

Infant Milestones



Seeing progress? Start shading a section!

Don't worry about perfection or going in order, every child is different!

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Child name _____

<p>Sensory</p>	Tracks movement with eyes	Makes different sounds	Looks back and forth between objects	Uses hands and eyes together (reaching for a toy)	Complete
<p>Cognitive</p>	Focuses on an object	Responds to their name	Recognizes familiar faces	Write your own!	Complete
<p>Language</p>	Turns head to a person talking	Focuses when naming objects	Responds with sounds when being spoken to	Begins babbling	Complete
<p>Practical Life</p>	Becomes familiar with eating utensils	Holding head upright	Brings hands to their mouth	Write your own!	Complete
<p>Social</p>	Practices/Repeats sounds and facial expressions	Reaches out for objects	Smiles at others	Write your own!	Complete
<p>Motor</p>	Rolls over	Grasps objects	Holding head upright	Plays with feet and brings feet to mouth	Complete



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Congratulations on reaching a new milestone!

We're so happy to celebrate this momentous occasion with you. Your little one is growing so quickly. Cherish this time together and find out how to make the most of it.



Use this sheet to sit down with your caregiving partners and discuss your little one. Set goals for the upcoming month and discuss your little one's development through the lens of your nanny.



What activities would you love to see your little one do this coming month? How can you accelerate their growth? How can you further support each other?



This document is a guide, not a rule--every little one reaches milestones at different times. You and your nanny can adapt these activities to fit your child's needs.

When your child does something new...



Celebrate yourself and your little one!



Shade in the activity on the front of this page



Share a picture with your loved ones



Continue tracking their growth!

