an-at-risk-group/).

*CickOnDetroit.com,* Sept 25 (video same\*). [Middle school years also hardest for moms, study finds](https://www.clickondetroit.com/health/wellness-wednesday/middle-school-years-also-hardest-for-moms-study-finds).

*WTMJ Milwaukee,* Sept 13 (video\*) [Middle school might be even tougher on moms than students](https://www.tmj4.com/news/local-news/middle-school-might-be-even-tougher-on-moms-than-students).

*World Leading Schools Association* Sept 10 (video). [WLSA 2019 Opening Keynote by Suniya S. Luthar](https://www.youtube.com/watch?v=NAF4ln3Pscw&feature=youtu.be)

*KTAR Radio,* Sept. 10. [ASU professor advises parents on how to talk to your kids about 9/11](https://ktar.com/story/2735134/asu-professor-advises-parents-on-how-to-talk-to-kids-about-9-11/)

*KTAR Radio,* Sept 9. [Professor Suniya Luthar explains what "invisible labor" is and how it affects mothers](https://omny.fm/shows/bruce-st-james-and-pamela-hughes/suniya-luthar-foundation-professor-of-psychology-a#sharing).

*PsychCentral.com,* Sept 08. [Kids flourish when parents are happy, supported](https://psychcentral.com/news/2019/09/08/kids-flourish-when-parents-are-happy-supported/150095.html).

*ASUNow*, Sept 6. [ASUpsychology professor addresses disturbing suicide trend](https://asunow.asu.edu/20190906-discoveries-asu-psychology-professor-addresses-disturbing-suicide-trend)

*WPMT Fox43 PA,* Aug 29 (video\*). [Moms of middle schoolers need support](https://fox43.com/2019/08/29/family-first-with-fox43-moms-of-middle-schoolers-need-support/)

*CNBC-TV,* Aug 28. [Money can’t buy happiness: How income inequality hurts all of us](https://www.cnbctv18.com/views/money-cant-buy-happiness-how-income-inequality-hurts-all-of-us-4258171.htm).

*Sydney Morning Herald,* Aug 26. [How to head off the toll of the terrible tweens on mothers' self-esteem](https://www.smh.com.au/lifestyle/life-and-relationships/how-to-head-off-the-toll-of-the-terrible-tweens-on-mothers-self-esteem-20190823-p52k1n.html).

*Raising Good Humans,* Aug 23 (podcast). “[I can, therefore I must” - risks of high achieving stressors and the powerful protection of close relationships](https://podcasts.apple.com/us/podcast/raising-good-humans/id1473072044?i=1000447605122).

*Mercer Island Reporter,* Aug 21. [MIYFS receives 4-year prevention grant](https://www.mi-reporter.com/news/miyfs-receives-4-year-prevention-grant/).

*Yahoo Entertainment,* Aug 21. [Mothers suffer..most when their children are in their middle-school years](https://www.yahoo.com/entertainment/mothers-suffer-depression-most-children-170702207.html).

*WILX Phoenix;* [*WSLS*](https://www.wsls.com/news/virginia/research-shows-middle-school-tougher-on-moms-than-kids) *Roanoke,* Aug 8 (video\*). [Research shows middle school years are toughest for moms](https://www.wilx.com/content/news/Research-shows-middle-school-years-are-toughest-for-moms-528361011.html).

*Ivanhoe Newswire*, Aug 6 (video). [How to handle most stressful stage for moms: middle school](https://www.news4jax.com/education/how-to-handle-most-stressful-stage-for-moms-middle-school).

*69News, NJ*  Aug 1 (video). [Positive Parenting: Middle school can be tough for both moms and kids](https://www.wfmz.com/features/positive-parenting/positive-parenting-middle-school-can-be-tough-for-both-moms-and-kids/1102615243)

*Your Teen,* June 25 *(*podcast @ 12:30 minutes). [Want to be a good mother? Be good to yourself](https://evergreenpodcasts.com/your-teen/want-to-be-a-good-mother-be-good-to-yourself-with-suniya-luthar#episodeContent).

*Ledevoir.com, Canada* (June 8). [Big Little Lies: de grands mensonges, juste de grands mensonges.](https://www.ledevoir.com/culture/ecrans/556167/big-little-lies-de-grands-mensonges-juste-de-grands-mensonges)

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*Cablevision editorial*, May 12, 2000. Problems and lack of after-school supervision, suburban youth.

*Westport News*, May 03, 2000. Problems of suburban teens.

*Detroit News*, August 30, 1999. Adjustment problems among upper-SES teens.

*USA Today*, August 16, 1999. Drugs and depression among suburban teens.

*Parenting Magazine*, August 1999. Raising healthy teens.

*CNN News*, April 24, 1999. Mental health concerns among suburban youth.

*Australian Broadcasting Corporation*, April 22, 1999. Preventing violence.

*New York Times*, April 22, 1999. Adolescent mental health; preventing violence.

*USA Today*, December 14 1998. Generation gap, mother-daughter relationships.

*WSYR radio*, Syracuse, NY, August 28, 1998. Adolescent depression.

*Sun Herald*, August 24, 1998. Depression among girls.

*USA Today*, August 13, 1998. Depression among suburban teens.

*WCBS radio*, New York, August 14, 1998. Adolescent depression.

*Westport News*, November 19, 1997. Professional workshop for community agencies.

*Westport News*, October 10, 1997. Parenting workshops to prevent teen substance use.

*Ladies’ Home Journal*, May, 1994. “Women who beat the odds”.

*American Health*, April 1994. “The miracle of resilience”.

**Teaching /University activities**

2017-2019 University Undergraduate Standards Committee

2014-2019 Courses taught at ASU: Graduate: *Clinical Psychology 2nd year Practicum Supervision;*

*Clinical Psychology Advanced Practicum in Interpersonal Therapy; Resilience Processes in Development;* Undergraduate: *Abnormal Child Psychology* (and created a new course, *ProMod*, see below)

2016 Fall Students’ Grievance Committee, ASU

2014 – 2016 Faculty Executive Committee, Dept. of Psychology, Arizona State University

2014 -- 2015 Limited grant submissions standing review panel, Office of Knowledge Enterprise

Development, Arizona State University (ASU)

2014 – 2015 Designed Psychology ProMod course for Provosts’ initiative on interdisciplinary learning, ASU

2014 – 2015 Faculty Evaluation Committee (FEC), Dept. of Psychology, ASU

2011 – 2013 Senior Advisor to the Provost for research mentorship, Teachers College, Columbia University

2006 – 2007 Chair, Department of Counseling and Clinical Psychology, Teachers College

2007 Elected faculty representative, Search Committee for Teachers College Dean

2005 – 2006 Member, Faculty Executive Committee, Teachers College, Columbia University

2003 – 2005 Member, Committee for Promotion to Full Professor, Teachers College, Columbia University.

1999 – 2002 Coordinator of Developmental Psychology Program, Department of Human Development,

Teachers College, Columbia University

1998 – 2005 Member, Institutional Review Board, Teachers College, Columbia University

1997 – Graduate courses – Teachers College, Columbia University. *Developmental Psychopathology;*

 *Risk, resilience & poverty: Processes in children’s adjustment; Adolescent*

 *development and developmental problems*

1997 – 1999 Member, Faculty Executive Committee and Academic Programs Subcommittee, Teachers

College, Columbia University

1995 – 1997 Graduate / postdoctoral research seminar, Yale University. *Research Topics in*

*Developmental Psychopathology.*

1994 – 1997 Advisor, undergraduates senior projects, Department of Psychology, Yale University

1994 – 1997 Supervision of postdoctoral fellows for Connecticut state licensure, Department of Psychiatry,

Yale University

1993 – 1995 Supervision of psychology interns in group psychotherapy, Department of Psychiatry, Yale

University

1993 – 1997 Faculty member, graduate students’ predissertation and dissertation advisory committees,

Department of Psychology, Yale University

1991 – 1992 Supervision of graduate students in child assessment, Yale Child Study Center

1986 – 1988 Member, Graduate Student Advisory Committee, Department of Psychology, Yale University