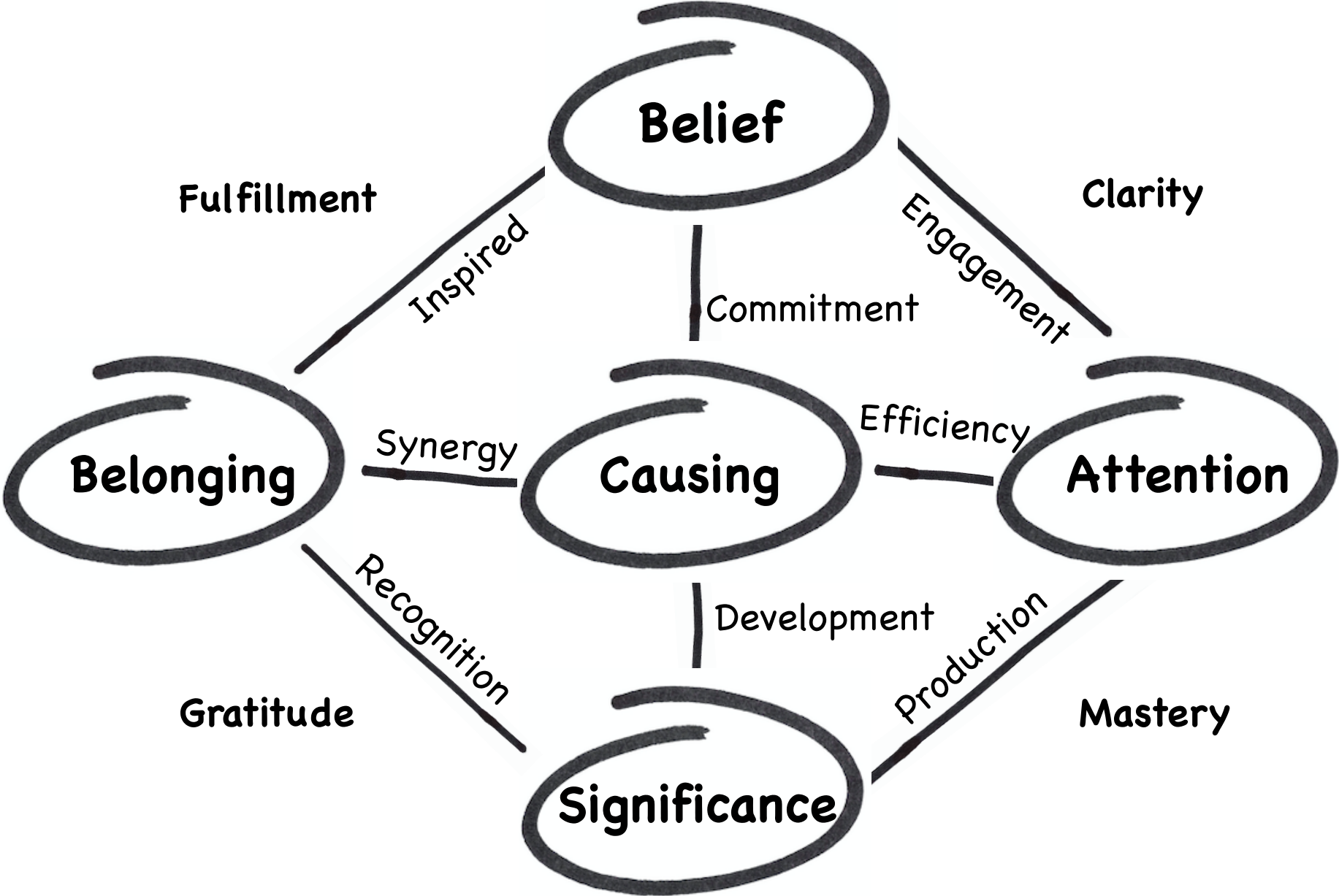


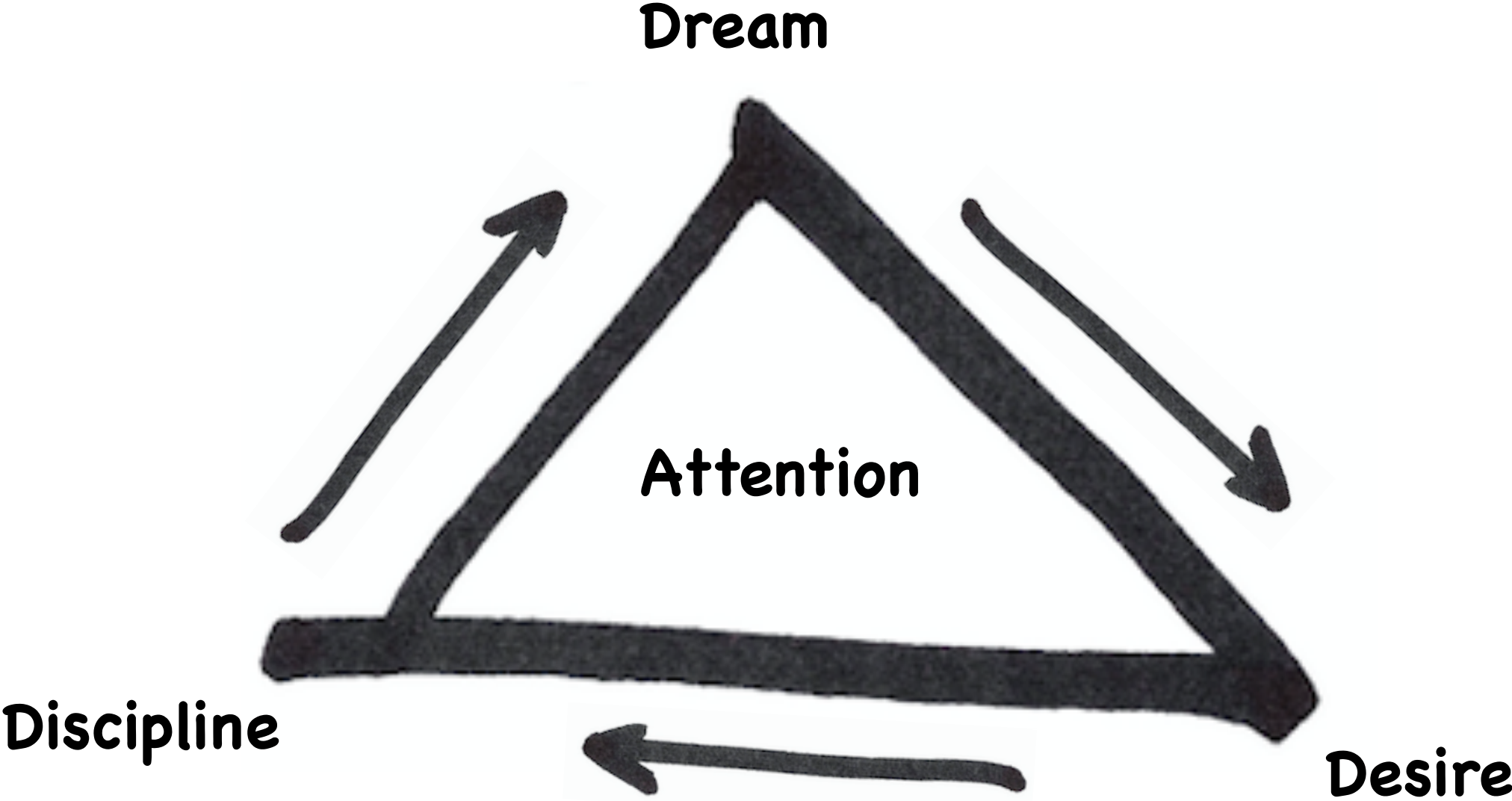
The Best Version of You Blueprint



The Master Life Model

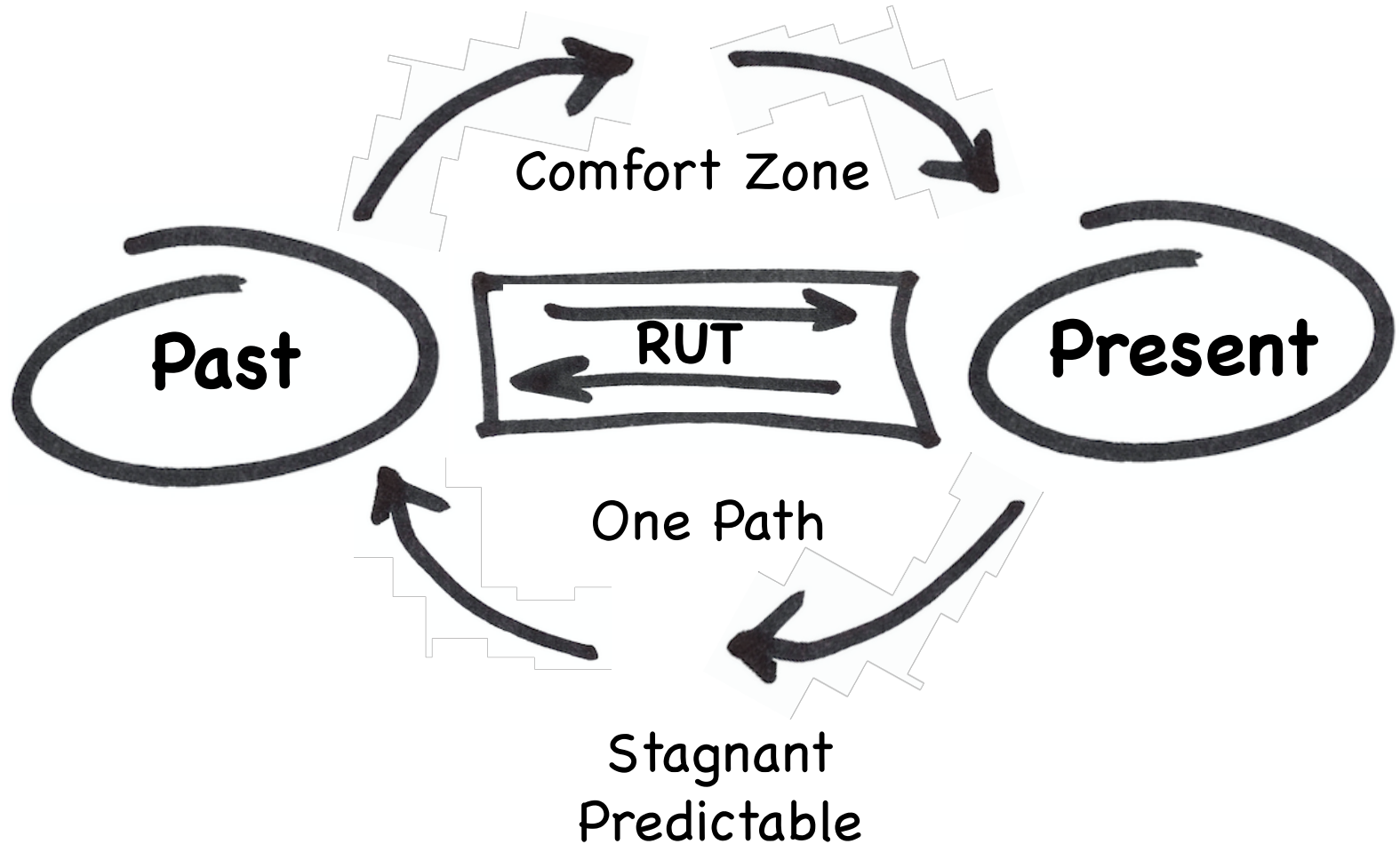


The 3.D.A Model

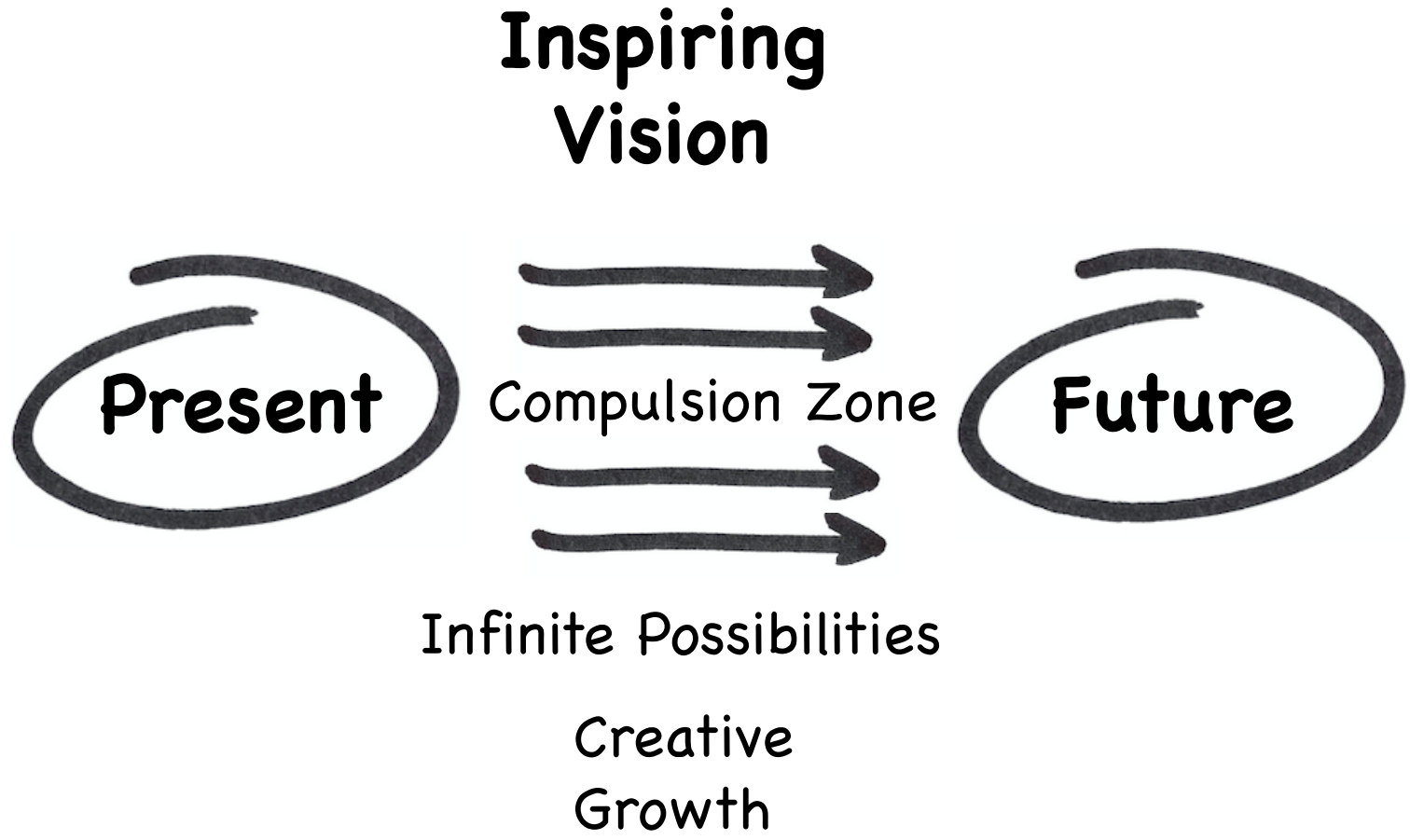


Present-Past Thinking

No Vision



Present-Future Thinking



Gratitude 2.0



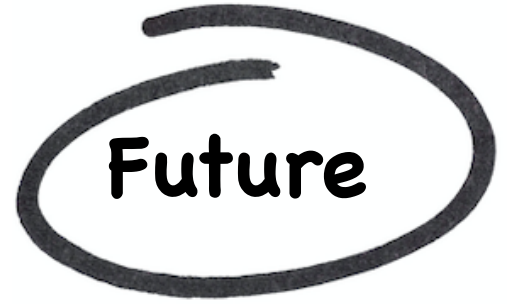
Physically
Achieved

Gratitude 1.0



Mentally
Achieved

Gratitude 2.0



**Inspiring
Vision**

The Success Trinity

Spirit

Serve

**Connect
Grow
Others**

Soul

Mind

Learn

**Win
Inner
Game**

Substance

Body

Exercise

**Master
Physical
Self**

Strength

The WOTOWA Model

Warrior

Soul and Thriving
Victor Mentality

Self Mastery
Focused Thinking
Winning Inner Game

Authentic
Accountable
Responsible
Ownership
Proactive



Reactive
Blame
Excuses
Denial



Artificial
Victim Mentality
Ego and Surviving

No Self Control
Wishful Thinking
Losing Inner Game

Worrier