



September is here, which means the new school year is in full swing! Thanks for letting us invest in your teenager for another year. We can't wait for what's ahead!

WHAT'S HAPPENING

Here are a few things coming up in our ministry . . .

OCTOBER 24, 2020: PARENT & SMALL GROUP LEADER BREAKFAST

Next month, we're creating an opportunity for you to connect with your kid's small group leader so you can better love, lead, and influence your teenager together. Don't miss it! Get all the details on our website.



A 4-WEEK SERIES FROM ROMANS ON SPIRITUAL HABITS

SERIES OVERVIEW:

If your faith were a muscle, how flexible would it be? Could it stretch to your knees? Your shins? Your toes? Or are you not sure you even have any faith to stretch in the first place? Just like your body, if you want a faith that is strong, growing, and capable of carrying you through difficult challenges, you're going to need to stretch it. It might be fun. It might be challenging. But it will definitely be worthwhile. In this series, we'll discover four ways we can stretch our faith from Paul, the author of the book of Romans, and a man whose life was completely transformed by Jesus. Thanks to Paul's words, we know we can stretch our faith by making a commitment, by starting something new, and by letting something go. We can even stretch our faith when we feel like we've failed.

TIP OF THE MONTH

Do you ever worry that your teenager is too unorganized or undisciplined, or that they have more bad habits than good? It's important to help our kids develop discipline, but keep this in mind — because of the way a teenager's brain is developing, it's not easy to break a bad habit (or start a good habit) at this age! Be patient and encouraging. (But don't be afraid to enlist the help of a professional counselor or therapist if their habits are really concerning you.)

Check out Parent Tip Video #2 – How to Encourage Healthy Habits

[Click here to watch](#)

QUESTION OF THE MONTH

On a scale of 1-5, how helpful are these newsletters? We'd love to hear from you. **Just email studentministry@centraltampa.org to let us know.** Give us a 1 if you hate them and a 5 if you love them.