# Training Course
# Digital Natives

## Advancing Digital Youth Work

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Zadar, Croatia
12th – 19th of October 2019

# Content

# Introduction

Youth in partners' communities face similar problems due to obstacles to social and cultural participation. Some face geographical isolation and social obstacles (in Croatia, Italy, Lithuania and Portugal), others face cultural obstacles due to their different cultural or ethnic background (in Latvia and Spain), while some face a general lack of competencies needed for active social participation and employment (in Slovakia and Slovenia). On the other hand, young people are increasingly engaging with new technologies and digital media. Being immersed in an online world since early childhood, they are digital natives. Therefore, online youth work practice and digital literacy is becoming more and more important in reaching out to youth, especially disadvantaged youth. However, youth workers of partnering organisations still lack crucial digital competencies needed to keep up with youth. This lack highly affects the quality of their youth work. Fostering engagement and reducing social exclusion of disadvantaged youth is one of the fundamental tasks of partners involved in this project.

Digital youth work means proactively using or addressing digital media and technology in youth work. Digital literacy plays a crucial role as part of modern-day citizenship and modern life in general, and youth work should encourage this. Since digital youth work should be defined in relation to youth work goals in general, not as a separate endeavour with a separate goal, this mobility project will promote digital youth work, media and digital literacy as valuable tools for reaching out to youth with fewer opportunities and supporting them in active participation through digital means. Youth workers will develop and improve their digital and media literacy skills and learn how to transfer their knowledge and competencies to youth through digital as well as face to face youth work. Since media literacy must be tied with critical approach, the project will also foster critical thinking in the context of digital media.

The main objective of the project is increasing the quality and effectiveness of youth work by improving the digital skills of youth workers in reaching out to and supporting young people with fewer opportunities in their daily work.

Specific objectives include increasing media literacy and digital competencies of 22 youth workers from eight EU countries; equipping youth workers with non-formal tools and methods needed to promote digital and media literacy among youth with fewer opportunities; and enabling the exchange of good practices of reaching out to and supporting young people with fewer opportunities through digital youth work.

Through this project, youth workers will understand the importance of digitalisation of society; learn about planning, designing and evaluating digital youth work; learn about information and data literacy; understand digital communication, safety, and creativity - all in the context of youth work.

# Methodology & Working flow

The project includes a **preparatory stage, training course, dissemination and follow-up activities**.

In the preparation phase, working in national groups, participants will **research about online or digital behaviour of youth** (including disadvantaged ones) in their local or national community. For example, what kind of mobile apps and social media do they use. Also, participants will **use an online test designed by Prizma and partners to assess youth's, as well as their own, level of digital literacy**. The objective of this preparation task is to bring into awareness the way how partners' youth workers and their target groups use digital media and see the potential of reaching them through digital youth work. Before coming to Croatia, **participants will prepare a short presentation of their findings and conclusions and present it during the training course**, providing a for discussion and comparison on digital literacy levels and disadvantaged youth issues in eight EU countries. They will be assisted by their sending organisations in accomplishing this task before the training course takes place.

We will use non-formal methods in activities during the training course. Activities will include learning by doing, interactive lectures and presentations, games, individual and group work, individual research and self-study. Digital tools will be used extensively. A **video promoting youth, especially disadvantaged ones, involvement in the Erasmus+ programme and partners' local activities** will be made during the TC and postproduced later. During the TC, we will encourage you to reflect on your learning process and support you in writing a Youthpass. At the end of the TC we will provide you a Youthpass certificate.

The programme will be based on participatory methods in order to offer space for interaction between participants and sharing of ideas. In the spirit of informal and non-formal learning, there will be space for you to contribute to the programme with your own knowledge and skills, undertake your own analyses, including reflections on competences acquired during the activity. During the "Open Space" activity participants will have the opportunity to exchange and share knowledge and skills by organising a workshop for other participants.

In the **dissemination** and follow-up phase, project results will be disseminated through partners' networks. Alongside the video, main outcome of the project will be a digital brochure with a collection of insights and practical non-formal methods applicable in the context of digital youth work, with a special emphasis on disadvantaged youth. Importantly, **participants will have to write one review article per national team**. Therefore, we emphasize that participants need to be ready and willing **to participate in preparation and dissemination and activities** too, not just the training course in Zadar.

# Daily Programme

| | 12.10.2019.<br>Day 1 | 13.10.2019.<br>Day 2 | 14.10.2019.<br>Day 3 | 15.10.2019.<br>Day 4 | 16.10.2019.<br>Day 5 | 17.10.2019.<br>Day 6 | 18.10.2019.<br>Day 7 | 19.10.2019.<br>Day 8 |
|---|---|---|---|---|---|---|---|---|
| 8:00 | | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | |
| 9:00 | | Intro to the day | Intro to the day | Intro to the day | Intro to the day | Intro to the day | Intro to the day | Breakfast |
| 9:30 | | Getting to know each other | Presentation of participants' analyses from the preparation task - part 1 | Basics of video recording | Youth work and social media - Facebook | Youth work and social media - Instagram (digital storytelling exercise) | Exercise: Critical thinking and media | |
| 10:00 | | Hopes, fears, expectations, contributions | | | | | | DEPARTURES |
| 11:00 | | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break | |
| 11:30 | | Let's start: the programme and Youthpass | Presentation of participants' analyses from the preparation task - part 2 | Media and digital literacy | Using video in youth work - part one | Using video in youth work - part two | Using video in youth work - part three | |
| 12:30 | | | | | | | | |
| 13:00 | | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | |
| 15:30 | ARRIVALS | Discussion: Digitalisation of society | Planning, designing and evaluating digital youth work | Mid-evaluation | Free Afternoon in Zadar | Open Space for Exchange of good practices | Digital seeds: new project ideas | |
| 17:00 | Getting started | Coffee break | Coffee break | Coffee break | | Coffee break | Coffee break | |
| 17:30 | | World Cafe - digital youth work | Digital safety | Information and data literacy | | Open Space for Exchange of good practices - part 2 | Final Evaluation and Youthpass Ceremony | |
| 18:30 | | Reflection groups | Reflection groups | Reflection groups | | Individual reflection | | |
| 19:00 | Dinner | Dinner | Dinner | Dinner | Dinner in Zadar | Dinner | Dinner | |
| 21:00 | WELCOME EVENING | FREE TIME | FREE TIME | FREE TIME | FREE TIME | FREE TIME | FAREWELL PARTY | |

# Participants profile

Apply if you are coming from Italy, Croatia, Portugal, Slovakia, Spain, Latvia, Lithuania and Slovenia, you are above 18 years old, you are actively involved in the field of youth work (project manager, project coordinator, teacher, social worker, youth worker, volunteer, animator etc.), and working with disadvantaged groups of youth. Experience in digital youth work, especially using video, is an advantage.

Three participants will be selected from Italy, Slovakia, Spain, Latvia, Lithuania and Slovenia. Two participants will be selected from Croatia and Portugal.

Experience in the field of youth work and motivation will be decisive in selecting the participants. Please fill the application form completely and inspire us with your enthusiasm and motivation.

## APPLY NOW

# Travel guide

The arrival day to Zadar should be 12<sup>th</sup> of October, latest at 7pm. If for some reasons you cannot manage to arrive on time, please contact us and we will help you out. The departure day is 19<sup>th</sup> of October, after breakfast, please make sure you have afternoon or night flights since you have to travel by bus or train from Zadar to either Zagreb or Zadar Airport. If you would like to spend more time in Croatia, you can do it on your own expense. It is possible to stay in other cities three days after or before the training course. **Please do not buy flight tickets before our approval**. To enter Croatia you will need a valid passport or, for citizens of the EU, a personal identity card will be enough.

# Coming to Croatia by plane

We recommend you to fly to Zadar (closest airport), but you can also fly to Zagreb or Split. It takes about 45 mins from each airport to reach a bus or train terminal from where you can continue your trip to Zadar. Below you can find websites where you can find timetables and buy tickets. Timetables can change according to the time of the year, and will be announced on the website. If it is not possible to buy a ticket online, don't worry, you can buy ticket at the station, usually buses are not crowded in autumn. We recommend buying return bus tickets, but be sure to check the return schedule also because a return ticket must be used with the same bus operator.

## Reaching Zadar

### From Zagreb

| By Bus | By Train |
|---|---|
| (It takes around 3:30 hrs of driving) | (It takes around 12 hrs of driving) *We do not recommend it! |
| Website | Website |

### From Zadar Airport

| By Bus | NO TRAIN |
|---|---|
| (It takes around 30 min of driving) | |
| Website | |

When you arrive to Zadar Bus Station, please take a local bus to hotel Donat. Take a bus line 5 or 8, to bus station Puntamika. Ask driver to tell you when you arrive to Puntamika. From bus station Puntamika you have 5 min walk to hotel Donat. Keep in mind that we do not refund taxi, Uber or private car rides.

Website
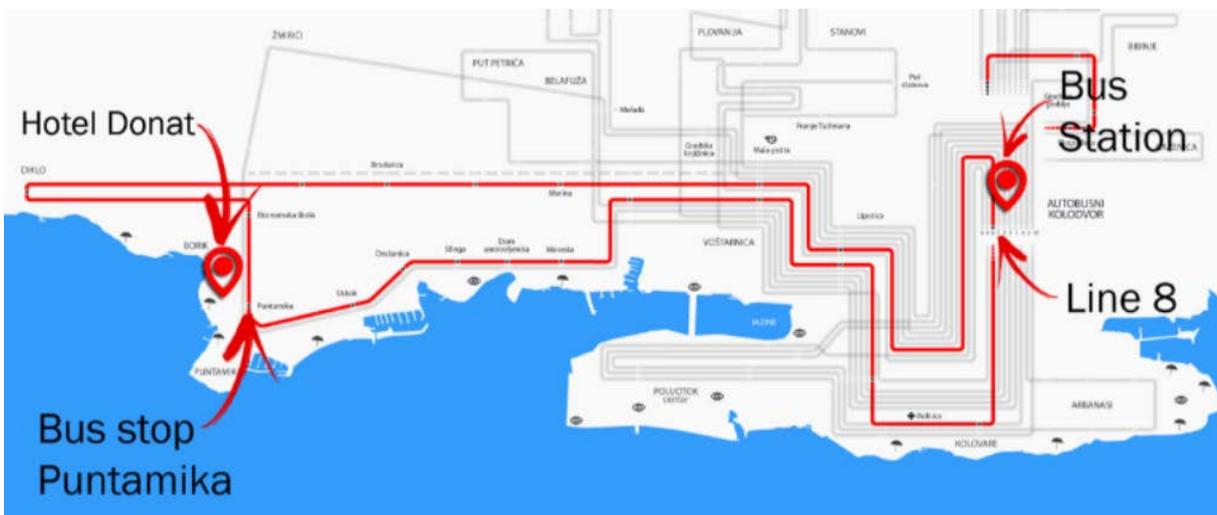
# Financial conditions

## Food & Accommodation

Food (breakfast, lunch, dinner, coffee breaks), accommodation and materials necessary for carrying out the training course will be provided by the coordinating organisation according to the rules of Erasmus+ programme. Participants will be allocated in two-bed rooms.

## Travel

Please **save all original travel documents** (public transport tickets: flight tickets, boarding passes, bus and train tickets). We will not be able to reimburse travel expenses incurred by private carriage such as Taxi, Uber or private car. Travel costs will be reimbursed following the submission of original travel documents. Don't forget to keep all original travel tickets. We strongly encourage you to buy flights that have the possibility to do online check-in and in this way you will be able to give us the return boarding passes as well, without sending them to us by post when you return home!

Reimbursements will be done through bank transfer of your sending organisation. The maximum travel budget:

| | | | | | |
|---|---|---|---|---|---|
| Portugal | 530€ | Croatia | 20€ | Slovakia | 275€ |
| Latvia | 275€ | Lithuania | 275€ | Italy | 180€ |
| Spain | 275€ | Slovenia | 180€ | | |

Travel costs will be reimbursed 100% up to the maximum amount listed above.

## Health insurance

We strongly encourage you to bring European Health Insurance card.

### What is European Health Insurance Card?
The European Health Insurance Card (or EHIC) is issued free of charge and allows anyone who is insured by or covered by a statutory social security scheme of the EU to receive medical treatment in another member state for free or at a reduced cost, if that treatment becomes necessary during their visit. It will cover you for treatment that is needed to allow you to continue your stay until your planned return. It also covers you for treatment of pre-existing medical conditions and for routine maternity care, as long as you're not going abroad to give birth.

### I have travel insurance, why do I need EHIC?
The EHIC is not an alternative to travel insurance. It will not cover any private medical healthcare or costs such as mountain rescue in ski resorts, being flown back to the UK, or lost or stolen property. Therefore, it is important to have both an EHIC and a valid private travel insurance policy. Some insurers now insist you hold an EHIC and many will waive the excess if you have one.

# Useful information

## Weather conditions

Zadar is located on the coast. It is a sunny town but weather and temperatures can be unpredictable, so please bring warm clothes and rain clothes, we recommend you to bring umbrella in case of rain. During October, temperatures can vary from +10 Celsius to +24 Celsius and it can be windy.

## Emergency numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 18166 – weather forecast
- (+385) 18981 – general information

## Croatian phrases

Good morning - Dobro jutro

Goodbye - Doviđenja

Have a nice day - Ugodan dan

How much does it cost? - Koliko košta?

How are you? - Kako si?

What's your name? - Kako se zoveš?

# Partners

**Slovenia**
Mladinski Center Idrija
www.mcidrija.si
Contact person: Tina Mervic
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**Croatia**
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# Contact

For any inquiry, assistance or help please contact your sending organisation coordinators of the project, or directly the project coordinators:

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