



Mental Health Minister in Live Q&A on Body Image and Young People Wednesday 18th November 2020

SPEAKER BIOGRAPHIES

Clare Haughey MSP Minister for Mental Health

Clare Haughey MSP is the Scottish Government's Minister for Mental Health, and represents the Rutherglen constituency.

Clare Haughey MSP is the Scottish Government's Minister for Mental Health, and represents the Rutherglen constituency.



She has been a mental health nurse for over thirty years, and for the thirteen years before she was elected in 2016 specialised in perinatal mental health. As clinical nurse manager of a perinatal mental health service, Clare helped set up Scotland's first Mother and Baby Unit in Glasgow in 2004.

Through her experience in mental health, she has worked in a variety of different settings.

At Parliament, Clare has been the Deputy Convener of the Health and Sport Committee, co-convener of the Cross-Party Group (CPG) on Health Inequalities, and convener of the CPG on Mental Health.

Moira Mckenna Scottish Chief Commissioner, Girlguiding Scotland

Moira Mckenna grew up in Stirlingshire and went to Edinburgh University in 1984 to study medicine. She moved to the Highlands for her postgraduate training and has been a GP in Dingwall since 1994, focussing on teaching undergraduate students from Dundee University. She is a Deputy-Lieutenant in Ross-shire.

Moira joined Girlguiding as a Brownies age 7 and completed her Queen's guide Award and Gold Duke of Edinburgh's award through the organisation. She has been Chief Commissioner of Girlguiding Scotland since 2017, having previously held leadership roles in Ross-shire where she lives. Moira currently runs a Ranger unit for young women age 14-18 and, after initially meeting virtually on Zoom, they have been meeting weekly outside since August. She is a strong advocate for girls and young women and through her work and volunteering understands the challenges they face.

