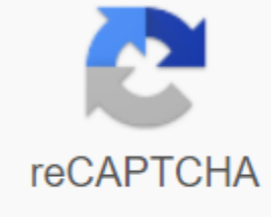




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Parker Feierbach Classic White Russian Cocktail is a tool every bartender needs in their tool belt. So easy to do and always crowd pleaser. The perfect cocktail to cap from the perfect evening. Put a drop spin on the cocktails and make these Pumpkin Spice White Russian next! Advertising - Continue reading below Yields: 1 serving Prep Time: 0 hours 5 minutes Total time: 0 hours 5 minutes 2 ounces 2 ounces 2 ounces 2 ounces. This ingredient purchase module is created and maintained by a third party and is imported to this page. You can find more information about this and similar content on your website. Fill a glass of stones with ice. Pour Kalua and vodka into a glass. Pour heavy cream on top and serve. Parker Feierbach This content is imported from embed-name. You can find the same content in a different format, or you may be able to find more information on your website. This content is created and supported by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io Advertising - Continue reading below according to the Sharm City Cake Blog, it's their birthday decorator Ben today. So, for you, Ben! Also, Mary Alice has been gripping about getting sent these Russian cakes countless times and I believe she is referring to this site, which is definitely old news, so throw stuffing her mailbox with it. But you have to admit, Russian cakes are pretty cool. This content is created and supported by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io last update on September 28, 2020 at the beginning of the year, if you asked anyone if they could do their job from home, many would say no. They would point to the need for meeting groups, a place to be able to sit down and get on with their work, camaraderie in the office, and the opportunity to meet customers and clients face to face. Nearly ten months later, most of us learned that we can do our work from home and in many ways, we found working from home much better than doing our job in a busy, noisy office environment where we are inundated with distractions and noise. One of the things the 2020 pandemic reminded us is that we humans are incredibly adaptable. This is one of the strengths of our family. However, we have been unknowingly practicing this for many years. When we move home, we go through huge shocks. When we change jobs, we not only change our work environment, but also change the people around us. People are adapting, and this adaptability gives Forces. So, what are the pros and cons of working from home? Below I will eat some of the things that I have discovered since I made a change in being predominantly human works from home. Pro #1: A quieter start to the day is one I love. When I had to be at work in the past, I always set my anxiety to give me enough time to make coffee, take a shower, and change. The morning was always like a rush. Now, I can wake up a little later, make coffee and instead of rushing to get out of the door at a certain time, I can spend ten minutes writing in my journal, reviewing my plan for the day, and start the day in a more relaxed mood. When you start the day in a relaxed state, you start more positively. You will find you have more clarity and more attention, and you don't waste energy worrying about whether you will be late. Pro #2: A quieter, focused time and increased performance. If a colleague or boss can see that you are sitting at your desk, you are more approachable. It's easier for them to ask you questions or to engage you in meaningless conversations. Working from home allows you to close the door and get an hour or two of quiet focused work. If you close the slack and email, you avoid the risk of being disturbed, and it's amazing how much work you can do. An experiment conducted in 2012 showed that working from home increases a person's productivity by 13%, and more recent studies also show a significant increase in productivity. When our productivity increases, the amount of time it takes to do our job decreases, meaning that we can spend more time on activities that can bring us closer to our family and friends, as well as improve our mental health. Pro #3: More control over your DayWithout bosses and colleagues watching us all day, we have a lot more control over what we do. While some works will inevitably be more urgent than others, we still get a lot more choice about what we are working on. We also get more control over where we work. I remember when we were working in the office, we were given a fixed workstation. Some of these workstations were pleasant with lots of natural sunlight, but other areas were less pleasant. It's often a good place to be. Working from home, we can choose what work to work on and whether we want to run into the window or not. We can get up and move somewhere else, and we can move from room to room. And if you have a garden, on good days you can spend a few hours working outside. Pro #4: You can choose your office environment While many companies will provide you with a laptop or other equipment to do your job, others will give you an allowance to buy your equipment. With furniture such as your chair and table, you have a lot of freedom. I've seen a lot of amazing jobs at home with lovely sets-better chairs, laptop stands that make working with a laptop much more ergonomic and therefore therefore For the neck. You can also choose wall art and small nick-nacks at your desk or desk. With all this freedom, you can create a very personal and excellent work environment in which it is pleasant to work. When you are happy to do your job, you will inevitably do better. Con #1: We move a lot less when we drive to the place of work, there is movement involved. Many people take public transport, which means walking to a bus stop or train station. Then, there is a traffic at lunchtime when we go out to buy our lunch. Working in the workplace requires us to move more. Unfortunately, working from home naturally makes us move less, and that means we don't burn as many calories as we need. Moving is essential to our health and if you work from home, you need to become much more aware of your movement. To make sure you move enough, make sure you take lunch breaks. Get off your desk and move. Go outside if you can and take a walk. And, of course, refrain from regular trips to the fridge. Con #2: Less Human InteractionOne of the most beautiful things about bringing groups of people together to work camaraderie and relationships that are built over time. Working from home takes us away from this human interaction, and for many, it can cause a sense of loss. People are a social species, we have to be with other people. Without this connection we begin to feel lonely and this can lead to mental health problems. The meeting is scaled up and microsoft Teams can't replace this interaction. Often, the interactions we get at our workplaces are spontaneous. But with video calls, there's nothing spontaneous - most of these calls are in advance, and it's not spontaneous. This lack of spontaneous interaction can also reduce the team's ability to develop creative solutions- there is just something about a group of incredibly creative people coming together in a room to thrash out ideas together that lends itself to creativity. While video calls can be helpful, they don't match the connection between a group of people working on the solution together. Con #3: The cost of buying Home Office equipmentSE not all companies are going to provide you with a good allowance to buy expensive home office equipment. 100% of remote companies such as Doist (creators of Todoist and Twist) provide a \$2,000 allowance for all of their employees every two years to buy office equipment. Others are not so generous. It can prove expensive for many people to create their ideal work from home workspace. Many people have to do with what they already have, and that could mean inappropriate chairs that damage the backs and necks. In the future, which, will include more flexible working mechanisms, companies will have to support their employees in such a way as to add additional costs to the already reduced bottom line. Con #4: Unique DistractionsUn' people have the advantage of being able to afford the care of young children and this means that they have to balance work and care for their children. For many parents, being able to go to work gives them time away from the noise and demands of a young family so they can get to their work. Working from home removes this and can make making video calls almost impossible. To overcome this where possible, you need to set some boundaries. I know it's not always possible, but it's something you need to try. You have to do your best to make sure that you have some boundaries between your working life and home life. Final ThoughtsWorking from home can be extremely beneficial to many people, but it can also bring serious problems to others. We are moving towards a new way of working. Therefore, companies should consider both the pros and cons of working from home and be ready to support their employees in this transition. It won't be impossible, but a lot of thought would have to go into it. More on working with HomeFeatured Photo Credit: Standsome Worklifestyle via unsplash.com Facebook, Twitter, Instagram and YouTube dominate the world of social media in most countries, but Russia (and some surrounding areas such as Kazakhstan and Ukraine) often prefer regional replacements for these platforms. This difference in the use of social media is of huge importance to brands that use social media sites for advertising, as this can affect their marketing strategies. This aside, it's also interesting to see how online communications can differ in different parts of the world. Here are the top Russian social networks used today. Note: We include both Russian social networks and popular social media platforms in Russia. 1. VK VK (formerly known as VKontakte) is by far the most popular social media platform in Russia, with more than 97 million monthly active users. The platform is best described as a combination of Facebook and a file-sharing platform. Much like Facebook, users have a profile and can easily search and add other users to follow their status updates, photos and videos. Along with these traditional features, users can also download videos and audio files of any kind and share those resources with other users as well. In the past, this has been under scrutiny because it has occasionally crossed legal boundaries. However, users must now comply with copyright laws when downloading any content. 2. OK.ru Although VK may be most popular among younger users (aged 18-34), older social media users tend to prefer the social media site (originally Odnoklassniki, which means classmates). OK.ru has more than 71 million users. Want to know what OK.ru? Like VK, OK allows users to create a profile, search for friends, and share status updates and images. The focus of OK is a reunion with classmates and friends that users users lost touch with over the years, so the search options are pretty detailed. You can also use the site to make voice and video calls, send messages, and give virtual gifts. 3. My World My World (My World) is another site like VK. It's an extension of internet/email provider mail.ru (which also owns both OK and VK) and has struggled to find its unique niche in the wider social media scene. 5.4 million people use Moi Mir every month to share images, music and videos, as well as play games. The Group tab at the top right corner of the screen also allows you to make new friends with people who share common interests. 4. Facebook Despite the fact that Facebook is not the most popular social media site in Russia, its popularity has definitely started to spread, and now it boasts more than 50 million users. This is not surprising, as Facebook is constantly changing its platform to better meet the needs of its intended users. Interestingly, analysts suggest that one of the reasons Facebook is becoming more popular in Russia is related to business conversations. In 2015, more than 30 percent of business-related discussions in Russia were reported to have taken place on Facebook. 5. LiveJournal LiveJournal is a blog platform that has been around since 1999, but since then has generally fallen into disrepair in most of the world. However, this trend is not so in Russia, where Russian users account for about half of the total traffic of the site. Personal blogs are a great way to develop and share your opinions and perspectives online. They allow more reflection and discussion than the kind of short posts shared on new social media platforms. Fortunately, the integration of LiveJournal is still supported by a number of online services, allowing it to maintain its important role in Russia and beyond. 6. Twitter Twitter is another classic social media site that does pretty well in Russia. Although it does not have as many users as other sites on this list (about 13 million), it boasts the most engagement to the author of all Russian social networks. So even if Twitter may not be a mainstay for most Russian social media users, those who choose to use it are tweeting before the storm! 7. Rutube is, in fact, Russia's response to the YouTube platform--- on social networks, focused on video content of all types. Although it has not achieved incredible YouTube coverage, Rutube has collected a wide range of content from a wide variety of users. Rutube hosts both licensed content and user downloads, and the vast majority of all downloads on Language. Such a high percentage of Russian content makes Rutube an incredibly valuable resource for those who are trying to learn the language. 8. Instagram Instagram has become very popular in the last few years, and its popularity in Russia is no exception. Instagram is rapidly moving up the ranks of social networking networks Russia, and currently has 40 million users (58 percent of whom are women). This shift in popularity is largely due to cross-sharing between Instagram and other platforms where users can use great Instagram tools that most people are unaware of the enhancement and caption of the photo. From there, they can post it on Instagram as well as on other popular social networking sites. 9. Pinterest If you don't know what Pinterest is and how to use it, all you need to know is that it is home to aesthetically pleasing boards full of photos. The site has seen some growth over the last few years, so it's no surprise that Russian Pinners have been appearing on the site as well. Americans make up the majority of Pinterest users. However, Russians currently occupy a place in the top three countries (except the UNITED States) that have the highest percentage of Pinterest users. Learning about Russian social networks The success of unique social media platforms such as VK and OK in Russia and neighboring countries can be surprising for those of us who are used to Facebook, Twitter and Instagram, holding a complete monopoly on all social media communications. There is certainly something to be said for social media sites that are targeted at a specific user base, whether geographically (as in these examples) or based on activity. Snapchat is the best example of this, as can be seen from this list of Snapchat filters. The best steam games you can beat are under 10 hours tired of long games that take forever to beat? Then you should try these shorter, more focused experiences. 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