



Dissolve the Old Awaken the New

Know Thyself...



*You've heard
the phrase
“**Know
Thyself**”
surely, but do
you know
where it comes
from?*

Hi Natalie,

I dove into research and talked to my Higher Self/ves Council, and found out more on this concept of 'know thyself' and want to share with you.

TIME FOR SOME STORYTELLING ...

This saying "Know Thyself" does not just date back to ancient Greece, but rather is a primeval concept (engrained into a time that has no beginning ... and will have no end...) that is engrained into the fabric of our Universe.

By knowing yourself (via experience), in a 3rd density experience, you then can know the Universe, and all things within the universe is connected to a web of intelligence that extends way beyond this reality, way beyond "human," and into mineral, plant, animal kingdoms, into this Earth (Gaia), and into many other dimensional experiences...

In ancient Greece; according to Pausanias (a Greek author, historian, and geographer of the 2nd century CE who journeyed extensively throughout Greece and chronicled the travels), the "Know Thyself" saying was inscribed on the forecourt of the Temple of Apollo at Delphi, also known as the Oracle of Delphi.

*We are DIVINE
HU-MANS
(H = Harmonic
and
U = Universe)*

But... what/who was this Oracle?

As many things that are related to a Divine Feminine power (or the Cosmic Mother) and the truth of All Things, there are countless numbers of hidden women (and other figures) of the ancient times (these Primordial powers have no gender I should note).

But the Oracle was a Seer and in human form was often female; other words besides "Seer" or "Oracle" that mean the same thing is priestess, healer, or witch—looking at the etymology and the real meanings of words. This Seer and Oracle was called Pythia at the Delphic Oracle and was one who "spoke truth to power."

To me, what this says is...

KNOWING THYSELF = the way to take our power back!

The ancients knew this and so we must remember this, too.

The "Know Thyself" concept appears in cultures and traditions and at different times throughout Asia, Africa, and Eastern and Western Europe, from Chinese dynasties to the Hindu teachings, to Islam and the Sufis, and of course, to ancient Rome.

Like many things that were hidden (like many female powerhouses throughout time), there is much within us that is hidden (on purpose) upon our birth. So, this phrase truly is the summit of knowledge and the ultimate journey of what we call "human experience."

The point...

Know Thyself is dedicated to the exploration of the most (challenging) yet rewarding journey that an individual can ever embark on, which is the journey to KNOW yourself at the SOUL level and be able to answer the age-old question... **"Who Are You?"**

Have you felt like you're here for something MORE than any of the "status quo" that's been created in this world? If so, you're in the right place by being connected with my mission here in this realm. ✨

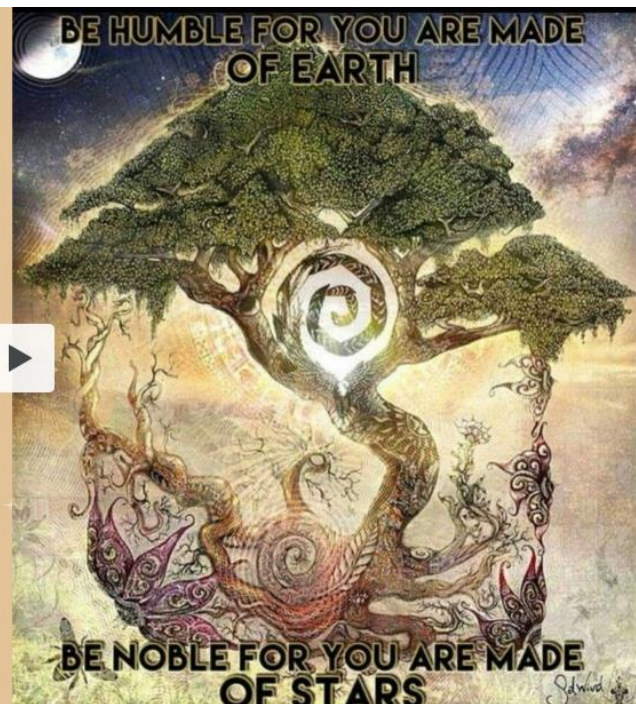
... if you haven't gotten a chance to listen to the Tree of Life Visualization yet (or didn't see it on the Disrupt Now site yet in the pop up), here it is below. Just click on that image and it will take you directly to it.

FREE VISUALIZATION TO IGNITE YOUR HIGHER SELF/VES & CALL IN MORE TO KNOW THYSELF!

Just carve out 25 mins of quiet time, put your headphones on, and be taken away into that Tree of Knowledge within you...

IGNITING THE MAGICK OF YOUR TREE OF KNOWLEDGE

ENJOY YOUR GUIDED
VISUALIZATION AND
FOCUSED EXPANSION WITH
YOUR HIGHER SELF



REMEMBER... YOUR UNIQUENESS is UNLIKE ANYONE ELSE on Earth (the concept of the snowflake could not be more true!), and what makes you YOU is the magick within you, it is the mystery, it is the mastery! Never forget that because that can be the driver as you meander on your beautifully **UNIQUE PATH!**

In Sacred Service,

Natalie Viglione

Join me on my youtube channel ... This is a journey into the Cosmic Womb (which, after a trip at the end of 2023 to the awakening lands in the UK wrapping around the Michael-Mary Dragon Line, I now know is the Blue Dragon Tiamat that delivered this Vision Quest to me)!

JOURNEY WITH ME INTO THE COSMIC WOMB

Remembering
Our Sacredness



Natalie Viglione





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