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# GENERAL MEMETICS NEWSLETTER

## March 2022

Dear Friends,

A [dear friend of mine](#) reminded me a few years ago that 'these' are not particularly insane times. She told me that if I paid attention, I would see that there have not been times - in a long time - that were not insane.

Appropriate responses to insane times would be experiencing intense Sadness, Rage, and Fear. However, if you are raised in a culture where feeling your feelings is not okay, then to suppress your experiences you might unconsciously mix your Emotional Fear and Emotional Sadness into Hopelessness, Despair, or Powerlessness. You might mix your Emotional Sadness and Emotional Anger into Depression or Resignation. Perhaps you mix your Emotional Anger and Emotional Fear into Hysterical Panic Attacks or Aggressiveness. Have you experienced any of these [Mixed Emotions](#)?

could easily be sent to a 'doctor' (paid by the corporate hierarchies) who prescribes life-long brain drugs so you can re-enter the life that made you sick in the first place. Phase 1: You are 'fine' (meaning you are numb). Phase 2: You are broken. The '2 Phase Healing' procedure of modern culture is designed to bring you back to Phase 1, being 'numb'.

In comparison, [Archarchy](#) uses a [3 Phase Healing](#) model which recognizes that the life you had before you became imbalanced is the life that caused the illness.

In other words, the Healer trusts your [5 Bodies](#), and views your imbalance as the valuable middle Phase in a '3 Phase Healing Journey'. It is for a valid reason that you created an imbalance (whether it is an intellectual, physical, emotional, energetic or archetypal imbalance). Your imbalance signals: *"I am ready to leave behind my current life and evolve into my next life."*

Understanding 3 Phase Healing involves a radical shift of [Thoughtware](#). Instead of relating to your imbalance as the thing that is stopping you from having a life, the imbalance becomes the [Evolutionary Path](#) that leads to your next life.

The same is true of insanity. Phase 2 in 3 Phase Healing can easily seem like insanity, yet the chaos of insanity is crucial for evolution because the status quo is the most well-defended substance in the Universe. To have the status quo destabilize itself with insanity is good fortune. You can exit the status quo of your life through the chaotic insanity because without the [Liquid State](#) there can be no evolutionary change.

The question here is, can you be one of the [Possibilitators](#) who embraces the insanity? Can you go into it on purpose and surf the insanity waves into new territory? Can you slide sideways through the liquified normalcy and use your new freedom of movement as the [Flux Point](#) for leaping into Archarchy? Can you rejoice at the thoughtware liberty which insanity provides and use it to [build-out](#) and [inhabit](#) new [gamespace](#) for next culture?

I gave [a talk](#) a few days ago about how 'woman' becomes 'Woman' through using her Conscious Sadness, Rage and Fear about the [Patriarchy](#) as her compass to [escape the patriarchy](#) and [establish herself in a Next Culture](#) that is centered on Her becoming an Archarchal Woman through helping others make use of modern culture insanity. You might enjoy the talk.

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From Anne-Chloé, Clinton, and the [General Memetics Team](#) (bringing you [fierce Clarity](#) and [Elegance](#) through the [websites](#) of [StartOver.xyz](#), the videos at [S.T.A.R.R.s](#), the [articles](#) at [Jewels Of Possibility](#), and the [WorkTalks](#) at [Next Culture Radio](#)).

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## Latest S.P.A.R.K.

### [SPARK 229: Being Archan liberates you to be crazy enough to do what you came here to do.](#)

An 'Archan' is a person living in Archearchy. Archearchal cultures relate to fear differently than modern cultures. Since fear is inside of you, and since fear can be stimulated when someone tells you threatening stories with frightening consequences if you do not conform to their wishes, you can see how modern culture has used fear as a weapon to control you your whole life.

[Read S.P.A.R.K 229](#)

[Subscribe to S.P.A.R.K.s](#)

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## Latest S.T.A.R.R.

Calibrate Your Feelings Detector

[here](#) for the version with Portuguese Translation by [Israel Kairos](#)



[Visit S.T.A.R.R.s](#)

## Upcoming Events...



### Shift From A Material Value Culture To A Nonmaterial Value Culture

**In 20 min - Sunday 20 March, 2022 @6-8pm CET**

Material Value thoughtware is pervasive and hard to shake off. Significant side effects include living in 'money survival', or the belief that 'only if you have enough money you will be secure', or that resources come from outside of you.

How do you give your centre away to money? What are your fears about having or not having money? Where did each piece of your money-thoughtware come from?

And what else is possible?

sliding scale: 20-50 euros

info: <https://bit.ly/nmvculture>

[Registration](#)



## Expand The Box Guadalajara

Trainer: Patricio Diaz

**7 - 9 April 2022, location Guadalajara**

Expand The Box is one of the core trainings from Possibility Management: a safe yet transformational learning environment for upgrading traditional thinking and behaviors. Expand The Box provides the distinctions needed to participate in Possibility Lab.

event: <https://possibilitymanagement.org/calendar/JVZZ7Z/>

[Info & Registration](#)



## The Emergence of Bridge-House

**Sunday 17 April, 2022 @5-7pm CEST**

Have you ever dreamed of switching over to a life that makes sense? The moment you do, all the barriers rise up: Who would I do it with? What are the new ways of life? Who will support me emotionally, with clarity and compassion? Where could this actually happen? During these two hours, we will share with you what we have already learned about creating and living in Bridge-House; and answer your questions about your next steps in this direction.

sliding scale: 15-45 euros  
info: <https://bit.ly/emergenceofbh>

**Registration**



**11-15 May 2022, location TBA**

The first Possibility Lab in Mexico is taking place through the persistence of Naomi Warndorff. For 5 days, during a PLab, you are part of the Possibility Village and go on an evolutionary journey to discover distinctions that heal emotional traumas, practice skills, and gather new tools to deliver your service to your village back home with more effectiveness, art and precision.

event: <https://possibilitymanagement.org/calendar/QMNNXL/>

[Info & Registration](#)

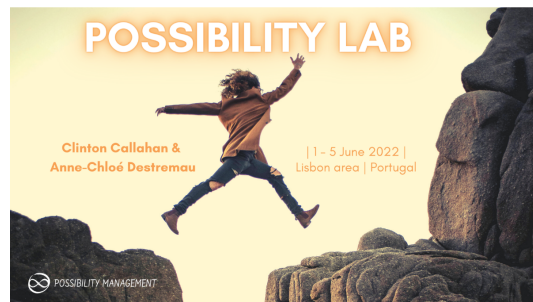
## TRANSFORMATIONAL EUROPEAN TOUR

2 Expand The Box: one in Portugal, one in Poland

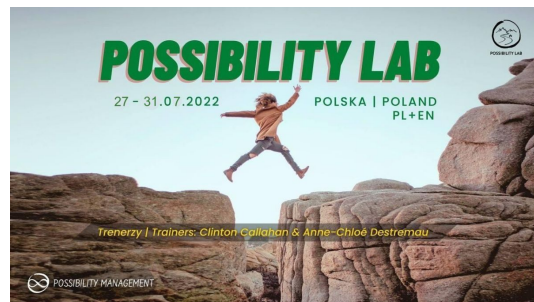
2 Possibility Lab: one in Portugal, one in Poland

2 specialty Labs: an Intimacy Journeyer in Poland, a Heal From School in Portugal

***Click on the photo of the Event for more information***  
*(you will be sent to the [possibilitymanagement.org](https://possibilitymanagement.org) website)*







## [Possibility Management Online](#) [Global Offers Calendar](#)

WorkTalks, Workshops, Rage Clubs, Fear Clubs,  
Study Groups, Possibility Teams, Online ETBs...

Get electrified!

With other [Possibilitators!](#)

Around the world!

Link: <https://teamup.com/ksv2xq34sxiagcwei1>





Expand The BOX, Possibility Lab, Feelings Practitioners Lab, Intimacy Journeyer Lab, ... Find the Training you need in your area!

Link: <https://possibilitymanagement.org/calendar/>



**General  
Memetics**

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**Our mailing address is:**

Paseo Illetas 31, Apt 3B

07181 Illetas-Calvia,

Mallorca, Spain

<https://possibilitymanagement.org/>

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