



**PREPAREDNESS IN PRACTICE: ADAPTIVE TEACHING METHODS FOR
ENSURING EDUCATIONAL CONTINUITY AMID SUDDEN CLASS
SUSPENSION OF TEACHERS IN BALAYAN
SENIOR HIGH SCHOOL**

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ABSTRACT

This action research investigated how Balayan Senior High School teachers prepare for and implement adaptive teaching methods to sustain learning during unanticipated class suspensions. Anchored in a descriptive–interpretive framework, the study aimed to (1) assess teachers’ baseline readiness for remote and flexible instruction, (2) co-design and pilot adaptive strategies such as synchronous blended sessions, asynchronous modules, differentiated task banks, scaffolded supports, and formative feedback loops, and (3) evaluate the impact of these strategies on instructional continuity and educator confidence.

105 Senior High School teachers from the Accountancy, Business, and Management (ABM) strand and allied disciplines participated in the study. They completed a readiness survey and engaged in three iterative design–implement–reflect cycles over twelve weeks. Data were collected through pre- and post-intervention questionnaires, focus-group discussions, lesson-plan audits, and classroom-management journals. Descriptive statistics revealed a substantial increase in self-reported preparedness, with mean readiness scores improving from 2.1 to 4.3 on a 5-point scale. Thematic analysis further highlighted

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strengthened collaboration, enhanced technological fluency, and proactive contingency planning. Teacher reflections and classroom observations also indicated improved student engagement during mock suspension drills.

Findings suggest that embedding practice-based workshops, scaffolded peer mentoring, and reflective cycles into professional development cultivates durable adaptive competencies. The study concludes with recommendations to institutionalize adaptive teaching kits, integrate emergency-response protocols into school policy, and scale the model across other Philippine Senior High School contexts to ensure sustainable instructional resilience.

Keywords: *Adaptive Teaching, Instructional Continuity, Professional Development, Flexible Learning, Remote Instruction, Teacher Readiness, Scaffolded Supports, Student Engagement, Contingency Planning, Senior High School, Action Research, Philippines*

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