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## TEACHERS' EXPERIENCES ON THE IMPLEMENTATION OF SCHOOL-BASED FEEDING PROGRAM (SBFP): BASIS FOR ENHANCED ACTION PLAN FOR BENEFICIARIES

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### ABSTRACT

The study determined the teachers' experiences on the implementation of School-Based Feeding Program (SBFP) in school year 2022-2023 as basis for enhanced school action plan for beneficiaries in the District IV-C Jaro, Iloilo City for the school year 2024-2025. From a total of 1158 SBFP recipients, 245 were severely wasted, and 518 were wasted based on their nutritional status. When based on their height, 253 were severely stunted. Participants' experiences based on in-depth interview on the implementation of School-Based Feeding Program were problem on transportation in getting the food, parents' involvement, and proper implementation and monitoring. The hindering factors they encountered were lack of budget and difficulties in transportation, distance of school to residence, additional workload for teachers, absence of feeding room, taste of the food, and absenteeism. The facilitating factors they experienced on the implementation of SBFP were on the coordination with parents and on how to seek support from other stakeholders. It was found out based on the results of the study, that an enhanced

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action plan is necessary and it should highlight areas that require attention but are not covered by the School District's school-based action plan, particularly of Uswag San Isidro Elementary School.

## INTRODUCTION

Currently, 795 million people worldwide suffer from undernourishment. In other words, 1 in 9 individuals do not consume enough food to maintain good health and an active lifestyle. In reality, the combined threats of AIDS, malaria, and tuberculosis are less serious to world health than poverty and malnutrition. Fortunately, the good thing is that there is a simple solution to hunger. There is no need for scientific advancements because there is sufficient food worldwide to supply everyone. The issue can be resolved with the use of modern knowledge, instruments, and policies as well as political will (United Nations World Food Programme, 2016).

UNICEF Statistics (2016) state that Asia has 16 million severely wasted and 50 million wasted children under five, with malnutrition being a significant issue. The Philippines, with one in three children experiencing stunting ranks fifth in East Asia and the Pacific for stunting prevalence.

Therefore, inadequate nourishment has detrimental effects on students' physical and mental development. Students who are underweight or malnourished find it difficult to concentrate and comprehend the material being taught. They have a short attention span in

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class, which could result in poor academic performance and an inability to finish the assigned work. So, the Department of Education (DepEd) seeks to prevent these occurrences.

Given that malnutrition is a common problem in our country, the Department of Education (DepEd) established the School-Based Feeding Program (SBFP) to combat hunger. It is mandated to Republic Act No. 11037, which President Rodrigo Duterte signed on June 20, 2018, and is also referred to as the "Masustansyang Pagkain para sa Batang Pilipino Act."

Additionally, it is thought that one strategy to lessen school children's undernutrition is the School-Based Feeding Program. In addition, the School-Based Feeding Program (SBFP) seeks to raise the nutritional status of its recipients—from Severely Wasted or Wasted to Normal in their respective Body Mass Index (BMI) and enhance their academic achievement.

Initially developed and introduced in 1997, the Breakfast Feeding Program (BFP) was the name under which the School-Based Feeding Program (SBFP) was formerly known. The students enrolled in kindergarten and those classified as Severely Wasted (SW) and Wasted (W) in grades one through six are the intended recipients of the School-Based Feeding Program (SBFP) based on the data nutritional status. In no more than 120 feeding days, the beneficiaries will receive food.

Furthermore, each beneficiary of the School-Based Feeding Program is given a daily of twenty pesos. Two pesos are used for operating costs and eighteen pesos for food.

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Throughout the country, every public school has implemented the School-Based Feeding Program and it is managed and implemented by teachers, particularly the designated coordinators, following DepEd requirements.

## MATERIALS AND METHODS

### Research Methodology

The research methodology, research design, study participants, data collection methods, research instrument, and data analysis used in this investigation are all described in this chapter. The goal of the study was to describe the experiences of the teachers in the District IV-C Jaro, Schools Division of Iloilo City, on the implementation of the School-Based Feeding Program (SBFP), in order to develop an improved action plan for the beneficiaries for the 2024–2025 academic year.

### Research Method

This study employed a descriptive research design with in-depth interviews. During the interviews, participants were given time to reflect on a set of questions regarding a specific topic while seated. Through the participants' answers to the questions, the primary or essential points of view of the participants on a particular subject in a social context were to be obtained.

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## Research Design

A phenomenological research design was utilized in the study. One philosophical method for conducting qualitative research was phenomenology. Phenomenology is the study of subjective interpretations of experience with the aim of understanding how others see the world and how their perspectives may differ from popular ones. Phenomenology is widely utilized in disciplines including psychology, sociology, and social work. It involves interviewing subjects to find out about their impressions.

Smith (2013) defines phenomenology as the study of first-person perceptions of consciousness structures. An experience's primary structure is determined by its intentionality and direction toward something since it is defined as an encounter with or knowledge of an item. An experience is oriented toward an object by virtue of its meaning or content (which represents the object) and the appropriate enabling conditions.

## Participants of the Study

The participants of the study were thirteen (13) purposely selected teaching personnel from Judith Lazarraga Tiongco Memorial School, Luis Mirasol Memorial School, MV Hechanova Memorial School, Quintin Salas Elementary School, Sambag Elementary School and Uswag San Isidro Elementary School. These schools are within District IV-C Jaro, Schools Division of Iloilo City in which six (6) were School-Based Feeding Program (SBFP) coordinators and seven (7) were teacher advisers of the school during the school year 2022-2023.

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## Sampling Design

In the study, a purposive sampling design was used. A non-probability sample chosen with consideration for the study's purpose and the population's characteristics is known as a purposive sample. Judging, selecting, or subjective sampling are some names for purposeful sampling (Fraenkel & Wallen, 2007).

## Research Instrument

An interview schedule developed by the researcher was the primary research tool utilized in this study. Four targeted questions that focused on the study's goal were included in the interview schedule. These questions were asked to the participants during the in-depth interview.

The interview schedule had undergone validity test and improved by incorporating all the suggestions of the adviser, dean, and members of the validators.

With the participants' consent, voice and video recorders were used for data collection and recording.

## Validity of the Research Instrument

Before the determination of the validity of the interview schedule made by the researcher, the adviser, the Dean of the Graduate School then a panel of jurors who were considered for their expertise in the field of research, testing and assessment, and English, and requested to validate each question for review and modification.

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The appropriateness, significance, accuracy, and utility of conclusions drawn by researchers are referred to as validity. According to Fraenkel and Wallen (2007), content-related evidence of validity involves format and content that align with the description of variables and the sample of subjects to be measured. It also aids in verifying the questionnaire's items.

Using the appropriate Good and Scates form (Appendix C), the panel of validators' comments, modifications, and suggestions about the interview schedule were taken into consideration.

### Data Gathering Procedures

To conduct the study, the researcher obtained permissions from the adviser, the Graduate School Dean, the Office of the Schools Division Superintendent, the Office of the Public School District Supervisor, school heads, and individual participants. For the interviews, the researcher personally visited the communities, schools, or other locations convenient for the participants.

Before conducting the interviews, the researcher obtained informed consent from the participants by having them sign a waiver or permission form related to the study. To comprehensively capture the interviewee's statements, both a voice and video recorder were supplied in addition to in-depth interviews. Following a series of interviews, the researcher combined all of the information gathered.

### Data Analyses

Using a thematic approach, the information gathered was analyzed.

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Analysis of qualitative data can be done through thematic analysis. Transcripts of interviews are one example of a set of texts to which it is typically employed. According to Caulfield (2019), the researcher extensively scrutinizes the data to find recurring themes, which are subjects, concepts, and meaning styles.

## RESULTS AND DISCUSSIONS

The study sought to ascertain the teachers' experiences on the implementation of the School-Based Feeding Program (SBFP) during the school year 2022-2023 as the basis for an enhanced school action plan for beneficiaries in District IV-C Jaro, Schools Division of Iloilo City for the school year 2024-2025.

The research method used in this study was a descriptive method using in-depth interviews. The interviewee during the interview was allowed to sit and think about the series of questions about a certain issue. The objective was to obtain the main or the most significant points of the participants regarding a certain problem in a social context through the responses of the participants to the questions. The study also utilized the qualitative research design using a phenomenological approach.

The participants of the study were thirteen (13) purposely selected teaching personnel, of which six (6) were School-Based Feeding Program coordinators, and seven (7) were teacher

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advisers of the school within District IV- C Jaro, Schools Division of Iloilo City during the school year 2022-2023. The researcher used a purposive sampling design in the study.

The study's research instrument was an interview guide made by the researcher. To record and capture every element of the in-depth interview, audio and video recordings have been used as well.

Expertise in research, testing, assessment, and English were all taken into consideration by a panel of jurors before the validity of the interview schedule was established by the researcher, adviser, and Graduate School Dean. To ensure the validity of the tool, the researcher took into account all comments and suggestions. Permits have been created to allow the researcher to initiate the in-depth interview after it had been confirmed that the questionnaire was valid.

Permission to conduct the study was secured from the Schools Division Superintendent and Schools District Supervisor. Permission to conduct was secured from the school heads where these teachers were assigned.

Permits from the individual participants were obtained to allow the researcher to conduct the study. The researcher personally went to the schools/community/places convenient on the part of the participants to conduct the interview.

For the interviews, the researcher personally visited the communities, schools, or other locations convenient for the participants. Before conducting the interviews, the researcher

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obtained informed consent from the participants by having them sign a waiver or permission form related to the study. The researcher and the respondents conducted an in-depth interview. During the interview, the researcher used a video and audio recording to completely record the whole process of the interview. The use of video and audio was also approved by the participants and kept for privacy purposes.

After completing the interviews, the researcher collected all of the data and answers obtained. A thematic approach was used to examine the collected data.

The study's results are as follows:

The total number of SBFPs of the Schools District IV C-Jaro, Schools Division of Iloilo City during the school year 2022-2023 was 1158, 245 of which were severely wasted and 518 were wasted based on their nutritional status. When based on their height, out of 1158, 253 were severely stunted.

Based on the results of the in-depth interview with the participants, their experiences on the implementation of the School-Based Feeding Program (SBFP) were problems with the transportation the food, parental involvement, and proper implementation and monitoring.

The hindering factors they encountered on the implementation of the School-Based Feeding Program (SBFP) were budget and transportation, distance of school to residence, additional workload for teachers, absence of feeding room, taste of the food, and absenteeism.

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The facilitating factors they experienced on the implementation of the School-Based Feeding Program (SBFP) were the coordination with parents and how to seek support from other stakeholders.

### CONCLUSION

The following recommendations are proposed in light of the findings and insights of this study:

Effective program implementation requires all stakeholders to fully understand and follow the SBFP guidelines. Additionally, exploring alternative funding sources is crucial for program sustainability.

Closed monitoring and continuous evaluation should be conducted by the school heads including the analysis of the nutritional status before the start of the program and after the program has been implemented. The results of the analysis should be given attention before the next year's implementation.

A portion of the budget from the MOOE (Maintenance and Other Operating Expenses) of the school should be allocated for the feeding program of the school, especially those whose purpose is for the improvement of the feeding room and maintenance for a sustainable program.

Maintaining transparency, especially regarding financial matters, is essential for gaining and retaining the respect and support of parents and stakeholders.

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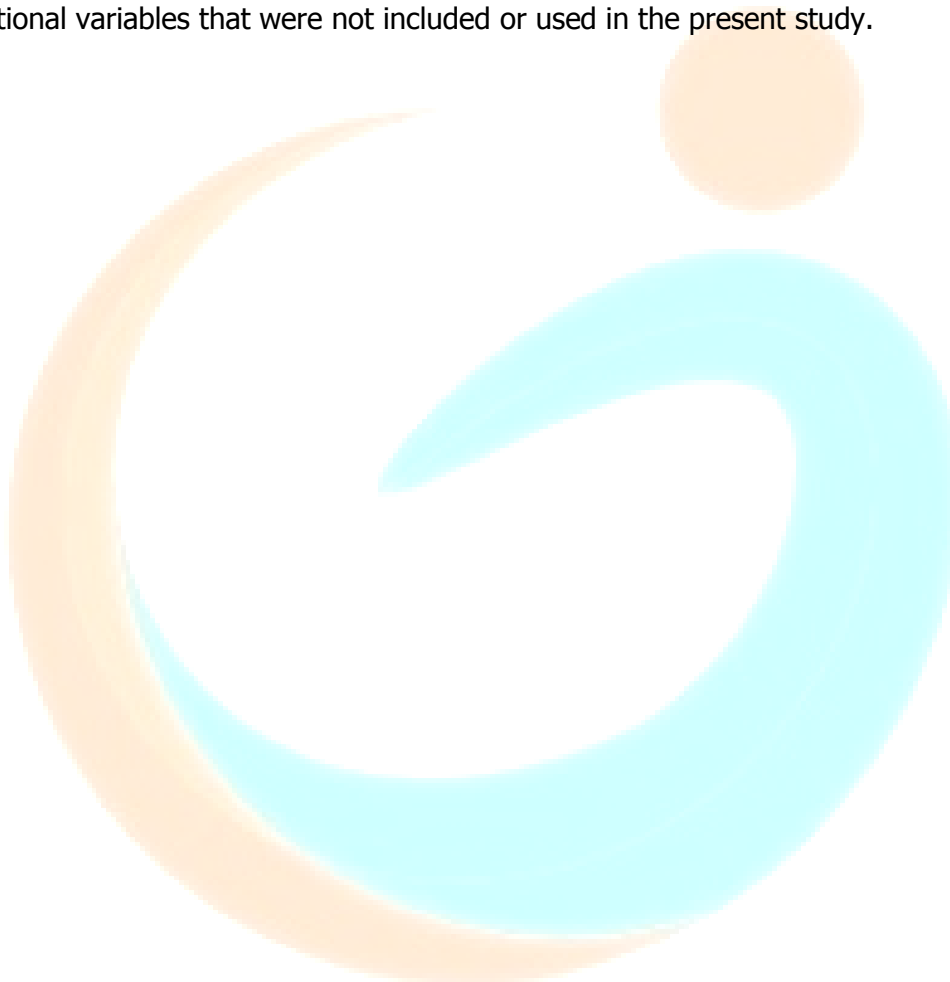
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A copy of the enhanced SBFP action plan should be presented to the Schools Division Office and District Office for their comments and suggestions. This enhanced SBFP is highly recommended because it has an empirical basis and its practicality is considered in the plan.

It is also recommended that a similar study be carried out in the future, taking into account additional variables that were not included or used in the present study.



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