

# 30

## POWERFUL CAREER COACHING QUESTIONS TO IDENTIFY STRENGTHS





## 01 Ask Yourself

Can you recall a moment in your career when you felt most accomplished? What were the key factors that led to this success?

## 05 Ask Yourself

Can you think of a time when you took the initiative and led a project or idea to fruition? What personal strengths allowed you to do so?

## 02 Ask Yourself

What are the top three skills or qualities that you believe have contributed the most to your career achievements?

## 06 Ask Yourself

Which talents do you feel are underutilized in your current role? How could they be better leveraged to create value?

## 03 Ask Yourself

When faced with a difficult challenge, how have you managed to overcome it and succeed? What strengths played a vital role in this process?

## 07 Ask Yourself

How have you demonstrated adaptability and resilience in your career thus far? What internal resources have helped you navigate change?

## 04 Ask Yourself

In which areas do you feel most confident when collaborating with colleagues or managing a team?

## 08 Ask Yourself

In what ways have you leveraged your communication skills to influence others or drive results in the workplace?



## 09

### Ask Yourself

How have you demonstrated strategic thinking and problem-solving abilities in your past roles?

## 13

### Ask Yourself

Can you describe a time when you could effectively negotiate or manage workplace conflict? What strengths enabled you to do so?

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### Ask Yourself

Do you have an example of when you managed competing priorities or multiple balanced responsibilities successfully?

## 14

### Ask Yourself

How do you manage stress and maintain a healthy work-life balance while achieving your career goals?

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### Ask Yourself

How have you committed to continuous learning and development in your career? What skills or knowledge areas have you focused on?

## 15

### Ask Yourself

What unique perspective or approach do you bring to your work that sets you apart?

## 12

### Ask Yourself

How do you incorporate feedback from your peers and superiors to enhance your performance and development?

## 16

### Ask Yourself

Can you share an example of when you have successfully inspired and motivated others to achieve a shared goal?



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### Ask Yourself

How have you used your creativity and innovation skills to drive organizational improvement or change?

21

### Ask Yourself

In what ways have you demonstrated a commitment to social responsibility or ethical decision-making in your career?

18

### Ask Yourself

What are your essential leadership qualities, and how have they contributed to your career growth?

22

### Ask Yourself

How do you approach time management and organization professionally, and how has this contributed to your success?

19

### Ask Yourself

How have you effectively leveraged your network and relationships to advance your career or achieve professional goals?

23

### Ask Yourself

Can you recall a moment when you effectively managed a crisis or unexpected challenge? What personal attributes helped you navigate this situation?

20

### Ask Yourself

Are you able to describe a situation where you took a calculated risk that ultimately led to a positive outcome?

24

### Ask Yourself

How have you demonstrated empathy and emotional intelligence in your interactions with colleagues and team members?



### 25 Ask Yourself

How do you cultivate a growth mindset professionally, and how has this mindset influenced your career trajectory?

### 29 Ask Yourself

Can you share an example of when you successfully aligned personal values and passions with your professional goals and achievements?

### 26 Ask Yourself

Can you describe a time when you were able to quickly learn a new skill or adapt to a new environment?

### 30 Ask Yourself

As you look to reinvent your career, which strengths will be most beneficial in your journey, and how do you plan to harness them to achieve your desired outcomes?

### 27 Ask Yourself

How have you effectively utilized data-driven insights to inform decision-making or strategy in your career?

### 28 Ask Yourself

How do you contribute to a positive organizational culture and team dynamic?





“

*Every interaction  
in any form,*  
IS BRANDING.

”

Seth Godin



Hi, I'm Carla, and I'm so grateful we have found each other. As a Luxury Lifestyle & Brand Manager, I empower elite experts desiring to reach the pinnacle in **Position, Performance, & Pleasure** in their everyday lives through leveraging the power of lifestyle design.

I champion the most dynamic personal brands who are:

**Key Industry Players,  
Sought-After Advisers,  
&  
High-Paid Earners.**

Through my people-centric methodology, I support high achievers like you - desiring exponential growth - by creating **brand loyalty, legacy, and brand prominence** in an ever-changing business world.

Cease the Moment to use Luxury Personal Branding to create *A Bespoke Life*.

**Let's Build Your Luxurious Brand Today.**

# You're Invited

“Branding is the art of differentiation.”

-David Brier

*Y*

ou are here because you are a visionary. You have honed your craft and blazed trails that have made a mark with those in your sphere of influence. However, you know that you have just scratched the service of your brilliance and have plenty more for the world to see.

If you are ready to do the impossible, step out of the mainstream into your new era of luxury brand-building, then I am here to support you with your ambitions. It is my mission and honor to co-create with you as you adopt a mogul mindset, position yourself as a premium expert, attract high-end clients and opportunities in your journey to building a 6-or-7-figure luxury personal brand.

You are invited to experience 1:1 bespoke business and career guidance through my on-demand mentorship.

**LEARN MORE**





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