

# PUSÔ

**APRW JASPARC 2018**  
**CEBU, PHILIPPINES**  
**MARCH 23-28, 2018**



**philippines**  
building global friendship

## THEME

The theme of this year's APRW is PUSÔ which literally translates to Heart. In Cebu, however, it is rice cooked in woven young coconut fronds. We have chosen this to symbolize the theme of CISV for 2018 which is DIVERSITY, where different strands are woven together creating oneness of mind, heart and spirit in the volunteer work we do for CISV in the Asia Pacific Region.

## DATE

APRW 2018 opens at 6:30pm on March 23, 2018, and ends after breakfast of March 28, 2018. Please try to arrive before 5pm on March 23.

## VENUE

Nestled between the bustling cities of Mandaue and Cebu, Bai Hotel Cebu is one of Cebu's newest contemporary chic business hotel and culinary destination. With 668 guest rooms, 8 food outlets and over 20 meeting rooms, Bai Hotel is truly a gem to be explored.

## ADDRESS

Ouano Avenue corner Seno Boulevard  
North Reclamation Area  
Mandaue City 6014  
Cebu, Philippines  
[www.baihotels.com](http://www.baihotels.com)

## GETTING THERE

Please book your flights to Mactan Cebu International Airport (IATA AIRPORT CODE CEB) which is located in the Island of Mactan in Cebu, Philippines. This is an International Airport with direct flights from Japan (Narita, Osaka and Nagoya), Korea (Incheon and Jeju), Singapore, Hongkong , Thailand (Bangkok) and China.

If you have to fly into the airports in our capital, Manila (IATA AIRPORT CODE MNL), please ensure a transfer time of a minimum of three (3) hours, if flying between different airlines and airports.

The dates of our conference fall on a busy holiday time (Pre-Easter) in the Philippines so we urge you to book your flights as early as possible.

## TRANSFERS

CISV Philippines will provide complimentary scheduled transfers for participants arriving on March 22 and 23 from the Mactan Cebu Intl. Airport to Bai Hotel and on March 28 from Bai Hotel to the airport. Participants arriving on other dates can make their own arrangements. The cost for a taxi cab or car service from the airport to Bai Hotel is approximately \$5-\$10/car/way. Uber and Grab are also available.

## DEADLINE FOR REGISTRATION

We have set the deadline for Registration on Jan 31, 2018.

## VISA INFORMATION

All the countries in the Asia Pacific Region of CISV can enter the Philippines visa-free for at least 30 days. If you are a holder of a passport that is not from the Asia Pacific region, please check this link to determine if you require a visa or not.

<https://consular.dfa.gov.ph/visainformation>

## AGE REQUIREMENT

Minimum age to participate in the APRW/JASPARC is 16 years old.

Please take note that if anyone under the age of 16 is coming without a parent or a legal guardian, there are additional requirements to be completed to be allowed to enter the Philippines.

## ACCOMMODATIONS

Accommodations for APRW and APAC participants will be Twin Sharing. A Single Supplement fee is available for those that prefer this. Please suggest a roommate if you know who you prefer to room with. For those that leave this option blank, we will choose your roommate for you.

JASPARC participants will be rooming on Triple Sharing.

All accommodations include a buffet breakfast.

## REGISTRATION FEE

Registration effective 2018 (as approved unanimously in the Regional Meeting in China) has been increased to \$350 for APRW and APAC and \$290 for JASPARC.

We request that all registrations be done on or before the 31<sup>st</sup> of January.

## PAYMENT

Payment must be coursed thru your National Association.  
No individual transfer of fees please.

Each National Association will do a direct bank deposit to the CISV Philippines account and provide us a list of participants to correspond with said deposit.

**Bank name : Metropolitan Bank and Trust Company**

**Branch : Legazpi Village Branch**

**Address : Amorsolo Street Corner Herrera St. Legaspi Village, Makati City ,  
Philippines**

**Name of Account : Children's International Summer Villages Philippine Association  
Inc.**

**Account No : US\$ Acct 055-2-055007033**

**Swift Code : MBTC PH MM**

**ABA Routing: 026002846**

## FORMS OR DOCUMENTS

Please present proof of Insurance and your Legal Forms upon registration on site.

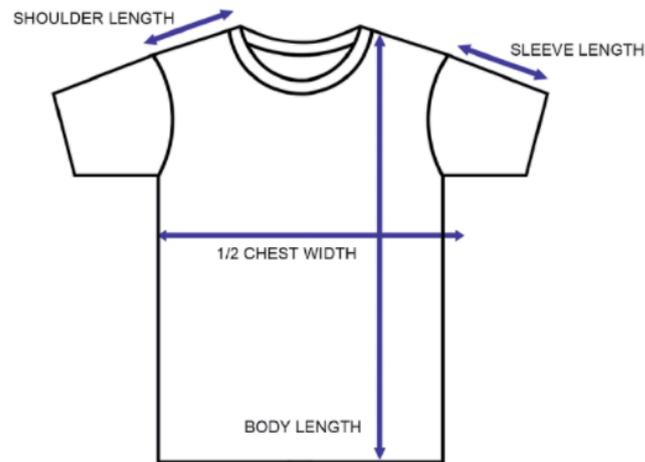
## CONTACT INFORMATION

Host Point of Contact: Ms. Tess Yang

Email: [aprwjasparc2018@gmail.com](mailto:aprwjasparc2018@gmail.com)

# T-SHIRT SIZE

For those that do not submit their Tshirt sizes, the default size will be Large.



SIZE (inches)	XS	S	M	L	XL	2XL	3XL
BODY LENGTH	27	28	29	30	31.5	32	33
1/2 CHEST WIDTH	18.5	19	20	21	22	23	24
SLEEVE LENGTH	8.5	9	9	9	9	9.5	9.5
SHOULDER	5	5	5.5	6	6.5	7	7.5

# TRAINING & CONFERENCES

During the Asia Pacific Regional Workshop, there will be 2 other conferences running parallel – The Asia Pacific Regional Meeting (APAC) and the Junior Asia Pacific Regional Conference (JASPARC). Participants of APAC and JASPARC will not be able to participate in the training-workshops offered in the APRW.

The following Training-Workshops will be offered in 2018.

# CHAPTER DEVELOPMENT

This training is targeted at all Chapter members interested in gaining the attitudes, skills and knowledge to take an active role in developing their Chapter. Although anyone is welcome to join no matter what experience they have in CISV, this training will be most beneficial to people who are new to Chapter and NA Boards and will provide them with an overview of CISV International, key roles and responsibilities in a Board at both levels (NA and Chapter), and tools to implement back in their home Chapter.

## **Training Content**

Chapter Development Training provides an introduction to running and developing a NA or Chapter. Not only will you gather lots of useful knowledge, you will also acquire skills and tools that are helpful for your daily chapter and NA work in all aspects. Plus, there will be room to discuss best practice so remember to bring some ideas to share with others.

# ESSENTIALS OF PEACE EDUCATION

This training is targeted for Adult Chapter Board members and Committee volunteers and JB Board members. Ideal for volunteers new to CISV or who have not attended any type of programme training, and are active in their Chapter.

## **Training Content:**

It's not just fun and games! Learn how CISV delivers on its mission as an educational organization. This informative and interactive training is valuable for both new and experienced volunteers to learn the "how and why" of what we do to educate and inspire our youth for a more just and peaceful world!

## **In the training, participants will:**

Understand peace education more clearly and completely.

Understand CISV's educational purpose and content behind our programmes.

Become familiar with the tools and concepts we use to plan and deliver educational content in our programmes.

Learn how to use these tools to strengthen your chapter.

Share ideas with other CISV volunteers and learn from one another.

# RISK MANAGEMENT

***For National and Chapter Risk Managers***

**Training Content:** Through experiential learning and scenarios and hands-on application of knowledge, you will acquire the skills and information you need to be an effective Risk Manager for CISV. You'll also meet other Risk Managers and build your peer to peer support network.

**We'll cover:**

Your responsibilities as Risk Manager

Your role during programmes and in your Chapter/National Association

Working with other NAs and your Regional Risk Manager

Identifying and prioritising risk

Responding to incidents

Enforcing CISV rules

Responding to parents and participants

Leader/Staff selection and evaluation

Insurance

CISV forms and documents

Social Media guidelines

CISV's Child Protection Policy

Responding in a crisis

Where to go for resources and support

Upon completion of this course you will be Risk-Management certified. This accreditation is required for all Risk Managers and is valid for THREE years. All NAs and Chapters are required to have certified Risk Managers in place by 2015. If your NA or Chapter do not have one, please send your risk managers to this training.

# TRAINING THE TRAINER (TTT)

**Training the Trainers (TTT)**

The CISV TTT course is intended for anyone in CISV with a mandate for training. It is based on training methodologies and general CISV educational principles, and not program specific material.

No matter who the target group is for your training practices, the TTT course will provide the tools needed to enhance your planning, facilitation, and evaluation skills. Local Chapters and National Associations are encouraged to send their members who have training responsibilities.

## **Training Content**

CISV's Train The Trainer (TTT) is an intensive 4-day course designed to enhance and unify organizational wide training practices. The TTT course focuses on both training methodology as well as ways to better understand and utilise CISV's educational methods. The course is a dynamic, hands-on experience that includes a practicum in which participants plan, facilitate, and evaluate a training session. Each participant who completes the course will receive a training certificate, valid for three years.

***IMPORTANT: TTT PARTICIPANTS NEED AN OFFICIAL ENDORSEMENT FROM THEIR NATIONAL ASSOCIATION.***

***Without this, you will not be accepted into the TTT Program.***

## **SEMINAR CAMP TRAINING**

**The intended Seminar Camp training audiences are:**

- Those responsible for overseeing and running the Seminar Camp (i.e. staff/Programme Directors)
- Those overseeing and delivering Seminar Camp programme training in NAs (requiring approval from the Regional Delivery Team for Educational Programmes) (i.e. National Seminar Camp Coordinators and trainers)

## **Training Content**

The Seminar Camp training sets out to provide trainees with the attitudes, skills and knowledge they need to carry out their respective programme-related roles of responsibility. The Seminar Camp training goals are:

- Understand CISV's approach to active global citizenship within the Seminar programme
- Prepare trainees to fulfil their responsibilities in Interchange
- To prepare trainees to contribute to the development and growth of CISV as an organization
- To prepare trainees to interact effectively and appropriately in diverse environments

## **YOUTH MEETING TRAINING**

**The intended Youth Meeting training audiences are:**

- Those responsible for overseeing and running the Youth Meeting (i.e. leaders/staff/Programme Directors)
- Those overseeing and delivering Youth Meeting programme training in NAs (i.e. National Youth Meeting Coordinators and trainers)

## Training Content

The Youth Meeting training sets out to provide trainees with the attitudes, skills and knowledge they need to carry out their respective programme-related roles of responsibility. The Youth Meeting training goals are:

- Understand CISV's approach to active global citizenship within the Youth Meeting programme
- Prepare trainees to fulfill their responsibilities in a youth meeting
- To prepare trainees to contribute to the development and growth of CISV as an organization
- To prepare trainees to interact effectively and appropriately in diverse environments

## HOW TO PROMOTE CISV

This training will help participants identify the strengths and growth opportunities for their respective chapters in order for them to develop a plan to create awareness, engagement and recruitment programs.

### ***Training Outline:***

#### 1, Modern Marketing

- Shifts in communications
- Case studies

#### 2. Alignment with CISV Vision

#### 3. Environmental Scanning

#### 4. Communication Strategy

#### 5. Communications Framework/ Program Development

## WELCOME & FAREWELL

The Welcome and Farewell parties this time will not require participating countries to prepare a national presentation. However, we strongly encourage everyone to be in their national attire during the welcome party, as we are preparing a different program for APRW JASPARC participants.

# RULES ON ALCOHOL / SMOKING

Pursuant to Philippine Laws and CISV Rules, all participants below 18 years old shall not be allowed to consume alcohol and/or smoke during the APRW-JASPARC.

There is a nationwide ban on smoking in public places in the country pursuant to Philippine Executive Order No. 26, entitled **Providing for the Establishment of Smoke-Free Environments in Public and Enclosed Places**, issued on 16 May 2017. There will be very limited smoking areas and all participants in the APRW-JASPARC are advised that this ban is strictly enforced.

## SCHEDULE

	MARCH 23	MARCH 24	MARCH 25	MARCH 26	MARCH 27	MARCH 28
7:00 to 9:00	BUFFET BREAKFAST AT CAFE BAI					
9:00 to 10:30		Parallel Session 1	Parallel Session 7	Parallel Session 12	EXCURSION	
10:30 to 10:45		Break	Break	Break		
10:45 to 12:15		Parallel Session 2	Parallel Session 8	Parallel Session 13		Check Out 12 NN
12:15 to 1:30		Lunch	Lunch	Lunch		
1:30 to 2:45		Parallel Session 3	Parallel Session 9	Parallel Session 14		
2:45 to 3:00	Check In and Registration	Break	Break	Break		
3:00 to 4:30	Registration	Parallel Session 4	Parallel Session 10	Parallel Session 15		
4:30 to 4:45		Break	Break	Break		
4:45 to 6:15		Parallel Session 5	Parallel Session 11	Parallel Session 16		
6:30 to 8:00	OPENING CEREMONY & DINNER	DINNER	DINNER	DINNER	CLOSING CEREMONY	
8:00 to 9:30		Parallel Session 6	Common Session	Common Session		

## EXCURSION

There will be 2 options for excursion. Island Hopping/Boating and Shopping. For those going island hopping, you will go directly to the closing party which will be in Costabella Beach Resort. Pls bring your resort wear with you. For those going shopping, A shuttle to the Closing Party's venue will be provided at 4pm.

## PRE AND POST TOURS

Here are some of the Pre or Post Tours we have prepared for you. We have made some tentative reservations on a first come first served basis.

### **WHALESHARKS AND WATERFALLS:**

Min 2 pax P14,800 Min 7 pax P9500

This tour takes you to Southern municipality of Oslob to have a close interaction with the Whalesharks. It includes Return transfers from Cebu City, 2N Accommodations at Brumini Resort, Fees for the Whaleshark Interaction and a visit to Aguinid and Tumalog waterfalls.

Meals not included.

### **BOHOL DAY TOUR P2980**

Inclusive of Return Ferry Tickets, Seat in coach Bohol Countryside tour including but not limited to a visit to the Chocolate Hills, a chance to see the World's smallest primate - the Tarsier, Loboc river cruise with Lunch and Centuries old Loboc river cruise with Lunch and Centuries old churches

### **BOHOL STAYCATION**

P16500/person min 2 pax

P11975/person Min. 7pax

Return Ferry Tickets from Cebu, Return Transfers in Bohol, 2 nights accommodations at Bohol Beach Club with Breakfast, Bohol Countryside Tour with Lunch at the Loboc river cruise and applicable entrance fees.

## **MALAPASCUA STAYCATION**

P12600/person min 2 pax

P8600/person min 7 pax

Return transfers from Cebu City, Return Boat transfers in Malapascua, 2N Accommodations with

Daily breakfast at Malapascua Legend Resort

## **BANTAYAN STAYCATION**

P8900/person min 2 pax

P7700/person min 7 pax

Return Van and boat transfers

2nights accommodations at Anika resort (no bfst included)

For more information and details, contact Joan Tiu at [joanyoungtiu@gmail.com](mailto:joanyoungtiu@gmail.com)