

Life changes Post Covid-19

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## **Life changes**

When the shutdown happened in March 2020 I was still attending UNT Dallas and had recently started working for Fed-Ex ground. Before I was working for Quest diagnostics but had left the position in November 2019 to focus on school. When every company was going remote and my savings were getting low I applied for a few companies and stuck with Mr. Cooper which was a loan company. When working financially, you can only go up but I saw a major difference in financial earning with Mr. Cooper. I not only was making more but I was saving a lot of money on stuff I normally would have to buy for work which was food, coffee, and gas. I'm still with the company today and I'm still saving. The stimulus checks sent to everyone has also helped me as I threw all the checks received so far towards savings. With quarantine I have actually benefited in a sense from that as well. I have General anxiety disorder and Obsessive Compulsive disorder and with being stuck at home I've actually felt less anxious than I have been in a good while. The only time I get anxious is going out to crowded places like the grocery store or just attending a big family outing, but even that is diminishing now. I was able to keep myself entertained while working at home with just buying some new instruments and video games. The remote routine has gotten somewhat boring just because I miss doing things outside like concerts and movies, but that's coming back little by little. If we had to quarantine for any other reason again I'd know I would be okay since not going out brings down my anxiety a lot.

## **School Changes**

I remember I had 5 classes and 2 were at the campus. Everything was running normal and the last week before we were sent home the class was having a discussion about the virus being in home and what would happen with the semester. I had my Marketing Professor state that most likely we will go home and continue class from there. He was somewhat prepared because when

we were sent home he had already recorded a few voice messages to continue with our assignments. When UNT Dallas stated it would be moving classes online it didn't affect me as much because I was used to having a few courses each semester online. I was a little nervous with my Marketing Professor because Marketing was definitely not my subject. But with help from my Professor I was able to pass the final exam and walked out with a B. I think UNT Dallas made the right call by sending everyone home. When fall 2020 came and other Universities like UTA stated they were opening the Campus, UNT Dallas kept all classes except for 2 online. That was another good decision because a vaccine was still not distributed and there were still many rises and falls with Covid-19 cases. This was a great way to keep the virus from spreading so no one else would get sick. With my professor who I had classes with in campus I took other courses in the fall. I remember taking a class with Professor Tanner in the fall 2019 and I took another course fall 2020. He had his set up really good for Online and I felt like I was still in his class when we had to discuss the following chapter material of the week in the discussion board. The only thing I did miss was getting more in depth detail from him from the discussion we would have in the chapters each week and it wasn't the same as it was online because if we had other questions at that point it would be e-mail and would take longer than in class to get a response. He would leave a good paragraph of detail in our assignments which was good but not the same. I hope if I attend graduate school next year that everything will be open and running. I do like online classes but I do get more knowledge learning from inside the classroom.