



95 THESES for the Soul of Humanity

A Manifesto of Rehumanisation, Renewal and Return

FATIMA BACOT

Threshold Cartographer · Spiritual-Political Writer · Steward

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(inspired by Martin Luther's 1517 Call to Conscience)

"I am often struck by the dangerous narcissism fostered by spiritual rhetoric that pays so much attention to individual self-improvement and so little to the practice of love within the context of community."

bell hooks– American educator, author, theorist and social critic (1952 – 2021)

Dedication

For Gaza.

For every child burned alive and turned to ash, every Mother who screamed into rubble, every Father who carried the body of his headless son on broken roads or in pieces in a plastic bag.

For every human being that exploded into the air, or who suffocated under tonnes of concrete to the sound of others' applause and jeers.

For the hospitals bombed, the journalists and doctors assassinated, prayers interrupted, the water and flour poisoned, the orchards bulldozed or exploded, the graves desecrated and the mass graves overflowing, the exploding tins of baby formula.

For the ones the world called collateral damage, worthless, liars or terrorists, but who showed us were consecrated Masters whilst they were being collectively scapegoated, and deliberately punished, starved and bombed.

Gaza, Gaza ... you should never have had to become our mirror, litmus test, moral compass, altar or our awakening.

This is for Osama, Maram, Memo, Ahmed and Imran.

This is for Adam and Dr Ali.

This is for you.

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Introduction

In 1517, a German monk named Martin Luther nailed ninety-five statements to the door of the Wittenberg Castle Church. The 95 Theses.

They were not a polite request for dialogue. They were a rupture and a public shattering of the silence that enabled the Church's moral corruption. A refusal of its hypocrisy, greed and the distortion of the Divine.

Those theses became the spark that ignited the Reformation.

This document continues in the spirit of that rebellion for these times.

95 Theses for the Soul of Humanity: A Manifesto of Rehumanisation, Renewal and Return is a call to conscience and a map for the future, for an age where empire livestreams its atrocities with impunity. It is a direct challenge to the spiritual-industrial complex and its retreat into bypass, neutrality and self-preservation.

This manifesto names the sickness of a dehumanised world, provides the catalyst for its sacred renewal and charts the path for our dignified return to the Web of Life.

These theses are fire distilled from a larger piece, the five-part series "***Who Bombs Hospitals and Inherits the Earth?***", written as the genocide in Gaza unfolded from October 2023 onward.

Gaza is a deep, gaping wound upon the planet in its own right, rightly seen as the world's conscience and compass, as well as a moral litmus test. But Gaza is also a mirror of the consciousness-level of humanity, and the mirror of the interconnected elements of global polycrisis and numerous thresholds.

Its name will be found throughout

The 5-part Series is the deep excavation. It is a river of thought, an emotional and spiritual journey, combined with unflinching evidence.

The Theses are its crystalline, concentrated core. The unarguable bedrock of truth laid bare. They are the sharp, unbreakable stones on which that river flows.

Together, they form one coherent body: heartbroken yet furious, mystical yet grounded, fiercely compassionate and utterly unforgiving of complicity.

This compilation gathers the 95 Theses under the **Ten Teachings of Dignified Return** — *the Codices of The Assembly of the Living Earth*. The Shambhalla Codex. Each Codex is a theme, a discipline, a necessary stage on the path of sacred warriorship.

Each Codex contains:

- **Framing** — the contextual ground from which the truth erupts.
- **Alignment with the 95 Theses** — the declarative, distilled statements that define the Codex.
- **Series Excerpts** — direct passages from *“Who Bombs Hospitals and Inherits the Earth?”* for depth and cross-reference.
- **Invitational Practices** — suggestions for breathing these truths into your Life.

This is not a text to be read, but a tool for moral surgery, a map for sacred action and a mirror that will break you open if you have the courage to look.

Please Note: The title of the 5-Part Series, *“Who Bombs Hospitals and Inherits the Earth?”* is a line from a Fady Joudah poem entitled, *“Truth is Never Finished”*.

THE FOUR PILLARS OF THE ASSEMBLY

The Assembly stands upon four non-negotiable pillars. They are the bedrock of our gathering, the lens through we see the world, and the foundation from which we act.

1. **Radical Non-Separation (The Unified Field):** There is no "out there." We are interconnected in a vast Web of Life. An injustice against one people, species or ecosystem is an injustice against the whole. Spirituality that bypasses this suffering is not spirituality but a betrayal of our fundamental interconnectedness. We are a Unified Field.
2. **The Sacred & Immanent Web of Life:** The Earth—*La Tierra*—is a living, conscious and remembering being. She is not a resource to be extracted from or a backdrop to human drama. The Divine is not transcendent *away from* this world but is immanent *within it*. We refuse escapist fantasies and commit to the sacred here and now.
3. **Naming the Pathology of Empire:** The global system of supremacy, extraction and dehumanisation that operates on silence, complicity and manufactured consent—is not "broken": it is functioning exactly as designed. We must recognise and clearly name this system and its "Dark Fathers" (who can be both men and women) to break its spell and refuse its demands.
4. **Sacred Warriorship as the Response:** Our answer is not passive hope but fierce, sacred, disciplined action. This is the fusion of the mystic and the activist. Love is not a sentiment; it is a sword. Compassion is not soft; it demands justice. We are called to become protectors, disruptors, and builders.

This introductory document, and the Codices within it, are a map for living and fighting from this unwavering ground.

Invocation: 1511

In 1511, theologian and monk Martin Luther climbed the Holy Stairs in Rome on his knees, seeking absolution for the dead, salvation through ritual, redemption through the price of pain.

What he found instead was theatre and decadence, and a Church gorged on power, peddling forgiveness as currency.

At the top of the stairs, a voice rose. It didn't rise from the heavens, but from the deep silence within:

"Who knows whether it is so?"

Doubt ensued. In fact, a crack in the divine machinery that became the beginning of an end.

Today, we do not kneel in Rome, but in the rubble of Gaza. We kneel before livestreamed executions, desecrations and children being burned or buried alive, powered by the economy of genocide, relentless gaslighting, normalisation and silence.

We climb not steps of marble, but over the charred bodies of children and the bombed-out remnants of hospitals.

And again, a voice rises from the ruins, from the soul of humanity itself:

"This is not it, and we are lost."

Why the 95 Theses Matter

We live in an age of polycrisis: not one wound, but a thousand cascading and converging into a single abyss.

Gaza is not only the mirror, but a nexus, too.

What is happening in Gaza is not only genocide.

It is the collapse of international law. It is the banality of evil livestreamed for the world to see. It is the green light for metastasising ecocide, infanticide, racism, extreme dehumanisation and the annihilation of entire peoples and cultures. It is the tightening fist of fascism and the removal of all our rights, the rise of surveillance and AI as new priesthoods of industrial-scale killing and control, and the erasure of civilisation, memory and conscience themselves.

Gaza reveals that none of our global crises are separate. That they are one body of violence, and our silence, normalisation and confused moral clarity the oxygen that feeds these crises, and that gives perpetrators a free pass.

This Manifesto matters because it refuses fragmentation.

To name Gaza is to name ecocide, empire, authoritarianism, techno-dystopia, and the slow anesthesia of the soul for the entire Web of Life.

It matters because if we cannot face Gaza, the most searing moral test of our time, then we will fail them all.

95 Theses for the Soul of Humanity

A Manifesto of Rehumanisation, Renewal and Return
(inspired by Martin Luther's 1517 Call to Conscience)

1. There is nothing spiritual, evolved or enlightened about genocide.
2. The Earth is not a commodity. The Earth is our Mother and her wounds are ours.
3. Gaza is not a tragedy. Gaza is a moral test, which humanity is failing.
4. A spirituality that bypasses grief, rage and injustice is not spirituality, but complicity.
5. To be silent in the face of livestreamed genocide is to choose the side of death.
6. No child's incinerated body is ever "over there": the Global Body is One.
7. The bombs that fall on Gaza also detonate inside the Soul of Humanity.
8. We will not build a New Earth atop mass graves and media laundering.
9. Bypassing is abandonment. Magical thinking is a betrayal of the Mother.
10. The Dark Fathers do not care about your freedom, your Soul or the sanctity of life. They must be named, unmasked and removed from power.
11. The New Age promise of ascension without descent is a lie. We evolve by facing what burns.
12. There is no neutrality in the face of livestreamed slaughter. There is only courage or complicity.
13. Gaza is not an exception. It is a mirror.
14. We are not just watching a genocide: we are participating in one.
15. If we do not protect the most innocent, then we are already lost.
16. The Soul fractures when silence replaces moral clarity.
17. Industrial-scale killing cannot be spiritually bypassed. It must be grieved, named and stopped.

18. Dehumanisation anywhere is a threat to dignity everywhere.
19. The rage of the Mother is not hatred, but love refusing to disappear.
20. Empathy is the first casualty of empire. It must be resurrected.
21. Gaza is not a single issue but a convergence of polycrisis thresholds.
22. Spiritual bypassing is not evolution. It is the anesthesia of empire.
23. You cannot ascend out of the suffering of the world to be liberated. Instead, you must descend into it.
24. Genocide is not someone else's problem because it is a rupture in the Global Body.
25. The desecration of children, the most innocent amongst us, is the desecration of the Earth.
26. The Old World is not only being exposed, it is also collapsing.
27. Western silence is not ignorance, but deliberately-engineered complicity.
28. The same hands that drop bombs on Gaza write policy for your future.
29. Every dismembered child is a piece of the human soul torn loose.
30. Apathy is not protection. It is participation.
31. Spirituality is not an escape hatch, but a call to presence and engagement.
32. If your mysticism floats above genocide, it is not mysticism.
33. You cannot claim oneness whilst ignoring the bones crushed beneath your privilege.
34. The soul does not ascend through denial. It deepens through embodiment.
35. Gaza is not an outlier, but the brutal logic and machinery of supremacy.
36. The bombs that fall on the besieged also explode our illusions.
37. If we turn away from this, we lose the right to speak of Love.
38. To feel is not weakness. It is what makes us human.
39. Our grief is not separate from action. It is the root of it.

40. Genocide rests on the altar of empire. We must refuse the sacrifice.
41. Every razed hospital is a tear in the Global Body.
42. There is no higher frequency than truth.
43. A broken heart can become holy ground.
44. The Soul of the World is not theoretical. It is bleeding.
45. Gaza is not just an event. It is both personal and collective reckoning.
46. To allow mass murder in your name is to betray your own humanity and divinity.
47. The system is not broken. It is operating exactly as designed.
48. If you need a savior, look at the children digging in the rubble for their parents.
49. Our spiritual practices mean nothing if they do not birth courage.
50. The New Earth will not emerge through denial, but through disruption to status quo violence.
51. The path of awakening runs through shadowlands and wasteland.
52. There is no healing without truth.
53. Every pixel of livestreamed agony is a prophecy.
54. The same bombs that erase Gaza aim to erase conscience.
55. Rehumanisation is the revolution.
56. If your activism costs you nothing, it is merely PR.
57. Silence is the currency of genocide.
58. The devaluing of some lives guarantees the devaluing of all.
59. You cannot protect the Earth while ignoring the screams of her children.
60. The Dark Fathers thrive on your disbelief, your numbness, your hope in the wrong places, your drinking from poisoned wells.
61. The system will not be reformed. It must be refused.

62. The Mother of All Life rages through us for a reason.
63. The veil has lifted, the wound is visible and the hour is now. Was yesterday.
64. Wholeness demands we face what we fear.
65. Every act of cruelty done “over there” is a rehearsal for the blowback reflection of what’s coming “here.”
66. Gaza is a sacred interruption in empire.
67. The Dark Fathers cloak themselves in righteousness. Refuse their narratives.
68. The era of pretending not to know is over.
69. Love without justice is sentimentality. Justice without love is cruelty.
70. No vote will save us from a system that profits from blood.
71. This is not about sides. It is about Soul.
72. You do not need to be perfect to stand up. Just awake.
73. To witness and not speak is to bless and pave the way for the destroyers.
74. Every anesthetised heart empowers empire.
75. A decapitated baby is neither statistic nor metaphor. A decapitated baby is a line in the sand.
76. There is no path to peace that bypasses the truth of what has been done.
77. We are not separate from this and we never were.
78. Your comfort and privilege are not more sacred than another’s life and dignity.
79. “Never again” means never again for anyone.
80. To feel again is to become human again.
81. You were not born to be neutral. You were born to be true.
82. The sacred lives in the scream, the rubble and refusal.
83. Denial is not safety. It is spiritual decay.
84. Love is not soft. It is a sword in service of the Web of Life.

85. If we do not speak for the children, who and what are we?
 86. The New Earth is not a hashtag and it won't suddenly materialize out of thin air.
 87. We have been lulled by comfort, fooled by dogma and seduced by safety.
 88. The Earth does not need more theories and hand-wringing: the Earth needs your fierce heart.
 89. There is no liberation that forgets or devalues the wounded.
 90. Spirituality that cannot say no is a betrayal in white robes.
 91. The Earth is calling: will you answer with silence or sacred rage?
 92. To refuse complicity is to reclaim your Soul.
 93. Gaza is a turning-point in our evolution. It is not a tragic footnote.
 94. The world is burning, and your heart is the altar.
 95. Rehumanise. Refuse. Remember. This is the sacred rebellion.
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CODEX 1
The Naming of the Wounded World

Codex I

The Naming of the Wounded World

Framing:

We begin here because nothing can be healed until it is seen, and nothing can be truly seen until it is named.

This first act is not analysis, debate or polite description, but witness. It is calling the thing what it is, even if the world covers its ears. Gaza is not a side issue; it is the wound of the world made visible.

To name Gaza is to name ourselves: what we have allowed, what we have looked away from, what we have become. This naming is not a statement of opinion, but an act of moral reclamation. We are not separate this and we never were.

Alignment with the 95 Theses

1. There is nothing spiritual, evolved or enlightened about genocide.
3. Gaza is not a tragedy. Gaza is a moral test, which humanity is failing.
5. To be silent in the face of livestreamed genocide is to choose the side of death.
13. Gaza is not an exception. It is a mirror.
14. We are not just watching a genocide: we are participating in one.
18. Dehumanisation anywhere is a threat to dignity everywhere.
21. Gaza is not a single issue, but a convergence of polycrisis thresholds.
24. Genocide is not someone else's problem because it is a rupture in the Global Body.
35. Gaza is not an outlier, but the brutal logic and machinery of supremacy.
40. Genocide rests on the altar of empire. We must refuse the sacrifice.
45. Gaza is not just an event. It is both personal and collective reckoning.
47. The system is not broken. It is operating exactly as designed.
58. The devaluing of some lives guarantees the devaluing of all.

75. A decapitated baby is neither statistic nor metaphor. A decapitated baby is a line in the sand.

From “Who Bombs Hospitals and Inherits the Earth?”

"There are moments when the world rips its own skin open and demands we look. Gaza is such a moment. We are watching in real time the obliteration of a people, the deliberate targeting of hospitals, schools, mosques – the erasure of an entire culture. This is not chaos. It is not random. It is the cold execution of supremacy, extraction, exceptionalism, and desecration. Gaza is where the mask of civilization has fallen, and what stands before us is the unvarnished machinery of inhumanity."

(Part 1, p. 2)

"We cannot unsee it. We cannot unknow it. And yet, to name it is to place ourselves in the crosshairs of those who benefit from its continuation. This is why so many hide behind euphemism, behind the anaesthetics of spiritual bypass or political neutrality. But neutrality is a lie. In the presence of genocide, neutrality is complicity."

(Part 1, p. 4)

Codex I: The Naming of the Wounded World

Invitational Practice of Witness

- *Read one Thesis aloud slowly. Write down one wound of the world you see most clearly today. Name it directly and with clarity.*
-

Assembly Use:

In your Codex I session, you could:

1. **Read aloud** the full list of theses for Codex I – slowly, with pauses.
2. Follow with the excerpted paragraphs from the Series, using them as deepening commentary.
3. Invite participants to **write their own “naming statements”** – personal theses naming what they see in Gaza, in the world, and in themselves.
4. Hold space for reading them aloud as an act of communal witness.



CODEX II
The Unbinding of Illusions

Codex II

The Unbinding of Illusions

Framing:

If the first work is naming, the second is dismantling the lies that have made such atrocity tolerable.

Every empire survives on illusion – illusions of moral superiority, inevitability, divine sanction, progress, innocence. These illusions are the spellwork of the inhuman.

To unbind them is to strip away the anesthetic and the veil, to end the hypnosis, to awaken sight in a culture that has trained itself not to see. This is the moment we take back the pen that has been writing our story for us.

Alignment with the 95 Theses

- 4. A spirituality that bypasses grief, rage and injustice is not spirituality, but complicity.
- 9. Bypassing is abandonment. Magical thinking is a betrayal of the Mother.
- 11. The New Age promise of ascension without descent is a lie. We evolve by facing what burns.
- 12. There is no neutrality in the face of livestreamed slaughter. There is only courage or complicity.
- 22. Spiritual bypassing is not evolution. It is the anesthesia of empire.
- 27. Western silence is not ignorance, but deliberately-engineered complicity.
- 30. Apathy is not protection. It is participation.
- 32. If your mysticism floats above genocide, it is not mysticism.
- 56. If your activism costs you nothing, it is merely PR.
- 68. The era of pretending not to know is over.
- 70. No vote will save us from a system that profits from blood.
- 74. Every anesthetised heart empowers empire.
- 83. Denial is not safety. It is spiritual decay.

87. We have been lulled by comfort, fooled by dogma and seduced by safety.

90. Spirituality that cannot say no is a betrayal in white robes.

From “Who Bombs Hospitals and Inherits the Earth?”

"The seductions of the spiritual-industrial complex – with its relentless marketing of personal transcendence, high vibration, and inner peace – have produced a generation of seekers incapable of looking injustice in the face. We have been trained to believe that to be spiritual is to be detached, that to be moral is to be neutral, and that to be good is to avoid conflict. These are not virtues. They are the cultivated illnesses of empire."

(Part 2, p. 7)

"The hypnotic myths of moral equivalence, spiritual bypass, and 'both-sides-ism' are not accidents. They are deliberate tools of disempowerment, designed to keep us from recognising the machinery of oppression while it crushes the breath from the world. If we are to reclaim our moral sight, we must unbind ourselves from every story that renders us inert."

(Part 2, p. 9)

Codex II: The Unbinding of Illusions

Invitational Practice of Reflection

- *Journal: What illusion have you believed about spirituality, politics, or safety? Where did it come from, and what truth now breaks its spell?*
-

Assembly Use:

In your Codex II session, you could:

1. Begin with the theses – read slowly to dismantle the room’s unconscious agreements.
2. Follow with the Series excerpts as a scalpel to cut deeper into the illusions participants have personally absorbed.

3. Facilitate a **“spell-breaking” exercise**: ask participants to name one illusion they have believed, where it came from, and how it has served power over truth.
 4. Close with a collective unbinding – speaking aloud the illusions we refuse to live under any longer.
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CODEX III
The Descent into the Deep

Codex III

The Descent into the Deep

Framing:

After naming the wound and unbinding the illusions, we are left with the raw, unmediated truth. The descent is unavoidable. This is where we step away from the noise of slogans and hashtags into the dark, holy silence of the underworld. It is not comfortable. It is not quick. The deep demands that we look without flinching at grief, rage, helplessness – and at the part of us that colludes with what we say we despise. This descent is an initiation. Those who refuse it will remain on the surface, anesthetised and untransformed.

Alignment with the 95 Theses

- 23. You cannot ascend out of the suffering of the world to be liberated. Instead, you must descend into it.
 - 31. Spirituality is not an escape hatch, but a call to presence and engagement.
 - 34. The soul does not ascend through denial. It deepens through embodiment.
 - 36. The bombs that fall on the besieged also explode our illusions.
 - 38. To feel is not weakness. It is what makes us human.
 - 43. A broken heart can become holy ground.
 - 44. The Soul of the World is not theoretical. It is bleeding.
 - 51. The path of awakening runs through shadowlands and wasteland.
 - 52. There is no healing without truth.
 - 64. Wholeness demands we face what we fear.
 - 76. There is no path to peace that bypasses the truth of what has been done.
 - 80. To feel again is to become human again.
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From “Who Bombs Hospitals and Inherits the Earth?”

"There is a place beyond headlines and soundbites, a place the world does not want to go. It is the place where the images of bombed hospitals and dead children are not scrolled past but held, where the cries do not fade after the feed refreshes. To go there

is to descend into the deep. It is to meet our grief like a long-banished ancestor who has been knocking at the door of our consciousness, asking to be let in."

(Part 3, p. 14)

"This descent is not a detour; it is the path. We cannot heal the moral sickness of our time with affirmations and vision boards. We cannot claim to stand for love if we refuse to stand in the ash and listen to the dead. Here, in the deep, the illusions of our invulnerability fall away, and we are stripped to what is real."

(Part 3, p. 16)

Codex III: The Descent into the Deep

Invitational Practice of Descent

- *Sit in silence with one image from the news or your memory that you cannot unsee. Write what it asks of you when you refuse to turn away.*

Assembly Use:

In your Codex III session, you could:

1. Read the theses as a guided descent — slow, with space between each for breath or tears.
 2. Share the Series excerpts as map points for the underworld journey.
 3. Invite participants to write about *one* image or story they cannot unsee, and explore what it has revealed about themselves.
 4. Hold a collective silence, naming aloud the truths discovered in the deep.
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CODEX IV
Honouring of Rage and Grief

Codex IV

Honouring of Rage and Grief

Framing:

Rage and grief are not distractions from the work — they are the work. They are the sacred fuel of moral action, the evidence that something matters enough to break our hearts and move our bodies. Empire teaches us to fear both, to numb both, to label them as weaknesses or obstacles. But when rage and grief are honoured, they become holy instruments of truth. This codex calls us to stop exiling them and start wielding them in service to life.

Alignment with the 95 Theses

- 19. The rage of the Mother is not hatred, but love refusing to disappear.
 - 20. Empathy is the first casualty of empire. It must be resurrected.
 - 29. Every dismembered child is a piece of the human soul torn loose.
 - 39. Our grief is not separate from action. It is the root of it.
 - 53. Every pixel of livestreamed agony is a prophecy.
 - 62. The Mother of All Life rages through us for a reason.
 - 82. The sacred lives in the scream, the rubble and refusal.
 - 84. Love is not soft. It is a sword in service of the Web of Life.
 - 91. The Earth is calling: will you answer with silence or sacred rage?
 - 94. The world is burning, and your heart is the altar.
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From “Who Bombs Hospitals and Inherits the Earth?”

"Grief is the soul's proof of love. It is what happens when we recognise the sacredness of what has been lost. Rage is love's bodyguard, the fierce refusal to allow harm to go unanswered. Together, grief and rage are the elemental forces that empire fears most, because they awaken in us a clarity that cannot be bought or silenced."

(Part 3, p. 18)

"We have been told that to be good, we must be calm; that to be spiritual, we must be serene. This is a lie designed to strip us of our natural defence against desecration."

Honouring grief and rage is not about being consumed by them – it is about letting them keep us honest, human, and awake.”
(Part 3, p. 20)

Codex IV: Honouring of Rage and Grief

Invitational Practice of Honouring

- *Write down one grief and one rage alive in you. Then, ask: How might these be fuel for action rather than burdens I suppress?*
-

Assembly Use:

1. Begin with the theses – have participants circle the one that feels most alive for them.
 2. Read the Series excerpts as permission slips to reclaim grief and rage.
 3. Facilitate a **“fire and water” ritual** – grief as water, rage as fire – where each person speaks one grief and one rage into the circle.
 4. Discuss how these forces can be directed toward life-giving action rather than suppression.
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CODEX V

The Invitation to Sacred Warriorship

Codex V

The Invitation to Sacred Warriorship

Framing:

Sacred warriorship is not about conquest or domination. It is the disciplined, heart-led commitment to protect life at all costs. It requires moral clarity, courage and a willingness to be transformed in the act of defending what matters. The invitation is extended to all who will answer, but it demands the relinquishment of comfort and the embracing of consequence.

Alignment with the 95 Theses

10. The Dark Fathers do not care about your freedom, your soul or the sanctity of life. They must be named, unmasked and removed from power.

15. If we do not protect the most innocent, then we are already lost.

28. The same hands that drop bombs on Gaza write policy for your future.

48. If you need a savior, look at the children digging in the rubble for their parents.

49. Our spiritual practices mean nothing if they do not birth courage.

55. Rehumanisation is the revolution.

61. The system will not be reformed. It must be refused.

67. The Dark Fathers cloak themselves in righteousness. Refuse their narratives.

69. Love without justice is sentimentality. Justice without love is cruelty.

72. You do not need to be perfect to stand up. Just awake.

81. You were not born to be neutral. You were born to be true.

85. If we do not speak for the children, who and what are we?

92. To refuse complicity is to reclaim your Soul.

95. Rehumanise. Refuse. Remember. This is the sacred rebellion.

From “Who Bombs Hospitals and Inherits the Earth?”

"Sacred warriorship is the art of standing when standing will cost you, of speaking when silence would be safer, of loving so fiercely that you become dangerous to the machinery of harm. It is not about personal glory but about collective survival. It is the path of those who cannot unsee and will not turn away."

(Part 4, p. 23)

"This warriorship demands more than opinion. It demands that we put our bodies, reputations, and resources where our words are. It is a vow: I will not abandon the living. I will not abandon the truth."

(Part 4, p. 25)

Codex V: The Invitation to Sacred Warriorship

Invitational Practice of Vow

- *Write one line beginning with “As a protector of life, I vow to...” Let it be imperfect but true.*
-

Assembly Use:

1. Begin with theses as a “warrior’s creed” — read them aloud as a group.
 2. Share the Series excerpts to frame warriorship as both love and discipline.
 3. Invite each participant to write their own one-line vow of sacred warriorship.
 4. End with a collective declaration of those vows.
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CODEX VI
The Strategy of Disruption

Codex VI

The Strategy of Disruption

Framing:

Disruption is the sacred act of refusing to let harm operate undisturbed. It is the interruption of the machinery of destruction – moral, cultural, economic, or physical. This strategy is not random chaos; it is deliberate, targeted, and rooted in love for life. Disruption demands creativity, risk, and the willingness to endure discomfort to create the fracture through which truth can enter.

Alignment with the 95 Theses

50. The New Earth will not emerge through denial, but through disruption to status quo violence.

54. The same bombs that erase Gaza aim to erase conscience.

57. Silence is the currency of genocide.

60. The Dark Fathers thrive on your disbelief, your numbness, your hope in the wrong places, your drinking from poisoned wells.

65. Every act of cruelty done “over there” is a rehearsal for the blowback reflection of what’s coming “here.”

66. Gaza is a sacred interruption in empire.

73. To witness and not speak is to bless and pave the way for the destroyers.

From “Who Bombs Hospitals and Inherits the Earth?”

"To interrupt the machinery of destruction is to make visible what it tries to hide: its dependence on our compliance. Every march, boycott, sit-in, refusal, and act of truth-telling is a reminder that the empire cannot run without our cooperation. Disruption is not random. It is the art of placing the body, the voice, and the will directly in the path of harm."

(Part 4, p. 28)

"The cost of disruption is real – arrests, exile, vilification, loss of safety. But the cost of non-disruption is greater: the quiet, steady annihilation of what we claim to hold

sacred."
(Part 4, p. 30)

Codex VI: The Strategy of Disruption

Invitational Practice of Refusal

- *Ask yourself: Where in my life do I still cooperate with harm (through silence, consumption, convenience)? Write one refusal you are ready to embody.*

Assembly Use:

1. Read theses aloud as “rules of engagement” for disruption.
 2. Share excerpts to ground disruption in moral and strategic necessity.
 3. Facilitate a strategy mapping session where participants identify one concrete disruption they can enact.
 4. Close with a commitment circle: each states their disruption plan aloud.
-



CODEX VII

The Recognition of the Silenced

Codex VII

The Recognition of the Silenced

Framing:

To recognise the silenced is to bring into the light those voices erased, ignored, or deliberately destroyed. Recognition is not pity – it is re-remembering: putting the severed limbs of truth back into the body of the world. This work demands listening where we have been deaf, amplifying where we have been mute, and restoring dignity where it has been stripped away.

Alignment with the 95 Theses

- 6. No child's incinerated body is ever "over there": the Global Body is One.
 - 25. The desecration of children, the most innocent amongst us, is the desecration of the Earth.
 - 46. To allow mass murder in your name is to betray your own humanity and divinity.
 - 59. You cannot protect the Earth while ignoring the screams of her children.
 - 78. Your comfort and privilege are not more sacred than another's life and dignity.
 - 79. "Never again" means never again for anyone.
 - 89. There is no liberation that forgets or devalues the wounded.
-

From "Who Bombs Hospitals and Inherits the Earth?"

*"The silenced are everywhere – in refugee camps, prison cells, unmarked graves, and in the margins of our own history books. To recognise them is to break the spell of official narratives, to listen for the truths that power has buried. This is not a sentimental act; it is a moral one. Without the voices of the silenced, we are building our future on lies."
(Part 5, p. 34)*

*"Recognition is not the end of the work. Once we have heard, we are responsible for what we do with that knowledge. To recognise is to be called into action."
(Part 5, p. 36)*

Codex VII: The Recognition of the Silenced

Invitational Practice of Listening

- *Bring to mind one person, people, or voice that has been silenced in your own story or history. Write: What do I hear when I finally listen?*

Assembly Use:

1. Read theses and ask participants to name a silenced voice from history or their own lives.
 2. Share excerpts to expand understanding of silencing as a systemic act.
 3. Facilitate a listening exercise – one person speaks, the other only listens, without interruption.
 4. Commit to one action that amplifies a silenced voice.
-



CODEX VIII
The Return to Origin

Codex VIII

The Return to Origin

Framing:

The return to origin is the journey back to what is most human, most rooted, most aligned with the rhythms of the earth and the sacred. It is the stripping away of all that empire has layered over our knowing. In returning to origin, we recover not a nostalgic past, but the living essence of who we are meant to be.

Alignment with the 95 Theses

- 2. The Earth is not a commodity. The Earth is our Mother and her wounds are ours.
 - 7. The bombs that fall on Gaza also detonate inside the Soul of Humanity.
 - 8. We will not build a New Earth atop mass graves and media laundering.
 - 26. The Old World is not only being exposed, it is also collapsing.
 - 33. You cannot claim oneness whilst ignoring the bones crushed beneath your privilege.
 - 41. Every razed hospital is a tear in the Global Body.
 - 71. This is not about sides. It is about Soul.
 - 86. The New Earth is not a hashtag and it won't suddenly materialize out of thin air.
 - 88. The Earth does not need more theories and hand-wringing: the Earth needs your fierce heart.
 - 93. Gaza is a turning-point in our evolution. It is not a tragic footnote.
-

From "Who Bombs Hospitals and Inherits the Earth?"

"Empire thrives on amnesia. It severs us from the land, from each other, from the sacred, until we cannot remember what wholeness felt like. The return to origin is a return to memory, to the soil of our belonging. It is not regression; it is restoration."
(Part 5, p. 39)

"When we remember our origin, the lies of separation lose their hold. We begin to move differently, to choose differently, because we know again what we are and whose we are."

(Part 5, p. 41)

Codex VIII: The Return to Origin

Invitational Practice of Remembering

- *Recall one memory of belonging – with land, family, or community. Write what it awakens in you about who you are and where you come from.*

Assembly Use:

1. Read theses as a litany of remembering.
2. Share excerpts to root the concept in both history and spirituality.
3. Facilitate a guided meditation on the “place of origin” each participant carries.
4. Invite participants to name one way they will live more rooted in that origin.



CODEX IX
The Remembering of the Living Future

Codex IX

The Remembering of the Living Future

Framing:

The living future is not an abstraction — it is the consequence of what we choose today. Remembering the living future is an act of accountability to those not yet born, to the more-than-human world, and to the ancestors who entrusted us with this moment. This is the sacred continuum: past, present, and future braided together in responsibility.

Alignment with the 95 Theses

16. The soul fractures when silence replaces moral clarity.

17. Industrial-scale killing cannot be spiritually bypassed. It must be grieved, named and stopped.

37. If we turn away from this, we lose the right to speak of Love.

42. There is no higher frequency than truth.

63. The veil has lifted, the wound is visible and the hour is now. Was yesterday.

From “Who Bombs Hospitals and Inherits the Earth?”

"We are not building the future; we are feeding it. Every act, every refusal, every seed planted or destroyed becomes the inheritance of those who come after. The living future is already here, moving toward us, and it will live inside the conditions we create."

(Part 5, p. 44)

"Hope is a discipline because the forces of despair are relentless. To remember the living future is to resist the lie that what we do does not matter. It matters entirely."

(Part 5, p. 46)

Codex IX: The Remembering of the Living Future

Invitational Practice of Legacy

- *Write a letter to the generations not yet born. What do you want them to inherit from your choices today?*
-

Assembly Use:

1. Read theses as a vow to the living future.
2. Share excerpts to frame the moral weight of the future in present action.
3. Invite participants to write a letter to the living future from their present selves.
4. Close with commitments read aloud to the generations ahead.



CODEX X

*La Tierra – The Body of the Earth,
the Memory of the World*

Codex X

La Tierra – The Body of the Earth, the Memory of the World

Framing:

The earth is not scenery – it is the body that holds us, feeds us, and remembers us. To desecrate it is to desecrate ourselves. La Tierra carries the memory of every footprint, every harvest, every drop of blood spilled. In honouring the earth, we honour the great body we belong to, and the memory that will outlast us.

Alignment with the 95 Theses

- 2. The Earth is not a commodity. The Earth is our Mother and her wounds are ours.
 - 7. The bombs that fall on Gaza also detonate inside the Soul of Humanity.
 - 25. The desecration of children, the most innocent amongst us, is the desecration of the Earth.
 - 41. Every razed hospital is a tear in the Global Body.
 - 59. You cannot protect the Earth while ignoring the screams of her children.
 - 88. The Earth does not need more theories and hand-wringing: the Earth needs your fierce heart.
-

From “Who Bombs Hospitals and Inherits the Earth?”

"La Tierra is alive. She breathes, she bleeds, she remembers. Every act of care is recorded in her body; every act of harm is, too. We cannot speak of liberation while standing on stolen, poisoned land and pretending it is ours to take."

(Part 5, p. 49)

"To honour the earth is not environmentalism; it is remembering who we are in the vast body of life. The earth is the keeper of the memory of the world, and she will speak her truth whether we listen or not."

(Part 5, p. 51)

Codex X: La Tierra – The Body of the Earth, the Memory of the World
Invitational Practice of Devotion

- *Place your hand on the ground, a tree, or stone. Write one act of devotion you can offer back to the Earth this week.*
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Assembly Use:

1. Read theses as an invocation to La Tierra.
2. Share excerpts to deepen the connection between earth and memory.
3. Facilitate a grounding exercise outdoors, touching earth, water, or stone.
4. Invite participants to name one act of devotion to the earth they will commit to.

The Door Is Ours to Open

In 1517, a single act of conscience—nailing ninety-five theses to a church door—challenged the corruptions of an empire and ignited a reformation that changed the world. It was not an act of mere criticism, but a refusal of the current circumstance, a demand for a return to truth and a renewal of faith.

This document, *95 Theses for the Soul of Humanity*, is inspired by and stands in that defiant, hopeful lineage. It is our nail, our declaration, our own sacred refusal in an age where the machinery of empire livestreams its atrocities and the modern church of the spiritual-industrial complex too often preaches bypass, waiting and complicity. Forged in the fire of the five-part series, “*Who Bombs Hospitals and Inherits the Earth?*”, these theses are the distilled essence of that deep excavation—the unassailable truths that form the bedrock of a new conscience.

Our journey through these pages has been a map for the soul in a time of spiritual war. We began by **Naming the Wounded World**, refusing euphemism to call genocide by its name. We undertook **The Unbinding of Illusions**, stripping away the anesthetic narratives of neutrality and spiritual bypass that keep us compliant. We made **The Descent into the Deep**, allowing ourselves to feel the full weight of grief and rage, not as weaknesses, but as the wellspring of moral courage.

From that descent, we learned the **Honouring of Rage and Grief** as forces of love in action. We accepted **The Invitation to Sacred Warriorship**, understanding that to stand for life is to risk everything. We embraced **The Strategy of Disruption**, refusing to cooperate with a system built on death. In **The Recognition of the Silenced**, we turned our ears to the voices empire tries to erase, knowing our liberation is bound together.

This arduous path has a singular, luminous destination: **The Return to Origin**.

That return is the heart of our manifesto. It is the profound journey of **Rehumanisation**—the defiant act of seeing the sacred in ourselves and every other being, undoing the brutal, dehumanising logic of empire. It is the active, daily practice of **Renewal**—building the new story and world with every choice, every refusal, every act of fierce compassion, from the soil of the old. And it is the sacred **Return**—coming home to the understanding that we are

not separate, but are threads in the sacred Web of Life, the Unified Field, the living, breathing body of a conscious Earth.

This is not a passive hope. It is a conscious, fully embodied, collective creation.

The door Martin Luther opened was a door out of corruption and into a new era of faith. The door these theses open leads us out of the empire of status quo violence and into a world reborn—a world of interbeing, reciprocity and radical belonging in the Web of Life.

The hammer is in our hands. The choice is ours. We will either continue to inherit the desecrated earth of the empire, or we will build, together, the Living Earth of our return.

Rehumanise. Renew. Return. The sacred rebellion is now.

About Fatima Bacot



Fatima Bacot Fatima Bacot is a **Threshold Cartographer for Civilisational Collapse & Emergence** – a spiritual-political writer, steward and guide working at the intersection of conscience, crisis and collective responsibility.

Fatima Bacot's work addresses moments when inherited frameworks no longer hold, and moral clarity, discernment and participation matter more than reassurance or ideology. She does not offer self-help or transcendence narratives, but orientation: helping people locate themselves within the historical, spiritual and ethical terrain of our time.

Fatima's work weaves mysticism, political analysis, ancestral memory and embodied practice. She names what many sense but struggle to articulate: the cost of empire, the collapse of dominant paradigms and the necessity of dignity, devotion, repair and regeneration in an era of profound unravelling. Her teaching is shaped by intergenerational experience of European fascism, long engagement with mystical traditions and decades of inquiry into power, consciousness and resistance.

Fatima is the founder of **The Assembly of the Living Earth**, a body of work grounded in the Ten Codices: a framework for rehumanisation, moral courage and participation in the repair of life on Earth. The Assembly is not a belief system, but a field of practice for those who recognise the seriousness of this moment and their responsibility within it.

Fatima lives and works internationally, offering essays, mentoring, live gatherings, trainings, seminars and initiatory journeys for those called to meet this threshold with clarity, steadiness and resolve.





These 95 Theses and the 10 Codices are one spark of a greater fire.

If they have spoken to you, you are invited to deepen the journey through the Ten Codices of the Shambhalla Codex and the Assembly of the Living Earth at

<https://www.fatimabacotspeaker.com/assembly-of-the-living-earth>

FATIMA BACOT

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