

# ON DEMAND SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

## **A+ SUPERVISION**

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

## **ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R**

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

## **ALL ABOUT THE SACERS-U**

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

## **ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT**

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

## **Technology Requirements**

**Individual email addresses for registration are required.**

These trainings are self-paced and will require participants to have access to a computer or other electronic device with internet connection.

Additional needs:

- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

**Note: On Demand sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your On Demand training.**

## **BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM**

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

## **BREAST MILK: THE PERFECT BABY FOOD**

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

## **BULLYING: TODAY'S MEAN SCENE**

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child at risk for being bullied and best practices for prevention and intervention will be discussed.

## **CIRCLE TIME FUN AND LEARNING**

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

## **CONVERSATION: THE COMMON THREAD IN OUR WORK**

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

## **DEALING WITH SEPARATION ANXIETY**

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

## **FATHERS AND FATHER FIGURES**

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

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## **FUNDING SCHOOL-AGE PROGRAMS**

School-age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

## **GRANTING CHILDREN THEIR EMOTIONS**

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

## **GREAT PLACES TO BE A BABY: INFANTS' AND TODDLERS' LEARNING ENVIRONMENTS**

Research tells us infants and toddlers learn best in environments where they can have secure relationships with caring and responsive adults, where they feel safe and where they feel free to explore and learn. A well-arranged environment can help you meet the needs of infants and toddlers. This session highlights the importance of the environment and provides an overview of what to consider when creating and maintaining developmentally appropriate infant and toddler learning environments.

## **IT'S OFF TO SCHOOL WE GO**

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

## **MAKING HAPPY HAPPEN: BUILDING RESILIENCE IN CHILDREN**

This course helps providers understand specific characteristics or elements in a child's life that most contribute to resilience. Developing these resilient tendencies will give a child the essential life skills needed to cope with challenges, adopt a positive perspective, and develop self-confidence and self-worth – all essential ingredients for happiness. This course is ADA-friendly.

## **POTTY TIME: WHEN IS THE RIGHT TIME?**

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

## **PRIMARY CAREGIVING**

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

## **PROFESSIONALISM: THE SECRET OF SUCCESS**

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

## **CEU COURSES**

### **ACTIVE READING WITH PRESCHOOLERS**

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

**\$25 | 0.5 CEUs**

### **ACTIVE READING FOR INFANTS & TODDLERS**

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

**\$25 | 0.5 CEUs**

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## **STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!**

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

## **WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT**

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress

and rediscover the joys of providing care and teaching young children.

## **WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP**

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment.

*\*For administrators and those in leadership positions.*

## **ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!**

If you have many children with challenging behaviors, or seem to be dealing constantly

with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

# ON DEMAND SESSIONS – ROWAN

## **PROFESSIONALISM**

### **FAMILY PARTICIPATION**

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

**No fee | 2.0 credit hours | Level: Beginner**

## **SOCIAL & EMOTIONAL DEVELOPMENT**

### **TAMING THE WILD PART 1 & 2**

Learn about how to connect with parents and learn about the benefits of connecting with families for you, your school and most importantly, the children you serve!

**No fee | 4.0 credit hours | Level: Beginner**



## **How to Register for Rowan On Demand Sessions**

### **By mail**

Send registration form on Page 13 to:  
Smart Start Rowan, 1329 Jake Alexander Blvd. S.  
Salisbury, NC 28146

### **By phone**

Call (704) 630-9085