

# Mixed Bean Bowl

Serving size 6-8

## Ingredients

- 1 tin four bean mix, drained and rinsed
- 1 red capsicum, deseeded and finely diced
- 1 cup sweet corn kernels
- ½ cup fresh flat leaf parsley, chopped
- 1 lemon
- 2 tbsp extra virgin olive oil
- Cracked black pepper, to serve



## Method

1. Place beans, capsicum, corn and capsicum into a large bowl.
2. Season with lemon juice, extra virgin olive oil and cracked black pepper.
3. Lightly toss to combine.

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