

# Training Catalog

FALL  
2020

For Early Care & Education and School-Age Child Care Professionals  
in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties

October 2020

**Region 6 Child Care Resource & Referral Training Catalog** is a quarterly publication intended to provide professionals working in child care centers, family child care homes, part-day preschools, Head Start, public pre-kindergarten, and school-age programs with information about, and access to, a diverse selection of approved professional development sessions offered by child care resource and referral agencies in Cabarrus, Mecklenburg, Rowan, Stanly, and Union counties. Training sessions are state-approved and can be applied toward the North Carolina requirements for child care training.



## REGISTER NOW FOR TRAINING SESSIONS!

- 1 Review the training sessions for topics, dates, times, locations, and credits.
- 2 Review the registration instructions for the county in which your session is offered.
- 3 Register online at [childcareresourcesinc.org](http://childcareresourcesinc.org), or complete the registration form.

## REMINDERS FOR ALL TRAINING SESSIONS

- Pre-registration is required, and enrollment is limited.
- Registrations made within two weeks prior to a session date cannot be guaranteed.
- Copy a completed registration form for your own records.
- Training sessions start promptly at the scheduled time. Doors open 15 minutes prior to each session. Once a session has begun, late arrivals are not permitted to enter.

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## REGISTRATION INFORMATION FOR ALL SESSIONS

### CABARRUS, MECKLENBURG, & UNION

**Payment:** Check or money order (payable to Child Care Resources Inc.) or credit cards. All training fees are NON-REFUNDABLE.

#### How to Register

Online: Visit [childcareresourcesinc.org](http://childcareresourcesinc.org) to view, register, and pay for sessions.

By mail or in person: Send or bring registration form with payment to:

Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209 OR at Child Care Resources Inc., 105-A Cedar St., Monroe, NC 28110

By Phone: (704) 376-6697

### ROWAN

**Payment:** Cash, check, or money order (payable to Smart Start Rowan).

#### How to Register

By mail or in person: Send or bring registration form with payment to:

Child Care Connections/Smart Start Rowan, 1329 Jake Alexander Blvd. S., Salisbury, NC 28146

By phone: (704) 630-9085

### STANLY

**Payment:** Cash, check, or money order (payable to Stanly County Partnership for Children) are accepted.

#### How to Register

Online: Download Stanly County's registration form at [stanlypartnership.org](http://stanlypartnership.org)

By mail or in person: Send or bring registration form with payment to:

Stanly County Partnership for Children, 1000 N. First Street, Suite 8 (Stanly Commons), Albemarle, NC 28001

By phone: Call (704) 982-203

## TRAINING LOCATIONS

**Mecklenburg:** Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209

**Union:** Child Care Resources Inc., 105-A Cedar St. Monroe, NC 28110

#### Stanly

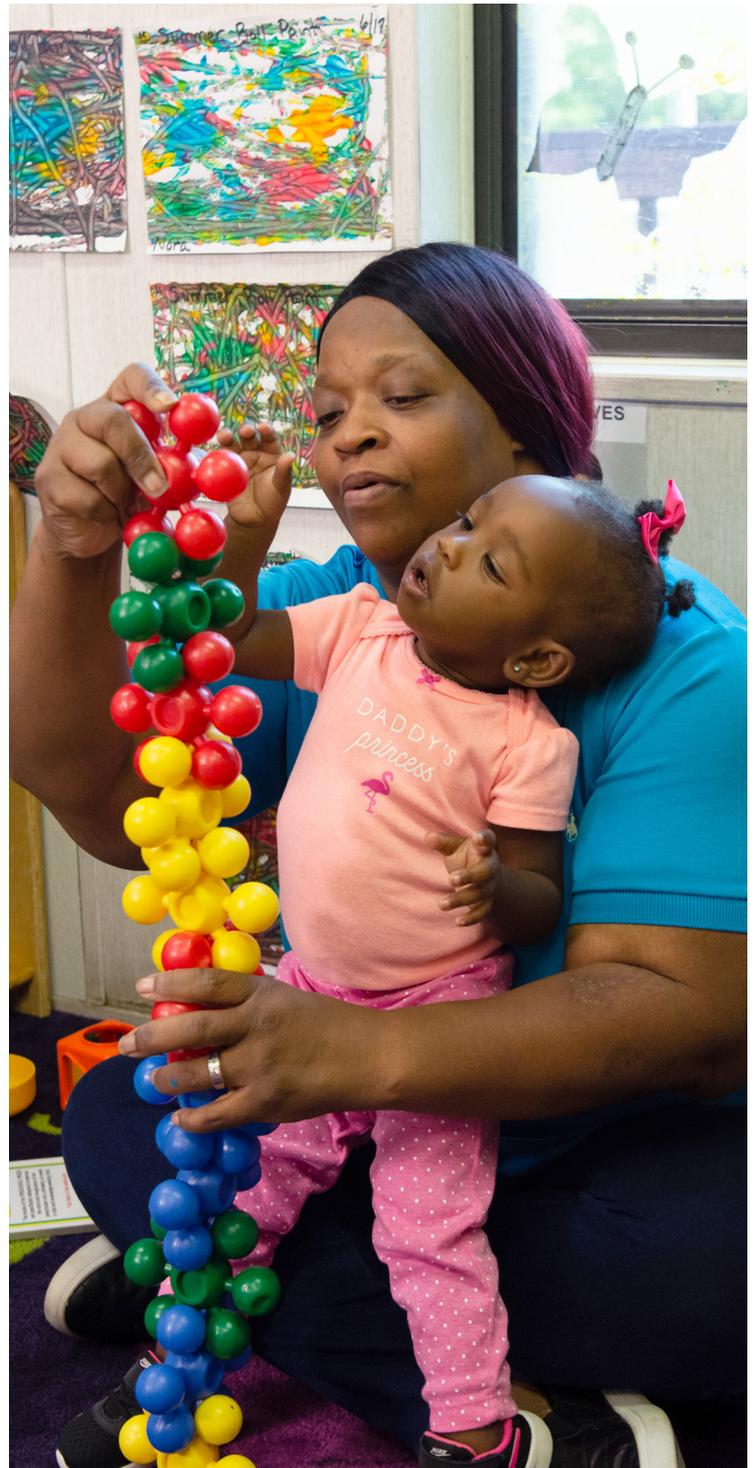
Stanly County Partnership for Children. 1000 N. First Street, Suite 8, Albemarle, NC 28001

#### Rowan

Child Care Connections/Smart Start Rowan, 1329 Jake Alexander Blvd. S., Salisbury, NC 28146

#### Cabarrus

Please check training description for location



**LEVELS:** Wondering if a session is right for you? Each description indicates the level of knowledge participants can expect to gain from a training.

**Entry** - Offers basic background information

**Beginner** - Explores practical application

**Intermediate** - Expands existing knowledge

**Advanced** - Provides specific, in-depth knowledge relevant to field of concentration or interest area

# ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

## **A+ SUPERVISION**

Did you know that with appropriate supervision, most accidents and incidents that occur in child care programs can be avoided? In this online/On Demand session, participants will learn to recognize common situations that pose risks to children, and will learn proactive measures to ensure safety in child care programs through appropriate supervision practices.

## **ALL ABOUT THE ITERS-R or ALL ABOUT THE ECERS-R**

Through a series of 10- to 15-minute lessons, we'll highlight each Subscale of the ITERS-R or the ECERS-R. You won't be learning how to get through the actual day of assessment, but how to have a high-quality classroom that is assessment-ready every day of the year! Along the way, we'll provide application and encouragement to apply the standards you learn to your environment.

## **ALL ABOUT THE SACERS-U**

This session will provide an overview of the SACERS-U Rating Scale to include the history of the Rated License Assessment process, definitions of the terms used in the tool, indicators of quality as they related to the SACERS-U, and a review of the subscales and scoring process. Participants will also explore the materials that need to be in a school-age classroom.

## **ARE YOUR CHILDREN IN TIMES SQUARE? MOVING FROM SENSORY OVERLOAD TO SENSORY ENGAGEMENT**

This module is designed to help participants understand the impact of sensory overload, especially with the element of light, and to offer strategies and ideas about moving children's spaces from sensory overload to sensory engagement. Participants will learn the difference between lighting and illumination, conduct a lighting assessment of their classroom, and will learn how to enhance classroom mood by adding illumination to the environment.

## **Technology Requirements for Online Sessions**

- An individual email address (separate email address per person)
- Computer/electronic device with internet connection and the ability to watch and listen to video online
- Keyboard/mouse or mousepad
- Speakers/headphones for audio
- Ability to send and receive electronic documents, scan/email assignments
- A PDF reader

**Note:** *Online sessions are \$15 and 2 credit hours unless otherwise noted. You will be contacted within 3 business days with instructions and login information pertaining to your online training.*

## **BELONGING: INCLUDING CHILDREN OF GAY AND LESBIAN PARENTS (AND ALL CHILDREN!) IN YOUR PROGRAM**

Today's families are diverse. They come in all sizes and in many configurations. As early childhood educators, this diversity challenges us to be more accepting, responsive, and respectful in our relationships with young children and families. This module intends to address how to create a sense of belonging for all families, including gay and lesbian families.

## **BREAST MILK: THE PERFECT BABY FOOD**

With recently updated rules and regulations regarding breastfeeding in child care centers, educating ourselves about breastfeeding is crucial. This session will describe how the feeding of infants has changed over the past three generations, the impact that breastfeeding (or the lack of) has on childhood obesity and other health concerns, and how child care centers can promote, encourage, and support breastfeeding within the child care facility.

## **BULLYING: TODAY'S MEAN SCENE**

This self-paced webinar will give child care professionals a baseline knowledge of the current types and trends in bullying. Red flags and warning signs that may put a child

at risk for being bullied and best practices for prevention and intervention will be discussed.

## **CIRCLE TIME FUN AND LEARNING**

Do you ever struggle with planning circle time only to have the children quickly lose interest? This course helps teachers plan and implement interesting circle times that will draw children in, promote development, and still be appropriate.

## **CONVERSATION: THE COMMON THREAD IN OUR WORK**

This session is designed to provide teachers with strategies to simplify and integrate many of the demands of their curricula by enhancing their use of rich, authentic conversation with children in all areas of the classroom.

## **DEALING WITH SEPARATION ANXIETY**

Even ET suffered from separation anxiety! Although well cared for by his new friends, he still longed for his home and more familiar surroundings. ET's reaction is not unlike what child care providers see every day in their work with young children. Participants will learn practical ways to help children deal with separation anxiety. Great for new and seasoned teachers!

## **FATHERS AND FATHER FIGURES**

Parents are children's first and primary teachers. Every parent has a unique way of caring for and interacting with his or her child, with mothers and fathers typically interacting with their children in different ways. Research shows the impact of fathers and father figures on children's social and emotional development. This is the topic of this self-paced session as we think about obstacles to father involvement and discuss ways to support and encourage father involvement.

## **FUNDING SCHOOL AGE PROGRAMS**

School age programs can often lack needed funding to support special projects or initiatives. This online/OnDemand course will explore different paths that administrators and teachers can take as they research outside funding to help support these programs.

# ONLINE SESSIONS

Accessible anytime, anywhere on a computer or mobile device!

## **GRANTING CHILDREN THEIR EMOTIONS**

This session is designed to introduce teachers to the important idea of granting children their expressed emotions, explore strategies for increasing trust, and consider the effects and ethical issues of not taking children's emotions seriously.

## **IT'S OFF TO SCHOOL WE GO**

While school readiness includes a child's ability to get along with others and to recognize some numbers and letters, it also includes the range of skills that develop from birth to five across all developmental domains. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school.

## **POTTY TIME: WHEN IS THE RIGHT TIME?**

In this training session, participants will learn to look for the cues that signal toilet training readiness in toddlers. Learn what to do when toileting accidents occur and learn how to work with parents throughout the toilet training process,

## **PRIMARY CAREGIVING**

The security of a child's attachment to primary caregivers provides a base for the child's emotional-social development. Learn how to understand the benefits of using primary caregiving techniques in the child care center and how to implement a primary caregiving system in your classroom.

## **PROFESSIONALISM: THE SECRET OF SUCCESS**

This session will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but the attitude you display as well as the knowledge that you continue to gain that builds this image. It is designed to help participants realize that they are indeed professionals.

## **STEM SCIENCE: EXPLORE! DISCOVER! INVESTIGATE!**

Science in early care and education is focused on children's natural interest in the world. Preschool children learn science concepts by active exploration of that world. Join us as we explore the components of nature/science for young children and the skills that children are developing when exploring science, such as observing, recording, problem solving, and organizing information.

## **WE'RE ALL STRESSED HERE! HOW TO AVOID BURNOUT**

Working with young children is rewarding, but it also has its own set of challenges. Participants will learn ways to manage stress and rediscover the joys of providing care and teaching young children.

## **WHO'S IN CHARGE HERE? EFFECTIVE LEADERSHIP**

Good leaders know how to motivate staff and impact the workplace. Participants will evaluate their own leadership styles and learn how to positively influence staff and provide a motivating work environment. *\*For administrators and those in leadership positions.*

## **ZONING IN ON BEHAVIOR PREVENTION: IT'S ALL IN THE ATTITUDE!**

If you have many children with challenging behaviors, or seem to be dealing constantly with such behaviors, chances are there is a problem with your program, not with the children. You will probably need to change aspects of your program – that is, the physical environment of the classroom; your schedule and curriculum; and your own attitudes, actions, and reactions. These are prevention strategies (or indirect guidance), which are your most powerful tools for changing challenging behaviors and the focus of this session. Once you have made these changes, children who come into your class with intense emotional needs that they usually express through negative behaviors, will have almost no need to do so. This session will focus on those attitudes, actions, and reactions.

## **CEU COURSES**

### **ACTIVE READING WITH PRESCHOOLERS**

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important reading skills. In this course designed for teachers by CCRI, you will learn how children develop early reading skills and how reading aloud contributes to those skills, including how to ask engaging questions, how to select and teach "rare words", and how to connect books to your children's lives in ways that extend conversation about a book. You will learn how to choose the best books for your preschoolers (ages 3-5) and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, Connect to the child's world.

**\$25 | 0.5 CEUs**

### **ACTIVE READING FOR INFANTS & TODDLERS**

Read aloud sessions with small groups and individual children are an important part of the daily routine in early childhood classrooms. "Active Reading" (developed for families by Read Charlotte and Charlotte-Mecklenburg Library) is a proven strategy to engage young children with books in ways that build language and vocabulary and teach important pre-reading skills. In this course designed for teachers by CCRI, you will learn how to use the Talk More strategy to promote language and vocabulary and create Active Reading lesson plans for infants and toddlers. You will also learn how to choose the best books for your infants and toddlers and how to engage them in the ABCs of Active Reading: Ask questions, Build vocabulary, and Connect to the child's world.

**\$25 | 0.5 CEUs**

# SCHEDULED SESSIONS

WORKSHOP TITLE	DATE	TIME	LOCATION	CATEGORY
Exploring Social Emotional Development - Relationships	Tue., Oct. 6	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
<a href="#">ITS-SIDS</a>	Thu., Oct. 8	6-8 pm	Meck/Zoom	Infant/Toddler
<a href="#">Off to School (Pt. 1) – Helping Children Prepare for Kindergarten</a>	Thu., Oct. 8	9:30-11:30 am	Meck/Zoom	Preschool
<a href="#">Deep Breathing: A Connection to Calm</a>	Thu., Oct. 8	6:30-8:30 pm	Meck/Zoom	Social-Emotional
<a href="#">Why Are Transitions So Hard?</a>	Sat., Oct. 10	10 am-12 pm	Meck/Zoom	Preschool
<a href="#">Building Relationships with Children Who Challenge Us</a>	Mon., Oct. 12	6:30-8:30 pm	Meck/Zoom	School-Age
<a href="#">Creating a Classroom Community</a>	Tue., Oct. 13	6:30-8:30 pm	Meck/Zoom	Child Development
Emergency Preparedness	Wed., Oct. 14	6-8:30 pm	Rowan/Zoom	Administration
<a href="#">ITS-SIDS</a>	Wed., Oct. 14	10 am-12 pm	Meck/Zoom	Infant/Toddler
<a href="#">Professionalism</a>	Wed., Oct. 14	6-8 pm	Meck/Zoom	Professionalism
<a href="#">The FiSH! Philosophy</a>	Fri., Oct. 16	12-2 pm	Meck/Zoom	Professionalism
<a href="#">ITS-SIDS</a>	Mon. Oct. 19	6-8 pm	Meck/Zoom	Infant/Toddler
Leading the Way: Implementing High-Quality Infant/Toddler Care	Wed., Oct. 21	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
<a href="#">Deep Breathing: A Connection to Calm</a>	Wed., Oct. 21	6:30-8:30 pm	Meck/Zoom	Social-Emotional
<a href="#">Bullying: Today's Mean Scene</a>	Thu., Oct. 22	6:30-8:30 pm	Meck/Zoom	Preschool
<a href="#">ITS-SIDS</a>	Sat., Oct. 24	9-11 am	Meck/Zoom	Infant/Toddler
<a href="#">Story Stretches</a>	Mon., Oct. 26	6:45-8:45 pm	Meck/Zoom	Curriculum
Infant and Toddler Developing Social-Emotional Skills	Tue., Oct. 27	6:30-8:30 pm	Stanly/Zoom	Infant/Toddler
<a href="#">ITS-SIDS</a>	Tue., Oct. 27	9-11 am	Meck/Zoom	Infant/Toddler
<a href="#">Turning Difficult Situations Around</a>	Tue., Oct. 27	6:30-8:30 pm	Meck/Zoom	Professionalism
ITS-SIDS	Wed., Oct. 28	6:30-8:30 pm	Rowan/Zoom	Infant/Toddler
<a href="#">Let's Play</a>	Wed., Oct. 28	6-8 pm	Meck/Zoom	Preschool
<a href="#">ITS-SIDS</a>	Thu., Oct. 29	6:30-8:30 pm	Meck/Zoom	Infant/Toddler
<a href="#">Causes of Misbehavior: Why Do They Act That Way?</a>	Thu., Oct. 29	6:30-8:30 pm	Meck/Zoom	Social-Emotional
<a href="#">Off to School (Pt. 2) – Helping Parents Prepare for Kindergarten</a>	Thu., Oct. 29	9:30-11:30 am	Meck/Zoom	Preschool
<a href="#">Leading the Way: Implementing High-Quality Infant/Toddler Care</a>	Fri., Oct. 30	1-3 pm	Meck/Zoom	Infant/Toddler

# SESSION DESCRIPTIONS

Zoom trainings are offered virtually and will require participants to have the capabilities to mute/unmute themselves, share their cameras, and participate via chatbox throughout the session. Individual email addresses for registration are required.

## **ADMINISTRATION**

### **EMERGENCY PREPAREDNESS**

Emergency Preparedness is a vital component of quality early care and education. Every child deserves the safest environment possible in which to grow and thrive. This detailed curriculum provides information, knowledge, and tools to prepare early educators for many types of emergencies. \*This curriculum meets the state standards and requirements for Emergency Preparedness and Response. \*This session is reserved for administrators ONLY and is limited to 12 participants.

**Wed., Oct. 14 | 6-8:30 pm | Rowan/Zoom  
\$15 | 2.5 credit hours | Level: Intermediate**

## **CHILD DEVELOPMENT**

### **CREATING A CLASSROOM COMMUNITY**

Does your schedule seem erratic? Are your transitions tricky? In this session, we will discuss classroom structure with a focus on creating a classroom community. By understanding how to build community within a classroom – where expectations are known, where there is ease into transitions, and where routines and schedules are appropriate – you will gain a new awareness of how to make the classroom more enjoyable!

**Tue., Oct. 13 | 6:30-8:30 pm | Meck/Zoom  
\$15 | 2.0 credit hours | Level: Beginner**

## **CURRICULUM**

### **STORY STRETCHERS**

Everyone loves a good story. Through this hands-on training session, participants will learn how to extend favorite books into other areas of the curriculum, including learning centers and small group activities.

**Mon., Oct. 26 | 6:45-8:45 pm | Meck/Zoom  
\$15 | 2.0 credit hours | Level: Entry**

## **INFANT/TODDLER**

### **EXPLORING SOCIAL-EMOTIONAL DEVELOPMENT WITHIN THE CONTEXT OF RELATIONSHIPS**

Strong, nurturing relationships are key to healthy development for infants and toddlers. Through supportive relationships, infants and toddlers develop a sense of trust, how to interact with others, and eventually how to express empathy. This professional development event will explore social emotional development within the context of relationships. Participants will learn how providing responsive care will help infants and toddlers form secure relational attachments and develop a strong foundation from which they can explore their environment. (DCDEE 3,7)

**Tue., Oct. 6 | 6:30-8:30 pm | Rowan/Zoom  
\$10 | 2.0 credit hours | 2.0 CEUs  
Level: Entry**

### **INFANT AND TODDLER DEVELOPING SOCIAL-EMOTIONAL SKILLS**

Children begin developing social-emotional skills from infancy. Understanding how to support infant and toddler development during this period is crucial to their overall well-being. This professional development course explores the developing social-emotional skills of infants and toddlers. Participants will learn to define and describe social-emotional development, identify key social-emotional skills that contribute to school readiness, and gain richer insight into strategies that support social-emotional development for infants and toddlers. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions.

**Tue., Oct. 27 | 6:30-8:30 pm | Stanly/Zoom  
\$15 | 2.0 credit hours | Level: Intermediate**

## **ITS-SIDS**

Developed by the NC Healthy Start Foundation's ITS-SIDS Project, this session meets state requirements for ITS-SIDS training. Participants will learn to reduce the risk of SIDS through safe sleep practices for infants. Participants will also review Safe Sleep Policy guidelines, NC Division of Child Development and Early Education licensing rules, and maintenance of the proper forms. SIDS-related materials and resources will be available.

**Thu., Oct. 8 | 6-8 pm | Meck/Zoom  
Wed., Oct. 14 | 10 am-12 pm | Meck/Zoom  
Mon., Oct. 19 | 6-8 pm | Meck/Zoom  
Sat., Oct 24 | 9-11 am | Meck/Zoom  
Tue., Oct 27 | 9-11 am | Meck/Zoom  
\$15 | 2.0 credit hours  
Wed., Oct. 28 | 6:30-8:30 pm | Rowan/Zoom  
\$10 | 2.0 credit hours | 2.0 CEUs  
Thu., Oct. 29 | 6:30-8:30 pm | Meck/Zoom  
\$15 | 2.0 credit hours | Level: Beginner**

### **LEADING THE WAY: IMPLEMENTING HIGH-QUALITY INFANT TODDLER CARE**

In this training, we will discuss evidence-based practices and policies that support the high-quality infant toddler care we all strive to provide. We will look at six essential program policies that support relationship-based strategies in child care and examine your beliefs and philosophy as they relate to evidence-based quality group care. (DCDEE 1,3,5)

**Wed., Oct. 21 | 6:30-8:30 pm | Rowan/Zoom  
\$10 | 2.0 credit hours | 2.0 CEUs  
Fri., Oct. 30 | 1-3 pm | Meck/Zoom  
\$15 | 2.0 credit hours | 2.0 CEUs  
Level: Entry**

## PRESCHOOL

### **BULLYING: TODAY'S MEAN SCENE**

The prevalence of bullying in today's schools is increasingly troubling, and the consequences are sometimes tragic. This session can help school-age professionals have baseline knowledge of the current types and trends of bullying. Participants will also learn how to identify red flags and warning signs associated with bullying and best practices for prevention and intervention.

[Thu., Oct. 22 | 6:30-8:30 pm | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Beginner

### **IT'S OFF TO SCHOOL WE GO: PART 1 – HELPING CHILDREN PREPARE FOR KINDERGARTEN**

Many would say school readiness includes a child's ability to get along with others and to recognize some numbers and letters. These skills are important, but school readiness also includes the many skills that develop over time from birth to school age. This session will explore such developmental areas as social-emotional, cognitive, language and literacy, and physical development, and how they each contribute to a child's readiness for school. This is part 1 of 2, but both trainings can be taken as stand-alone sessions.

[Thu., Oct. 8 | 9:30-11:30 am | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Intermediate

### **IT'S OFF TO SCHOOL WE GO: PART 2 – HELPING PARENTS PREPARE FOR KINDERGARTEN**

When a child's preschool years are coming to an end, thoughts turn to Kindergarten. Are the children ready? What skills do kindergarten teachers expect them to have? This session will answer those questions and help you as a teacher aid parents in taking this important step with their children. This is part 2 of 2, but both trainings can be taken as stand-alone sessions.

[Thu., Oct. 29 | 9:30-11:30 am | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Intermediate



### **LET'S PLAY**

Have you lost your classroom play mojo? The role of the teacher during play must include facilitation, engagement, and appropriate individualization for each child's developmental level. Planning for play must be intentional. This training session helps you focus on creating time, space, and materials for play.

[Wed., Oct. 28 | 6-8 pm | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Beginner

### **WHY ARE TRANSITIONS SO HARD?**

Transitions are among one of the most perilous times of the day. Does your classroom get chaotic during certain transition times? Children may become restless and distracted, misbehavior increases, and you find yourself stressed-out, raising your voice, and waiting for the children in order to begin the next activity. This session will help you navigate the transition storm, discuss ideas for change, and offer new techniques to consider.

[Sat., Oct. 10 | 10 am-12 pm | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Intermediate

### **PROFESSIONALISM**

#### **PROFESSIONALISM**

This course will give practical ideas and strategies for building a professional image. It will focus on the fact that it is not only how you dress, but also the attitude you display and the knowledge you continue to gain that builds this image. This course is designed to help participants realize they are indeed professionals.

[Wed., Oct. 14 | 6-8 pm | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Entry

#### **THE FISH! PHILOSOPHY**

This session will introduce participants to the FiSH! Philosophy. Attendees will be able to take the philosophy back to their programs and implement the ideas presented to create a more positive work environment and better customer service.

[Fri., Oct. 16 | 12-2 pm | Meck/Zoom](#)  
\$15 | 2.0 credit hours | Level: Beginner

## **TURNING DIFFICULT SITUATIONS AROUND**

No matter what you do, there will be challenging situations to face in your personal or work life. These types of challenges are ones that need to be corrected and handled with openness to learn from the situation. In this session, we will explore the eight common causes of conflict in the workplace and strategies to resolve conflicts and turn difficult situations around!

[Tue., Oct. 27 | 6:30-8:30 pm | Meck/Zoom](#)  
**\$15 | 2.0 credit hours | Level: Beginner**

## **SCHOOL-AGE BUILDING RELATIONSHIPS WITH CHILDREN AND YOUTH WHO CHALLENGE US**

Have you ever been secretly pleased when one of the children in your group is absent? Some children are more difficult to work with than others. This professional development program will help you to take an honest look at children and your feelings about them. Explore what professionals can do to build positive relationships with all children – even the ones who challenge us.

[Mon., Oct. 12 | 6:30-8:30 pm | Meck/Zoom](#)  
**\$15 | 2.0 credit hours | Level: Beginner**



## **SOCIAL & EMOTIONAL DEVELOPMENT**

### **CAUSES OF MISBEHAVIOR: WHY DO THEY ACT THAT WAY?**

Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons children misbehave, a crucial first step in determining how to prevent or reduce challenging behaviors.

[Thu., Oct. 29 | 6:30-8:30 pm | Meck/Zoom](#)  
**\$15 | 2.0 credit hours | Level: Beginner**

### **DEEP BREATHING: A CONNECTION TO CALM**

This training is geared toward informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm themselves. You will assess your own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to children's early social-emotional development. You will learn about the evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team.

[Thu., Oct. 8 | 6:30-8:30 pm | Meck/Zoom](#)  
[Wed., Oct. 21 | 6:30-8:30 pm | Meck/Zoom](#)  
**\$15 | 2.0 credit hours | Level: Beginner**

# REGISTRATION FORM

\*Mecklenburg, Cabarrus, Union counties only

Organization/Program Name: \_\_\_\_\_

Organization Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ County: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Organization Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Type of Program (circle one): Child Care Center / Family Child Care Home / Other \_\_\_\_\_

**Please list the title and date of the training session selection(s). In order to register multiple participants, you must include their last name. Please make copies as needed to register additional participants or sessions.**

**TRAINING SESSION TITLE:** \_\_\_\_\_ **Date of Session:** \_\_\_\_\_

Participant Name: (First, Last): \_\_\_\_\_

Participant Address: \_\_\_\_\_

Participant City: \_\_\_\_\_ State: \_\_\_\_\_ County: \_\_\_\_\_ Zip: \_\_\_\_\_

Participant Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Position (Administrator/Teacher/Assistant): \_\_\_\_\_

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

\_\_\_\_ # of children in care (0-3yrs) \_\_\_\_ # of children in care (3-5yrs) \_\_\_\_ # of children in care (5-12yrs)

Participant Age: \_\_\_\_ 15-19 years \_\_\_\_ 20-25 \_\_\_\_ 25-34 \_\_\_\_ 35-44 \_\_\_\_ 45-59 \_\_\_\_ 60-69 \_\_\_\_ 65 and over \_\_\_\_ Prefer not to give

**TRAINING SESSION TITLE:** \_\_\_\_\_ **Date of Session:** \_\_\_\_\_

Participant Name: (First, Last): \_\_\_\_\_

Participant Address: \_\_\_\_\_

Participant City: \_\_\_\_\_ State: \_\_\_\_\_ County: \_\_\_\_\_ Zip: \_\_\_\_\_

Participant Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Position (Administrator/Teacher/Assistant): \_\_\_\_\_

Ethnicity (circle one) Caucasian / African American / Asian / Hispanic-Latino / Native American / Multi-Racial / Prefer not to give

Gender (circle one) M / F

\_\_\_\_ # of children in care (0-3yrs) \_\_\_\_ # of children in care (3-5yrs) \_\_\_\_ # of children in care (5-12yrs)

Participant Age: \_\_\_\_ 15-19 years \_\_\_\_ 20-25 \_\_\_\_ 25-34 \_\_\_\_ 35-44 \_\_\_\_ 45-59 \_\_\_\_ 60-69 \_\_\_\_ 65 and over \_\_\_\_ Prefer not to give

**Check or Money Order made payable to Child Care Resources Inc., 4600 Park Road, Suite 400, Charlotte, NC 28209**

**\*Credit Card Payments accepted online only.**