



I AM
VICTORIOUS

— Affirmation & Reflection —





Repeat Aloud & Reflect on Your Thoughts

I am victorious.

I celebrate abundance and success. I think and act like a champion. I make choices that align with my values. My priorities are clear.

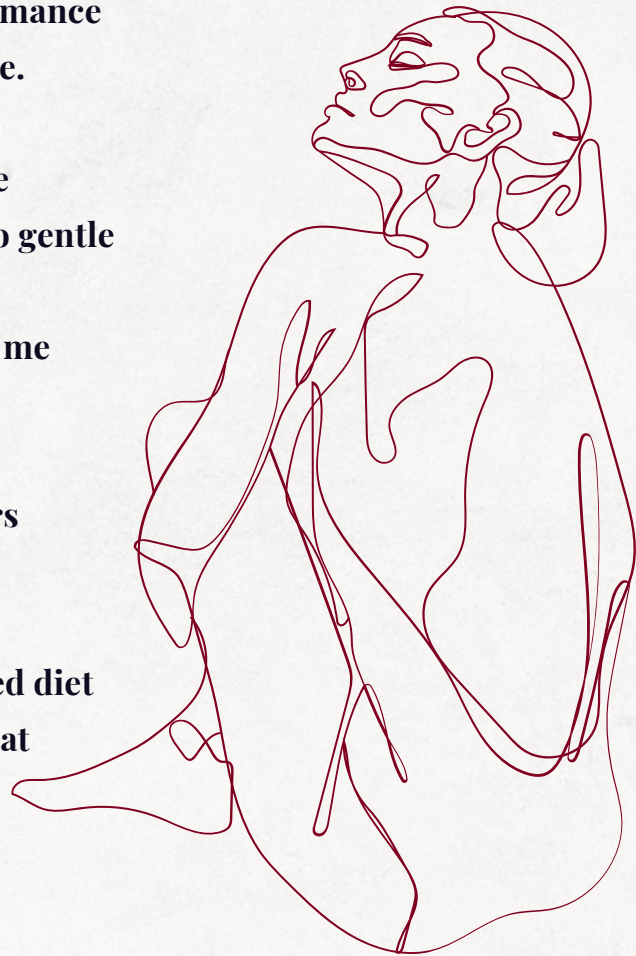
I overcome obstacles and deal with setbacks. I pick myself back up when I fall down. I take responsibility for my decisions. I learn from experience.

I go after what I want. I turn my ideas into concrete action. I take calculated risks. I work hard. I evaluate my performance and ask others for feedback. I am proactive and creative.

I remain calm under pressure. I slow down and breathe deeply. I relax by soaking in a warm bath or listening to gentle instrumental music. I look for the humor in difficult situations. I surround myself with loved ones who give me encouragement and support.

I limit distractions. I track my time. I spend fewer hours watching TV or scrolling through social media.

I adopt healthy habits. I invest in myself. I eat a balanced diet rich in whole foods. I exercise regularly and sleep well at night.



I compete with myself. I try to beat my last performance. I continue reading, learning, and upgrading my skills. I welcome challenges that push me out of my comfort zone.

I think positive. Optimism makes me more resilient. I notice the pleasant events that happen each day, like drinking hot coffee, brainstorming with my colleagues, or playing with my kids. I cultivate gratitude and appreciation.

Today, I am filled with confidence and enthusiasm. I achieve my goals in spite of losses and hardships. I feel like a winner.



Self-Reflection Questions:

- 1. How can I sustain my motivation when times are hard?**
- 2. Why is it important to write down my goals?**
- 3. How do I define success?**
- 4. Am I in alignment with my core values?**





“

*You have to stay true
to your heritage;*

THAT'S WHAT YOUR
BRAND IS ABOUT.

”

Alice Temperley



Hi, I'm Carla, and I'm so grateful we have found each other. As a Luxury Lifestyle & Brand Manager, I empower elite experts desiring to reach the pinnacle in **Position, Performance, & Pleasure** in their everyday lives through leveraging the power of lifestyle design.

I champion the most dynamic personal brands who are:

**Key Industry Players,
Sought-After Advisers,
&
High-Paid Earners.**

Through my people-centric methodology, I support high achievers like you - desiring exponential growth - by creating **brand loyalty, legacy, and brand prominence** in an ever-changing business world.

Cease the Moment to use Luxury Personal Branding to create *A Bespoke Life*.

Let's Build Your Luxurious Brand Today.

You're Invited

“Branding is the art of differentiation.”

-David Brier

Y

ou are here because you are a visionary. You have honed your craft and blazed trails that have made a mark with those in your sphere of influence. However, you know that you have just scratched the surface of your brilliance and have plenty more for the world to see.

If you are ready to do the impossible, step out of the mainstream into your new era of luxury brand-building, then I am here to support you with your ambitions. It is my mission and honor to co-create with you as you adopt a mogul mindset, position yourself as a premium expert, attract high-end clients and opportunities in your journey to building a 6-or-7-figure luxury personal brand.

You are invited to experience 1:1 bespoke business and career guidance through my on-demand mentorship.

LEARN MORE





Bespoke Luxury Living

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