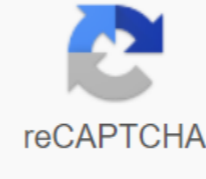




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Career Fitness Program is firmly focused on today's career realities and economics - with enough breadth to help students choose, change or confirm career choices and encourage growth for all ages, backgrounds and circumstances. The 10th edition is a top-to-bottom update, confirming, reworking, reorienting and reframing this bestseller to enhance content, graphics, photos and layout to meet the changing needs of students. It's convenient, easy to use, and suitable for two- and four-year-old college students. This goes beyond facts and numbers, offering critical questions that help students focus on: What's in it for them to discover their best career fit. The text organization follows a standard sequence of decision-making and career search process - Personal Assessment, World of Work, and Job Search - which allows use in short-term courses or seminars, while at the same time giving students a comprehensive text for reference, and easy to set up. 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Helps career-track students seamlessly move to the next level, and helps undecided, liberal arts, and newly entry students focus on career alternatives. Extensive experience of the author - Reflects more than 30 years of experience of each author in the field of counseling and career delivery system, as well as with research, student and public feedback. Provides students with a practical, real, trenches perspective of what, when and how to plan careers and development. Combined practical, critical approach to thinking. Features a balanced mix of theories, exercises and practical applications, including tips from professionals, exercising your options, and strengthening your learning outcomes so that students understand why over how, and gives them extensive practice in personalizing content. A balance of idealism and realism. Helping students more easily bridge the gap between what they think the world (or a particular career) is all about, and what it really likes. Strong coverage of strategies, such as evaluation and job search/interview strategies. Shows students how to weave individual concepts and techniques into an action plan. Exercise Your Options synthesizes key moments. The user-friendly approach includes clear examples and in-depth discussions for each point, which ensures that students understand each topic before moving on to the next through the exercise strengthening your options. Easy to use format. Offers a perforated page, a book format that can be used for class/homework and for future links. The tenth edition presents a new four-color layout and graphic format, new titles, themes, discussions, exercises and features. The new layout and design will capture the attention of visually astute students; the new titles more clearly reflect the content and results for each chapter. The process, challenge and commitment to career planning coverage have been added. Chapter 1 emphasizes what the reader needs to participate fully in this process. Student results. The goals of the first chapter have been renamed to more directly emphasize the intention to have students experience a shift in understanding, practice and focus. New tips from the plus feature. Anchor concepts and discussions with real-world street smarts. New decision-making issues. In each chapter these questions have been added to strengthen decision-making skills for each Facts and Figures, Success Strategies and Real History Feature. New exercises are your options for the end chapter feature. It causes the reader to take specific actions of the application. A new strengthening of your learning results. Each chapter ends with this new exercise where students evaluate their own progress. New Career Fitness Portfolio. Students write their answers at the end to think about what they are learning, 2012 and beyond. Explored in discussions, charts, graphs and forecasts. Helps students prepare for how they fit into the world of the future. Includes the latest practices, terminology and content designed to address current economic realities. Teachers, counselors and students should be aware of the positive changes that positive changes are being reported, and deal with issues embedded in the text to stimulate interest and add relevance. Reorganized and streamlined content to enhance the material's suitability to use. Orderly chapters and exercises in chapters. All exercises are formatted so that they can be done individually or in collaboration with others; Each chapter can stand apart, but also lean on each other. New material shows students how to optimize their career fitness programs in light of current realities and global opportunities: Understanding the value of a personal mission statement STEM (Science Technology, Engineering and Mathematics) Career Freelance/Pace/Contingent Workforce Expansion Social media for every aspect of job search strategy Portfolio and digital alternatives to resumes, portfolio and interview formats The importance of perseverance and sustainability (i.e. - mental fitness) to maintain a long job search Strategic Positioning in the Global Economy Addresses the National Professional Information Coordination Committee (NOICC) competence required to transition from school to career. (The entire text is designed to address competencies.) TECHNOLOGY AND PEARSON CHOICES MyStudentSuccessLab (www.mystudentsuccesslab.com) is an online solution designed to help students start strong, finish stronger by building skills for continuous personal and professional development. This technology, based on learning results, promotes student engagement through: Learning Path Diagnostics offers for a course, 83 Full course before and after diagnosis (Bloom's taxonom levels I-VI) questions, and for each topic, 20 before and after the test (Bloom's Taxonomy Levels I-VI) questions. - The review provides learning goals for creating vocabulary and repetition. - Video interviews on key issues students, students. - Practical exercises improve training and learning in the classroom. - Graded activities develop critical thinking skills and develop problem-solving abilities (includes essays and logging). - Teachers benefit from the Implementation Guide to easily assign and evaluate progress. - Students have access to the relevant FinishStronger247 YouTube videos, Pearson Student Facebook page chock full of tips, MySearchLab use to perform effective research, and more. PearsonChoices - CourseSmart and custom publications. 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